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Succession of *Bifidobacterium longum* strains in response to a changing early life nutritional environment reveals dietary substrate adaptations

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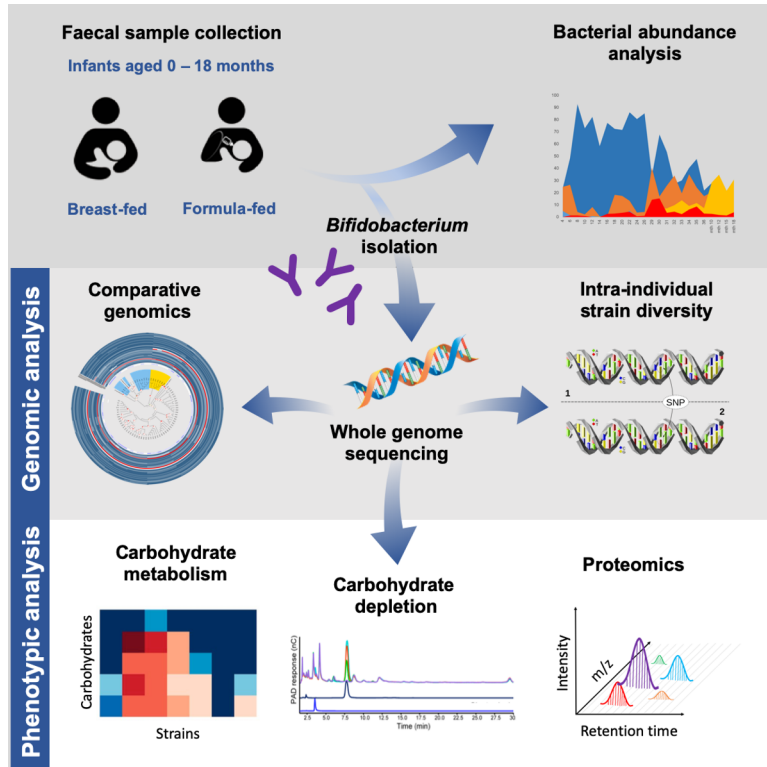
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1 **Title**

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3 **Succession of *Bifidobacterium longum* strains in response to a changing early life**  
4 **nutritional environment reveals dietary substrate adaptations**

5

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27

28 **Summary**

29

30 Diet-microbe interactions play a crucial role in modulation of the early life microbiota and  
31 infant health. *Bifidobacterium* dominates the breast-fed infant gut and may persist in

32 individuals during transition from a milk-based to a more diversified diet. Here, we  
33 investigated adaptation of *B. longum* to the changing nutritional environment. Genomic  
34 characterisation of 75 strains isolated from nine either exclusively breast- or formula-fed  
35 (pre-weaning) infants in their first 18 months revealed subspecies- and strain-specific intra-  
36 individual genomic diversity with respect to carbohydrate metabolism, which corresponded  
37 to different dietary stages. Complementary phenotypic studies indicated strain-specific  
38 differences in utilisation of human milk oligosaccharides and plant carbohydrates, while  
39 proteomic profiling identified gene clusters involved in metabolism of selected  
40 carbohydrates. Our results indicate a strong link between infant diet and *B. longum* diversity  
41 and provide additional insights into possible competitive advantage mechanisms of this  
42 *Bifidobacterium* species and its persistence in a single host.

43

44 **Key words:** *Bifidobacterium longum*, infant diet, carbohydrates, genomics, proteomics

45

#### 46 **Introduction**

47 Microbial colonisation shortly after birth is the first step in establishment of the mutualistic  
48 relationship between the host and its microbiota (Backhed et al., 2015, Wampach et al.,  
49 2017, Lawson et al., 2020). The microbiota plays a central role in infant development by  
50 modulating immune responses, providing resistance to pathogens, and also digesting the  
51 early life diet (Heikkila and Saris, 2003, Sela et al., 2008, Marcobal and Sonnenburg, 2012,  
52 Sivan et al., 2015, de Agüero et al., 2016, Thongaram et al., 2017). Indeed, diet-microbe  
53 interactions are proposed to play a crucial role during infancy and exert health effects that  
54 extend to later life stages (Turnbaugh et al., 2006, Renz et al., 2012, Olszak et al., 2012, Feng  
55 et al., 2015, Bokulich et al., 2016, Tang et al., 2017). The gastrointestinal tract of vaginally  
56 delivered full-term healthy infants harbours a relatively simple microbiota characterised by  
57 the dominance of the genus *Bifidobacterium* (Dogra et al., 2015, Shao et al., 2019). In  
58 contrast, caesarean section born infants have disrupted transmission of  
59 maternal gastrointestinal bacteria, such as *Bifidobacterium*, and high levels of opportunistic  
60 hospital-associated pathogens (Shao et al., 2019).

61 Breast milk is considered the gold nutritional standard for infants, which also acts as an  
62 important dietary supplement for early life microbial communities, including

63 *Bifidobacterium*. The strong diet-microbe association has further been supported by reports



64 of differences in microbial composition between breast- and formula-fed infants (e.g. high  
65 versus low *Bifidobacterium* abundance) and related differential health outcomes between  
66 the two groups: e.g. increased instances of asthma, allergy and obesity in formula-fed  
67 infants (Ip et al., 2007, Das, 2007, O'Sullivan et al., 2015, Martin et al., 2016, Stiemsma and  
68 Michels, 2018, Ortega-Garcia et al., 2018, Forbes et al., 2018).

69 The high abundance of *Bifidobacterium* in breast-fed infants has been linked to the presence  
70 of specific carbohydrate utilisation genes and gene clusters in their genomes, particularly  
71 the ones involved in the degradation of breast milk-associated human milk oligosaccharides  
72 (HMOs) (Sela et al., 2008). The presence of these genes is often species- and indeed strain-  
73 specific, and has been described in *B. breve*, *B. bifidum*, *B. longum*, *B. infantis*, and more  
74 rarely in *B. pseudocatenulatum* (Sela et al., 2008, James et al., 2016, Katayama, 2016,  
75 Garrido et al., 2016). However, previous studies have indicated co-existence of  
76 *Bifidobacterium* species and strains in individual hosts, resulting in interaction and metabolic  
77 co-operation within a single (HMO-associated) ecosystem (Milani et al., 2015a, Lawson et  
78 al., 2020).

79 Transition from breastfeeding to a more diversified diet and the introduction of solid foods  
80 has been considered to initiate the development of a functionally more complex adult-like  
81 microbiome with genes responsible for degradation of plant-derived complex  
82 carbohydrates, starches, and xenobiotics, as well as production of vitamins (Koenig et al.,  
83 2011, McKeen et al., 2019). Non-digestible complex carbohydrates such as inulin-type  
84 fructans (ITF), arabino-xylans (AX) or arabinoxylo-oligosaccharides (AXOS) in complementary  
85 foods have been proposed to potentially exert beneficial health effects through their  
86 bifidogenic and prebiotic properties and resulting modulation of the intestinal microbiota  
87 and metabolic end-products (Roberfroid, 2007, Broekaert et al., 2011, Hald et al., 2016,  
88 Riviere et al., 2016).

89 Despite the shift in microbiota composition during weaning, specific strains of  
90 *Bifidobacterium*, and *B. longum* in particular, have previously been shown to persist in  
91 individuals over time (Maldonado-Gomez et al., 2016, Oki et al., 2018). *B. longum* is  
92 currently recognised as four subspecies: *longum* and *infantis* (characteristic of the human  
93 gut microbiota), and *suis* and *suillum* (from animal hosts) (Mattarelli et al., 2008, Yanokura  
94 et al., 2015). It is considered the most common and prevalent species found in the human  
95 gut, with *B. longum* subsp. *infantis* detected in infants, and *B. longum* subsp. *longum* widely

96 distributed in both infants and adults (Turrioni et al., 2009, Turrioni et al., 2012). The  
97 differences in prevalence between the two subspecies, and the ability of infant, adult and  
98 elderly host to acquire new *B. longum* strains during a lifetime have been attributed to  
99 distinct bacterial carbohydrate utilisation capabilities and the overall composition of the  
100 resident microbiota (Garrido et al., 2012, Odamaki et al., 2018).

101 There have been several recent studies that have explored the early life microbiota in  
102 breast- and formula-fed babies (Magne et al., 2006, Palmer et al., 2007, Roger and  
103 McCartney, 2010, Roger et al., 2010). Strain-level metagenomic investigation of the  
104 DIABIMMUNE cohort provided insights into diet-related functional aspects of *B. infantis* in  
105 breast-fed infants (Vatanen et al., 2019). Longitudinal studies focusing specifically on *B.*  
106 *longum* have highlighted intraspecies diversity, colonisation and long-term persistence  
107 (years) of this species in hosts, however there have been limited investigations into diet-  
108 related functions at early life stages (Chaplin et al., 2015, Oki et al., 2018, Odamaki et al.,  
109 2018). Furthermore, although there are studies examining *B. longum* strains in relation to  
110 diet, these have not been profiled over longitudinal and changing dietary periods (Arboleya  
111 et al., 2018). Hence, longitudinal assessments of *B. longum* strains in single hosts over time,  
112 and with focus on changing dietary patterns are lacking, and further detailed studies are  
113 required.

114 Here, we investigate the adaptations of *Bifidobacterium* to the changing infant diet and  
115 examine a unique collection of *B. longum* strains isolated from nine infants across their first  
116 18 months, encompassing pre-weaning, weaning and post-weaning phases. We probed the  
117 genomic and phenotypic similarities between 62 *B. longum* strains and 13 *B. infantis* strains  
118 isolated from either exclusively breast-fed or formula-fed infants (pre-weaning). Our results  
119 indicate a strong link between host diet and *Bifidobacterium* species/strains, which appears  
120 to correspond to the changing nutritional environment.

121

## 122 **Results**

123 Previous investigations into *B. longum* across the human lifespan have determined a broad  
124 distribution of this species, including prolonged periods of colonisation (Maldonado-Gomez  
125 et al., 2016, Oki et al., 2018). To gain insight into potential mechanisms facilitating these  
126 properties during the early life window, we investigated the genotypic and phenotypic  
127 characteristics of *B. longum* strains within individual infant hosts in relation to diet (i.e.

128 breast milk vs. formula) and dietary stages (i.e. pre-weaning, weaning and post-weaning),  
129 following up on a longitudinal study of the infant faecal microbiota published in 2010 (Roger  
130 and McCartney, 2010). Briefly, faecal samples from exclusively breast-fed infants and  
131 exclusively formula-fed infants were collected regularly from 1 month to 18 months of age  
132 (Roger and McCartney, 2010). The number of samples obtained from the breast-fed infants  
133 during the pre-weaning period was higher than that obtained from the formula-fed group,  
134 which may correlate with differences in weaning age (~20.6 vs. ~17 weeks old). Collected  
135 samples were subjected to quantitative analysis using fluorescence in situ hybridization  
136 (FISH) to enumerate the predominant bacterial groups (**Table S1**) (Roger and McCartney,  
137 2010). Bacterial isolation was also carried out on selected samples, and the isolated colonies  
138 identified using ribosomal intergenic spacer analysis (Roger and McCartney, 2010).

139

#### 140 **Quantitative analysis of microbial communities in breast- and formula-fed infants**

141 To provide context to the microbiome environment the strains selected for the present  
142 study were isolated from, we re-analysed the data originally generated by FISH (**Figure 1**,  
143 **Table S1**) (Roger and McCartney, 2010). Bacteria detected using probe Bif164  
144 (bifidobacteria) proportionally constituted the predominant group in samples isolated from  
145 breast-fed infants during pre-weaning and weaning; between 16.5% to 100% of the  
146 microbiota across the study period. During post-weaning, proportions of bifidobacteria  
147 across all breast-fed samples decreased considerably and ranged from 4.6% to 12.1%. The  
148 levels of bacteria detected by ER482 (members of *Clostridium* cluster XIVa) started to  
149 increase during weaning, increasing to 18.2% (from 0.25% at pre-weaning). Bacteria  
150 detectable by probe Bac303 (members of genus *Bacteroides*, *Parabacteroides* and *Prevotella*  
151 species, *Paraprevotella*, *Xylanibacter*, *Barnesiella* species and *Odoribacter splanchnicus*)  
152 were identified in all samples throughout the study, with this bacterial group showing  
153 extensive inter-individual variation. Other microbiota members were detected in breast-fed  
154 samples at lower levels, including members of family Coriobacteriia (Ato291, mean <2% of  
155 microbiota), *Escherichia coli* (EC1531, <1%), members of *Clostridium* clusters I and II  
156 (Chis150, <1%) and lactic acid bacteria (Lab158, mean <1%).

157 In contrast to the breast-fed group, no drastic shift in bacterial populations was observed in  
158 formula-fed infants throughout the study. Overall, lower levels of bifidobacteria were  
159 detected during pre-weaning and weaning, fluctuating from 0.0% to 73.3% of the

160 microbiota at different time points. Similar to the breast-fed group, proportions of  
161 *Bifidobacterium* decreased during post-weaning across all formula-fed samples and ranged  
162 from 6.5% to 12% at month 18. The levels of bacteria detected by probe ER482 were overall  
163 higher in formula-fed samples throughout study duration;  $19.96\pm 17.41\%$ ,  $25.39\pm 14.63\%$   
164 and  $30.6\pm 15.92\%$  for pre-weaning, weaning and post-weaning phases. Similarly, proportions  
165 of bacteria detected by Bac303 during all dietary phases were higher in the formula-fed  
166 group compared to the breast-fed group. Contrastingly to the breast-fed group, levels of  
167 bacteria detected by Chis150 (*Clostridium* clusters I and II) started to increase during  
168 weaning in the formula-fed group and continued to increase ( $1.23\pm 1.28\%$ ,  $7.03\pm 9.18\%$  and  
169  $21.72\pm 11.47\%$  for pre-weaning, weaning and post-weaning, respectively). Levels of bacteria  
170 identified by Ato291 and EC1531 in formula-fed samples were slightly higher than in the  
171 breast-fed group (means of  $<3.5\%$  and  $<1.25\%$ , respectively), while the mean proportion of  
172 lactic acid bacteria (Lab158) remained below  $<1\%$ .  
173 Overall, these results confirm previous studies which have indicated differences in faecal  
174 microbiota composition between breast- and formula-fed babies, particularly during the  
175 pre-weaning and weaning phases, and demonstrate the succession of bacterial species over  
176 time and in relation to diet, including *Bifidobacterium*.

177

### 178 **General features of *B. longum* genomes**

179 Based on the results of bacterial culture and colony identification published previously (for  
180 details, refer to (Roger et al., 2010)), 88 isolates originally identified as *Bifidobacterium* were  
181 selected for this study, 46 from five exclusively breast-fed infants (BF1-BF5, including  
182 identical twins BF3 and BF4) and 42 from four exclusively formula-fed infants (FF1-FF3 and  
183 FF5). Following sequencing and ANI analysis (**Tables S2 & S3**), 75 strains were identified as  
184 *B. longum* sp. and included in further analysis, with 62 strains identified as *B. longum* subsp.  
185 *longum* (*B. longum*) and 13 strains identified as *B. longum* subsp. *infantis* (*B. infantis*) (**Figure**  
186 **2a**).

187 To determine possible genotypic factors facilitating establishment and persistence of *B.*  
188 *longum* in the changing early life environment, we assessed the genome diversity of our  
189 strains. Sequencing generated between 12 and 193 contigs for each *B. longum* strain, with  
190 74/75 containing fewer than 70 contigs, yielding a mean of 66.95-fold coverage for strains

191 **(Table S2)**. The predicted genome size for strains identified as *B. longum* ranged from 2.21  
192 Mb to 2.58 Mb, possessing an average G+C% content of 60.11%, an average predicted ORF  
193 number of 2,023 and number of tRNA genes ranging from 55-88. For strains identified as *B.*  
194 *infantis*, the predicted genome size ranged from 2.51 Mb to 2.75 Mb, with an average G+C%  
195 content of 59.69%, an average predicted ORF number of 2,280 and the number of tRNA  
196 genes ranging from 57 to 62.

197

### 198 **Comparative genomics**

199 To identify *B. longum* strains among the sequenced isolates and assess nucleotide-level  
200 genomic differences, we performed ANI analysis. Results **(Table S3)** indicated that *B. longum*  
201 strains isolated from individual infant hosts displayed higher levels of sequence identity than  
202 strains isolated from different hosts. More specifically, pairwise identity values for strains  
203 isolated from infant BF3 showed the narrowest range (average value of  $99.99 \pm 3.15e-5\%$ ),  
204 followed by infant FF2 strains ( $99.98 \pm 1.12e-4\%$ ), with infant BF2 strains having the broadest  
205 identity value range (averaging  $99.13 \pm 7.8e-3\%$ ).

206 Next, we examined genetic diversity of newly sequenced *B. longum* strains and their  
207 relatedness to each other, alongside *B. longum* type strains. We identified a total of 1002  
208 core genes present in at least 99% of the analysed *B. longum* subspecies genomes that  
209 allowed clear distinction between *B. longum* subspecies (i.e. *longum* vs. *infantis*) based on  
210 the presence/absence of specific genes **(Table S4)**. Phylogenetic analysis revealed that *B.*  
211 *longum* strains within each subspecies clustered mainly according to isolation source, i.e.  
212 individual infants, rather than dietary stage (i.e. pre-weaning, weaning and post-weaning)  
213 **(Figure 2b)**. Interestingly, strains isolated from formula-fed baby FF5 clustered into two  
214 separate clusters, irrespective of the isolation period, suggesting presence of two highly  
215 related *B. longum* groups within this infant. Furthermore, strains isolated from identical  
216 twins BF3 and BF4 clustered together, indicating their close relatedness.

