

1 **Summary**

2 A study was conducted to evaluate a natural carbohydrate fraction (NCF) derived from mannan
3 oligosaccharide in feed on growth performance, intestinal morphology and goblet cell number and
4 area of male broilers. Dietary treatments included: 1) control diet (antibiotic and NCF free), 2)
5 NCF at 200g/t, 3) NCF at 400g/t, and 4) NCF 800g/t. Birds were placed into 12 replicate
6 pens/treatment (5 birds/pen). Body weight and feed intake were recorded weekly to day 42. At this
7 time a 2.5cm section of jejunum and duodenum were excised post mortem for morphological
8 analysis. Birds fed 200g/t and 800g/t NCF were significantly ($P<0.01$) heavier from day 14
9 onwards than the control birds. Feed intake was significantly increased for birds fed 200g/t NCF
10 over the control in weeks 3 and 5 ($P<0.05$). Diet including 200g/t and 800g/t of NCF significantly
11 decreased the FCR over the control in the first phase (1-14 days) ($P<0.01$), in the second phase all
12 inclusion levels of NCF decreased FCR ($P<0.05$). NCF had no significant effect on villus height,
13 villus width, crypt depth or villus to crypt ratio in either duodenum or jejunum. NCF did not
14 significantly affect goblet cell area or goblet cell number in the duodenum, however in the jejunum
15 800g/t NCF significantly ($P<0.05$) increased goblet cell area over the control. In conclusion under
16 the conditions of this trial NCF showed a positive effect on performance in the starter and grower
17 phases, and increased goblet cell area in the jejunum, suggesting higher levels of mucin production.
18 This indicated that the performance benefit of NCF could be age-dependent with younger birds
19 responding more than the older ones. In the conditions of the poultry research unit, there were no
20 additional benefits to performance when feeding NCF for a longer period (post 4 weeks), however
21 it is postulated that birds fed NCF would have greater defence to pathogenic challenge through
22 increased storage capacity of mucin.

23 **Key words:** Yeast, feed additive, prebiotic, crypt depth, villi height, performance, goblet cell

24 INTRODUCTION

25 Over the past few years there has been increased concern about antibiotic resistant bacteria and the
26 inclusion of antibiotics in animal diets for growth promotion. This led to the ban of a number of
27 antibiotics growth promoter (Dibner & Richards, 2005). Since the EU ban on using antibiotic as
28 growth promoters in 2006 (Huff, *et al.*, 2006), there has been an increase in the incidence of
29 endemic diseases in poultry (Chee, 2008), in addition to reports of slower growth and higher
30 disease challenges causing significant economic losses (Thomke & Elwinger, 1998) and negative
31 welfare implications for poultry. In particular the gut health has been affected. Without a healthy
32 intestinal tract a broiler cannot reach its full performance potential. Due to this there has been a
33 drive in the market for feed supplements that will improve health and production of poultry but
34 remain safe for humans. The morphological structure of the gastrointestinal tract (GIT) offers key
35 information to judge gut health. Longer, thinner villi are considered to indicate that the bird will
36 have a better ability to absorb nutrients, due to the increased surface area (Gao, *et al.*, 2008). Shorter
37 villi height (VH) and deeper crypt depth (CD) are associated with decreased digestibility of
38 nutrients (Zhang, *et al.*, 2005). Deeper CD are considered a negative indication of gut health
39 because new epithelial cells are produced in the crypts and migrate along the villi to the tip (Gao,
40 *et al.*, 2008), therefore deeper CD indicates that there is a higher tissue turnover of epithelium cells.
41 It is thought that the faster turnover of tissue is due to the host's compensating for villus atrophy
42 due to inflammation resulting from pathogens and their toxins (Gao, *et al.*, 2008).

