

POST PRINT VERSION

To cite print version:

Bradshaw, D., Jay, S., McNamara, N., Stevenson, C., & Orla Muldoon, O. (In press). Perceived Discrimination amongst Young People in Socioeconomically Disadvantaged Communities: Parental Support and Community Identity Buffer (Some) Negative Impacts of Stigma. *British Journal of Developmental Psychology*. DOI: 10.1111/bjdp.12120

Perceived Discrimination amongst Young People in Socioeconomically Disadvantaged  
Communities: Parental Support and Community Identity Buffer (Some) Negative Impacts of  
Stigma

### **Abstract**

There is increasing acceptance that children are not unaware of when they are targets of discrimination. However discrimination as a consequence of socio-economic disadvantage remains under studied. . The aim of the present study is to examine the impact of perceived discrimination on well-being, perceptions of safety and school integration amongst children growing up within socioeconomically disadvantaged communities in Limerick, Ireland. Mediation analysis was used to explore these relationship and to examine the potential buffering role of parental support and community identity in young people in the 7<sup>th</sup> to 9<sup>th</sup> year of compulsory education (N=199). Results indicate perceived discrimination contributed to negative outcomes in terms of school integration, perceptions of safety and levels of well-being. All negative outcomes were buffered by parental support. Community identity also protected young people in terms of feelings of school integration and risk but not in terms of psychological well-being. Findings are discussed in terms of the different role of family and community supports for children negotiating negative social representations of their community.

*Key Words:* Community Identity, perceived discrimination, rejection-identification socioeconomic disadvantage.

Children growing up within disadvantaged communities are at greater risk of lower academic achievement and reduced overall well-being than those from advantaged communities (Angel & Angel, 2006). While previous studies emphasise how these outcomes can be seen to be related to socioeconomic status, studies focusing on ethnic minority communities reflect the influence of factors other than the economic elements (Rios, Aiken & Zautra, 2012). Negative stereotypes and discrimination represents a potential pathway through which these outcomes can be understood (Perlow et al, 2004). Branscombe and colleagues (2004) outline how these negative consequences of discrimination can be alleviated by the meaning, belonging, and support provided by identification with the stigmatised group. In practical terms group support can provide a range of emotional, informational and economic resources to deal with the challenges of discrimination (Haslam et al., 2009). Moreover by drawing on group membership, negative social representations of community identities can be challenged, reconstructed or refocused (Howarth, 2006). This paper considers the impact of discrimination associated with membership of marginalised communities, and how it is buffered by differing systems namely parent support and community identity.

### **The Impact of Community Stigmatisation in Childhood**

For children, the impact of stigmatisation can be particularly pronounced as it shapes their initial perception and engagement with the broader social world. A recent meta-analysis shows that perceived discrimination is felt more acutely by children (under 13 years) than adolescent or adult samples (Schmitt, Branscombe, Postmes & Garcia, 2014). Despite the negative potential, perceived discrimination in childhood has until recently received limited

attention. Incorporating aspects of stigma—often operationalised as perceived discrimination—within one’s own self-concepts has been shown in longitudinal studies to lead to reduced self-esteem and psychological well-being in children aged 10-12 years (Brody et al. 2006). And we know by the age of 10, 92% of children understand and are familiar with the term discrimination (Verkuyten, Kinket & van der Weilen, 1997) and the majority of children have at this age experienced at least one instance of discrimination (Simons et al., 2002).

In spite of this, stigmatised groups rarely exhibit the totality of negative outcomes when compared to dominant group members (Crocker & Major, 1989). Branscombe and colleagues (2004) suggest a form of protection via a rejection-identification model. This outlines how stigmatisation processes in adults can lead to stronger identification with the community which in turn mediates the negative impact of discrimination by providing a sense of identity and belonging. This sense of belonging helps those affected by discrimination to interpret its meaning, thus enhancing self-esteem as well as giving access to social support and collective resources (Haslam et al., 2009). This can lead to a virtuous cycle that reinforces identification with the group and increasing psychological well-being (Schmid & Muldoon, 2015). Similarly in children, Spears-Brown and Bigler (2006) highlight that disadvantaged children are most likely to report experience of discrimination and those with strong group identities and whose parents’ socialisation practices facilitate their identity development can be protected. More recently however perceived discrimination has been demonstrated to have greater impact on children than adolescents’ and adults (Schmitt et al., 2014), perhaps because identity resources that are available or not available in childhood (Phinney & Baldelomar, 2011). Social identity development is a key task for middle childhood and children’s emerging identities may not as freely harness resources in the way that they may be in later life.

Importantly then the bulk of this research has been undertaken in relation to discrimination as a consequence of race, ethnicity and gender (Spears-Brown & Bigler, 2004). The present study however examines the impact of perceived discrimination as a consequence of socio-economic disadvantage. This has important implications. First there is less evidence that community identity or belonging associated with social class can be harnessed in the same manner as racial or gender group membership (McNamara, Stevenson & Muldoon, 2013). And second there is evidence, even amongst adults, that the invisibility and individualisation of social class may make it difficult for class-based identities to be harnessed as a collective psychological resource (Jay & Muldoon, accepted subject to revision). This gives rise to two possibilities. The first is that children fail to perceive discrimination as a consequence of the membership of disadvantaged community. The second is that the children do perceive the discrimination but have no identity resources available to negotiate this stigma. And of course both of these factors are likely to be related to children's age or developmental stage, not least as relationships with parents, family and community alter as children become increasingly independent (Erikson, 1995).