217 We next sought to identify whether specific components of the *B. longum* subspecies  
218 pangenome were enriched in infant hosts. Each candidate gene in the accessory genome  
219 was sequentially scored according to its apparent correlation to host diet (breast vs.  
220 formula) or dietary stage. A gene annotated as  $\alpha$ -L-arabinofuranosidase, along with four  
221 other genes coding for hypothetical proteins, were predicted to be enriched in *B. longum*  
222 strains isolated from breast-fed infants. Alpha-L-arabinofuranosidases are enzymes involved

223 in hydrolysis of terminal non-reducing  $\alpha$ -L-arabinofuranoside residues in  $\alpha$ -L-arabinosides  
224 and act on such carbohydrates as (arabino)xylans (Ichinose et al., 2008, Ahmed et al., 2013).  
225 In addition, two genes coding for hypothetical proteins and a gene coding for Mobility  
226 protein A were overrepresented in strains isolated from formula-fed infants. Furthermore,  
227 no associations between genes and dietary stages in *B. longum*, nor any associations  
228 whatsoever in *B. infantis* were observed (**Table S5**).

229 As our strains were isolated from individual infants at different time points, we next sought  
230 to determine their intra-strain diversity; for this we used the first *B. longum* isolate from  
231 each infant as the 'reference' strain to which all other strains from the same infant were  
232 compared (**Figure 3**). Infants BF1, BF3 and FF2 had the lowest strain diversity; with  
233 respective mean pairwise SNP distances of  $18.7 \pm 20.3$  SNPs (mean $\pm$ sd),  $10.3 \pm 5.0$  SNPs and  
234  $13.3 \pm 5.3$  SNPs. These results suggest strains isolated from these infants may be clonal,  
235 indicating long-term persistence despite dietary changes. Surprisingly, analysis of strains  
236 isolated from breast-fed identical twins BF3 and BF4 revealed higher strain diversity in baby  
237 BF4 ( $1034.5 \pm 1327.1$  SNPs), compared to the highly similar strains in infant BF3 (i.e.  $10.3 \pm 5.0$   
238 SNPs). Based on these results, we conducted SNP analysis on *B. longum* strains isolated from  
239 both babies and found that out of 13 strains analysed (n=8 from BF3 and n=5 from BF4), 12  
240 isolated during pre-weaning, weaning and post-weaning appeared to be clonal (with mean  
241 pairwise SNP distance of  $10.0 \pm 5.5$  SNPs) and one strain from baby BF4 isolated post-  
242 weaning was more distant,  $2595.4 \pm 2.8$  SNPs. The difference in strain diversity may relate to  
243 the fact that infant BF4 received a course of antibiotics during pre-weaning (**Figure1, Tables**  
244 **S1 & S2**) (Roger and McCartney, 2010). Furthermore, the presence of clonal strains in both  
245 babies suggests vertical transmission of *B. longum* from mother to both infants, or potential  
246 horizontal transmission between babies, consistent with previous reports (Makino et al.,  
247 2011, Makino et al., 2013, Milani et al., 2015b, Odamaki et al., 2018). *B. infantis* strains  
248 isolated from infant BF2 showed the highest strain diversity,  $9030.9 \pm 8036.6$  SNPs. Seven  
249 strains isolated during both pre-weaning and weaning periods appeared to be clonal,  
250  $6.3 \pm 1.6$  SNPs, while four strains isolated during weaning and post-weaning were more  
251 distant, with mean pairwise SNP distance of  $14983.5 \pm 4658.3$  SNPs (**Table S6**).

252

253 **Functional annotation of *B. longum* subspecies genomes – carbohydrate utilisation**



254 To assess genomic differences between our strains at a functional level, we next assigned  
255 functional categories to ORFs of each *B. longum* genome. Carbohydrate transport and  
256 metabolism was identified as the second most abundant category (after unknown function),  
257 reflecting the saccharolytic lifestyle of *Bifidobacterium* (**Figure S1**) (Pokusaeva et al., 2011,  
258 Milani et al., 2015a). *B. longum* had a slightly higher proportion of carbohydrate metabolism  
259 and transport genes ( $11.39\pm 0.31\%$ ) compared to *B. infantis* ( $10.20\pm 0.60\%$ ), which is  
260 consistent with previous reports (Ventura et al., 2009, Sela and Mills, 2010). *B. longum*  
261 strains isolated during pre-weaning had a similar proportion of carbohydrate metabolism  
262 genes in comparison with the strains isolated post-weaning:  $11.28\pm 0.23\%$  and  $11.48\pm 0.38\%$ ,  
263 respectively. Furthermore, we obtained similar results for *B. longum* strains isolated from  
264 breast- and formula-fed infants, with respective values of  $11.41\pm 0.21\%$  and  $11.38\pm 0.38\%$ . In  
265 contrast, *B. infantis* strains isolated pre-weaning had a lower proportion of carbohydrate  
266 metabolism genes in their genomes compared to the ones isolated post-weaning:  
267  $9.90\pm 0.24\%$  and  $11.20\pm 0.01\%$ , respectively (**Table S7**).

268 One of the major classes of carbohydrate-active enzymes comprises glycosyl hydrolases  
269 (GH), which facilitate glycan metabolism in the gastrointestinal tract. We thus sought to  
270 investigate and compare the arsenal of GHs in *B. longum* using dbCAN2. We identified a  
271 total of 36 different GH families in all *Bifidobacterium* strains. *B. longum* was predicted to  
272 contain 55 GH genes per genome on average (2.72 % of ORFs), while this number was lower  
273 for *B. infantis* strains, ~37 GH genes per genome (1.62% of ORFs) (**Figure 4, Table S8**). The  
274 predominant GH family was GH43; enzymes involved in metabolism of complex plant  
275 carbohydrates such as (arabino)xylans (Viborg et al., 2013), followed by GH13 (starch), GH51  
276 (hemicelluloses) and GH3 (plant glycans) (Milani et al., 2015a, Milani et al., 2016).

277 Within the *B. longum* group, strains isolated during pre-weaning had a slightly lower mean  
278 number of GH genes compared to strains isolated post-weaning ( $54.46\pm 2.81$  vs.  
279  $56.85\pm 2.77$ ). Moreover, strains isolated from breast-fed babies contained an average of  
280  $53.96\pm 3.82$  GH genes per genome, while this number was slightly higher for strains isolated  
281 from formula-fed infants;  $56.47\pm 2.96$ . Further analysis revealed that these differences  
282 appeared to be intra-host-specific and diet-related. For example, strains isolated from  
283 breast-fed twins BF3 and BF4 pre-weaning had 11 GH43 genes per genome, while the pre-  
284 weaning strain from formula-fed baby FF3 had 13 GH genes per genome predicted to belong  
285 to this GH family. Similarly, strains isolated from babies BF3 and BF4 post-weaning had 11

286 predicted GH genes, while the three strains isolated from infant FF3 were predicted to  
287 contain 16, 16 and 18 GH genes per genome, respectively (**Table S8**).

288 We next determined if these GH genes differences statistically correlated with breast- and  
289 formula-fed groups (**Table S8**). Significant differences ( $p < 0.05$ ) were observed between  
290 mean numbers of GH genes belonging to the predominant GH families (GH43 – higher  
291 abundance in FF babies, GH13 – higher abundance in BF babies, and GH51 – higher  
292 abundance in FF babies), and several other GH families, including GH5 ( $\beta$ -glucosidases and  
293  $\beta$ -mannosidases), GH38 (mannosylglycerate hydrolases) and GH36 ( $\alpha$ -galactosidases), all  
294 more abundant in BF babies. Further analysis of dietary phases suggested significant  
295 differences in GH genes between breast- and formula-fed groups during pre-weaning (e.g.  
296 families GH43, GH13, GH5, GH38), but not in the post-weaning phase (**Table S8**).

297 Since glycosyl hydrolases belonging to distinct GH families may have similar catalytic  
298 properties, we next grouped the GH genes for which the predicted enzyme class annotation  
299 was available and investigated their abundance (**Table S9**). The predominant enzyme classes  
300 in *B. longum* strains were non-reducing end  $\alpha$ -L-arabinofuranosidases belonging to GH43  
301 and GH51, followed by  $\beta$ -galactosidases (GH2 and GH42), oligo-1,6-glucosidases (GH13) and  
302  $\beta$ -N-acetylhexosaminidases (GH3 and GH20).

303 The mean numbers of enzyme classes between breast- and formula-fed babies significantly  
304 differed ( $p < 0.05$ ) in the top three above-mentioned predominant enzyme classes as well as  
305 several other less abundant ones, including non-reducing end  $\beta$ -L-arabinofuranosidases  
306 (GH127 and GH146 – higher abundance in BF babies),  $\alpha$ -galactosidases (GH36 – higher  
307 abundance in BF babies), and endo-1,5- $\alpha$ -L-arabinases (GH43 – higher abundance in FF  
308 babies). Additional analysis of dietary phases indicated significant differences between  
309 breast- and formula fed groups during pre-weaning (e.g. non-reducing end  $\alpha$ -L-  
310 arabinofuranosidases,  $\beta$ -galactosidases, oligo-1,6-glucosidases as well as  $\alpha$ -galactosidases),  
311 but not during post-weaning (**Table S9**).

312 We next examined the predicted glycosyl hydrolase repertoire of *B. infantis* strains, with the  
313 caveat that the majority of the strains belonging to this subspecies were isolated from a  
314 single infant. In contrast to the *B. longum* group, the most abundant GH family was GH13  
315 (starch), followed by GH42, GH20 and GH38 (**Table S8**). *B. infantis* strains also harboured  
316 genes predicted to encode members of the GH33 family, which contains exo-sialidases



317 (Milani et al., 2015a). Strains isolated pre-weaning were predicted to contain an average of  
318  $34.83 \pm 0.4$  GH genes per genome, while this number was higher for the strains isolated post-  
319 weaning (i.e.  $43.00 \pm 0.00$  GH genes). *B. infantis* strains isolated post-weaning contained  
320 families GH1 and GH43 that were absent in the strains isolated pre-weaning. The GH1 family  
321 contains enzymes such as  $\beta$ -glucosidases,  $\beta$ -galactosidases and  $\beta$ -D-fucosidases active on a  
322 wide variety of (phosphorylated) disaccharides, oligosaccharides, and sugar–aromatic  
323 conjugates (Suzuki et al., 2013). The analysis of enzyme classes in the *B. infantis* strains  
324 suggested that  $\beta$ -galactosidases (GH2 and GH42) were predominant in this group, followed  
325 by  $\beta$ -*N*-acetylhexaminidases (GH3 and GH20), 4- $\alpha$ -glucanotransferases (GH77) and oligo-  
326 1,6-glucosidases (GH13) (**Table S9**).

327 Members of the genus *Bifidobacterium* have previously been shown to contain GH genes  
328 involved in metabolism of various HMOs present in breast milk (Garrido et al., 2015, Garrido  
329 et al., 2016). We identified genes belonging to GH29 and GH95 ( $\alpha$ -L-fucosidases found  
330 active on fucosylated HMOs (Sela et al., 2012, Garrido et al., 2016)) in all our *B. infantis*  
331 strains, as well as four *B. longum* strains isolated from formula-fed baby FF3. Furthermore,  
332 we found GH20 and GH112 genes (lacto-*N*-biosidases and galacto-*N*-biose/lacto-*N*-biose  
333 phosphorylases shown to be involved in degradation of isomeric lacto-*N*-tetraose (LNT)  
334 (Kitaoka, 2012)) in all our *B. infantis* and *B. longum* strains (**Table S8**).

335 Overall, these findings suggest differences in general carbohydrate utilisation at different  
336 stages suggesting adaptation of *Bifidobacterium* to a changing early life nutritional diet,  
337 which may be a factor facilitating establishment of these bacteria within individuals during  
338 infancy.

339

#### 340 **Prediction of gain and loss of GH families in *B. longum***

341 Given the differences in the carbohydrate utilisation profiles between *B. longum* and *B.*  
342 *infantis*, we next investigated the acquisition and loss of GH families. For this purpose, we  
343 additionally predicted the presence of GH families in type strains *B. longum* subsp. *longum*  
344 JCM 1217<sup>T</sup>, *B. longum* subsp. *infantis* ATCC 15697<sup>T</sup> and *B. longum* subsp. *suus* LMG 21814<sup>T</sup>  
345 with dbCAN2 and generated a whole genome SNP tree to reflect gene loss/gain events more  
346 accurately (**Figure 4, Table S10**). Both *B. longum* and *B. infantis* lineages appear to have  
347 acquired GH families (when compared to the common ancestor of the phylogenetic group),

348 with the *B. longum* lineage gaining two GH families (GH121 and GH146) and the *B. infantis*  
349 lineage one GH family (GH33). Within the *B. infantis* lineage, which also contains the *B. suis*  
350 type strain, the *B. infantis* taxon has further acquired two and lost five GH families. These  
351 findings suggest that the two human-related subspecies have followed different  
352 evolutionary paths, which is consistent with our observation of differences between *B.*  
353 *longum* and *B. infantis* resulting from phylogenomic analyses. Intriguingly, strain adaptation  
354 to the changing host environment (i.e. individual infant gut) seems to be driven by loss of  
355 specific GH families (**Figure 4**). For example, *B. infantis* strains isolated during pre-weaning  
356 and weaning from baby BF2 appear to be missing up to three GH families (GH1, GH43 and  
357 GH109) present in strains isolated post-weaning. Lack of family GH43 (containing enzymes  
358 involved in metabolism of a variety of complex carbohydrates, including plant-derived  
359 polysaccharides) in early life *B. infantis* strains may explain nutritional preference of this  
360 subspecies for an HMO-rich diet. Similarly, we observed differential gene loss events in *B.*  
361 *longum* strains from individual hosts. For example, all strains isolated from baby BF5 appear  
362 to lack GH families GH1, GH29 and GH95. However, strains isolated pre-weaning  
363 additionally lacked GH53 family, which includes endogalactanases shown to be involved in  
364 liberating galactotriose from type I arabinogalactans in *B. longum* (Hinz et al., 2005). In  
365 contrast, strain B\_38 isolated from this infant (BF5) post-weaning appears to have lost  
366 families GH136 and GH146. Interestingly, members of family GH136 are lacto-*N*-biosidases  
367 responsible for liberating lacto-*N*-biose I from LNT, an abundant HMO unique to human milk  
368 (Yamada et al., 2017), while family GH146 contains  $\beta$ -L-arabinofuranosidases displaying *exo*-  
369 activity on  $\beta$ -linked arabinofuranosyl groups. These events may be linked to dietary changes  
370 (withdrawal of breast milk) and/or a shift in the composition of the microbiota post-  
371 weaning. Only one *B. longum* strain was isolated post-weaning from this baby, however  
372 FISH analysis (**Figure 1, Table S1**) revealed an increase in the bacteroides group, which might  
373 explain the loss of family GH146 by strain B\_38 as the founding member of GH146 family,  $\beta$ -  
374 L-arabinofuranosidase, was first characterised in *Bacteroides thetaiotaomicron* (Luis et al.,  
375 2018). Overall, the presence of intra-individual and strain-specific GH family repertoires in *B.*  
376 *longum* suggests their adaptation to host-specific diet. The presence of strains with different  
377 GH content at different dietary stages further indicates potential acquisition of new  
378 *Bifidobacterium* strains with nutrient-specific adaptations in response to the changing infant  
379 diet.

380

**381 Prediction of single nucleotide polymorphisms (SNPs) in glycosyl hydrolases**

382 Given the intra-strain diversity in the nine babies and the differences in GH repertoires  
383 between *B. longum* and *B. infantis*, we next sought to examine nucleotide-level differences  
384 in glycosyl hydrolase genes between strains in individual infants (**Table S11**). Unsurprisingly,  
385 we did not identify any significant SNPs that may lead to functional changes in GH genes in  
386 infants that had the lowest strain diversity (infants BF1, BF3 and FF2) (**Table S6**). The highest  
387 number of GH genes with predicted variants was recorded for *B. infantis* strains from baby  
388 BF2. In total, 52 synonymous variants and 29 missense variants were predicted at 81  
389 different positions in 12 GH genes across strains that showed the highest diversity from the  
390 first 'reference' isolate, namely one strain isolated during weaning and the three strains  
391 isolated post-weaning. A number of missense variants, both complex and single, were  
392 recorded at several positions in the predominant enzyme classes, i.e.  $\beta$ -galactosidases (EC  
393 3.2.1.23) and  $\beta$ -*N*-hexosaminidases (EC 3.2.1.52).

394 Similarly, both synonymous and missense variants were predicted in *B. longum* strains less  
395 closely related to 'reference' strains from breast-fed (BF4 and BF5) and formula-fed (FF1,  
396 FF3 and FF5) babies. We did not observe any trend in the distribution of SNPs across GH  
397 genes in *B. longum* strains. The number of predicted variants, the number of GH genes with  
398 identified mutations and their enzyme classification differed between individual infants. For  
399 example, in baby BF4 9 out of 10 predicted variants (4 synonymous and 5 missense) were  
400 identified in an  $\alpha$ -xylosidase in a strain isolated post-weaning, while in baby FF5 14  
401 synonymous and 10 missense variants were predicted at 24 positions in 7 different GH  
402 genes across strains isolated during weaning and post-weaning. Some missense changes do  
403 not compromise normal protein function, while others can change essential aspects of  
404 protein maturation, activity or stability (Miosge et al., 2015). The presence of missense  
405 variants in GH genes of *B. longum* strains may indicate potential functional differences and  
406 provide additional explanation to intra-strain and intra-individual carbohydrate metabolism  
407 profiles of these bacteria, however experimental evidence would be essential to confirm the  
408 importance of these predictions.

