STRUCTURE OF THE COMPLEX OF CYTOCHROME C WITH CARDIOLIPIN IN NON-POLAR ENVIRONMENT

Vladimirov G.K., a,b,c† Vikulina A.S., d,e,*† Volodkin D.V. d,e, Vladimirov Yu.A. a,b,c

a M.V. Lomonosov Moscow State University, Faculty of Fundamental Medicine, Leninskiye gory 1-3, 119991 Moscow, Russian Federation
b Shubnikov Institute of Crystallography of Federal Scientific Research Centre "Crystallography and Photonics" of Russian Academy of Sciences", Leninskiy pr-t 59, 119333 Moscow, Russian Federation
c First Moscow State Medical University of the Ministry of Health of the Russian Federation (Sechenov University), Bolshaya Pirogovskaya st. 2-4, 119991, Moscow, Russia Federation
d Nottingham Trent University, School of Science and Technology, Clifton Lane, Nottingham NG11 8NS, UK
e Fraunhofer Institute for Cell Therapy and Immunology, Branch Bioanalytics and Bioprocesses (Fraunhofer IZI-BB), Am Muehlenberg 13, 14476 Potsdam-Golm, Germany
† These authors contributed equally to this work
* Author to whom correspondence should be addressed; e-mail: anna.vikulina@ntu.ac.uk, tel: +44 115 848 8062

Highlights

In non-polar medium, complex of cytochrome c with cardiolipin forms nanoparticles of 2 populations - sizes of 7.8 and 12.1 nm

Enzymatic activity of the complex of cytochrome c with cardiolipin in non-polar environment has been shown.

Abstract

The complex of mitochondrial protein cytochrome c (CytC) with anionic phospholipid cardiolipin (CL) plays a crucial role in the initiation of apoptosis by catalyzing lipid peroxidation in mitochondrial membranes. In our previous papers, we found that CytC and CL mixed in millimolar concentrations form a sediment showing microcrystals composed of nanospheres (Cyt-CL) of 11-12 and 8 nm in diameter. The hypothesis was proposed that Cyt-CL, having hydrophobic shell, may appear inside the membrane lipid bilayer in mitochondria and peroxidase membrane phospholipids so initiating the apoptotic cascade. In this work, Cyt-CL complex dissolved in chloroform or hexane was investigated as a model of the complex in mitochondrial membranes. We used dynamic light scattering method to measure the size of the particles. The analysis of particles size distribution of Cyt-CL in chloroform allows to reveal three dominant diameters of 12.1 ± 1.4, 7.8 ± 1.0, and 4.7 ± 0.7 nm. The first two values are closed to those, earlier obtained with small-angle X-ray scattering method in Cyt-CL microcrystals, 11.1 ± 1.0 and 8.0 ± 0.7 nm. CL extracted in chloroform-methanol forms a real solution of particles with diameter of 0.7 ± 0.1 nm. In methanol-water phase, CL and CL + CytC mixture form particles of 83.7 ± 9.8 and 71.3 ± 11.6 nm, respectively. Apparently, cardiolipin in 50% methanol forms single-layer liposomes regardless of the presence of CytC in the medium. Partial unfolding of CytC in the complex was evidenced by (a) appearance of fluorescence of tyrosine and tryptophan residues and (b) disappearance of the absorption band at 699 nm due to breakdown of heme iron - methionine bond >F⋅⋅⋅S(Met80). In hydrophobic solvent Cyt-CL exhibited quasi-lipoperoxidase and lipoxygenase activity as was shown in kinetic measurements of
chemiluminescence enhanced by coumarin C-525, a selective sensitizer of chemiluminescence, associated with reactions of lipid peroxyl radicals.

Our data in this model system do not contradict the hypothesis (Vladimirov, Y.A. et al. Biochemistry (Mosc) 78, 1086-1097) that nanospheres of Cyt-CL complex, embedded into the lipid phase of mitochondrial membrane, catalyze lipid peroxidation, thereby initiating apoptosis.

