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The Guardian, Thursday 10 April 2003

Addictive signs

The article about online gaming addiction (Just one more go, April 3) highlighted some findings from our most recent study. Although 15% of our sample claimed they played for more than 50 hours a week, high preoccupation doesn't necessarily mean these players are addicted to online gaming. In simple terms, we define a videogame addict as someone who views their playing as the single most important thing in their life.

Although videogame addiction exists, our research has shown that very few people appear to display all the symptoms you would find in other addictive behaviours.

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