409

**410 Phenotypic characterisation of carbohydrate utilisation**

411 *Bifidobacterium longum* has previously been shown to metabolise a range of carbohydrates,  
412 including dietary and host-derived glycans (Watson et al., 2013, Arboleya et al., 2018). Given  
413 the predicted differences in carbohydrate metabolism profiles, and to understand strain-  
414 specific nutrient preferences, we next sought to determine their glycan fermentation  
415 capabilities. We performed growth assays on 49 representative strains from all nine infants,  
416 cultured in modified MRS supplemented with selected carbohydrates as the sole carbon  
417 source. For these experiments, we chose both plant- and host-derived glycans that we  
418 would expect to constitute components of the early life infant diet (Mills et al., 2019).  
419 Although all *B. longum* strains were able to grow on simple carbohydrates (i.e. glucose and  
420 lactose), we also observed subspecies-specific complex carbohydrate preferences,  
421 consistent with bioinformatic predictions (**Figure 5**). To represent host-derived  
422 carbohydrates, we selected 2'-fucosyllactose (2'-FL) and lacto-*N*-neotetraose (LNnT) as  
423 examples of HMOs found in breast milk. Out of the tested isolates, all *B. infantis* strains  
424 were able to metabolise 2'-FL, as were three *B. longum* strains isolated from a formula-fed  
425 baby FF3 during weaning and post-weaning (**Figure 5**). These results supported the  
426 computational analysis and the identification of genes potentially involved in degradation of  
427 fucosylated carbohydrates in the genomes of these isolates (GH29 and GH95). Although  
428 bioinformatics identified the presence of genes involved in metabolism of isomeric LNT in all  
429 our strains (GH20 and GH112), LNnT metabolism in *B. infantis* was strain-specific, with most  
430 strains showing what we considered moderate (above 0.15 difference in OD from time T<sub>2</sub>) to  
431 high growth rates (above 0.25 difference in OD from time T<sub>2</sub>), with two strains displaying  
432 inconsistent growth (**Table S12**). Out of *B. longum* strains, B\_24 and B\_25 (isolated during  
433 weaning from breast-fed baby BF3) also showed growth on LNnT, albeit this was  
434 inconsistent. In contrast to all other *B. longum* strains, strain B\_25 was not able to  
435 metabolise plant-derived arabinose and xylose despite the predicted presence of genes  
436 involved in metabolism of monosaccharides (GH43, GH31, GH2). However, it was one of the  
437 two strains (out of 49 tested) that showed growth on cellobiose in 2/3 experiments; the  
438 other one being the post-weaning *B. infantis* strain B\_19 isolated from baby BF2. Given  
439 these interesting results, we performed additional assays using cellobiose as the sole carbon  
440 source over 72h, in which the *B. longum* strain B\_25 showed high growth rate (above 0.25  
441 difference in OD from time T<sub>2</sub>), while the *B. infantis* B\_19 strain did not grow at all (**Table**  
442 **S12**). Additionally, both *B. longum* and *B. infantis* strains showed varying degrees of growth

443 performance on mannose, even when analysing the same strain, while none of the tested  
444 strains were able to grow on arabinogalactan, pectin or rhamnose (**Figure 5**).

445 To further characterise strains identified above for putative carbohydrate degradation  
446 genes, we performed carbohydrate uptake analysis and proteomics. *B. longum* strain B\_25,  
447 from one of the breast-fed identical twins that showed growth on LNnT and cellobiose, and  
448 formula-fed strain B\_71 which was able to grow on 2'-FL, were chosen. Supernatant from  
449 these cultures was initially subjected to high-performance anion-exchange chromatography  
450 (HPAEC) to evaluate the carbohydrate-depletion profiles (**Figure 6**). In all three cases, the  
451 chromatograms showed complete utilisation of the tested carbohydrates and absence of  
452 any respective degradation products in the stationary phase culture. The depletion of  
453 cellobiose by B\_25 and 2'-FL by B\_71 occurred in the early exponential phase while LNnT  
454 was still detected in the culture supernatant until the late exponential phase of growth,  
455 suggesting that cellobiose and 2'-FL were internalised more efficiently than LNnT. We next  
456 determined the proteome of B\_25 and B\_71 when growing on cellobiose, LNnT and 2'-FL  
457 compared to glucose (**Figure 6a-c & Table S13**). The top 10 most abundant proteins in the  
458 cellobiose proteome of B\_25 included three  $\beta$ -glucosidases belonging to GH3 family, as well  
459 as a homologue of transport gene cluster previously shown to be upregulated in *B. animalis*  
460 subsp. *lactis* BI-04 during growth on cellobiose (**Figure 6a & Table S14**) (Andersen et al.,  
461 2013). Among the three  $\beta$ -glucosidases, B\_25\_00240 showed 98% sequence identity to the  
462 structurally characterized BIBG3 from *B. longum*, which has been shown to be involved in  
463 metabolism of the natural glycosides saponins (Yan et al., 2018). B\_25\_01763 and  
464 B\_25\_00262 showed 46% identity to the  $\beta$ -glucosidase Bgl3B from *Thermotoga neapolitana*  
465 (Pozzo et al., 2010) and 83% identity to BaBgl3 from *B. adolescentis* ATCC 15703 (Florindo et  
466 al., 2018), respectively, two enzymes previously shown to hydrolyse cello-oligosaccharides.  
467 With respect to LNnT metabolism by the same strain, the most abundant proteins were  
468 encoded by genes located in two gene clusters (B\_25\_00111-00117 and B\_25\_00130-  
469 00133) with functions compatible with LNnT import, degradation to monosaccharides and  
470 further metabolism. The gene clusters contain the components of an ABC-transporter  
471 (B\_25\_00111-00113), a predicted intracellular GH112 lacto-*N*-biose phosphorylase  
472 (B\_25\_00114), an *N*-acetylhexosamine 1-kinase (B\_25\_00115) and enzymes involved in the  
473 Leloir pathway. All these proteins were close homologues to proteins previously implicated  
474 in the degradation of LNT/LNnT by type strain *B. infantis* ATCC 15697<sup>T</sup> (Ozcan and Sela,

475 2018) (**Figure 6b & Table S14**). Interestingly, all clonal strains isolated from twin babies BF3  
476 and BF4 also contained close homologues of all the above-mentioned genes in their  
477 genomes, in some cases identical to those determined in B\_25; however, only strain B\_25  
478 was able to grow on cellobiose and LNnT. Growth of B\_71 on 2'-FL corresponded to  
479 increased abundance of proteins encoded by the gene cluster B\_71\_00973-00983. These  
480 proteins showed close homology to proteins described for *B. longum* SC596 and included  
481 genes for import of fucosylated oligosaccharides, fucose metabolism and two  $\alpha$ -fucosidases  
482 belonging to the families GH29 and GH95 (**Figure 6c & Table S14**) (Garrido et al., 2016).

483

#### 484 **Discussion**

485 High abundance of *Bifidobacterium*, and *B. longum* in particular, in early infancy is strongly  
486 linked to availability of nutrients (Koenig et al., 2011, Backhed et al., 2015, Yamada et al.,  
487 2017). In this study, we aimed to investigate the adaptations of *B. longum* to the changing  
488 infant diet during the early life developmental window. Profiling microbiota composition  
489 data (Roger and McCartney, 2010), genomic diversity of 75 *B. longum* strains (isolated from  
490 infants at different dietary stages), and growth performance on different carbohydrates  
491 revealed intra-individual and diet-related differences, which links to strain-level metabolism  
492 properties for specific dietary components.

493 The FISH results corroborate findings of previous studies investigating the infant gut  
494 microbiota; inter-individual variability during pre-weaning and weaning, with a shift towards  
495 a more adult-like faecal microbiota associated with more complex diet at post-weaning  
496 across all samples (Koenig et al., 2011, McKeen et al., 2019). *Bifidobacterium* constituted the  
497 predominant group in breast-fed infants during pre-weaning and weaning, while the  
498 composition of microbiota of the formula-fed infants during these stages was more  
499 complex.

500 Our comparative genomic analysis indicates that clonal strains of *B. longum* can persist in  
501 individuals through infancy, for at least 18 months, despite significant changes in diet during  
502 weaning, which is consistent with previous reports (Maldonado-Gomez et al., 2016,  
503 Odamaki et al., 2018). Concurrently, new strains (that display different genomic content and  
504 potential carbohydrate metabolism capabilities) can be acquired, possibly in response to the  
505 changing diet. Previously, strain shift in relation to withdrawal of breast milk has been  
506 suggested for *B. infantis* by Vatanen et al. (Vatanen et al., 2019) based on strain-level



507 metagenomic approach. Similarly, Asnicar et al. (Asnicar et al., 2017) suggested that  
508 originally acquired maternal strains of *B. longum* can be replaced at later life stages. Initial  
509 vertical acquisition of *Bifidobacterium* from mother to newborn babies has been well  
510 documented (Mikami et al., 2012, Makino et al., 2013, Milani et al., 2015b, Asnicar et al.,  
511 2017); however, details of strain transmission events in later life are currently unclear. Work  
512 of Odamaki et al. (Odamaki et al., 2018) suggested person-to-person horizontal transmission  
513 of a particular *B. longum* strain between members of the same family, with direct transfer,  
514 common dietary sources or environmental reservoirs, such as family homes (Lax et al.,  
515 2014), as potential vehicles and routes for strain transmission. Our results showed the  
516 presence of clonal strains in identical twins BF3 and BF4, which may have resulted from  
517 maternal transfer. However, potential strain transmission between these infants living in  
518 the same environment may also occur. Furthermore, wider studies involving both mothers  
519 and twin babies (and other siblings) could provide details on the extent, timing and location  
520 of transmission events between members of the same household.

521 Another aspect of comparative genomic analysis involved *in-silico* prediction of genes  
522 belonging to GH families. This analysis revealed genome flexibility within *B. longum*, with  
523 differences in GH family content between strains belonging to the same subspecies as  
524 described previously; *B. infantis* predominantly enriched in GH families implicated in the  
525 degradation of host-derived breast milk-associated dietary components like HMOs and *B.*  
526 *longum* containing GH families involved in the metabolism of plant-derived substrates  
527 (Milani et al., 2015a, Milani et al., 2016). Previously, Vatanen et al. (Vatanen et al., 2019)  
528 suggested that the presence of the HMO gene cluster allowing for intracellular HMO  
529 utilisation in *B. infantis* strains, in particular, confers a competitive advantage leading to  
530 higher relative abundance of this subspecies in the early life microbiota. Our analysis of *B.*  
531 *infantis* group identified the presence of glycosyl hydrolases associated with HMO  
532 degradation in all isolates and revealed subspecies-specific differences in GH content  
533 between pre- and post-weaning strains. Moreover, we observed differences in the number  
534 of genes belonging to the most abundant GH families (e.g. GH43) between breast-fed and  
535 formula-fed strains at different dietary stages, which can be linked to nutrient availability.  
536 Surprisingly, we computationally and phenotypically identified closely related weaning and  
537 post-weaning *B. longum* strains capable of metabolising HMOs (i.e. 2'-FL) in a formula-fed  
538 baby that only received standard non-supplemented (i.e. no prebiotics or synthetic HMOs)

539 formula. The analysis of SNP variants in genes identified as glycosyl hydrolases predicted the  
540 presence of missense mutations in both *B. longum* and *B. infantis* strains. Given that some  
541 missense variants can compromise protein function (Miosge et al., 2015), our results  
542 suggest potential functional differences that could further explain intra-strain and intra-  
543 individual carbohydrate metabolism profiles of *B. longum*. However, experimental validation  
544 would be essential to confirm the importance of variant predictions.

545 Recorded phenotypic data support the results of genomic analyses and further highlight  
546 differences in carbohydrate utilisation profiles between and within *B. longum* and *B.*  
547 *infantis*. As highlighted above, the ability of *B. infantis* to grow on different HMOs may  
548 facilitate their early life establishment. Similarly, *B. longum* preference for plant-based  
549 nutrients may be influencing their ability to persist within individual hosts through  
550 significant dietary changes. Differential growth of strains that are genotypically similar on  
551 various carbohydrate substrates and the ability of formula-fed strains to metabolise  
552 selected HMOs suggest that *Bifidobacterium* possess an overall very broad repertoire of  
553 genes for carbohydrate acquisition and metabolism that may be differentially switched on  
554 and off in response to the presence of specific dietary components (Dworkin and Losick,  
555 2001, Slager and Veening, 2016). Another explanation for these results may be a potential  
556 influence of the intra-individual environment on epigenetic mechanisms in these bacteria.

557 One potential factor involved in this process may be a cooperative effort supported by  
558 cross-feeding activities among *Bifidobacterium*, or between *Bifidobacterium* and other  
559 members of the early life microbiota, e.g. *Bacteroides* and *Eubacterium* species (Rios-Covian  
560 et al., 2013, Milani et al., 2015a, Schwab et al., 2017, Lawson et al., 2020). Indeed, the FISH  
561 analysis revealed the presence of bacteria detected by probes Bac303 (*bacteroides*) and  
562 ER482 (*eubacterium*) in faecal samples of both breast- and formula-fed infants, with intra-  
563 individual variation at different dietary stages. Although *B. infantis* is principally known as a  
564 specialist HMO-degrader, we did note growth of one of the *B. infantis* strains from formula-  
565 fed baby FF1 on xylose. However, this growth profile was not consistent between  
566 experiments, and therefore we did not pursue a fuller characterisation. However, future  
567 examination of the ability of *B. longum* subsp. *infantis* to degrade a wider range of non-  
568 HMO carbohydrate sources in early life could provide additional insight into carbohydrate  
569 metabolism properties of this subspecies, and its role in ecosystem structuring during  
570 transition to a more complex diet.



571 Glycan uptake analysis and proteomic investigation allowed us to determine mechanisms  
572 which selected *B. longum* strains employ to metabolise different carbohydrates. A common  
573 feature, based on the predicted activity of the most abundant proteins detected during  
574 grown on the three substrates (cellobiose, LNnT and 2'-FL), was that they were all imported  
575 and "selfishly" degraded intracellularly, therefore limiting release of degradation products  
576 that could allow cross-feeding by other gut bacteria. This is in line with the carbohydrate  
577 uptake analysis, where no peak for cellobiose, LNnT and 2'-FL degradation products could  
578 be detected. Cellobiose uptake in B\_25 occurs via a mechanism similar to *B. animalis* subsp.  
579 *lactis* BI-04 (*B. lactis*) (Andersen et al., 2013); cellobiose hydrolysis appears to be mediated  
580 by the activity of three intracellular  $\beta$ -glucosidases, although further confirmatory  
581 biochemical characterization of these enzyme is still required. B\_25 was observed to utilize  
582 LNnT using a pathway similar to that described in *B. longum* subsp. *infantis* whereby LNnT is  
583 internalized via an ABC-transporter (B\_25\_00111-00113) followed by intracellular  
584 degradation into constituent monosaccharides by a GH112 (B\_25\_00114) and an *N*-  
585 acetylhexosamine 1-kinase (B\_25\_00115). LNnT degradation products are further  
586 metabolized to fructose-6-phosphate by activities that include B\_25\_00116-00117  
587 (galactose-1-phosphate uridylyltransferase, UDP-glucose 4-epimerase, involved in the Leloir  
588 pathway) and B\_25\_01030-01033 (for metabolism of *N*-acetylgalactosamine) prior to  
589 entering the *Bifidobacterium* genus-specific fructose-6-phosphate phosphoketolase (F6PPK)  
590 pathway (Ozcan and Sela, 2018). B\_71 is predicted to deploy an ABC-transporter  
591 (B\_71\_00974-00976) that allows uptake of intact 2'-FL that is subsequently hydrolysed to L-  
592 fucose and lactose by the two predicted intracellular  $\alpha$ -fucosidases GH29 (B\_71\_00982) and  
593 GH95 (B\_71\_00983). L-fucose is further metabolized to L-lactate and pyruvate, via a  
594 pathway of non-phosphorylated intermediates that include activities of L-fucose mutarotase  
595 (B\_71\_00981), L-fucose dehydrogenase (B\_71\_00978), L-fuconate hydrolase (B\_71\_00977)  
596 as previously described for *B. longum* subsp. *longum* SC596 (Garrido et al., 2016).  
597 Considering that the proteins encoded by the aforementioned genes are located in the  
598 cellobiose, LNnT and 2'-FL gene clusters that share high similarity and similar organization  
599 with those found in equivalent systems in other *B. longum* and *B. lactis*, it is reasonable to  
600 suggest that the gene clusters are related and may be the results of horizontal gene transfer  
601 events between *B. longum*/*B. lactis* members residing in the infant gut microbiota.  
602 Collectively, these data reflect inter- and intra-host phenotypic diversity of *B. longum* strains

603 in terms of their carbohydrate degradation capabilities and suggest that intra-individual  
604 environment may influence epigenetic mechanisms in *Bifidobacterium*, resulting in  
605 differential growth on carbohydrate substrates.