Keywords
Cytochrome c; cardiolipin; dynamic light scattering; chemiluminescence

Abbreviations
Cytochrome c (CytC), cardiolipin (CL), 1,1',2,2'-tetraoleylcardiolipin (TOCL), cardiolipin from bovine heart (BCL), complex of cytochrome c with cardiolipin (Cyt-CL), small-angle X-ray scattering (SAXS), dynamic light scattering (DLS)

1. Introduction
1.1. The biological function of the complex of CytC with CL

Over the past decade, the biological role of the complex of CytC with CL formed in the lipid membranes of mitochondria has attracted significant interest from biologists and chemists. This, for instance, is indicated in the leading research performed in the laboratory of V.E. Kagan at the University of Pittsburgh (Kagan et al., 2009a; Kagan et al., 2004; Kagan et al., 2005; Tyurina et al., 2014). The role of the complex is associated with initiation of apoptosis (Kagan et al., 2009a; Kagan et al., 2004), which is an indispensable process for development, aging and death of living organisms. On the other hand, together with the well-known cytosolic enzymes such as cyclooxygenases and lipoxygenases, the Cyt-CL complex is directly involved into biosynthesis of extremely important metabolic regulators – lipid mediators (Tyurina et al., 2014).

The protein-lipid complex of CytC with CL has recently been the subject of a large number of studies, since the formation of the complex plays a key role in triggering the cascade of reactions in the cell leading to its programmed death, apoptosis (Kagan et al., 2004; Kagan et al., 2005). This main function of Cyt-CL is realized in the lipid bilayer of the mitochondrial membrane. It is accompanied by oxidation of unsaturated fatty acid residues of phospholipids including, in the first place, CL. Eventually, Cyt-CL can reach the site of convergence of the outer and inner mitochondrial membranes, where lipid peroxidation damages the VDAC (Voltage Dependent Anion Channel)-ANT (adenine nucleotide translocase) complex. This in turn leads to reduction of the barrier property of the internal membrane, swelling of the matrix, appearance of large pores in the outer membrane, and finally to the release of CytC into cytoplasm that leads to launching of the apoptotic cascade (Skulachev, 1998). While, up to now the structure of the complex and the mechanism of its function are not well understood. Most of researchers support the hypothesis of membrane-bound CytC (Brown and Wuthrich, 1977) and the review (Kagan et al., 2009b). According to this hypothesis, CytC is attached to the surface of the lipid bilayer that results in changing the protein conformation (Brown and Wuthrich, 1977; Kobayashi et al., 2016; Rytoma and Kinnunen, 1995; Snider et al., 2013; Spooner and Watts, 1991a, b) (Vladimirov et al., 2013b).
1.2. Cytochrome $c$ forms with cardiolipin a complex in the form of nanospheres (Cyt-CL)

In our previous communication, the we showed that the complex of CytC with 1,1',2,2'-tetraoleylcardiolipin (TOCL), prepared by mixing a concentrated solution of cytochrome $c$ and TOCL dissolved in small volume of methanol, is poorly soluble in water and precipitates (Vladimirov et al., 2013a; Vladimirov et al., 2011). The SAXS study of the sediment has demonstrated that the complex of CytC with TOCL consists of microcrystals showing interplanar reflection distances of 8.0 and 11.1 nm (Proskurnina et al., 2013; Shtykova et al., 2013; Vladimirov et al., 2013a; Vladimirov et al., 2011). The spectrophotometric determination of Cyt-CL concentration changes in the supernatant, upon the addition of a given amount of the cardiolipin, showed that the stoichiometric ratio CL/CytC is constant within a wide range of Cyt-CL concentrations and was about 35/1 at pH 7. These data allowed to assume that the complex Cyt-CL is a nanosphere of approximately 11.2 nm in diameter, formed by one CytC molecule and a monolayer of CL surrounding this molecule (Vladimirov et al., 2011). At low pH (3.5-5.5) the protein to lipid ratio in Cyt-CL was found to be essentially lower (11-12) than that at neutral medium and that the size of cells in the microcrystals can be equal to 11.1±1.0 nm and/or 8.0±0.7 nm; with the contribution of these two structures depending on pH (Proskurnina et al., 2013; Shtykova et al., 2013; Vladimirov et al., 2013).