### **Social Resources for Coping with Stigma in Childhood**

For children developing in marginal and stigmatised communities, the reminders and reflections of stigmatised identities are manifold (Howarth, 2002). Aspirations and expectations of children living within marginalised communities are subject to cultural conditioning which can result in children excluding themselves from paths deemed to be inappropriate or threatening because of stereotyped beliefs (Ridge, 2006). This may limit participation in some areas whilst at the same time enhancing it in others (Howarth, 2001). Young people within disadvantaged communities may choose to withdraw from the community in order to avoid negative appraisals at the same time as engaging more with

marginalised peers (Howarth 2002). This withdrawal can result in decreased levels of perceived belonging and support at community level at the same time as increasing young people's perceptions of risk and safety in their locality (Stafford et al., 2008). Importantly, Taylor and Schumaker (1990) underline that perceptions of safety and fear are not correlated with crime rates but rather reflect feelings of personal vulnerability. This sense of vulnerability is exacerbated by negative perceptions of neighbourhood environments (Aneshensel & Sucoff, 1996) again implicating the role of stigmatisation and discrimination in stripping individuals of the psychological and social resilience provided by their communities.

On the other hand, Stafford et al. (2008) highlight that, those with lower levels of fear exhibit higher levels of social activities. Fear may restrict an individual's inclination to leave their home and result in decreased opportunities for social connection (Whitley & Prince, 2005) whilst at the same time reducing the opportunity for anti-social behaviour. In stigmatised areas this may mean that parents, eager to reduce the risk of children's anti-social behaviour, may attempt to curtail young people's activities purposefully which may limit meaningful social ties (Ross, 2000). Taken together these findings again allow us to hypothesise that, for children growing up within stigmatised communities, that stigma and discrimination can negatively impact on children's educational outcomes, psychological well-being and perceptions of safety.

The role of the caregiver in interpreting and providing reassurance in the face of discrimination and adversity has been shown to facilitate children's understanding and adjustment (Garbarino, Dubrow, & Kostelny, 1991). Belsky, Putney and Crnic (1996) suggest that supportive family structures contribute fundamentally to support and adjustment. In particular parents as well as the wider community may be able to insulate against the impact of discriminatory environments (Simons et al. 2002). Thus we hypothesise that

identification with community and support from family can alleviate the negative impact of discrimination, as per Branscombe et al's (2004) rejection identification model. And our particular aim here then is to examine whether parent support and community identity act in the same way across late childhood and our range of outcomes to alleviate the impact of perceived discrimination of growing up in a socially disadvantaged area.

### **Current Study:**

The current study focuses on marginalised communities within Limerick city in Ireland. Limerick experiences a high degree of geographically segregated socio-economic polarisation (Limerick Development Board, 2001). Within marginalised areas, educational attainment, employment, and levels of health are well below national averages with high levels of violent crime and mental health issues (Hourigan, 2011). Media representations are predominantly negative and contribute to the stigmatised identity and marginalisation experienced by the residents. Previous research has indicated that residents within these communities are subjected to levels of prejudice framing communities as less caring and supportive, and less able to contribute meaningfully to society (McNamara, Muldoon, Stevenson, & Slattery, 2011). As a result these areas are seen to retain nationwide notoriety (McNamara et al., 2013). Previous studies exploring the consequences of discrimination within these marginalised communities have focused on adult cohorts. The impact on children is less well understood.

As a result, the aims of the present study are to explore the impact of children's experiences of discrimination. This paper asks two research questions. First, does support in the form of family support act as a mediator in the relationship between perceived discrimination and; (i) perceptions of safety; (ii) psychological well-being, and (iii) school integration. Second, does support in the form of community identity act as a mediator in the

relationship between perceived discrimination and; (i) perceived safety, (ii) psychological well-being, and (iii) school integration? This paper hypothesises that perceived discrimination will have a negative impact on children's psychological well-being, perceptions of safety and level of school integration and that both parental support and community identification will mediate these relationships.

## **Method**

### **Participants**

A total of 199 children (100 girls, 94 boys, 5 children did not indicate their gender) from primary and secondary schools servicing marginalised communities in Limerick City were recruited to take part in this study. Children were largely sourced from three grades, the 6<sup>th</sup>-9<sup>th</sup> year of compulsory education in Ireland. ( $M = 10.5$ ,  $SD = 2.2$ ).

### **Procedure**

Children were recruited from primary and secondary schools within areas designated by government as deprived in Limerick City. Subsequent to contacting the principal of each school and obtaining consent for the study to run in each school, parental consent forms were sent home with children 1 week prior to data collection. Parental consent was therefore obtained in advance of the administration of the survey and each child also gave their consent to participate in the study on the day. All questionnaires were administered in booklet form in normally schedule class time. The survey was administered in class groups and items were read aloud to children within the primary school system as they completed the questionnaire. Composite measures were calculated based on the average of the sum totals.

### **Measures**

### **Predictor Variable.**

*Perceived Discrimination*, was measured using five items from the Personal Discrimination scale (Cassidy et al., 2004). This scale is a composite of two measures (Verkuyten, 2001; Phinney, Madden & Santos, 1998) which were designed and developed for use with children. Though perceived racial and ethnic discrimination has been measured and well documented using this measure and other measures amongst children of this age previously (Coker et al., 2009), the adaptation here to assess perceived frequency of being treated unfairly or negatively because of class background (e.g., 'I feel like people who are not from my neighbourhood have something against me') is ours. Previous work demonstrates however that disadvantaged neighbourhoods and communities are widely stigmatised and understood to be different by children and adults alike (Jay & Muldoon, accepted subject to revision). Reflecting the viability of the adaptation the coefficient alpha for this sample was .75 and children reported no difficulties understanding the meaning of the items. Each item is rated on a seven-point scale from 'almost never' (1) to 'very often' (7).