606 In conclusion, this research provides new insight into distinct genomic and phenotypic  
607 abilities of *B. longum* species and strains isolated from the same individuals during the early  
608 life developmental window by demonstrating that subspecies- and strain-specific  
609 differences between members of *B. longum* sp. in infant hosts can be correlated to their  
610 adaptation at specific age and diet stages.

611

### 612 **Limitations of the study**

613 Here, we used a combination of bioinformatic approaches and experimental techniques to  
614 assess genomic and phenotypic abilities of *B. longum* species and strains isolated during the  
615 early life developmental window. This study, however, is not without its limitations. One  
616 important caveat is the small number of *B. infantis* strains (n=13) available for analysis, and  
617 the fact that most of these strains (n=11) were isolated from a single breast-fed baby (BF2).  
618 The examination of these strains provides important insight into the properties of *B. infantis*  
619 during the transition from breastfeeding to more diversified diet, however it is difficult to  
620 assess how representative these results are of wider population. In addition, only one strain  
621 isolated from a formula-fed baby was identified as *B. infantis*, making it impossible to  
622 examine properties of members of this subspecies within this dietary group and make  
623 comparisons with breast-fed strains. Another important limitation is the fact that our strain  
624 collection only contains one bacterial strain per time point. Inclusion of additional strains  
625 could contribute further observations on inter-individual diversity of *Bifidobacterium* in  
626 infant hosts and their functional properties. To examine bacterial communities in faecal  
627 samples, we revisited and re-analysed the data generated using FISH, but this technique has  
628 a detection limit ( $\sim 10^6$  bacterial cells (wet weight faeces)<sup>-1</sup>) (Roger and McCartney, 2010).  
629 Thus, FISH allows investigation of important bacterial groups, but faecal samples may  
630 contain several organisms at levels below the methodological detection threshold. In  
631 addition, this technique does not allow for tracking species-level changes. This limitation  
632 could be addressed by the use of comprehensive sequencing methods, such as shotgun  
633 metagenomics, combined with advanced computational methods to achieve strain-level  
634 resolution. Furthermore, phenotypic investigation of carbohydrate metabolism properties

635 of *B. longum* revealed inconsistencies in growth of individual strains on certain  
636 carbohydrates, including LNnT, cellobiose and mannose, and we therefore only explored  
637 reproducible findings further with proteomics. Previously, variability in growth of *B. longum*  
638 on mannose, even when analysing the same strain (*Bifidobacterium longum* NCC2705) has  
639 been reported (Parche et al., 2007, Liu et al., 2011). Finally, no metadata on complementary  
640 foods during weaning and infant diet post-weaning were available. This information could  
641 allow bioinformatic predictions of carbohydrate degradation properties of *B. longum* to be  
642 related to the specific dietary components present in weaning infant foods. Future  
643 longitudinal studies could be designed to include these data.

644

#### 645 **Resource Availability**

646

#### 647 **Lead Contact**

648

649 Further information and requests for resources and reagents should be directed to and will  
650 be fulfilled by the Lead Contact, Lindsay J. Hall ([Lindsay.Hall@quadram.ac.uk](mailto:Lindsay.Hall@quadram.ac.uk)).

651

#### 652 **Materials Availability**

653

654 This study did not generate new unique reagents.

655

#### 656 **Data and Code Availability**

657

658 The draft genomes of 75 *B. longum* isolates have been deposited to GOLD database at  
659 <https://img.jgi.doe.gov>, GOLD Study ID: Gs0145337.

660 The proteomics data have been deposited to the ProteomeXchange Consortium  
661 (<http://proteomecentral.proteomexchange.org>) via the PRIDE partner repository with  
662 dataset identifier PXD017277.

663

#### 664 **Methods**

665

666 All methods can be found in the accompanying Transparent Methods supplemental file.

667

## 668 **Supplemental Information**

669

670 Supplemental Information can be found online at

671

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687

## 688 **Author contributions**

689 LJH, LH, ALM and MK designed the overall study. ALM provided the unique *B. longum* strain

690 collection and extracted the DNA. ALM and LCR performed the FISH microbiota profiling

691 studies. MK prepared the DNA for WGS, performed all genomic analysis and visualisation, as

692 well as growth studies. MK also re-analysed the FISH data. SLLR, PBP, LJH and MK planned

693 metabolomics and proteomics studies. MK prepared samples for metabolomics and

694 proteomics. SLLR and MK performed the metabolomics and proteomics experiments and

695 SLLR analysed and visualised the resulting data. LJH and MK analysed the data, with input

696 and discussion from LH, and drafted the manuscript. SLLR, PBP, LH and ALM provided

697 providing further edits and co-writing of the final version. All authors read and approved the  
698 final manuscript.

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## 700 Declaration of Interests

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702 The authors declare no competing interests.

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## 982 Figure and Scheme Legends

983

984 **Figure 1.** Proportional representation of bacterial populations in the faecal microbiota of a)  
 985 breast-fed and b) formula-fed infants based on FISH analysis. Numbers are expressed as  
 986 percentage of the total bacterial population obtained using DAPI. The vertical solid black  
 987 lines mark the different dietary phases in each infant (pre-weaning, weaning and post-  
 988 weaning). Oligonucleotide probes used to determine bacterial populations: Bif164 -  
 989 most *Bifidobacterium* species and *Parascardovia denticolens*, Bac303 - most members of the  
 990 genus *Bacteroides*, some *Parabacteroides* and *Prevotella* species, *Paraprevotella*,

991 *Xylanibacter*, *Barnesiella* species and *Odoribacter splanchnicus*, ER482 - most members  
 992 of Clostridium cluster XIVa, Ato291 - *Cryptobacterium curtum*, *Gordonibacter*  
 993 *pamelaeae*, *Paraeggerthella hongkongensis*, all *Eggerthella*, *Collinsella*,  
 994 *Olsenella* and *Atopobium* species, Chis150 - most members of *Clostridium* cluster I, all  
 995 members of *Clostridium* cluster II, EC1531 - *Escherichia coli*, Lab158 - all *Oenococcus*,  
 996 *Vagococcus*, *Melissococcus*, *Tetragenococcus*, *Enterococcus*, *Catelicoccus*, *Paralactobacillus*,  
 997 *Pediococcus* and *Lactococcus* species, most *Lactobacillus*,  
 998 *Weissella* and *Leuconostoc* species. See also Table S1.

999

1000 **Figure 2.** Identification and relatedness of *B. longum* strains. a) Sampling scheme and strain  
 1001 identification within individual breast-fed (BF1-BF5) and formula-fed (FF1-FF3 and FF5)  
 1002 infants based on average nucleotide identity values (ANI). The three levels of shading mark  
 1003 different dietary phases: pre-weaning, weaning, and post-weaning. b) Relatedness of *B.*  
 1004 *longum* strains based on core proteins. Coloured strips represent isolation period (pre-  
 1005 weaning, weaning and post-weaning) and isolation source (individual infants), respectively.  
 1006 See also Table 2, Table S3 and Table S4.

1007

1008 **Figure 3.** Pairwise SNP distances between *B. longum* strains of the same subspecies within  
 1009 individual infants. Individual points show data distribution, diamonds indicate the group  
 1010 mean, box plots show group median and interquartile range. See also Table S6.

1011

1012 **Figure 4.** Gene-loss events and abundance of GH families within *B. longum* subspecies. Pie  
 1013 charts superimposed on the whole genome SNP tree represent predicted GH family gain-  
 1014 loss events within *B. longum* and *B. infantis* lineages. Due to the size of the tree, examples  
 1015 of detailed gain loss events have been provided for main lineages, as well as baby BF2  
 1016 (strains highlighted with light blue) and BF5 (strains highlighted with light purple). Heatmap  
 1017 represents abundance of specific GH families predicted in analysed *B. longum* strains. See  
 1018 also Table S8 and Table S9.

1019

1020 **Figure 5.** Growth performance of *B. longum* strains on different carbon sources. Heatmap  
 1021 displays the difference in average growth of triplicates between  $T_2$  (30 min) and  $T_{end}$  (48  
 1022 hours). Moderate growth is considered above 0.15 difference in OD from time  $T_2$ , high

1023 growth above 0.25 difference in OD from time  $T_2$ . Asterisks represent strains for which  
1024 inconsistent growth was recorded (difference in OD of at least 0.15 between any of the  
1025 duplicates in the triplicate experiment). See also Table S12.

1026

1027 **Figure 6.** HPAEC-PAD traces showing mono-, di- and oligo-saccharides detected in the  
1028 supernatant of either B\_25 or B\_71 single cultures during growth in mMRS supplemented  
1029 with (a) cellobiose; (b) LNnT; (c) 2'-FL. The data are representative of biological triplicates.  
1030 Abbreviations: LNnT, Lacto-*N*-neotetraose; Glc, glucose; Glc2, cellobiose; 2'-FL, 2'-  
1031 fucosyllactose. Panel on the right shows (a) cellobiose; (b) LNnT; (c) 2'-FL utilization clusters  
1032 in B\_25 and B\_71 and proteomic detection of the corresponding proteins during growth on  
1033 HMOs. Heat maps above genes show the LFQ detection levels for the corresponding  
1034 proteins in triplicates grown on glucose (G); cellobiose (C); LNnT (L); and 2'-FL (F). Numbers  
1035 between genes indicate percent identity between corresponding genes in homologous PULs  
1036 relative to strains B\_25 and B\_71. Numbers below each gene show the locus tag in the  
1037 corresponding genome. Locus tag numbers are abbreviated with the last numbers after the  
1038 second hyphen (for example B\_25\_XXXXX). The locus tag prefix for each strain is indicated in  
1039 parenthesis beside the organism name. See also Table S13 and Table S14.

1040

#### 1041 **Supplemental Table titles**

1042

1043 **Table S1.** FISH probes used to enumerate bacterial groups in infants (adapted from Roger &  
1044 McCartney (2010)), proportional representation of FISH data for each baby, summative  
1045 analysis of bacterial populations in relation to dietary phases (separate tabs). Related to  
1046 Figure 1.

1047

1048 **Table S2.** Demographic profiles of infants in this study, genomic data on the isolates in this  
1049 study, list of publicly available genomes used in this study (separate tabs). Related to Figure  
1050 2.

1051

1052 **Table S3.** Average nucleotide identity matrix for the isolates used in this study. Related to  
1053 Figure 2.

1054

- 1055 **Table S4.** Gene presence-absence matrix for the *B. longum* isolates used in this study.  
1056 Related to Figure 2.  
1057
- 1058 **Table S5.** List of overrepresented genes associated with breast- and formula-feeding  
1059 detected using Scoary (separate tabs). Related to Figure 2.  
1060
- 1061 **Table S6.** Pairwise SNP distance matrix between isolates within individual infants. Related to  
1062 Figure 3.  
1063
- 1064 **Table S7.** Summary of COG categories identified in *B. longum* isolates. COG categories  
1065 legend, COG categories identified in all *B. longum* samples, as well as in specific groups: *B.*  
1066 *infantis*, *B. longum*, isolates from breast-fed infants, isolates from formula-fed infants  
1067 (separate tabs). Related to Figure 4.  
1068
- 1069 **Table S8.** Summary of GH families identified in all *B. longum* isolates, as well as in specific  
1070 groups: *B. longum* across all dietary phases, *B. longum* pre-weaning, *B. longum* post-  
1071 weaning, *B. longum* isolates from breast-fed infants, *B. longum* isolates from formula-fed  
1072 infants, comparison between *B. longum* breast- and formula-fed groups, *B. infantis*, *B.*  
1073 *infantis* pre-weaning, *B. infantis* post-weaning (separate tabs). Related to Figure 4.  
1074
- 1075 **Table S9.** Summary of enzyme classes identified in all *B. longum* isolates, as well as in  
1076 specific groups: *B. longum* across all dietary phases, *B. longum* pre-weaning, *B. longum* post-  
1077 weaning and *B. infantis* (separate tabs). Related to Figure 4.  
1078
- 1079 **Table S10.** Prediction of glycosyl hydrolase family gain-loss events in *B. longum* isolates.  
1080 Related to Figure 4.  
1081
- 1082 **Table S11.** Summary of SNPs in predicted glycosyl hydrolases in breast-fed and formula-fed  
1083 babies. Related to Figure 3 and Figure 4.  
1084
- 1085 **Table S12.** Results of growth experiments performed for selected *B. longum* and *B. infantis*  
1086 strains from nine babies. Strains (1%v/v) were grown in modified (m)MRS (pH 6.8)

1087 supplemented with cysteine HCl at 0.05% and 2% (w/v) of selected carbohydrates, except  
1088 for pectin and mucin (1%). Experiments were performed in triplicates; the data are  
1089 presented as difference in OD between  $T_2$  (30min) and  $T_{end}$  (48h) for growth on 12 selected  
1090 carbohydrate sources and  $T_2$  (30min) and  $T_{end}$  (72h) for an additional experiment on  
1091 cellobiose (separate tabs). Related to Figure 5.

1092

1093 **Table S13.** Proteomics data from growth of strain B\_25 on LNnT and cellobiose, and strain  
1094 B\_71 on 2'-FL (separate tabs). Related to Figure 6.