1.3. Partial unfolding of CytC in Cyt-CL nanoparticles

Some reports support the hypothesis that the structure of CytC in the Cyt-CL complex differs from that of native CytC (Vladimirov et al., 2013b). The work (Choi and Swanson, 1995) reports an influence of bovine cardiolipin and dioleoylphosphatidylglycerol on the structure of CytC at the protein:lipid ratio of 1:100. The number of alpha helices decreased by 10 and 5% and the number of beta-structures increased by 15 and 5% in the presence of bovine cardiolipin and dioleoylphosphatidylglycerol, respectively. Other authors have shown that the interaction of CytC with CL-containing phospholipid membrane results in partial unfolding of the protein and dissociation of the Met80 from the heme. (Belikova et al., 2006; Kapralov et al., 2007; Mandal et al., 2015; O'Brien et al., 2015; Patriarca et al., 2009; Sinibaldi et al., 2008). A partial unfolding of the CytC macromolecule was supposed to occur also in the nanospheres of Cyt-CL sediment (Vladimirov et al., 2011). Considering the fact that the diameter of the nanosphere is 11.2 nm and the thickness of two layers of TOCL is approximately 5.6 nm, the size of the CytC globule should be estimated as approximately 5.6 nm, which significantly exceeds the size of the globule of native CytC (3.5 nm × 3.9 nm, as found in the protein database for the structure of PDB IP 3NBS and our SAXS results (Vladimirov et al., 2011)). This means that the formation of the Cyt-CL complex leads to a remarkable increase in the dimensions of the CytC molecule inducing its partial melting.

The increase in size of the CytC molecule in the complex with CL is confirmed by analysis of fluorescence of the complex. The addition of CytC to CL leads to appearance of fluorescence of the tyrosine (Tyr) and tryptophan (Trp) residues, which is not observed in native cytochrome (Belikova et al., 2006; Kapralov et al., 2011) due to energy transfer from Tyr or Trp to the heme located nearby. The appearance of fluorescence is caused by an increase in the distance of the residues of Tyr and Trp from the heme due to partial melting of the CytC globule.
1.4. Peroxidase activity of Cyt-CL

In previous studies, we showed that formation of Cyt-CL complex in water leads to the rupture of iron-sulfur bond between heme iron and methionine Met-80 (Belikova et al., 2006; Vladimirov et al., 2011). This bond is absent in other hemoproteins, which have peroxidase activity. The native CytC has this bond that prevents binding of the heme with H_2O_2 and therefore the native CytC does not possess the peroxidase activity. It is important to note that this bond has a characteristic absorption peak in the region of 700 nm, which makes it possible to probe the presence of the bond spectrophotometrically. It was shown that when Cyt-CL complex is formed, the structure of an active center of CytC changes, which allows H_2O_2 to penetrate the CytC active site (Vladimirov et al., 2006b) and, as a result, facilitates the appearance of peroxidase activity (Belikova et al., 2006). Studying the rupture of iron-methionine bonds in CytC by monitoring its absorption at 700 nm has revealed a correlation between the extent of the bond breakage and the level of peroxidase activity (Vladimirov et al., 2006c).

The hydrophobic nanoparticles of Cyt-CL perform lipid peroxidation in mitochondrial membranes, most likely directly in the interior of the inner membrane being embedded between the two lipid monolayers forming the lipid bilayer (Vladimirov et al., 2013b). Recently, we have demonstrated that the Cyt-CL complex can be formed in non-polar solvents such as chloroform and hexane (Vikulina et al., 2015) and the complex can catalyze formation of lipid radicals in both quasi-lipoxygenase and lipoperoxidase reactions (Vladimirov et al., 2017).

1.5. The purpose of this study

Self-assembly of Cyt-CL nanoparticles in non-polar environment presents an easy and elegant approach for the mimics of Cyt-CL embedded into the membrane by surrounding of CytC-CL complex by lipophilic phase, e.g. straight-chained saturated hydrocarbons. However, to the best of our knowledge, there is no literature on the structure of the Cyt-CL complex in non-polar environment. The structure of Cyt-CL complex in non-polar environment cannot be deduced from crystal phase and direct evidence of the complexation and analyses would shed light on the complex structure and its vital role in apoptosis. Therefore, the purpose of this study was to investigate the structure of the Cyt-CL complex in non-polar environment through analysis of the size, absorbance, and fluorescence of the complex and to probe its enzymatic activity by chemiluminescent reaction of lipid peroxidation.