43 Mannan oligosaccharides (MOS) are mannose-based carbohydrates it can be derived from yeast
44 cell walls and have a prebiotic function (Chee, 2008). MOS has been shown to have a positive
45 effect on gut health, by binding to enteropathogens, inhibiting their proliferation and stimulating
46 specific microbial populations in the GIT (Spring, *et al.*, 2000; Kocher, *et al.*, 2004). This leads to

47 increased VH and decreased CD, which may in turn improve nutrient absorption (Santin *et al* 2001;
48 Sims, 2004; Mourão *et al.*, 2006). Goblet cells are found in the epithelial layer along the villi of
49 the bird's GIT. Goblet cells produce and secrete mucin glycoproteins that make up part of the
50 mucus layer, which protects the intestinal surface against damage by bacterial and environmental
51 toxins, microorganisms and some coarse dietary components (Santos *et al.*, 2007). Several studies
52 have also found that feeding MOS increases the number and/or the volume of goblet cells found in
53 the small intestinal tract (Baurhoo, *et al.*, 2009; Brummer, *et al.*, 2010). It has not only been found
54 that MOS has increased the number of goblet cells but also their size (Uni and Smirnov, 2006).
55 Mucin is also thought to be beneficial to developing the innate immune system (Koutsos and Arias,
56 2006).

57 Actigen™ (Alltech Inc. Nicholasville, Kentucky, USA), is a specific natural carbohydrate fraction
58 (NCF) that has been derived from the cell wall of *saccharomyces cerevisiae*. NCF should contain
59 a high affinity for the mannose- specific type-1 fimbriae of pathogenic bacteria such as *Escherichia*
60 *coli*. (Ofek, *et al.*, 1977) and *salmonellae* (Spring, *et al.*, 2000; Miguel, *et al.*, 2004). The objective
61 of this study was to evaluate the effect of this specific natural carbohydrate fraction isolated from
62 yeast cell wall oligosaccharides, on VH, CD and the goblet cell profiles of broilers.

63 **MATERIALS AND METHODS**

64 Two hundred and forty day-old male Ross 308 birds were placed in 48 different pens, each
65 containing 5 birds and fed 1 of 4 dietary treatments (12 replicates for each treatment). The diets
66 were randomly allocated to remove any effect of the room environment on the study. The room
67 temperature was initially adjusted to 32°C and then gradually lowered to reach approximately 21°C
68 by d 21. Temperature was monitored on a daily basis and light was 23D:1L for the duration of the
69 experiment. Birds were kept with a stocking density aiming for a 30kg per m² on day 42. Birds

70 were provided with *ad libitum* access to water and feed. Feed was a wheat/soya based mash
71 containing no enzymes or coccidiostats. The trial lasted 42 days with a 3 phase feeding programme,
72 starter (1 to 14 d); grower (15 to 28 d) and finisher (29 to 42 d). The basal diet was formulated and
73 made by Target feeds (Coton, Whitchurch, Shropshire, UK), formulations are shown in table 1.
74 The dietary treatments were then added to the basal diet. The 4 dietary treatments were; 1) control
75 diet (antibiotic and NCF free), 2) NCF at 200g per tonne, 3) NCF at 400g per tonne, and 4) NCF
76 800g per tonne. Weekly and overall feed intake and weight gain was recorded of birds prior to
77 culling on day 42. At this time a 2.5cm section of jejunum and duodenum were removed and
78 immediately rinsed with PBS solution. The tissue was then placed in Bouin's fixative for 8 hours
79 and then stored in 70% industrial methylated spirits. The tissue samples were then embedded in
80 paraffin and cut at 8µm using a rotary microtome (Leitz Wetzlar 1512 microtome Leitz, Milton
81 Keynes, Bucks, UK). The sections were stained with a combination of 1% alcian blue (pH 2.5) and
82 periodic acid-Schiff's reagent. The following measurements were taken using a light microscope;
83 CD, villus height (VH), villus width (VW), villus/crypt ratio (VCR), and goblet cell area and
84 number of the jejunum. VH was measured as the length between the villus-crypt axis and the tip
85 of the villus (20 villi per sample, 240 per treatment).
86 The VW was measured at the midpoint between the villus-crypt axis and the tip of the villus. CD
87 was measured from the villus-crypt axis to the base of the specific crypt. Goblet cell area was
88 measured as the "cup" area of the goblet cells (µm²). Two hundred measurements (10
89 measurements on 20 villi) were made for each intestinal sample. Goblet cell density was
90 determined as the number of goblet cells per 165µm. Gut morphology was analysis using an
91 Olympus BX51 microscope fitted with an Olympus DP71 camera (Olympus Microscopy, Essex,
92 UK) and Cell F software (Olympus Europa GmbH, Hamburg) was used for all measurements. Gut

93 morphology measurements and performance data were analysed using SPSS software version 12
94 for Windows; First the data was analysed for normality. If the data was normally distributed a 1-
95 way ANOVA was used, if the data was not normally distributed a Kruskal-Wallis test was
96 performed. Treatment means were separated using the Bonferroni's post hoc test, and statistical
97 significance was declared at $P < 0.05$. Institutional and national guidelines for the care and use of
98 animals were followed and all experimental procedures involving animals were approved by the
99 Nottingham Trent University College of Science ethical review committee.