1095

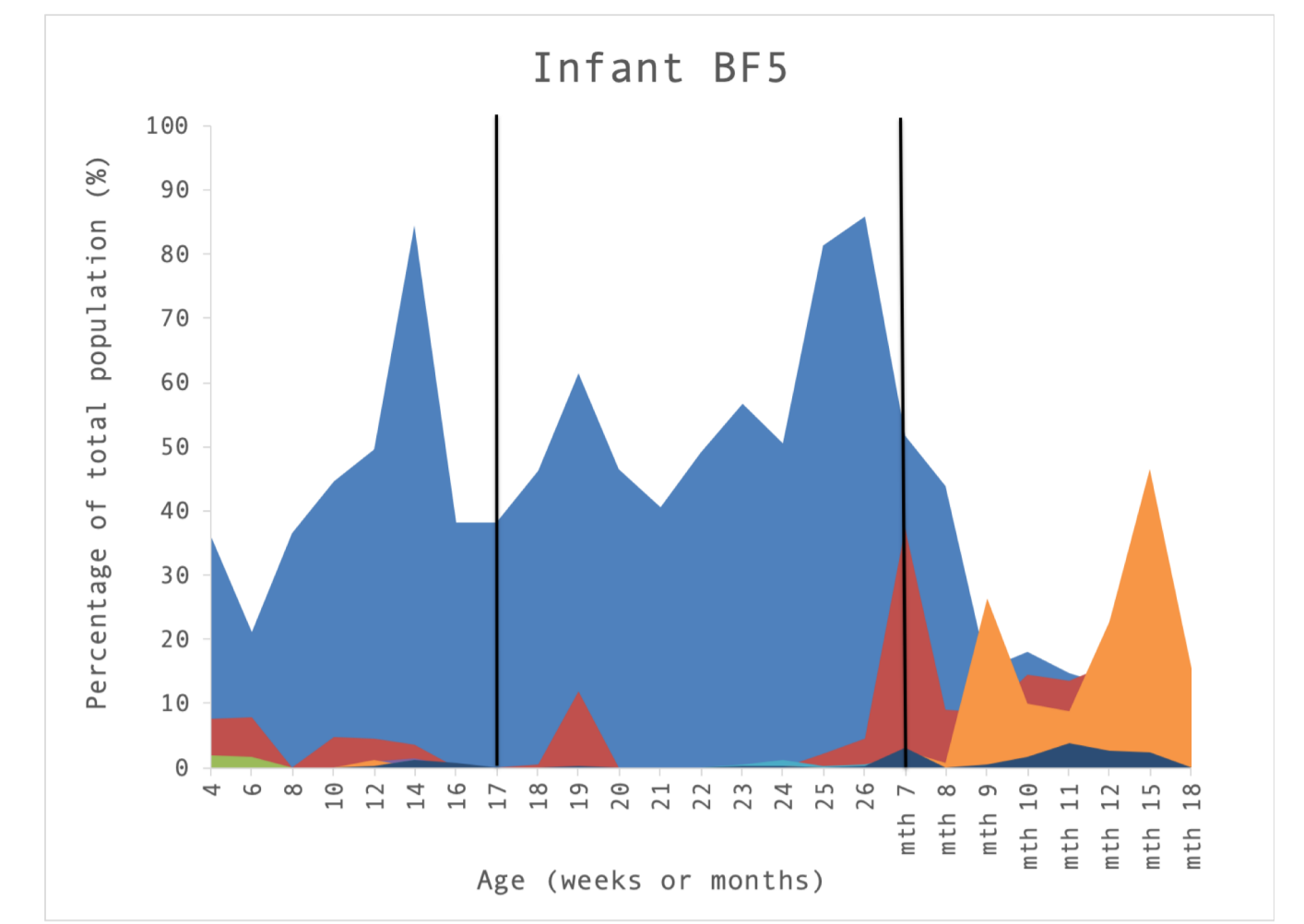
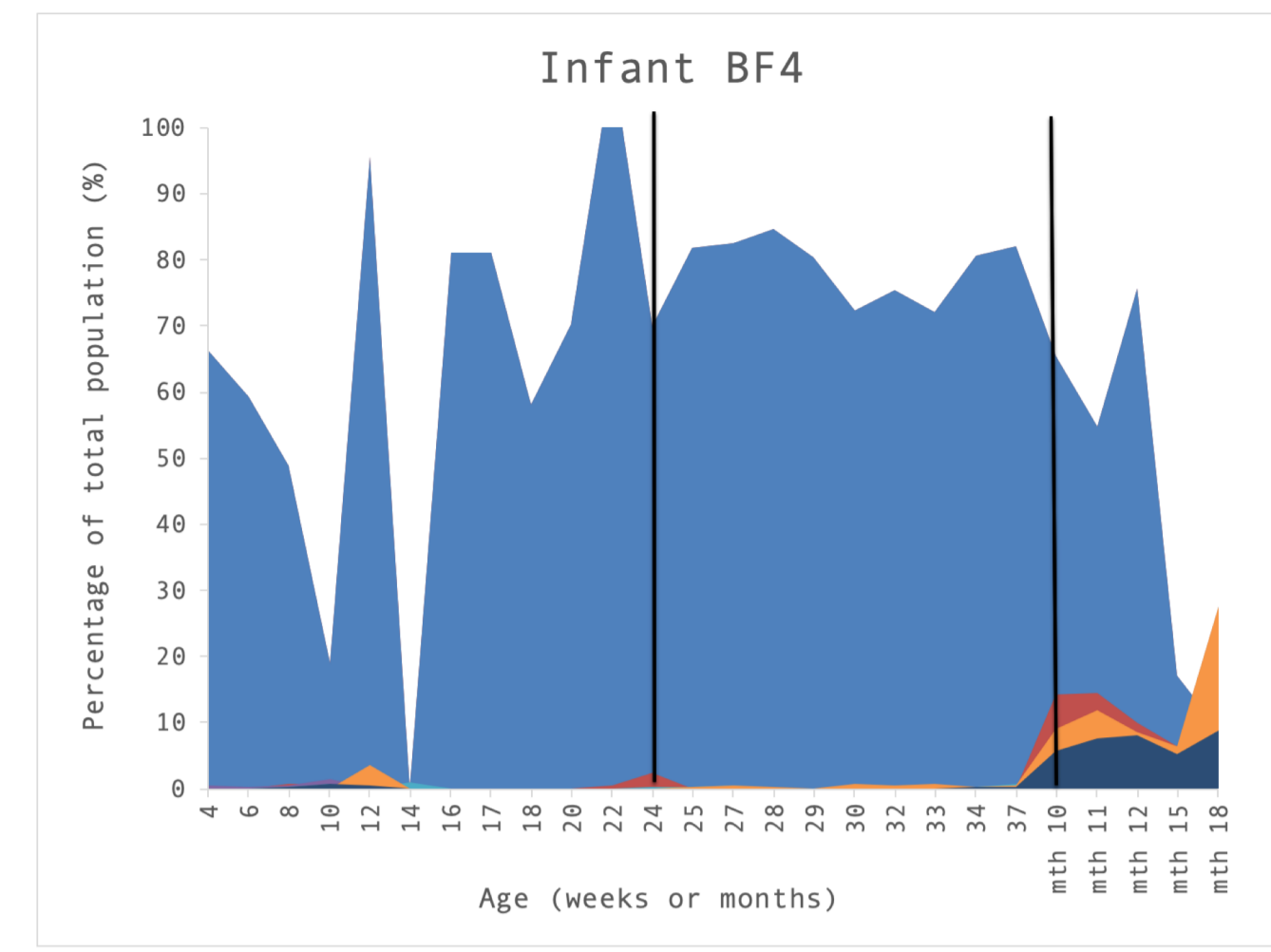
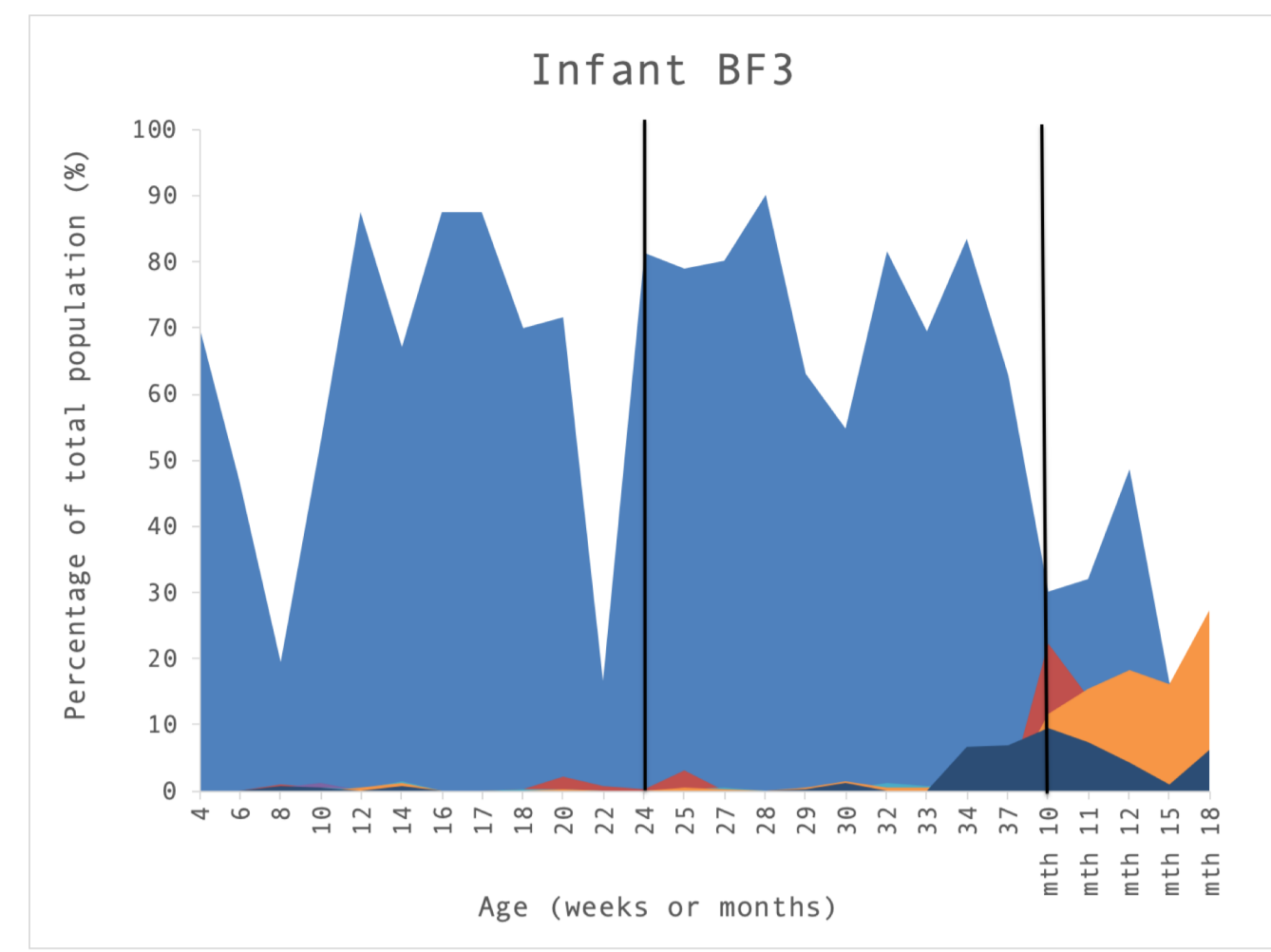
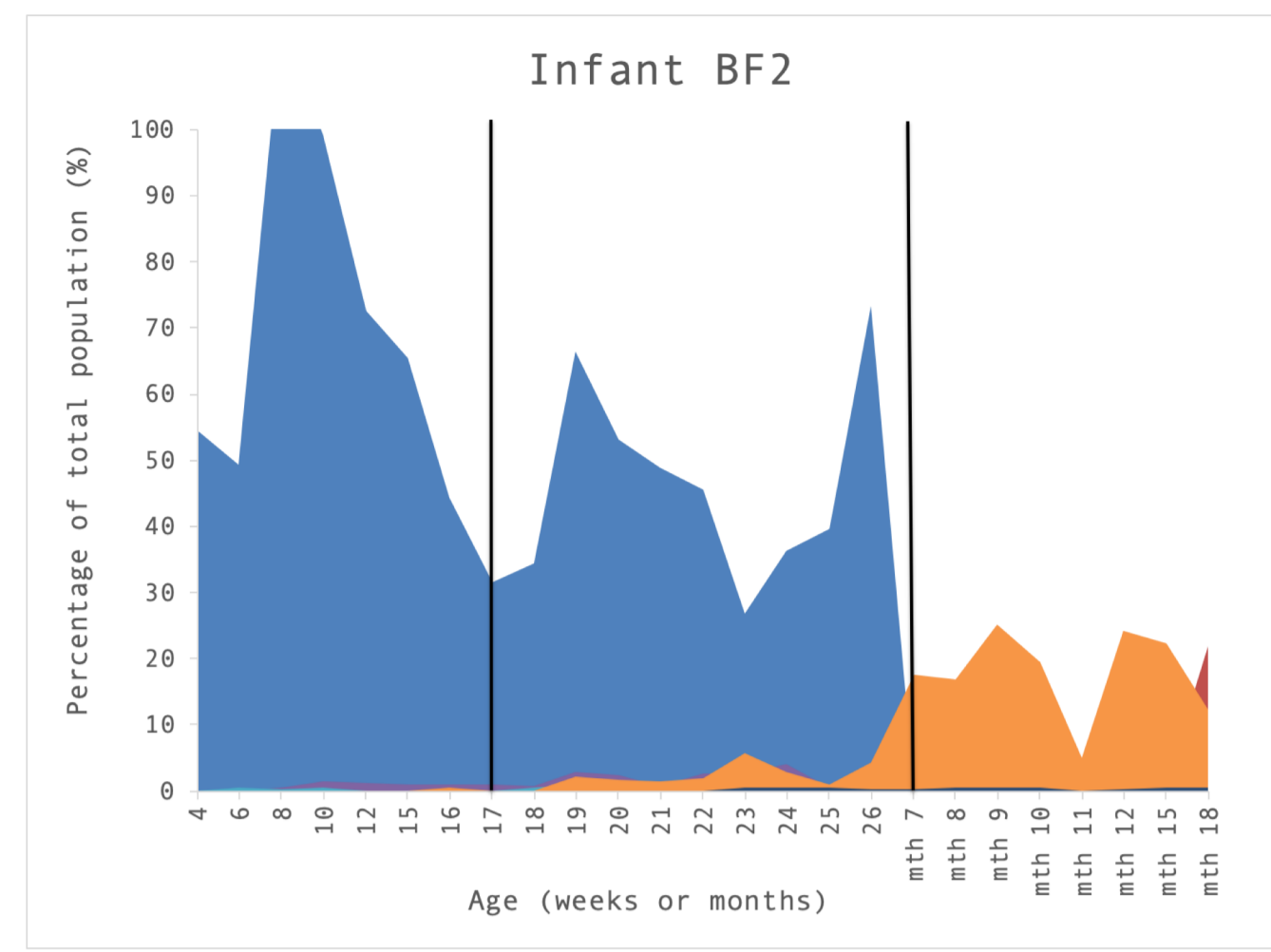
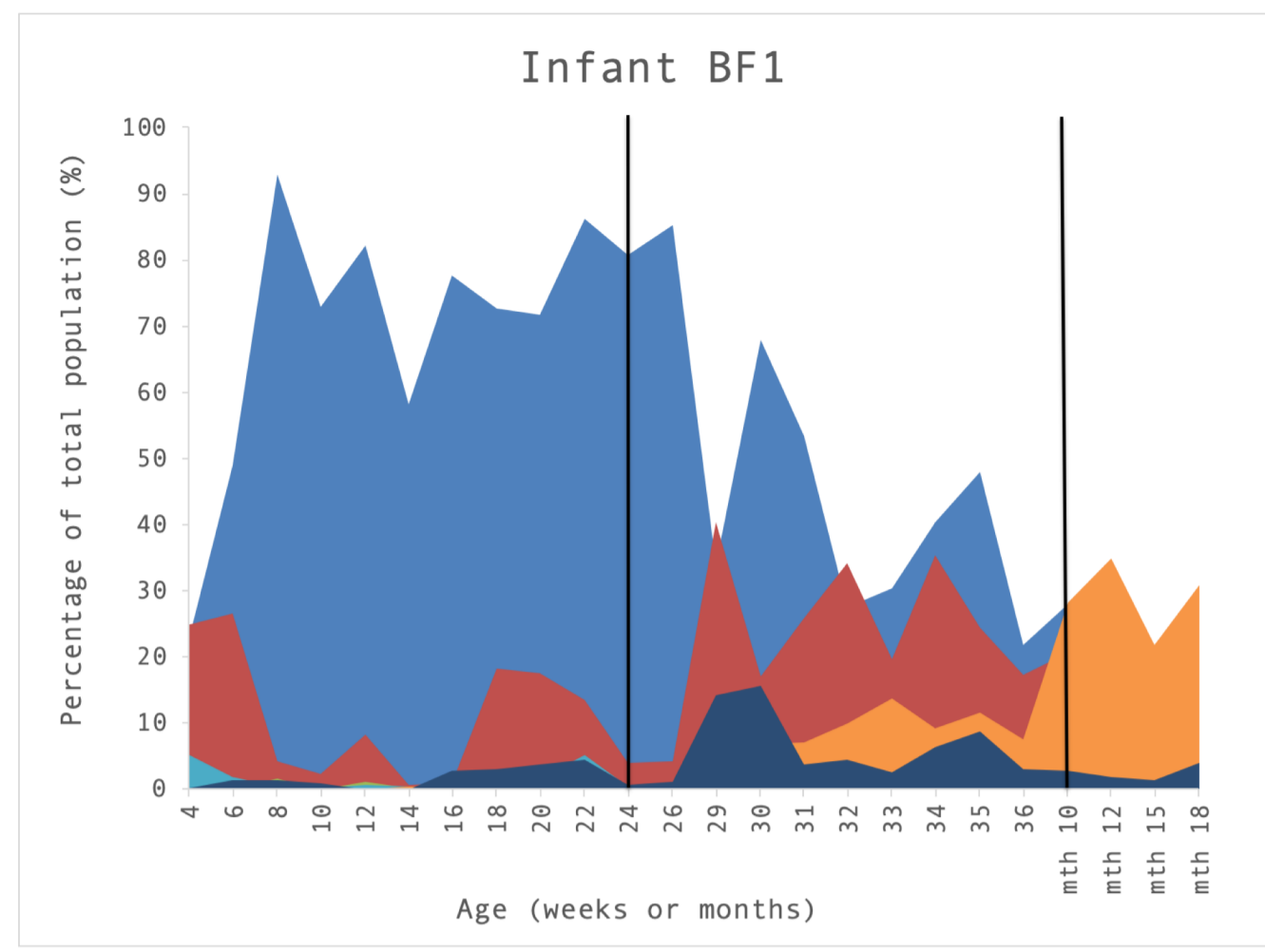
1096 **Table S14.** Homology of proteins identified by proteomics in strain B\_25 grown on  
1097 cellobiose and LNnT, and strain B\_71 grown on 2'-FL to known *Bifidobacterium* gene clusters  
1098 (BLAST+, e-value 1e-50) (separate tabs). Related to Figure 6.