2. Materials and methods

2.1. Materials

1,1’2,2’-tetraoleoyl-cardiolipin and cardiolipin from bovine heart (BCL) were purchased from Avanti Polar Lipids, USA, cytochrome c from horse heart, chloroform (≥99%), methanol (99.8%) and n-hexane (≥99%) were purchased from Sigma, USA. 2,3,5,6-IH,4H-Tetrahydro-9-(2’-benzooxazolyl)-quinolizin-(9,9a,l-gh)coumarin C-525 was purchased from Radiant Dyes Laser Accessories GmbH (Wermelskirchen, Germany). The water used in all experiments was prepared via a Millipore Milli-Q purification system (France) and had a resistivity higher than 18 MΩ*cm.
2.2. Methods

2.2.1. Preparation of Cyt-CL complex in non-polar environment

Cyt-CL complex was prepared based on the Folch method of lipid extraction (Folch et al., 1957) according to the protocol described in (Vikulina et al., 2015) with slight modifications. First, 260 μM of aqueous-methanol solution (4:1 v/v) of CytC was mixed with 13.5 mM methanol solution of TOCL in order to obtain aqueous-methanol (1:1 v/v) complex of CytC with TOCL in a molar ratio of 1:30. At this ratio CL is in excess to CytC that facilitates the redistribution of Cyt-CL from water-methanol to chloroform phase. (The stoichiometry CL/CytC at pH 7.0-7.4 is 35-60, depending on pH (Vladimirov et al., 2013a; Vladimirov et al., 2011) and for this reason the enzymatic activity was measured in this work at CL/CytC ratio of 50:1). Then, chloroform was added to the aqueous-methanol Cyt-CL complex to reach a volume ratio of 2:1:1 chloroform:water:methanol. The mixture was intensively stirred by vortexing for 2 minutes. After the spontaneous phase separation, the lower (chloroform-methanol) fraction containing the extracted Cyt-CL complex was carefully taken up with the Pasteur pipette, stored at room temperature and analyzed. Chloroform-methanol mixture is supposed to extract all lipids (Folch et al., 1957). So, we can assume, that there is no Cyt-CL in the upper phase, but between the two phases there is a precipitate, to which 40% of Cyt-CL should belong, as in the lower phase we have detected 60% of the initial CytC amount (measured by absorbency).

2.2.2. Dynamic light scattering (DLS)

Measurements were made with a Zetasizer Nano ZS (Malvern, UK) in a quartz cuvette. A number of consecutive measurements are being made in one sample, one after another, with an interval of approximately 3 minutes between successive measurements starts. The result of a typical measurement (Number PSD - the distribution of particle sizes by the proportion (percentage) of particles of the specified size from the total number of particles in the sample) is shown in Fig. 1. (See details in “Results”). Light scattered by the sample was detected at an angle of 173° with laser source operating at a wavelength of 633 nm. To remove large particles that can interfere with the analysis, the samples were centrifuged during 20 minutes at 14000 g prior to the measurements. The analysis of the particle size data has been carried out using original Malvern Zetasizer Software. The initial signal received on the device is the intensity of light scattered by particles in the solution, recorded in time. The velocity of the particles in the solution depends on the particle size in accordance with the Stokes law. To estimate the particle size, the instrument sequentially shifts the obtained intensity-time curve by a certain Δt, and calculates the correlation coefficient between a curve with a given Δt and the original curve. As a result, we obtain a correlogram on which the correlation coefficient is plotted against Δt. From Δt, at which the correlation coefficient begins to decrease sharply, the software allows to calculate the distribution of the number of particles in the solution according to their size, based on the intensity of light scattered by the particles. Such a distribution gives a slightly overestimated mean particle size, since larger particles scatter more light (the intensity of scattered light is proportional to the sixth power of the particle diameter). Using Mie's theory, the software can build a Number PSD - the distribution of the number of particles along
their diameter. In this case, the resulting average particle size determines their dimensions more accurately (Stetefeld et al., 2016).

The following values of the refractive indices at 633 nm for solvents were used for these calculations: water - 1.3317 (Hale and Querry, 1973), methanol – 1.326 (El-Kashef, 2000), chloroform – 1.442 (Kedenburg et al., 2012).

The refractive indices for water-methanol and chloroform-methanol medium were calculated from the equation:

$$\frac{n^2 - 1}{n^2 + 2} = \frac{n_1^2 - 1}{n_1^2 + 2} \phi_1 + \frac{n_2^2 - 1}{n_2^2 + 2} \phi_2$$

Where $\phi_i$ is the volume fraction of the component, $n$ is the refractive index of the mixture, and $n_i$ is the refractive index of the mixture component (Narendra et al., 2011).