100 **RESULTS AND DISCUSSION**

101 The live body weight is presented in table 2. Significant ($P < 0.01$) differences between treatments
102 were observed for body weight on days 14, 21, 28, 35 and 42, generally 200g/t and 800g/t NCF
103 increased live weight over the control. Feed intake was significantly increased for birds fed 200g/t
104 of NCF over the control in weeks 3 and 5 (respectively $P = 0.021$, $P = 0.025$, data not shown). The
105 FCR is presented in table 2, a significant difference was observed for the first and second phase of
106 feeding. Diet including 200g/t and 800g/t of NCF significantly decreased the FCR over the control
107 in the first phase ($P < 0.01$), whereas in the second phase all inclusion levels of NCF decreased FCR
108 ($P < 0.05$). However the FCR seen in week one for the control and 400g/t NCF is abnormally high
109 for nutritionally complete diets, indicating excessive spillage.

110 Morphometric measurements from the stained slides are shown in table 3. It was observed that
111 NCF had no significant effect on VH, VW, CD or VCR in either the jejunum or duodenum.

112 When looking at the goblet cell number and area in the duodenum (table 4), it is observed that the
113 diets including NCF did not significantly affect goblet cell area, goblet cell number per 165 μ m or
114 goblet cell measurements as a ratio, however in the jejunum 800g/t NCF significantly ($P < 0.05$)
115 increased goblet cell area over the control.

116 Supplementation of 200g/t and 800g/t of NCF significantly increased weekly bird body weights
117 compared to the control diet from 14 days, but the inclusion level of 400g/t NCF did not
118 significantly change body weight from the control. This indicates that there may be two
119 mechanisms behind the observed response to supplementation; one occurring at the lowest
120 inclusion and one occurring at the highest inclusion, with apparently antagonist effects at the
121 middle inclusion level. This contradicts both Reisinger *et al.* (2012) and Gao *et al.* (2008) who
122 found a positive quadratic response in broiler body weight to a yeast derivative and yeast cell
123 culture respectively. The authors suggest an explanation for these findings is that higher inclusion
124 levels may be interacting with the immune system causing energy to be partitioned towards the
125 immune system, rather than supporting growth. Whilst this mechanism may explain the observed
126 response at 400g/t NCF, it does not support the improved performance at 800g/t NCF.

127 Increased body weight following supplementation with MOS (such as that observed at 200g and
128 800g/t in the current study) is often attributed to reduced effects of pathogenic bacteria in the
129 intestinal tract as the binding of pathogenic bacteria to MOS results in their evacuation from the
130 intestine with other non-digested feedstuffs (Spring *et al.*, 2000). This may have reduced sloughing
131 of villi in birds fed MOS thereby contributing to increased performance compared to the control,
132 due to an increased capacity to absorb nutrients (Sun *et al.* 2005). When feeding NCF to broilers it
133 could be postulated that birds will also have longer VH and shorter CD via a similar reduction in
134 sloughing, because Spring *et al.* (2000) reported that pathogens with the mannose-specific type-1
135 fimbriae, such as some strains of *Escherichia coli*, *Salmonella typhimurium* and *Salmonella*
136 *enteritidis*, are attracted to mannans, which are reported to be present in NCF (Che, et al., 2012),
137 and readily bound with them instead of attaching to intestinal epithelial cells (Castillo, *et al.*, 2008).
138 Therefore these pathogenic bacteria cannot colonise the GIT and release toxins. These bacterium

139 and their toxins can cause inflammation that in turn cause atrophy of the epithelial cells of the villi
140 (Gao, *et al.*, 2008), thus reducing the absorptive function of the gut through shorter VH and deeper
141 CD (Yason, *et al.*, 1987). If the NCF bind the pathogenic bacteria and reduce the level of these
142 bacteria in the GIT, there will be less villi damage in the gut therefore improving the gut health of
143 the bird. To compensate for this atrophy the bird has to increase it's tissue turn over, and as
144 epithelial cells are produced in the crypts and migrate along the villi to the tip, it is thought that the
145 higher turnover in the crypt cell cause it to become deeper (Gao, *et al.*, 2008). Therefore shallower
146 CD are considered a good indicator of gut health. MOS are also thought to increase the number of
147 beneficial bacteria in the gut.