1099

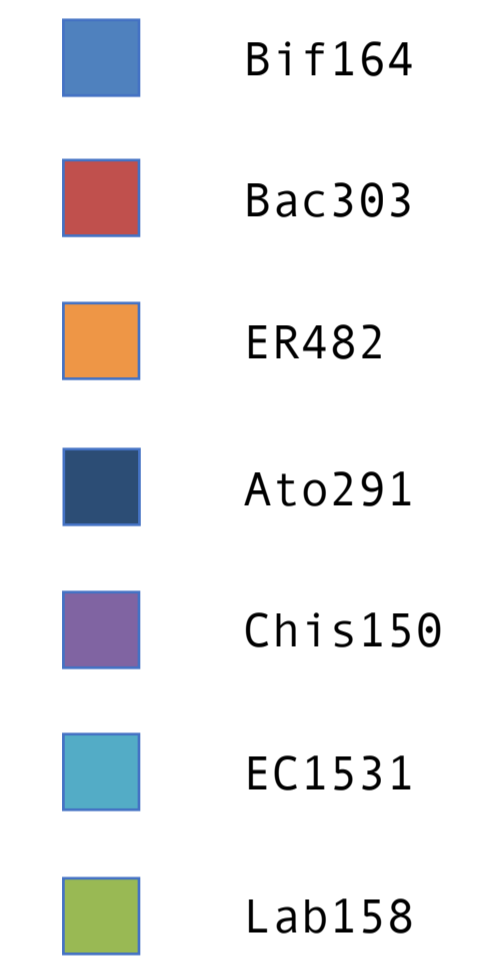
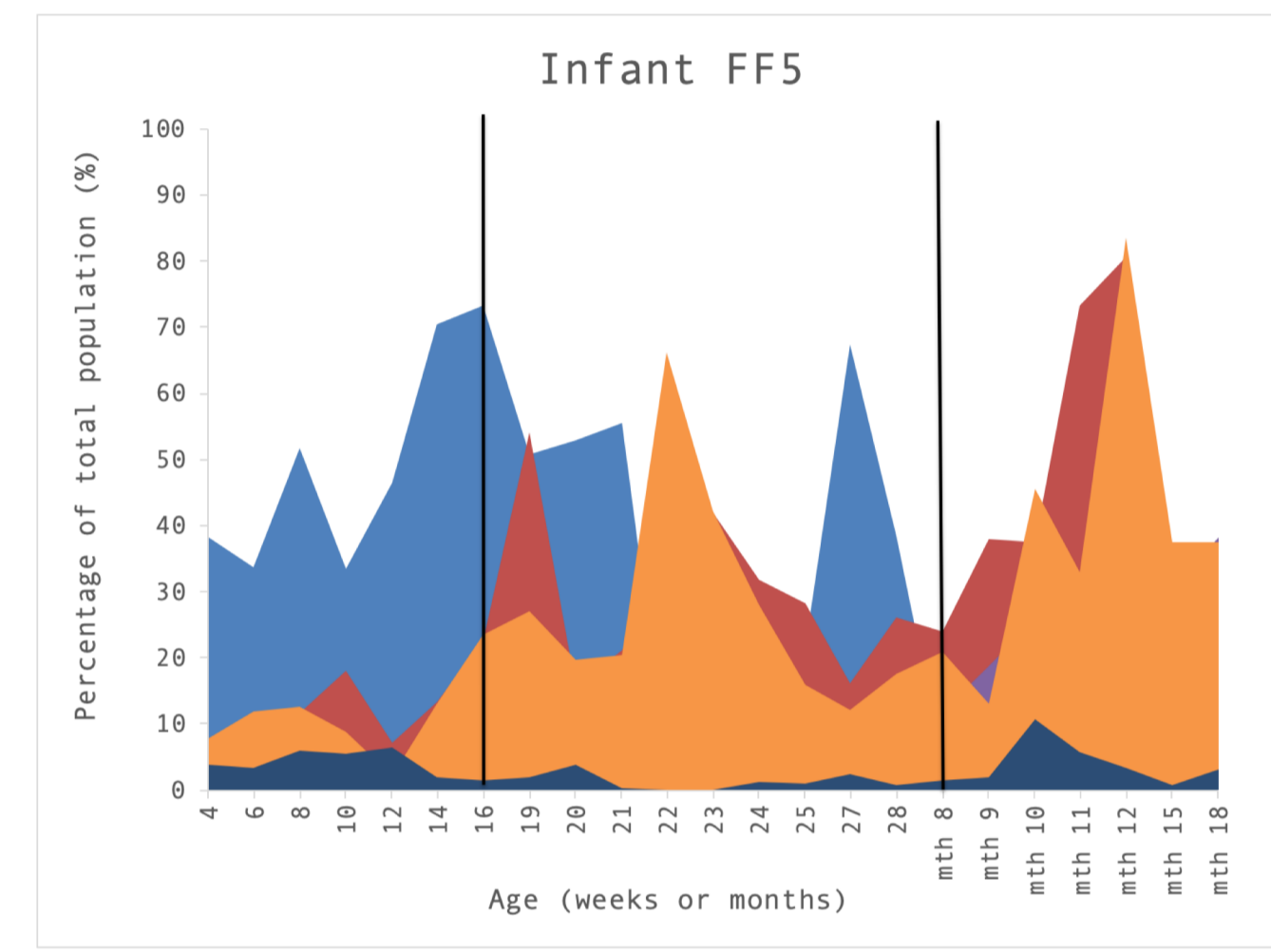
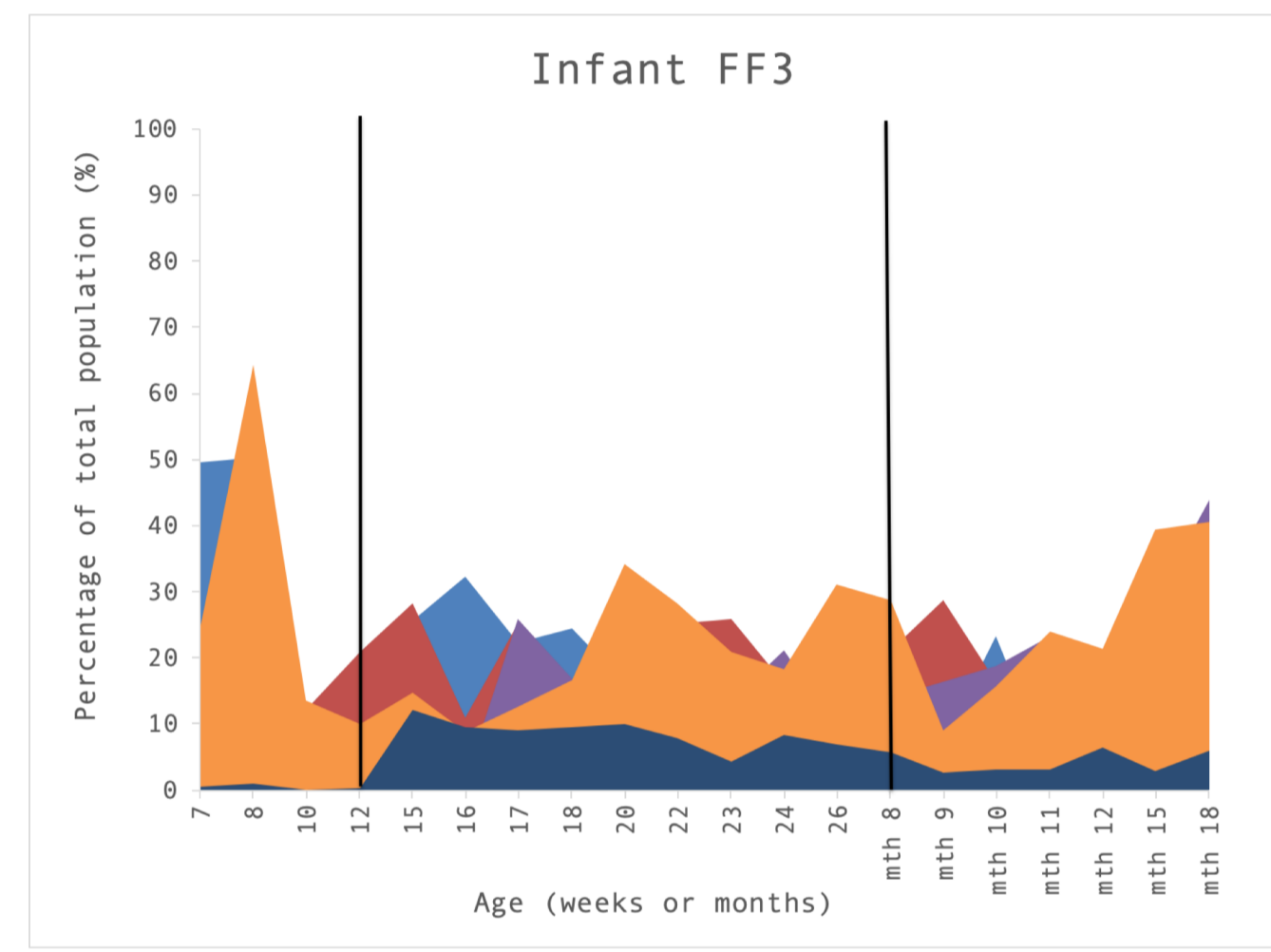
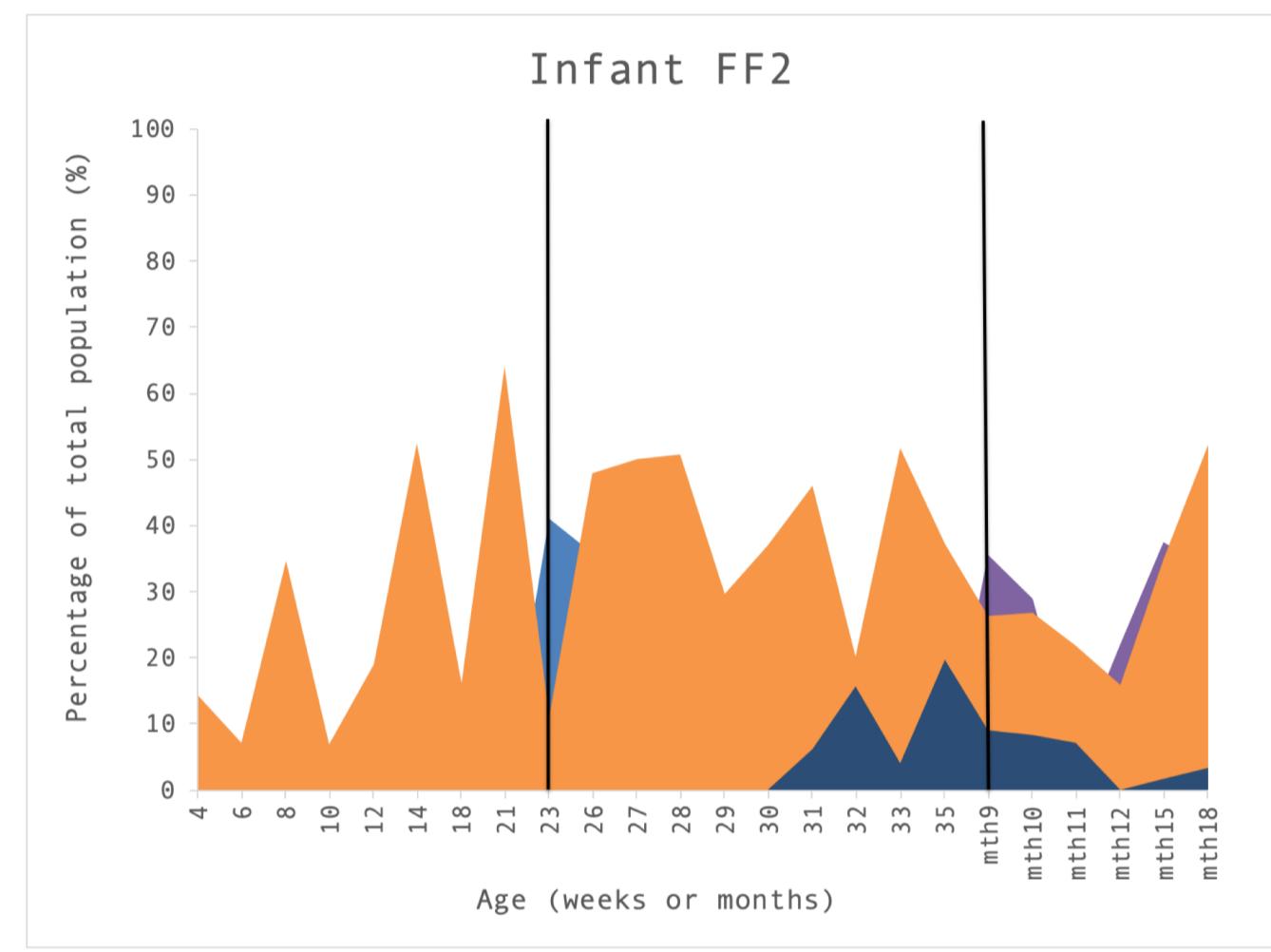
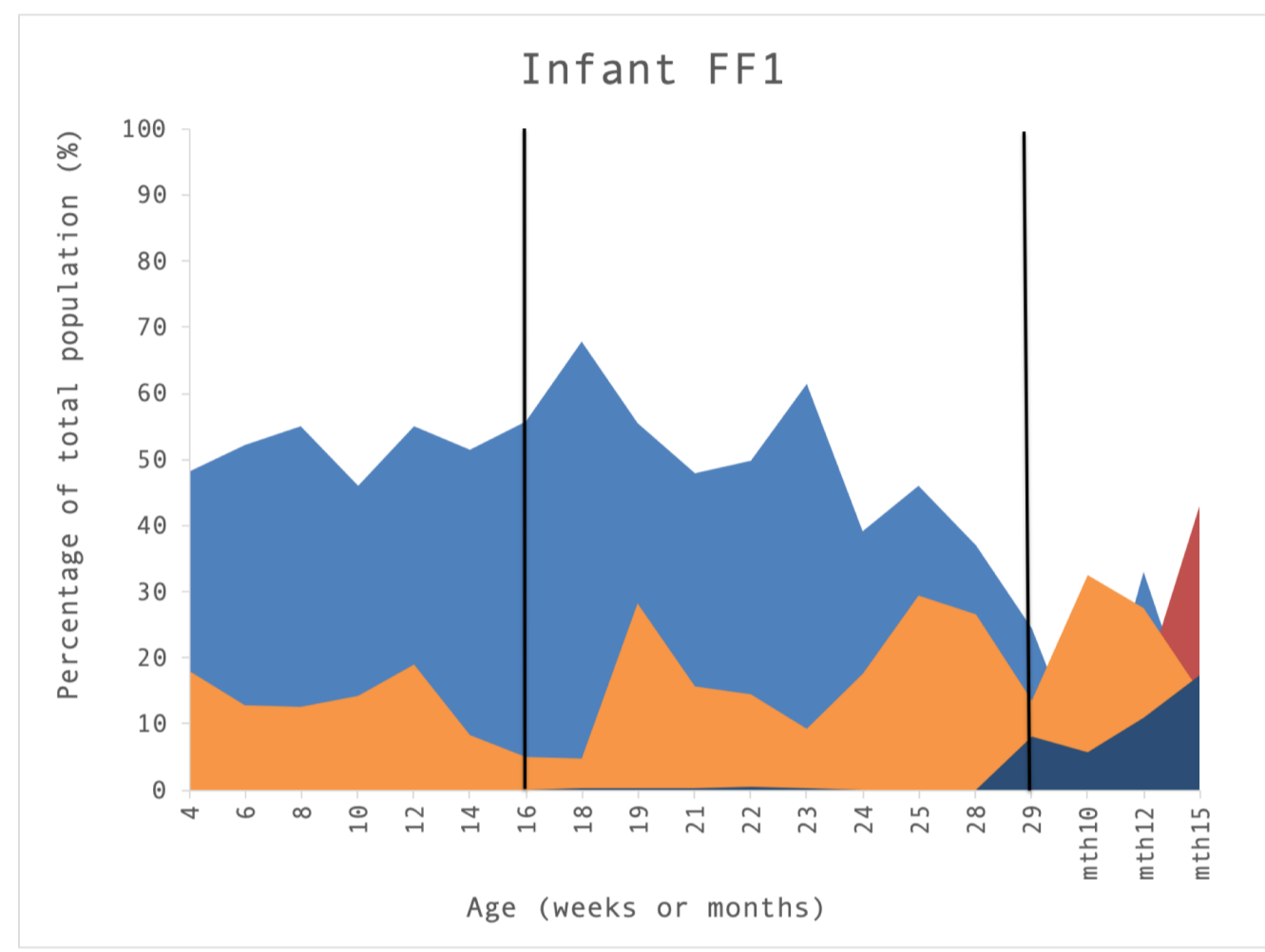
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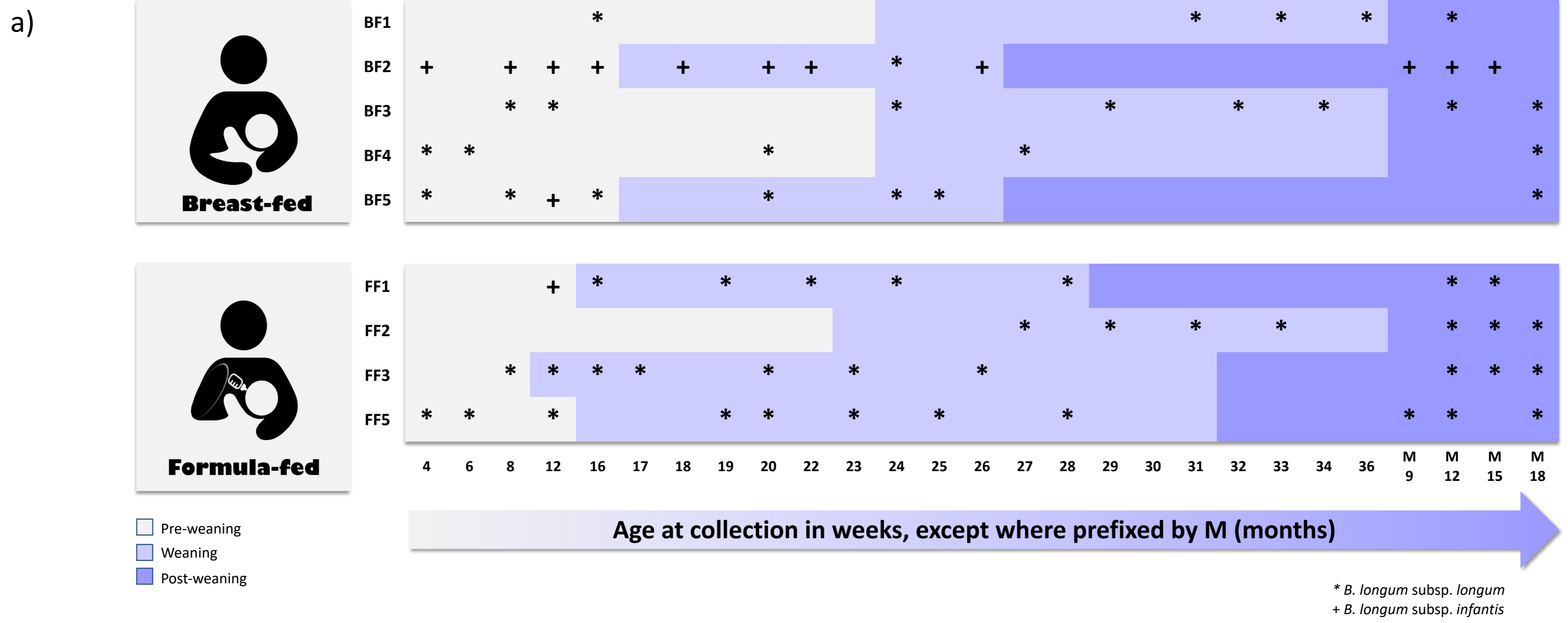