### **Mediating Variables.**

*Parental Support*, was measured using a three item parent relation scale (Kidscreen, 2006). The scale was developed and validated for use with children aged 8-18 years across Europe. This scale indicated the level of support as well as the quality of the interaction between the child and their parent or care giver (e.g. 'Have you been able to talk to your parents when you wanted to?') (Ravens-Siegerer et al., 2013). Responses were measured on a Likert scale and ranged from 1 (Never) to 5 (Always). The coefficient alpha for this sample was .66. *Community Identity*, was measured using an 8 item Collective Self-Esteem scale (Luhtanen & Crocker, 1992) which tapped feelings of belonging, regard and commitment to the neighbourhood. Subjective group identification has been evidenced in children as young as five (Bennett & Sani, 2008) and this widely used measure has been used previously with

children (Verkuyten, 2001) and adolescents (Whitesell, Mitchell, Kaufman, & Spicer, 2006). Items were altered to refer to the community so that they read for example, *'I am glad to be from my neighbourhood'*, *'Other people respect my neighbourhood'*. Responses were measured on a Likert scale and ranged from 1 (Strongly Disagree) to 4 (Strongly Agree). The coefficient alpha for this sample was .72.

### **Outcome Variables.**

***Psychological Well-Being***, was measured using a seven item psychological well-being scale developed and validated for use with children aged 8-18 years across Europe (Kidscreen, 2006). This scale measured psychological well-being of the child including the positive emotions and life satisfaction as well as the absence of feelings of loneliness and sadness (e.g. *'Have you been in a good mood in the last week?'*) (Ravens-Siegerer et al., 2013). Responses were measured on a Likert scale and ranged from 1 (None of the time) to 5 (All of the time). The coefficient alpha for this sample was .72

***Perceptions of Safety***, was measured using a ten item perception of safety scale developed and validated for use with children aged 8-14 (Henry, 2000). This scale indicated the level of safety the participant felt in their neighbourhood and in their journeys to and from school (e.g. *'I feel safe on my way home from school'*). Responses were measured on a Likert scale and ranged from 1 (None of the time) to 3 (Always). The coefficient alpha for this sample was .86.

***School Integration***, was measured using a four item school and learning scale (Kidscreen, 2006). This scale measured the child's perception of their capacity for learning and concentration as well as their feelings and relationship towards their school and teachers (e.g. *'Have you been happy at school?'*) (Ravens-Siegerer et al., 2013). Responses were measured on a Likert scale and ranged from 1 (None of the time) to 5 (All of the time). The coefficient alpha for this sample was .70

## RESULTS

### Overview of Analyses

This study explored the relationships between perceived discrimination, community identification, family support, perceptions of safety, psychological well-being and school integration in children growing up in marginalised communities in Limerick city. Table 1 illustrates the means standard deviations and correlations between variables. Analysis of covariance was first conducted to explore gender and effects on all measured variables. A series of regression path analysis were conducted to examine whether the family and community level influences act as mediators in the relationship between perceived discrimination and; (i) perceived safety, (ii) psychological well-being, and (iii) school integration. These mediation pathways were subsequently assessed using SPSS syntax PROCESS provided by Preacher and Hayes (2004) to explore the influence of age and gender as covariates

### Correlations

Inter-correlations between predictor, mediator and outcome variables are illustrated on Table 1. Pearson correlations indicated that perceived discrimination is negatively associated with collective self-esteem and family support. Family support is positively associated with collective self-esteem, while collective self-esteem and family support are both positively associated with well-being, perceptions of safety and school integration. Perceived discrimination is negatively associated with all other variables (See Table 1). And age is negatively associated with perceived discrimination with younger children reporting higher perceived discrimination.

[Insert Table 1 about here]

### **The Role of Gender and Age**

One-way analyses of variance with age entered as a covariate (ANCOVAs) were conducted to explore the differences between male and female perceptions of discrimination, community identity, family support, perceptions of safety and psychological well-being. There was a significant association between gender and school integration,  $F(1,184) = 7.42, p = .007, \eta^2 = .04$ , with boys ( $M = 15.72, SD = 3.66$ ) reporting lower levels of school integration when compared with girls ( $M = 16.71, SD = 2.80$ ),  $t(184) = -2.72, p = .007, r = .12$ . No gender differences in perceived discrimination  $F(1,175) = .01, p = .91, \eta^2 < .00$ , community identity ( $F(1,167) = .240, p = .12, \eta^2 = .01$ ), family support ( $F(1,183) = .311, p = .58, \eta^2 = .002$ ), perceptions of safety  $F(1,180) = 1.43, p = .23, \eta^2 = .008$ , or psychological well-being  $F(1,182) = .88, p = .35, \eta^2 = .005$ , were evident.

Age was significantly related to levels of community identity  $F(1,167) = 4.62, p = .03, \eta^2 = .03$ , school integration,  $F(1,184) = 10.20, p = .002, \eta^2 = .05$ , and levels of perceived discrimination  $F(1,175) = 6.69, p = .01, \eta^2 = .04$ , with younger children indicating higher levels of, school integration ( $r = -.13$ ) and perceived discrimination ( $r = -.23$ ).