148 Morphometric analysis at 6 weeks revealed that NCF had no significant effect on the gut
149 morphology of the birds at this time point. A possible reason why no effect was evident in the gut
150 morphology and performance of birds fed NCF at 6 weeks, may be due to the birds not being
151 challenged with pathogenic microbes at this point. This trial supports the VH findings of White, *et*
152 *al.* (2002) in pigs and Yitbarek *et al.* (2012) and Sohail *et al.* (2012) in broilers when feeding MOS.
153 However, Iji *et al.* (2001) and Zhang *et al.* (2005) found that birds fed yeast cell wall fractions had
154 longer VH than control birds at 21 days. Similarly, Baurhoo *et al.* (2007) measured VH and found
155 that MOS improved VH at 28 days but not at 42 days. A similar, early age response may have
156 occurred in this present study, but as histological measures were not taken at 21 or 28 days this
157 cannot be verified.

158 When looking at CD, Zhang *et al.* (2005), Yitbarek *et al.* (2012) and Sohail *et al.* (2012) found
159 feeding MOS had no effect on CD in birds, which was also shown in this study. Santin *et al.* (2001)
160 also saw no effect of MOS at 42 days, however, decreased CD was seen when feeding MOS at 7
161 days. In addition, this present study found no effect on VCR, which can be used as a marker of

162 overall intestinal health as it takes into account both CD and VH. This trial included a total of 240
163 measures for each treatment, which is a considerable amount and therefore it should be noted that
164 taking more measures to try and reduce associated error would have major time and cost
165 implications. The inherent variability both in this study and other studies suggests that measuring
166 VH and CD may not be an optimal approach to quantifying gut health.

167 This study showed that the greatest benefit of NCF to FCR occurred at the beginning of the trial,
168 indicating there may be an optimum time for the supplementation of NCF to increase the efficiency
169 of the birds. This may be due to the fact that the gut microflora of younger birds is more transient
170 in nature and less established than in older birds and therefore more susceptible to colonisation by
171 pathogenic bacteria. Therefore prebiotic intervention may shorten the time required to create a
172 beneficial microflora population if it is offered early in life. However, similar studies have found
173 variable early performance effects (Zhang *et al.*, 2005; Iji *et al.*, 2001; Sun *et al.*, 2005; Midilli *et*
174 *al.*, 2008). In this study it was generally shown that NCF improved FCR over the starter and grower
175 feeding phases. This suggests that the inclusion of NCF in the diet at both the starter and grower
176 phase, increases the efficiency of the birds. This concurs with Zhang *et al.* (2005), however, other
177 studies have shown no early response (Iji *et al.*, 2001; Sun *et al.*, 2005; Midilli *et al.*, 2008).

178 It could be hypothesised that the improvements observed in FCR early on in the study when feeding
179 NCF may have been due to an increase in absorptive area, due to an increase in lactobacilli and
180 bifidobacterial populations and a reduction in pathogenic bacteria. This has been seen in other
181 studies where improvements in gut morphology is associated with increased lactobacilli and
182 bifidobacterial populations (Baurhoo, *et al.*, 2009). However, improvements in gut health were not
183 observed in this present study as histological measurements were only recorded at 6 weeks, when
184 the microflora is already established with a population of beneficial bacteria. This means that birds

185 on all treatment groups were not under any challenge and it was seen that NCF had no effect on
186 the performance in the last phase of the trial, which is consistent with the histological measurements
187 at 6 weeks.