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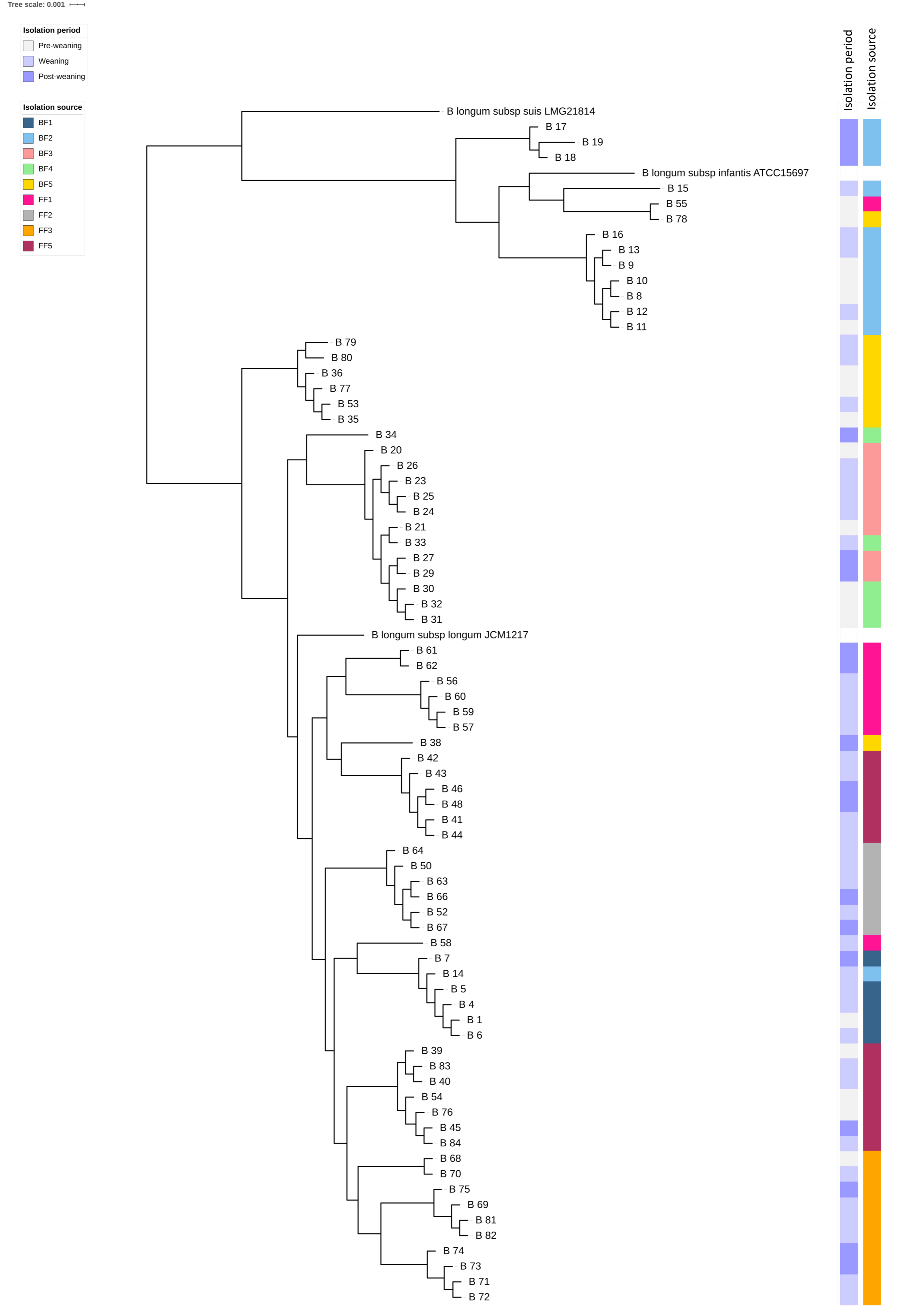


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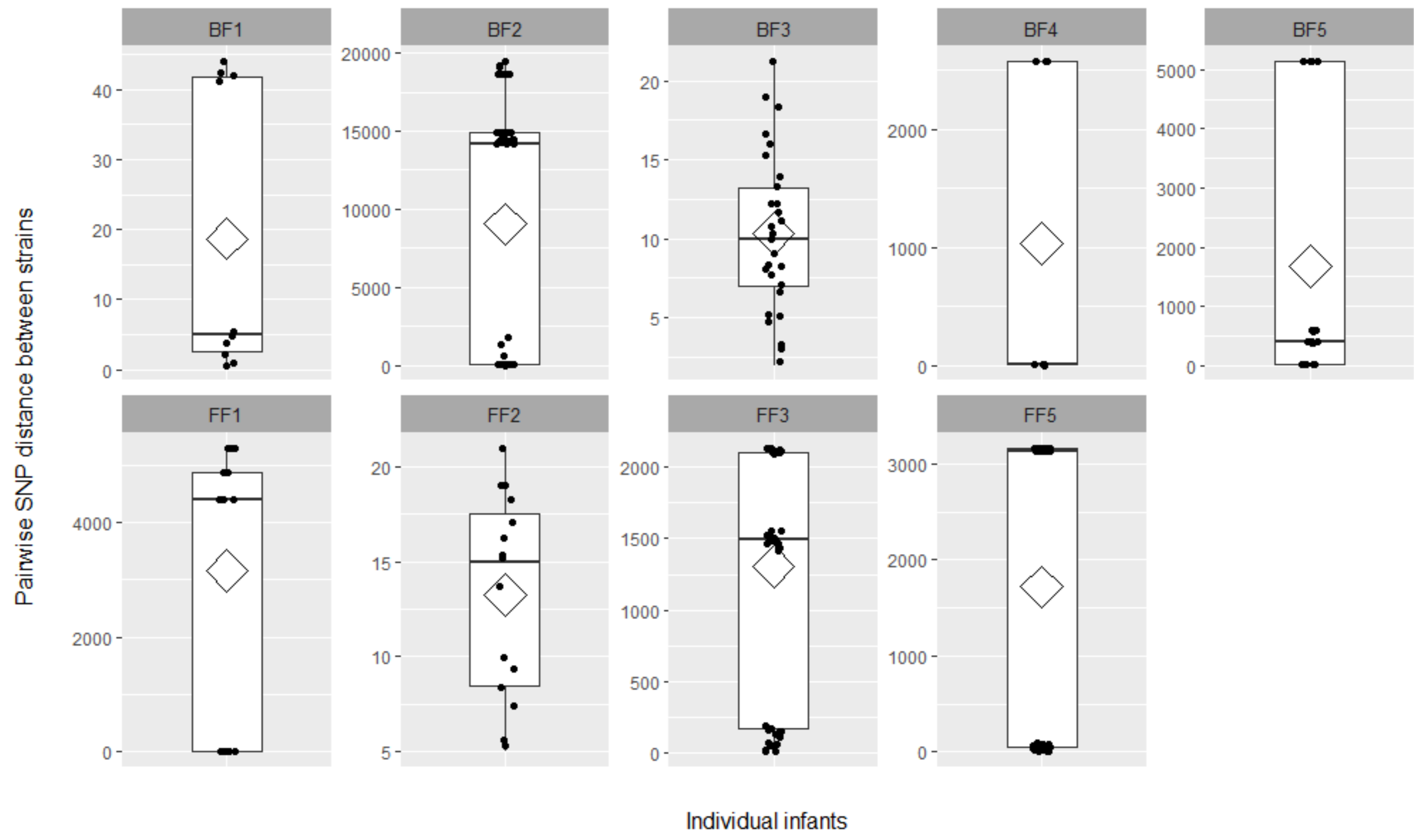


b)





Summary of SNP differences between *B. longum* strains within individual babies

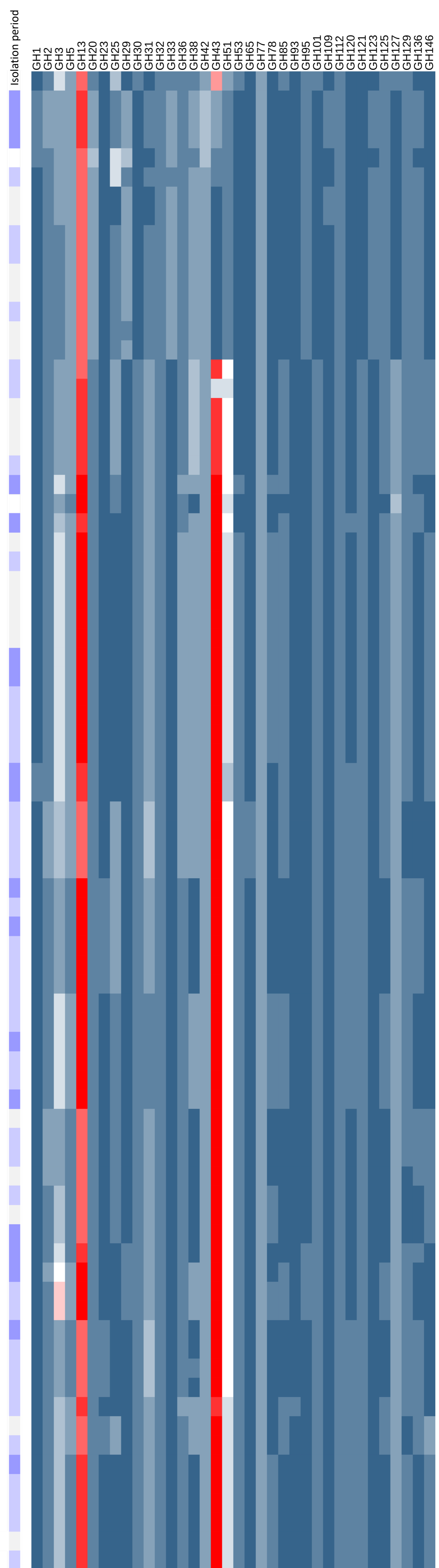
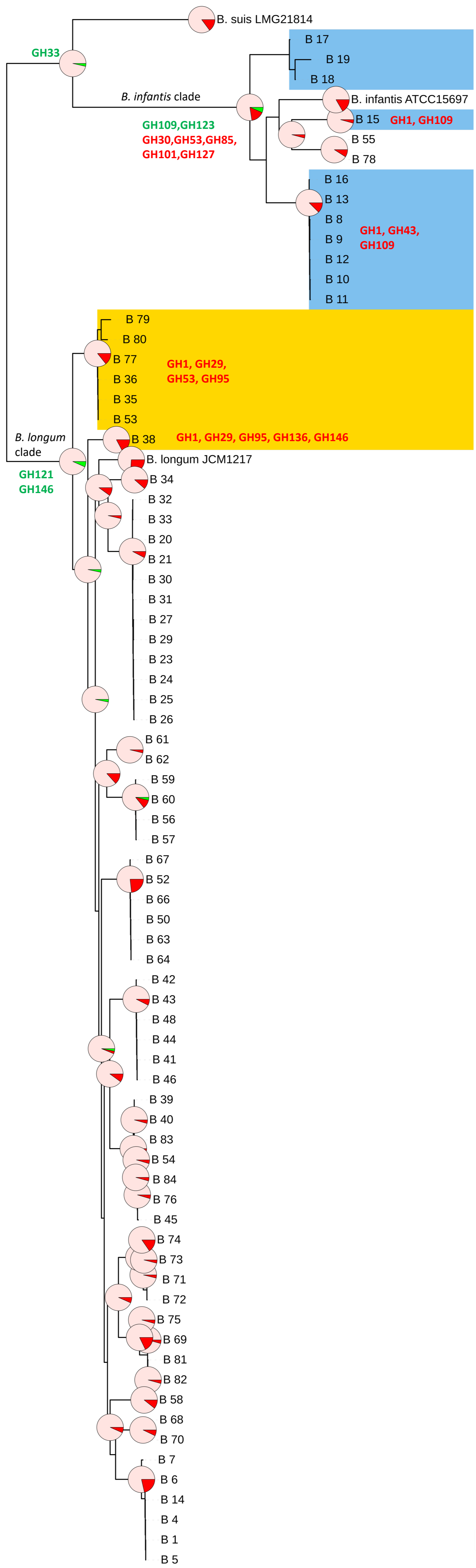
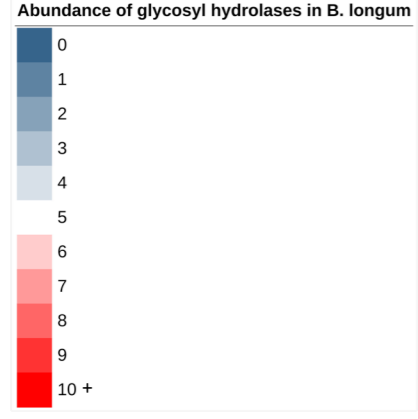


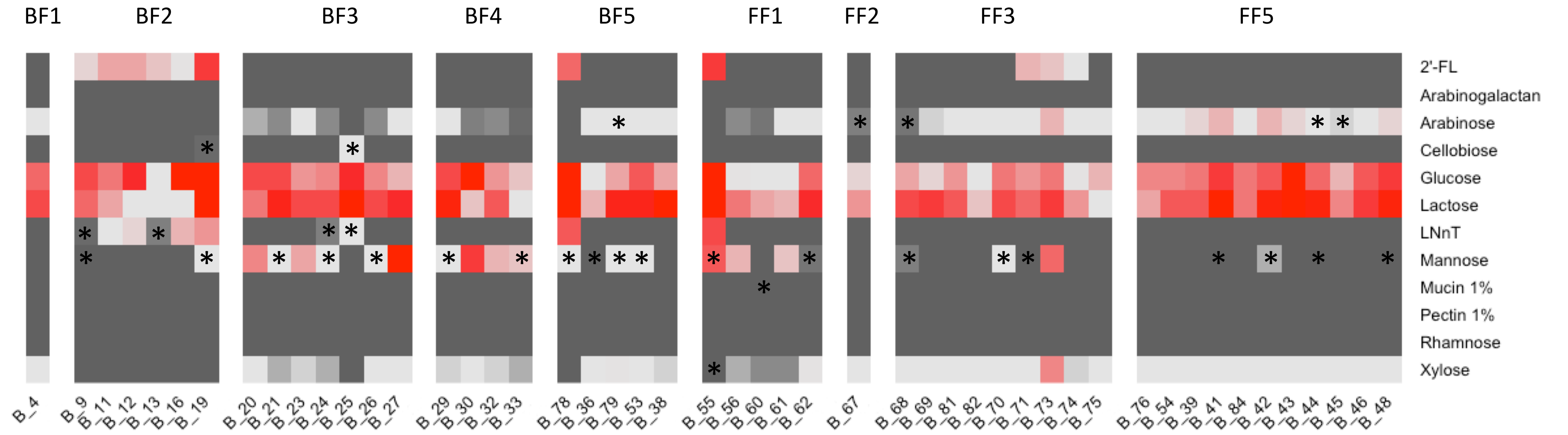
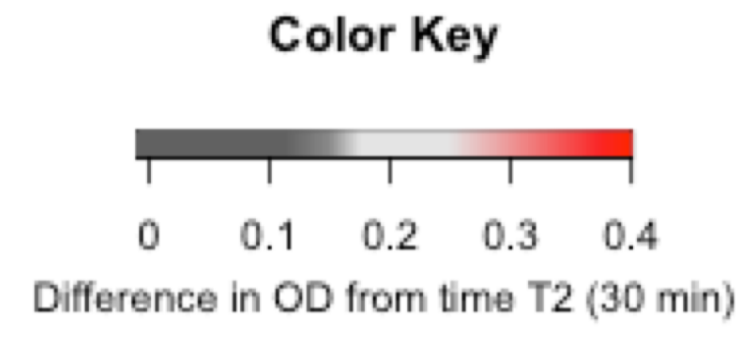
Tree scale: 0.01