### **Parental Support as a Mediator of Perceived Discrimination**

Perceived discrimination predicted perceptions of safety ( $\beta = -.39, t(172) = 6.54, p < .001$  in this variable ( $R^2 = .20, F(1,172) = 42.73, p < .001$ ); school integration ( $\beta = -.15, t(176) = -2.39, p = .02$  accounting for 3% of the variance  $R^2 = .03, F(1,176) = 5.72, p = .02$ ); and psychological well-being ( $\beta = -.40, t(174) = -4.61, p < .001$ , accounting for 11% of the variance  $R^2 = .11, F(1,174) = 21.29, p < .001$ ). Discrimination was also negatively associated

with parental support ( $\beta = -.15$ ,  $t(175) = -3.34$ ,  $p < .001$ ) accounting for 6% of its variance ( $R^2 = .06$ ,  $F(1, 175) = 11.16$ ,  $p < .00$ ). The relationships between parental support and perceptions of safety ( $\beta = .43$ ,  $p < .001$ ); school integration ( $\beta = .40$ ,  $p < .001$ ); and psychological well-being ( $\beta = .79$ ,  $p < .001$ ) remained significant when perceptions of discrimination were controlled for (Baron & Kenny, 1986). Furthermore, the relationship between perceived discrimination and perceptions of safety ( $\beta = -.33$ ,  $p < .001$ ), psychological well-being ( $\beta = -.29$ ,  $p < .001$ ), and school integration ( $\beta = -.09$ ,  $p = .14$ ) were weaker when parental support was controlled for (See Figure 1). A Sobel test confirmed that community support was a significant mediator of the relationship between perceived discrimination and perceptions of safety ( $z = -2.69$ ;  $p = .01$ ), school integration ( $z = -2.52$ ;  $p = .01$ ) and psychological well-being ( $z = -2.90$ ;  $p < .001$ )

[Insert Figure 1 about here]

Age and gender were entered as covariates in the mediation model using PROCESS (Preacher and Hayes, 2004). Results indicate that using 20,000 resampling iterations there was a significant indirect association between perceived discrimination, through parental support accounting for 32% of the variance ( $R^2 = .32$ ,  $F(4, 160) = 18.99$ ,  $p < .001$ ), and perceptions of safety  $\beta = -.06$ , BCa CI [-.13, -.02], Similarly 23% of the variance ( $R^2 = .23$ ,  $F(4, 164) = 12.82$ ,  $p < .001$ ) in well-being  $\beta = -.10$ , BCa CI [-.20, -.03]; and 24% of the variance ( $R^2 = .24$ ,  $F(4, 165) = 6.79$ ,  $p < .001$ ) in school integration  $\beta = -.05$ , BCa CI [-.10, -.01], was accounted for by the indirect relationship between perceived discrimination through parental support and these two outcomes. Age and gender remained significant within the overall models. The negative indirect relationship between perceived discrimination and well-being,  $\beta = -.35$ , BCa CI [-.65, -.05], and school integration,  $\beta = -.48$ , BCa CI [-.67, -.29] was stronger

for younger participants (See Table 2). Gender was significant within the overall model for school integration  $\beta = -.93$ , BCa CI [.12, 1.75] indicating that the association between perceived discrimination and school integration was stronger for male participants (See Table 3).

[Insert Table 2 about here]

[Insert Table 3 about here]

### **Community Identification as a Mediator of Perceived Discrimination.**

As the relationship between perceived discrimination and the outcome variables had already been demonstrated, we began this analysis by demonstrating that discrimination was also negatively associated with community identification ( $\beta = -.30$ ,  $t(161) = -3.33$ ,  $p < .001$ ) accounting for 7% of the variance ( $R^2 = .07$ ,  $F(1, 161) = 11.13$ ,  $p < .001$ ). And our results indicated that the relationships between community identity and perceptions of safety ( $\beta = .22$ ,  $p < .001$ ); and school integration ( $\beta = .22$ ,  $p < .001$ ); though not psychological well-being ( $\beta = .15$ ,  $p = .06$ ) remained significant when perceptions of discrimination were controlled (Baron & Kenny, 1986). Furthermore, the relationship between perceived discrimination and perceptions of safety ( $\beta = -.32$ ,  $p < .001$ ), and school integration ( $\beta = -.09$ ,  $p = .20$ ) were weaker when community identity was controlled (see Figure 2). A Sobel test confirmed that community identification was a significant mediator of the relationship between perceived discrimination and perceptions of safety ( $z = -2.64$ ;  $p = .01$ ), and school integration ( $z = -2.31$ ;  $p = .02$ ).

[Insert Figure 2 about here]

Age and gender were subsequently entered as covariates in a mediation model. Using 20,000 resampling iterations, there was a significant indirect relationship between perceived

discrimination and perceptions of safety  $\beta = -.07$ , BCa CI [-.14, -.02] (accounting for 31% of the variance  $R^2 = .31$ ,  $F(4, 148) = 16.85$ ,  $p < .001$ ), school integration  $\beta = -.05$ , BCa CI [-.11, -.01] (accounting for 16% of the variance  $R^2 = .16$ ,  $F(4, 151) = 7.33$ ,  $p < .001$ ), through community identity. Results did not support the hypothesis that community identity mediated the relationship between discrimination and well-being  $\beta = -.02$ , BCa CI [-.10, .03], as zero fell between the upper and lower confidence intervals. Age remained significant,  $\beta = -.36$ , BCa CI [-.59, -.13] within the overall model for school integration indicating the indirect association with perceived discrimination was stronger amongst younger participants. And gender remained significant,  $\beta = -1.13$ , BCa CI [.14, 2.12], within the overall model also for school integration indicating the association with perceived discrimination was greater for male participants (See Table 4)..

[Insert Table 4 about here]

## DISCUSSION

In line with the first hypothesis perceived discrimination is negatively associated with self-reported levels of well-being, school integration and perceptions of safety. This supports previous research which highlights the negative relationship between discrimination and mental health (Fischer & Holtz, 2007) and underachievement in educational contexts (Major & O'Brien, 2005) and increased feelings of threat in response to perceived discrimination (McCoy and Major, 2003). Results also support the hypothesis that parental support is a significant buffer in the relationship between perceived discrimination and perceptions of safety; school integration and psychological well-being, again supporting previous research that highlights parental and family support as buffers of the negative relationship with social stresses (Juang & Alvarez, 2010). Of course, children rely on their parents for economic and

emotional support. Family support was also positively associated with community identity and negatively associated with perceptions of discrimination. Lack of family support may indicate an increased vulnerability to perceptions of discrimination while at the same time undermine the ability to integrate within the community and develop an associated sense of belonging and identification. Results also indicate partial support for the hypothesis that community identification buffers the impact of perceived discrimination.