188 There is no consensus on whether an increase in goblet cell numbers and area is considered an
189 improvement in bird health. Increasing the number and area of goblet cells is thought to increase
190 the volume of mucin stored in the GIT and possibly its production (Brümmer *et al.*, 2010). Mucin
191 is essential for a number of brush border processes, including facilitating absorption of nutrients,
192 containing enzymes, lubrication and decreasing the binding and colonisation of pathogenic bacteria
193 to the intestine (Blomberg *et al.*, 1993; Smirnov *et al.*, 2004). Therefore an increase in the level of
194 mucin could have a beneficial effect on the first line of defence of the immune system (Baurhoo *et*
195 *al.*, 2009) and the absorptive function of the gut. Contrarily, overproduction of mucin may result
196 in a negative effect, by increasing the mucus thickness on the GIT wall to a level that might
197 negatively affect the ability of nutrients to pass through to the gut epithelium to be absorbed
198 (Smirnov *et al.*, 2004; Brummer, *et al.*, 2010).

199 In this study, the number and area of goblet cells in the duodenum and jejunum were not affected
200 by the supplementation of NCF at 42 days. This would suggest that NCF has no effect on the mucin
201 profile of broilers in the duodenum in this study. This absence of response was also reported by
202 Castillo *et al.* (2008) and Yitbarek *et al.* (2012), however Baurhoo *et al.* (2007; 2009); Chee *et al.*
203 (2010); Morales-lopez *et al.* (2010) and Muthusamy *et al.* (2012) all found goblet cell numbers
204 were increased by yeast cell wall product supplementation. In the jejunum it was seen that NCF
205 increases the area of goblet cells and there was a trend for increasing goblet cell area per 165 μm
206 of villi, suggesting that NCF at 800g/t affects the mucin profile of broilers in the jejunum. Published
207 data on goblet cell area is very limited: Brummer *et al.* (2010) also found that the area of goblet

208 cells increased with supplementation of MOS. Insight into the mechanisms behind this goblet cell
209 response would be highly beneficial to understanding the effect of NFC supplementation on gut
210 health.

211 An increase in goblet cell area is thought to show that the storage capacity of the goblet cell for
212 mucin has increased (Smirnov *et al.*, 2005). The increase in mucin storage may suggest that the
213 bird is more capable of forming a protective layer on the villi, thereby helping protect the intestine
214 from damage caused by enteropathogens if there was a challenge from pathogenic bacteria
215 (Smirnov *et al.*, 2006; Brümmer *et al.*, 2010). One suggested mechanism of MOS on mucin
216 production is through changing the gene expression of key genes through direct crosstalk between
217 beneficial intestinal microbes and goblet cells, (Mack *et al.*, 1999; Freitas *et al.*, 2003; Smirnov *et*
218 *al.*, 2005 Uni and Smirnov 2006; Chee, 2008). The effects of NCF on the goblet cell area observed
219 in the current study agree with this suggestion in that goblet cell area increased with increased
220 supplementation level, but it is also possible that NCF is having a direct effect on mucin production
221 and subsequently increasing Bifidobacteria due to the increase in mucin production, as
222 bifidobacteria can produce enzymes allowing them to utilise and proliferate on mucin glycoproteins
223 (Katayama *et al.*, 2005; Jung *et al.*, 2008; Ruas-Madiedo *et al.*, 2008).

224 **CONCLUSION**

225 Published research in this field appears to be highly variable, which may be due to differences in
226 the type of MOS product, experimental conditions, diet formulation, or health status of the birds.
227 This means that the mechanism of action of MOS and NCF and interactions with other nutritional
228 and production parameters are still not fully understood. In conclusion, under the conditions of
229 this trial, NCF is having an positive effect on performance in the starter and grower phases
230 indicating that the performance benefit of NCF could be age-dependent with younger birds

231 responding more than the older ones. Also, although there were no additional performance benefits
232 to feeding NCF for a longer period, goblet cell area in the jejunum was increased, suggesting that
233 birds fed NCF would have greater defences to pathogenic challenges due to higher levels of mucin.

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236 **DECLARATION OF INTEREST**

237 This study was part of a PhD project that is part funded by Alltech. Peter Spring holds the role of
238 a consultant to Alltech and Jules Taylor-Pickard is currently employed by Alltech.