**GH family gain-loss events**  
Family gain event  
Family loss event  
Number of GH families present

**Isolation source**  
BF2  
BF5

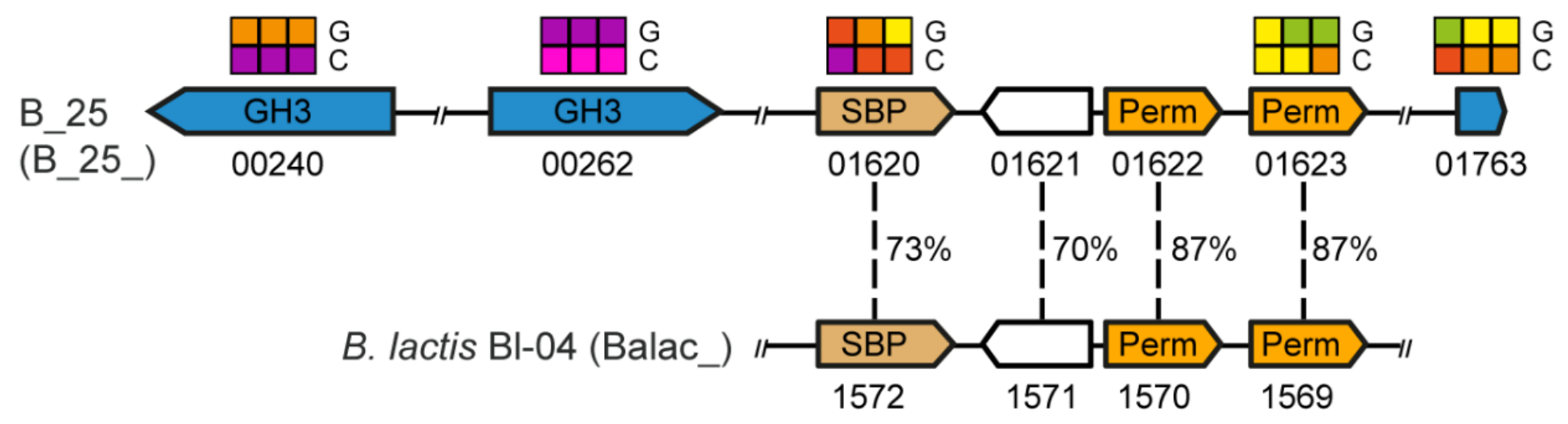
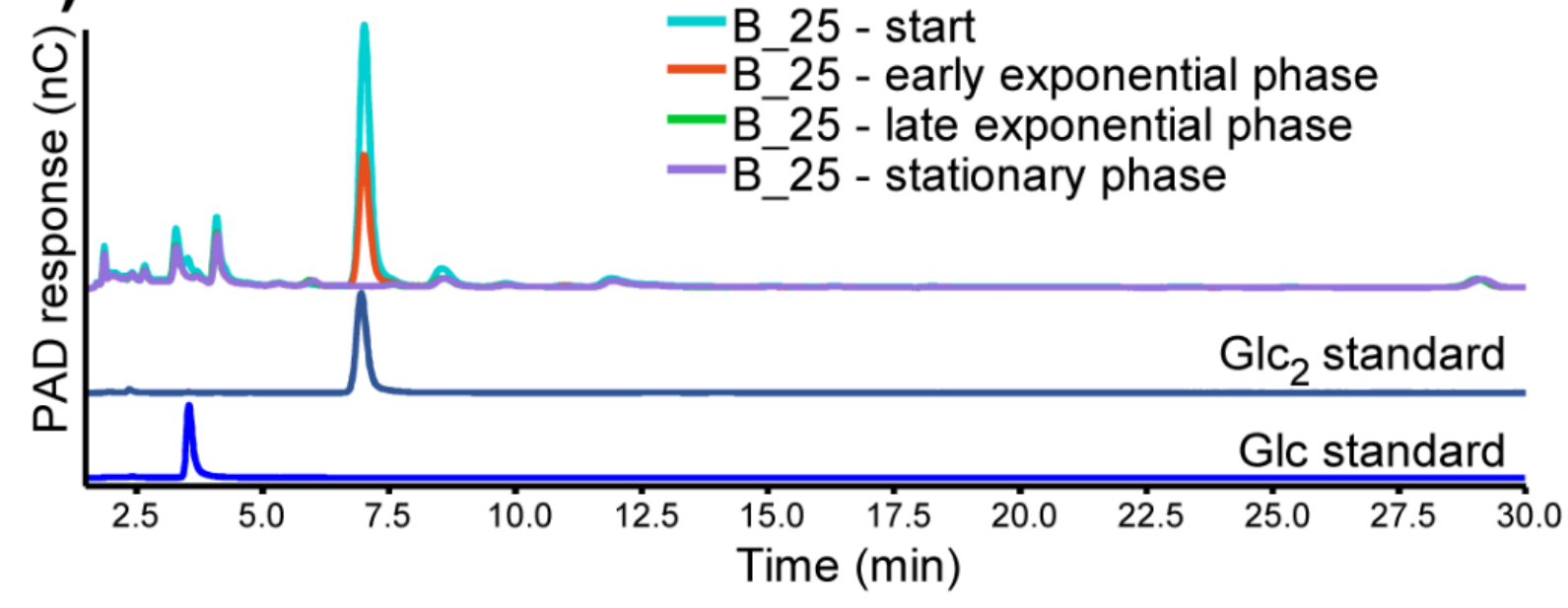
**Isolation period**  
Pre-weaning  
Weaning  
Post-weaning



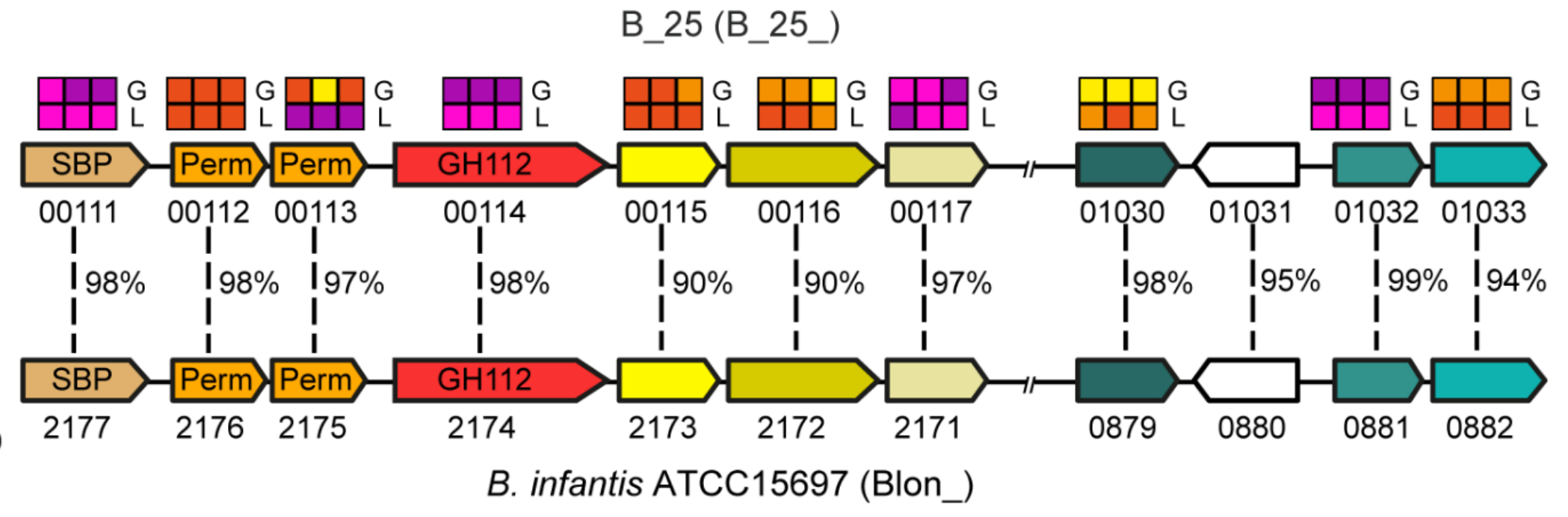
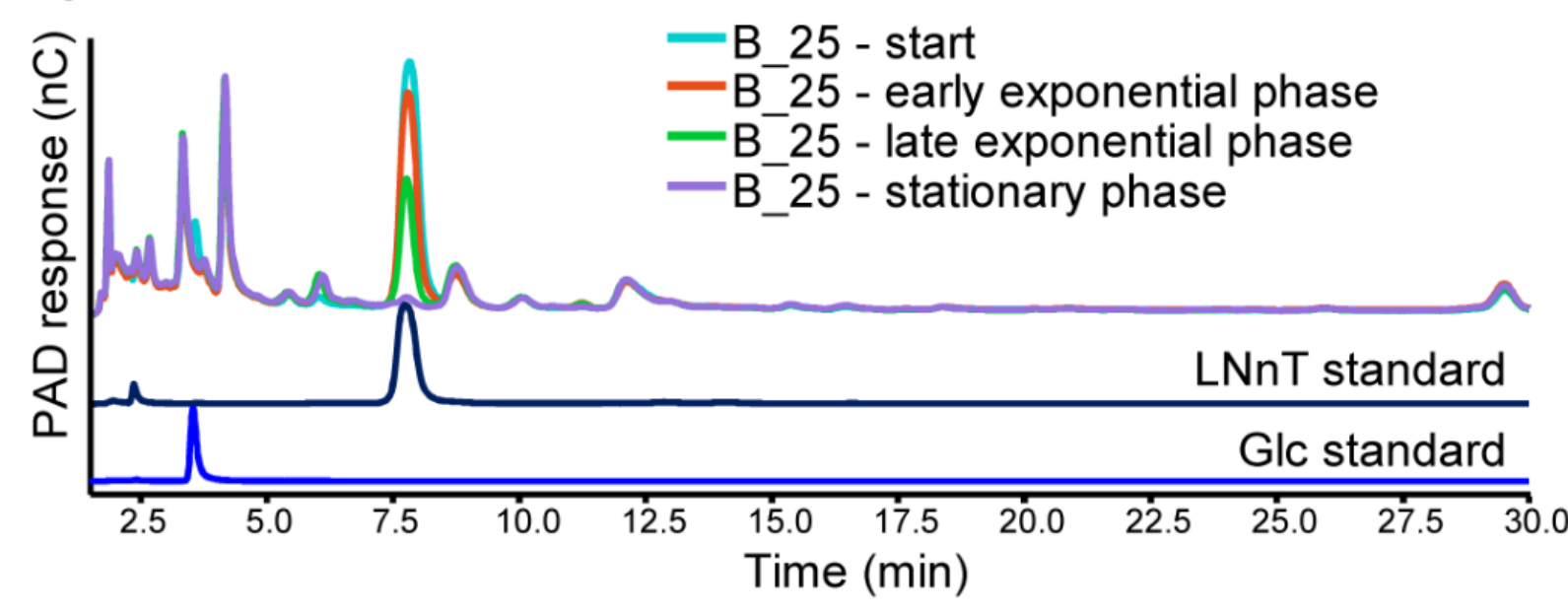




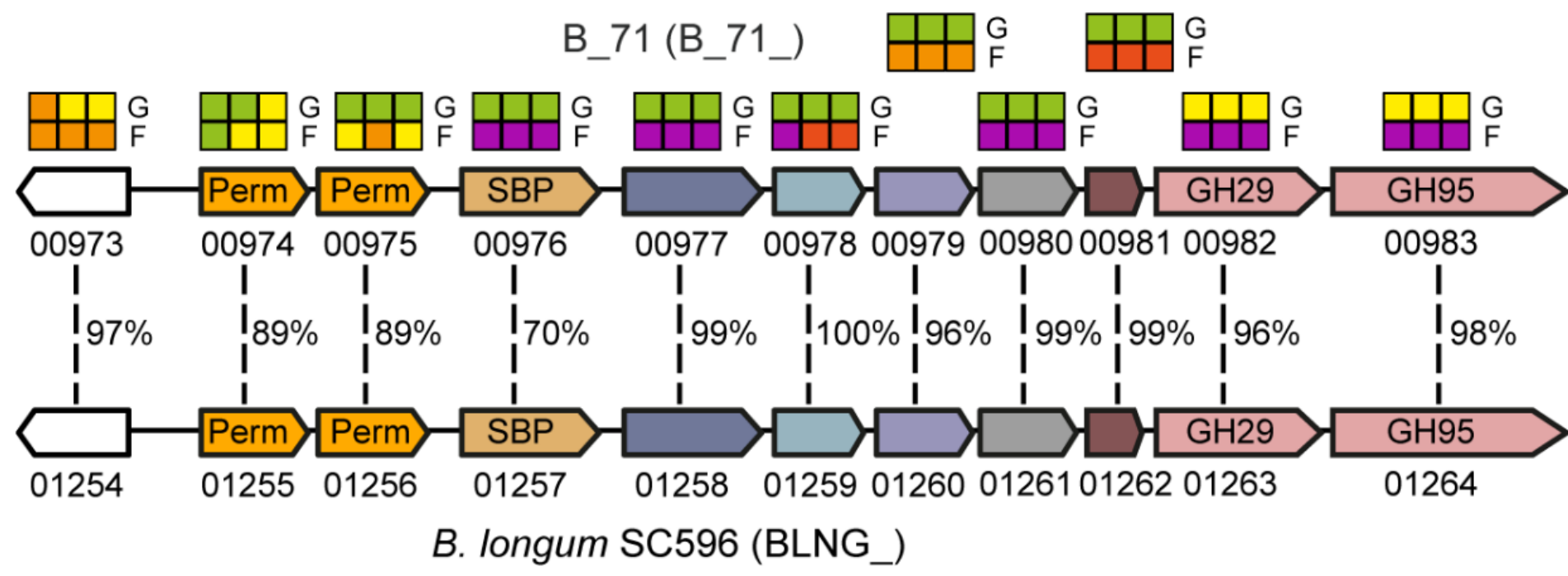
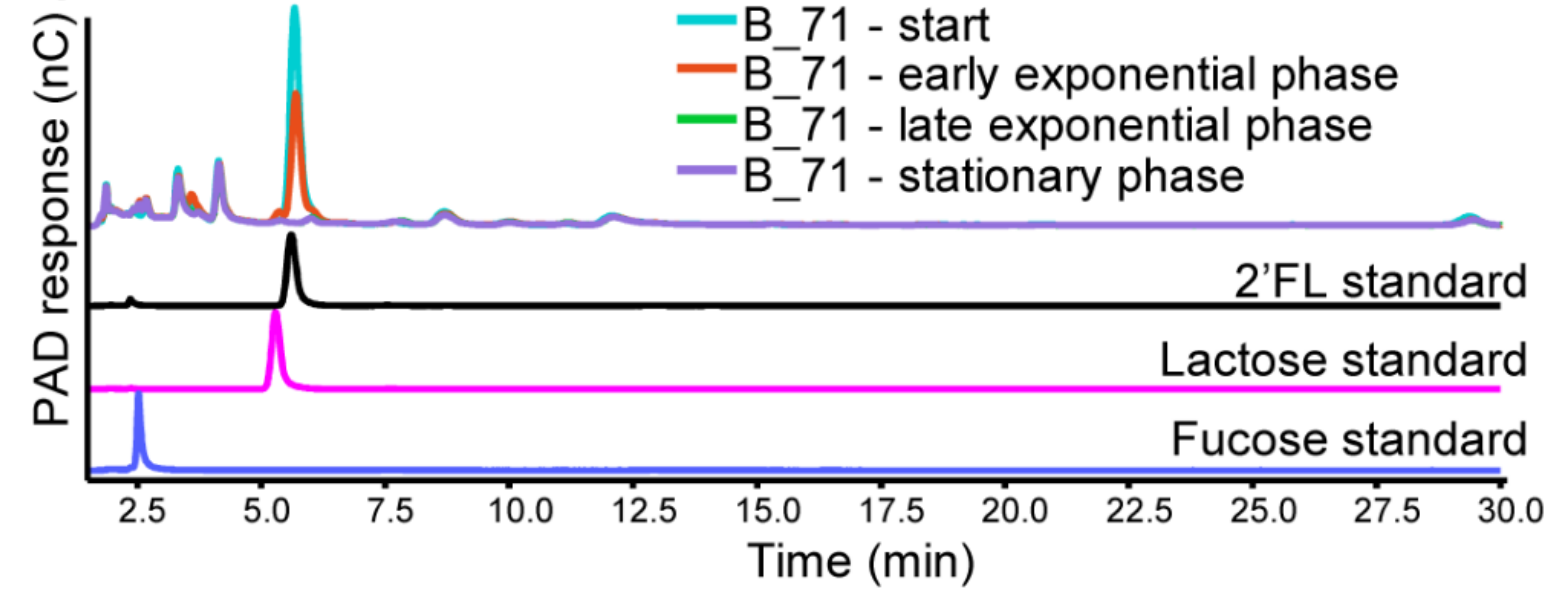
**a) cellobiose**



**b) LNnT**



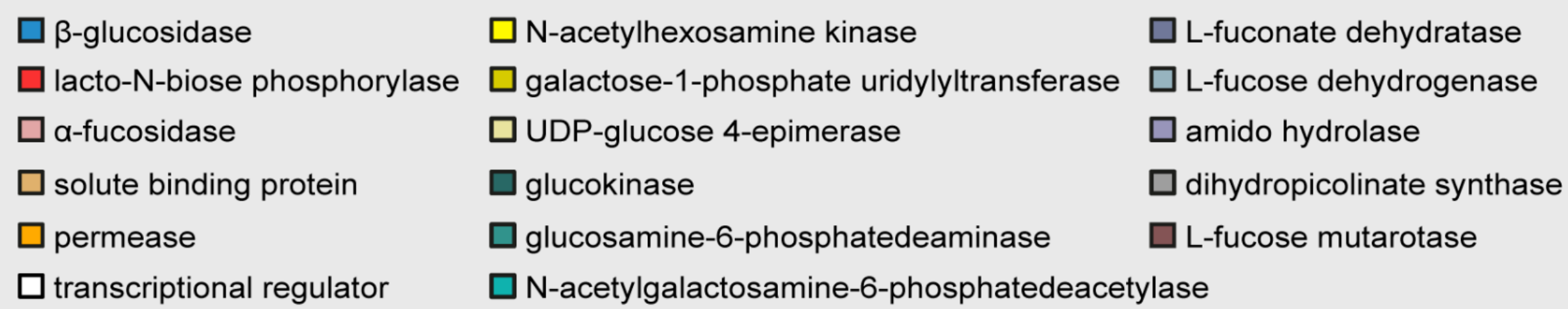
**c) 2'FL**



**Log2(LFQ)**



**Predicted gene function**



**Highlights:**

- *B. longum* strains can persist in individual infants despite dietary changes
- New strains with additional metabolism capabilities can also be acquired
- *B. longum* carbohydrate metabolism repertoires are individual and strain-specific
- Strains at different dietary stages show genomic adaptations to specific substrates

Journal Pre-proof