A number of interesting relationships also emerged related to both gender and age. First, the suggestion that children do not perceive discrimination as a consequence of membership of a socially disadvantaged community is not supported. In fact younger children were more likely to perceive discrimination than their older counterparts. This finding resonates with research with minority and disadvantaged groups which have repeatedly revealed that children rather than being unaware and immune to the contexts in which they live are in fact very sensitive to group based inequity (Abrams & Killen, 2014). Further the relationship between perceived discrimination well-being, perceptions of safety and school integration was stronger in our younger participants. This leads us to suggest that younger children not only perceive the discrimination but have fewer resources available to negotiate this stigma. In Howarth's terms younger participants are less able to resist and reconstruct negative depictions of their areas. Consistent with this position is the findings that suggest that community identity does not mediate the relationship between discrimination on the basis of this same community membership and psychological well-being. This is both a surprising and important finding we believe. We attribute this to the identity under consideration. Unlike boundaries of race and gender, categories such as class are viewed as permeable-upward social mobility is at least a theoretical possibility. And of course, childhood is a time of opportunity. So disengaging from a negative community identity and associated class stigma may allow young people to engage with educational opportunities and eschew any

perceived discrimination. Stigmatised identities associated with class, unlike gender and racial identities, can be denied (Jay & Muldoon, accepted subject to revision). This allows young people from marginalised communities to disengage from their community identity to avoid feelings of stigma or discrimination. In contrast to a process of rejection-identification associated with impermeable racial and gender group boundaries, perceptions of discrimination is not associated with increased identification with community and access to associated collective psychological resources, rather community identity is avoided.

Spears-Brown and Bigler (2006) highlight that social group membership and in particular being a member of a less powerful social group is associated with higher levels of perceived discrimination. Counterintuitively perhaps then the effects of perceived discrimination on our outcomes were stronger in boys. Clearly masculinity is associated with greater power in Ireland as elsewhere across the Western world, so our findings point to the importance of negative social representations of men and boys in poor communities that disadvantage boys. For all children developing in marginal and stigmatised communities, there are constant reminders and reflections of stigmatised identities however this is particularly the case for boys manifold. Hourigan's (2011) study of Limerick demonstrated that poor young men are very aware that their identity carries the (heavily classed) 'scumbag' stigma. And this stigmatisation and stereotyping particularly of young poor males from disadvantaged neighbourhood's has been demonstrated across a range of regional settings (Hollingworth & Williams, 2009; Jones, 2012; McCulloch, Stewart, & Lovegreen, 2006; Nayak, 2006) suggesting this process is one that is generalisable beyond the current setting.

While discrimination can have a direct negative effect on individuals from marginalised communities, representations of community can be built up through a constant interaction between dominant representations and representations created at home and within

the community (Howarth, 2006). By invoking support from family and community resources, children can be exposed to alternative representations of their community, outside dominant discourse. Through these alternative representations negative attributes can be challenged and rejected (Howarth, 2002). It is interesting to note that community identification promoted decreased perceptions of risk and increased school integration. Poor marginalised community members are often seen as high risk for early school leaving. Here however what we see is those children that are most identified with their community – a community where school failure and early school leaving is indeed a risk- are paradoxically those that are most likely to feel integrated within their schools. This loyalty to community then would appear to be helpful in keeping children at secondary school. This strong sense of community identity has also been found to undermine feelings of identity compatibility with higher education contexts (Jetten, Iyer, Tsivrikos & Young, 2008), contexts which retain their elite status among young people from severely disadvantaged backgrounds (Jay & Muldoon, accepted subject to revision).

Taken together, results indicate that factors from different supports are related to children's levels of psychological well-being, perceptions of safety and school integration in the context of perceived discrimination. Discrimination can be understood as associated with negative outcomes in school integration, perceptions of safety and levels of well-being. A potential limitation to the current study is the use of self-report questionnaires in a single phase data collection. This only allows for examination of perceptions of individuals at one given time point and makes causal inferences difficult. However, direction of the effect in the current study is consistent with previous findings (Bramson et al., 1999). In addition, Bandura (1977) argues that the ethos in class and at school provides a source of collective efficacy, and as a result school integration can be viewed as a source of social and

psychological support and resilience rather than simply an outcome. Despite these limitations findings in the current study add to prior research. The current study enhances our understanding by providing evidence of children's sensitivity to socio-economic or class based discrimination and emphasising how different forms of support contribute and protect against its negative implications. This can inform the creation of supportive environments for children developing within marginalised communities.