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361 Table 1. Composition of basal diet and calculated analysis of the basal diet

Item	Starter	Grower	Finisher
Ingredients (%)			
Barley	10.60	8.46	7.23
Wheat	50.00	55.00	60.00
Soya ext hipro	26.00	23.00	19.00
Full fat soya bean meal	5.00	5.00	0.50

L lysine HCL	0.31	0.26	0.25
DL methionine	0.38	0.35	0.33
L threonine	0.14	0.13	0.14
Soya oil	4.00	4.50	4.75
Limestone	1.25	1.25	1.25
Monocalcium phosphate	1.50	1.25	1.25
Salt	0.25	0.25	0.25
Sodium bicarbonate	0.15	0.15	0.15
Premix*	0.40	0.40	0.40
Calculated analysis			
ME MJ/kg	12.80	13.00	13.20
CP %	21.80	20.60	19.10
Lys %	1.37	1.16	1.13
Met + Cys %	1.01	0.95	0.89
Ca	0.96	0.90	0.90
Available P	0.73	0.66	0.65

362 *Premix content (volume/kg diet): Mn 100mg, Zn 80mg, Fe 20mg, Cu 10mg, I 1mg, Mb 0.48mg,
363 Se 0.2mg, Retinol 13.5mg,Cholecalciferol, 3mg, Tocopherol 25mg, Menadione 5.0mg, Thiamine
364 3mg, Riboflavin 10.0mg, Pantothenic acid 15mg, Pyroxidine 3.0mg, Niacin 60mg, Cobalamin
365 30µg, Folic acid 1.5mg, Biotin 125mg

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370 Table 2. Effect of NCF in broiler diets on the average body weight (g/bird) and FCR

Attribute	Age (days)	Dietary treatment				SEM	P value
		Control	NCF 200g/t	NCF 400g/t	NCF 800g/t		
Body wt	1	43.33	43.90	43.58	43.05	0.34	0.851
(g)	7	102.44	114.20	106.68	107.05	2.02	0.227

	14	216.99	A	302.66	B	249.85	AC	290.68	BC	8.15	0.000
	21	524.63	A	741.19	B	599.76	AC	680.33	BC	20.42	0.000
	28	1026.17	A	1380.77	B	1198.38	AB	1287.23	B	31.17	0.000
	35	1804.11	A	2179.73	B	1943.19	AC	2112.13	BC	36.98	0.001
	42	2593.70	A	2927.65	B	2654.53	A	2841.69	AB	38.69	0.005
FCR	0-14	2.03	A	1.59	B	1.91	AB	1.61	B	0.05	0.003
	15-28	1.85	A	1.61	B	1.63	B	1.63	B	0.03	0.011
	29-42	1.76		1.81		1.84		1.82		0.02	0.524
	0-42	1.80		1.73		1.76		1.74		0.01	0.308

371 (Differing superscript within one week denote means are significantly different at $P \leq 0.05$)

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380 Table 3. Effect of NCF on the gut morphology of the duodenum and jejunum (\pm s.e)

Attribute	Control	NCF 200g/t	NCF 400g/t	NCF 800g/t	SEM	P value
Duodenum						
Villus Height	2819	2791	2891	2704	52.6	0.682

Villus Width	274	265	262	282	5.5	0.575
Crypt Depth	209	209	210	213	5.6	0.995
Villus/Crypt Ratio	15.1	13.6	14.2	12.7	0.47	0.361
Jejunum						
Villus Height	1284	1285	1379	1315	25.5	0.528
Villus Width	247	235	223	249	5.5	0.351
Crypt Depth	163	151	152	153	2.4	0.304
Villus/Crypt Ratio	8.1	8.6	8.9	8.4	0.17	0.466

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392 Table 4. Effect of NCF on the goblet cell of the duodenum and jejunum(\pm s.e)

Attribute						
Duodenum	Control	NCF 200g/t	NCF 400g/t	NCF 800g/t	SEM	P value

GC Area (μm^2)	59.2	69.4	58.3	62.6	2.5	0.263
N° of GC per 165 μm	11.8	11.4	11.7	11.9	0.2	0.860
GC Area per 165 μm	683.1	747.0	664.4	719.3	23.6	0.314
Jejunum						
GC Area (μm^2)	67.6 ^B	68.3 ^B	73.8 ^{AB}	82.8 ^A	2.2	0.041
N° of GC per 165 μm	12.4	12.2	12.0	11.8	0.2	0.741
GC Area per 165 μm	847.0	868.0	882.1	988.4	21.9	0.089

393 (Differing superscript within one week denote means are significantly different at $P \leq 0.05$)