### References

- Abrams, D., & Killen, M. (2014). Social exclusion of children: Developmental origins of prejudice. *Journal of Social Issues, 70*(1), 1-11.
- Aneshensel, C. S., & Sucoff, C. A. (1996). The neighborhood context of adolescent mental health. *Journal of health and social behavior, 37*, 293-310.
- Angel, J. L., & Angel, R. J. (2006). Minority group status and healthful aging: Social structure still matters. *American Journal of Public Health, 96*(7), 1152.
- Bandura, A. (1977). Self-efficacy: toward a unifying theory of behavioral change. *Psychological review, 84*(2), 191.
- Branscombe, N. R., Schmitt, M. T., & Harvey, R. D. (1999). Perceiving pervasive discrimination among African Americans: Implications for group identification and well-being. *Journal of personality and social psychology, 77*(1), 135.
- Brody, G. H., Chen, Y. F., Murry, V. M., Ge, X., Simons, R. L., Gibbons, F. X., ... & Cutrona, C. E. (2006). Perceived discrimination and the adjustment of African American youths: A five-year longitudinal analysis with contextual moderation effects. *Child development, 77*(5), 1170-1189.
- Cassidy, C., O'Connor, R. C., Howe, C., & Warden, D. (2004). Perceived Discrimination and Psychological Distress: The Role of Personal and Ethnic Self-Esteem. *Journal Of Counseling Psychology, 51*(3), 329-339. doi:10.1037/0022-0167.51.3.329
- Coker, T. R., Elliott, M. N., Kanouse, D. E., Grunbaum, J. A., Schwebel, D. C., Gilliland, M. J., Tortolero, S. R., Peskin, M. F., & Schuster, M. A. (2009). Perceived racial/ethnic discrimination among fifth-grade students and its association with mental health. *American Journal of Public Health, 99*(5), 878.

- Crocker, J., & Major, B. (1989). Social stigma and self-esteem: The self-protective properties of stigma. *Psychological review*, 96(4), 608.
- Fischer, A. R., & Holz, K. B. (2007). Perceived discrimination and women's psychological distress: The roles of collective and personal self-esteem. *Journal of Counseling Psychology*, 54(2), 154.
- Garbarino, J., Dubrow, N., & Kostelny, K. (1991). *No place to be a child*. Lexington, MA: Lexington Books.
- Haslam, S. A., Jetten, J., Postmes, T., & Haslam, C. (2009). Social identity, health and well-being : An emerging agenda for applied psychology. *Applied Psychology*, 58(1), 1-23.
- Henry, D. B. (2000). Initial report of the Pilot Study for the Evaluation of the SAFE-TO-LEARN Demonstration Project (Technical Report, Child Health Data Lab, Children's Memorial Hospital). Chicago, IL: Author adapted from Schwab-Stone, M. E., Ayers, T. S., Kaspro, W., Voyce, C., Barone, C., Shriver, T., & Weissberg, R. P. (1995). No safe haven: A study of violence exposure in an urban community. *Journal of the American Academy of Child & Adolescent Psychiatry*, 34(10), 1343-1352.
- Hollingworth, S., & Williams, K. (2009). Construction of the working class "other" among urban, white, middle-class youth: "Chavs", sub-culture and the valuing of education. *Journal of Youth Studies*, 12(5), 467-482.
- Hourigan, N. (Ed.). (2011). *Understanding limerick: Social exclusion and change*. Cork University Press.
- Howarth, C. S. (2001). Towards a social psychology of community: A social representations perspective. *Journal for the theory of social behaviour*, 31(2), 223-238.
- Howarth, C. (2002). So, you're from Brixton? The struggle for recognition and esteem in a stigmatized community. *Ethnicities*, 2(2), 237-260.
- Howarth, C. (2006). A social representation is not a quiet thing: Exploring the critical potential of social representations theory. *British journal of social psychology*, 45(1), 65-86.
- Jay, S. & Muldoon, O. T. (accepted subject to revision ). A difference denied? The study of social class in social psychology. *Personality and Social Psychology Review*.
- Jay, S. & Muldoon, O. T. (under review b). Social class and models of agency: Independent and interdependent as educational (dis)advantage. Manuscript submitted for publication.

- Jetten, J., Iyer, A., Tsivrikos, D., & Young, B. (2008). When is individual mobility costly? The role of economic and social identity factors. *European Journal of Social Psychology*, 38(5), 866-879.
- Jones, O. (2012). *Chavs: The demonization of the working class*. Verso Books.
- Juang, L. P., & Alvarez, A. A. (2010). Discrimination and adjustment among Chinese American adolescents: family conflict and family cohesion as vulnerability and protective factors. *American journal of public health*, 100(12).
- KIDSCREEN Group. (2008). Europe.(2006). *The KIDSCREEN questionnaires. Quality of life questionnaires for children and adolescents—handbook*. Lengerich: Papst Science Publisher.
- Limerick Development Board (2001). City Analysis. Available at: <http://www.limerickcitydb.ie/RAPID/NorthCityArea/AreaProfile>
- Luhtanen, R., & Crocker, J. (1992). A collective self-esteem scale: Self-evaluation of one's social identity. *Personality and Social Psychology Bulletin*, 18(3), 302-318.
- Major, B., & O'Brien, L. T. (2005). The social psychology of stigma. *Annu. Rev. Psychol.*, 56, 393-421.
- McCoy, S. K., & Major, B. (2003). Group identification moderates emotional responses to perceived prejudice. *Personality and Social Psychology Bulletin*, 29(8), 1005-1017.
- McNamara, N., Muldoon, O., Stevenson, C., & Slattery, E. (2011). Citizenship attributes as the basis for intergroup differentiation: Implicit and explicit intergroup evaluations. *Journal of Community & Applied Social Psychology*, 21(3), 243-254.
- McNamara, N., Stevenson, C., & Muldoon, O. T. (2013). Community identity as resource and context: A mixed method investigation of coping and collective action in a disadvantaged community. *European Journal of Social Psychology*, 43(5), 393-403.
- Nayak, A. (2006). Displaced masculinities: Chavs, youth and class in the post-industrial city. *Sociology*, 40(5), 813-831.
- Phinney, J. S., & Baldelomar, O. A. (2011). Identity development in multiple cultural contexts. *Bridging cultural and developmental approaches to psychology: New syntheses in theory, research and policy*, 161-186.
- Phinney, J. S., Madden, T., & Santos, L. J. (1998). Psychological variables as predictors of perceived ethnic discrimination among minority and immigrant adolescents<sup>1</sup>. *Journal of Applied Social Psychology*, 28(11), 937-953.

- Preacher, K. J., & Hayes, A. F. (2004). SPSS and SAS procedures for estimating indirect effects in simple mediation models. *Behavior research methods, instruments, & computers*, 36(4), 717-731.
- Prelow, H. M., Danoff-Burg, S., Swenson, R. R., & Pulgiano, D. (2004). The impact of ecological risk and perceived discrimination on the psychological adjustment of African American and European American youth. *Journal of Community Psychology*, 32(4), 375-389.
- Ravens-Sieberer, U., Herdman, M., Devine, J., Otto, C., Bullinger, M., Rose, M., & Klasen, F. (2013). The European KIDSCREEN approach to measure quality of life and well-being in children: development, current application, and future advances. *Quality of Life Research*, 1-13.
- Ridge, T. (2006). Childhood poverty: a barrier to social participation and inclusion. *Children, Young People and Social Inclusion: Participation for What*, 23-38.
- Rios, R., Aiken, L. S., & Zautra, A. J. (2012). Neighborhood contexts and the mediating role of neighborhood social cohesion on health and psychological distress among hispanic and non-hispanic residents. *Annals of Behavioral Medicine*, 43(1), 50-61.
- Ross, C. E. (2000). Neighborhood disadvantage and adult depression. *Journal of Health and Social Behavior*, 177-187.
- Sani, F. (2011). Group identification, social relationships, and health. *The social cure: Identity, health and well-being*, 21-38.
- Schmitt, M. T., Branscombe, N. R., Postmes, T., & Garcia, A. (2014). The consequences of perceived discrimination for psychological well-being: A meta-analytic review
- Simons, R. L., Murry, V., McLoyd, V., Lin, K. H., Cutrona, C., & Conger, R. D. (2002). Discrimination, crime, ethnic identity, and parenting as correlates of depressive symptoms among African American children: A multilevel analysis. *Development and psychopathology*, 14(02), 371-393.
- Spears Brown, C., & Bigler, R. S. (2004). Children's perceptions of gender discrimination. *Developmental Psychology*, 40(5), 714.
- Taylor, R. B., & Shumaker, S. A. (1990). Local crime as a natural hazard: Implications for understanding the relationship between disorder and fear of crime. *American Journal of Community Psychology*, 18(5), 619-641.
- Verkuyten, M., Kinket, B., & van der Wielen, C. (1997). Preadolescents' understanding of ethnic discrimination. *The Journal of genetic psychology*, 158(1), 97-112.

M. (2001). National identification and intergroup evaluations in Dutch children. *British Journal of Developmental Psychology*, 19(4), 559-571

Verkuyten, M. (2001). National identification and intergroup evaluations in Dutch children. *British Journal of Developmental Psychology*, 19(4), 559-571.

Whitesell, N. R., Mitchell, C. M., Kaufman, C. E., & Spicer, P. (2006). Developmental Trajectories of Personal and Collective Self-Concept Among American Indian Adolescents. *Child Development*, 77(5), 1487-1503.

Whitley, R., & Prince, M. (2005). Fear of crime, mobility and mental health in inner-city London, UK. *Social science & medicine*, 61(8), 1678-1688.

Figure Legend and Table Captions

Table 1. Correlations, Means and Standard Deviations of Study Variables

Table 2. Well-Being through Family Support Coefficient table

Table 3. School Integration through Family Support Coefficient table

Table 4. School Integration through Community Identity Coefficient table

Figure 1. Perceived Discrimination, Parental Support, and Perceptions of Safety and School Integration in the overall sample

Figure 2. Perceived Discrimination, Community Identity and Perceptions of Safety and School Integration in the overall sample

Table 1

Table 1. Correlations, Means and Standard Deviations of Study Variables

	1	2	3	4	5	6	7
1. Discrimination	-	-.25**	-.25**	-.33**	-.45**	-.18*	-.23**
2. Parental Support		-	.23**	.45**	.39**	.31**	.08
3. Community Identity			-	.22**	.40**	.33**	-.08
4. Well-being				-	.39**	.41**	-.01
5. Perceived Safety					-	.38**	.14
6. School Integration						-	-.13
7. Age							-
Mean	10.53	13.46	24.57	29.31	27.48	16.18	10.44
SD	3.87	2.33	4.67	4.72	3.38	3.32	2.25
Range	5-20	4-15	8-32	15-35	16-30	4-20	7-15

\*\*  $p < 0.01$  level (2-tailed). \*  $p < 0.05$  level (2-tailed).

Table 2

Table 3. Well-Being coefficient table for Family support mediation

	Coefficient	Std. Error	t	Sig
Constant	24.83	3.01	8.26	<.001 [18.89, 30.77]
Family Support	.77	.15	5.27	<.001 [.48, 1.06]
Discrimination	-.29	.09	-3.22	.002 [-.46, -.11]
Age	-.35	.15	-2.32	.02 [-.65, -.05]
Gender	.60	.64	.93	.35 [-.67, 1.89]

Table 3

Table 2. School Total coefficient table for Family support mediation

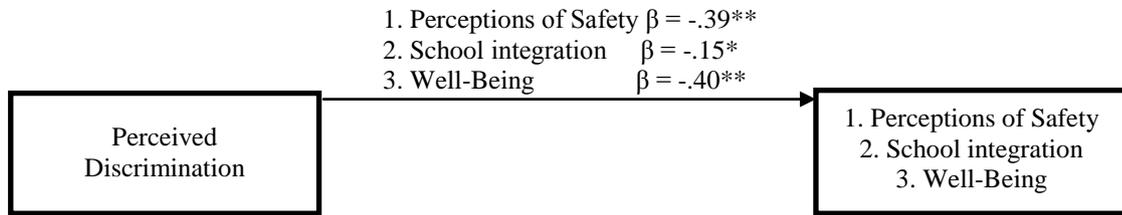
	Coefficient	Std. Error	t	Sig
Constant	16.58	1.92	8.63	<.001 [12.78, 20.36]
Family Support	.38	.09	4.07	<.001 [.20, .57]
Discrimination	-.17	.06	-2.91	.004 [-.28, .05]
Age	-.48	.10	-4.94	<.001 [-.67, -.29]
Gender	.94	.41	2.27	.02 [.12, 1.75]

Table 4

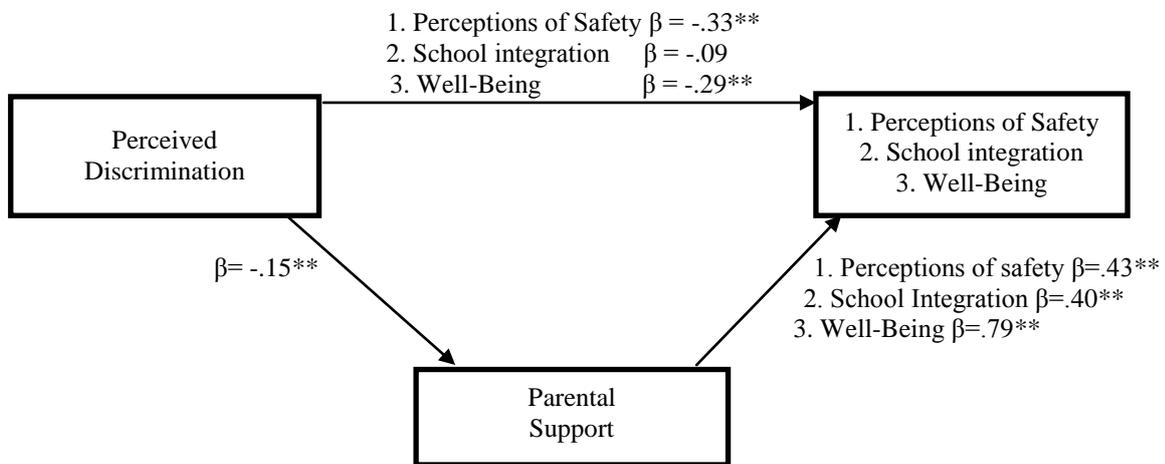
Table 4. School Total coefficient table for Community Identity mediation

	Coefficient	Std. Error	t	Sig
Constant	15.79	2.30	6.81	<.001 [11.18, 20.33]
Community Identity	.15	.05	2.81	.006 [.05, .26]
Discrimination	-.11	.07	-1.56	.12 [-.25, .03]
Age	-.36	.12	-3.11	.002 [-.59, -.13]
Gender	1.13	.50	2.25	.03 [.13, 2.13]

Figure 1. Perceived Discrimination, Parental Support, and Perceptions of Safety and School Integration in the overall sample



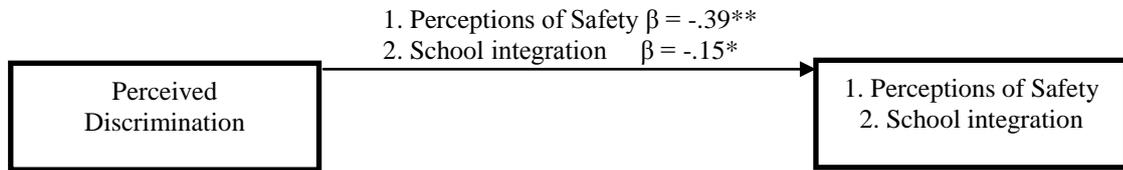
a) Direct Pathway



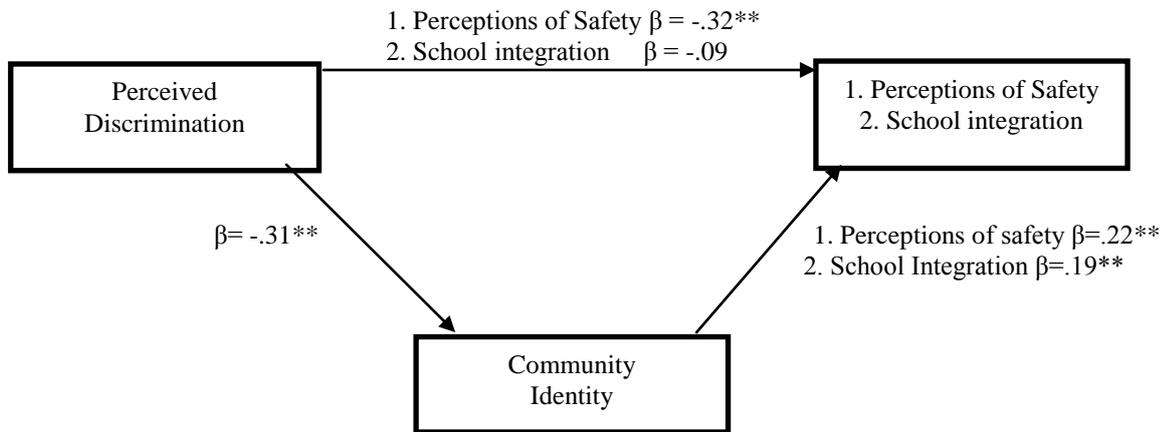
b) Mediated Pathway

\*\*  $p < 0.01$  level (2-tailed). \*  $p < 0.05$  level (2-tailed)

Figure 2. Perceived Discrimination, Community Identity and Perceptions of Safety and School Integration in the overall sample



a) Direct Pathway



b) Mediated Pathway

\*\*  $p < 0.01$  level (2-tailed). \*  $p < 0.05$  level (2-tailed)