The refractive indices of the two-component media used in the present study were: water-methanol (4:1 v/v) -1.3306, water-methanol (1:1 v/v) -1.3288, chloroform-methanol (86:14 v/v – according to (Folch et al., 1957)) - 1.4256.

In addition, the following values of the refractive indices of the analyzed particles were used: CytC - 1.34 (Lee et al., 2002), Cyt-CL complex – 1.46 (refractive index of lipid bilayer (Maniti et al., 2011)). The absorption of at a wavelength of 633 nm CytC and TOCL can be neglected.

The following values of the dynamic viscosity of solvents were used: water - 0.89 mPa sec (Kestin et al., 1978), water-methanol (4:1 v/v) – 1.23 mPa sec, water-methanol (1:1 v/v) – 1.61 mPa sec (Yilmaz, 2002). For the chloroform-methanol mixture (86:14 v/v), the dynamic viscosity value used was 0.696 mPa sec. A change in temperature from 303K to 298K corresponds to a change in the viscosity of this mixture from 0.6315 (Crabtree and O'Brien 1991) to 0.663 mPa sec (Kadam, et al. 2006). That is, when the temperature drops by 5 degrees, the viscosity increases by 5%. Thus, the extrapolated viscosity at 293 K will be 0.696 mPa sec.

### 2.2.3. Spectrophotometric analysis of conformational changes in CytC

Spectrophotometric measurements were carried out on a Specord 200 (Analytik Jena, Germany) using quartz cuvettes with an optical path length of 1.00 cm. The spectra were recorded from the total volume of 3 ml in a range of 650-750 nm.

The spectra of 200 μM CytC in aqueous and aqueous-methanol solutions with varied volume ratio were measured. The characteristic peak of iron-sulfur bonds in the heme of CytC was observed at a wavelength of 699 nm. The background spectrum was subtracted from the spectrum of CytC as it is shown in Fig. 6A according to the following equation:

$$A_{Fe-S} = A_{699} - (A_{670} + A_{728})/2$$

It is based on the fact that the wavelength of the peak absorption of iron-sulfur bonds of 699 nm is exactly in the middle between the wavelengths of 670 nm and 728 nm. The series of consecutive spectra of Cyt-CL complex in different media was taken as following. First, the spectrum of 200 μM aqueous solution of CytC was recorded. Then, 280 μl of methanol and 70 μl of 50 mM TOCL were consequently added to 350 μl of 200 μM aqueous solution of CytC. The mixture was stirred by the vortexing with TTS2 (IKA Werke, Germany) at 1200 rpm for 1 min after addition of each component. 50 μl of the mixture was taken (for spectral analyses). 650 μl of
chloroform was added to the remaining solution following vortexing at 1400 rpm for 3 minutes and centrifugation at 11700 g for 2 min. Finally, 500 μl of the lower fraction was taken up with the Pasteur pipette for spectrophotometric analysis.

2.2.4. Analysis of Trp and Tyr fluorescence in CytC

The measurements of absorbance were carried out using spectrofluorimeter RF-5421 PC (Shimadzu, Japan) in quartz cuvettes with an optical path length of 5.0 mm in a volume of the analyzed solution of 400 μl. 20 μM CytC was diluted twice either with water or with methanol and the fluorescence at the excitation wavelength of 289 nm in the range of 300-400 nm region was recorded. The Raman scattering of water appeared in the spectra was subtracted. The fluorescence of Cyt-CL complex in a non-polar environment was measured in either chloroform-methanol mixture or n-hexane. It was found that chloroform because of its absorbency in UV is inappropriate for fluorescence measurement in UV region, and we gently evaporated the methanol-chloroform solution of Cyt-CL in a stream of nitrogen until wet pellet was obtained and re-dissolved the sample in 400 μl of n-hexane.

2.2.5. Chemiluminescence assay of Cyt-CL enzymatic activity

For chemiluminescence analysis, Cyt-CL complex in chloroform-methanol media was prepared according to the following procedure. 100 μl of 8.3 mM TOCL in methanol was mixed with 233 μl of 1.5 mM aqueous CytC and 157 μl of methanol (TOCL:CytC molar ratio is 2.37:1, water:methanol ratio is 10:11 by volume). Then, 490 μl of chloroform was added and the obtained mixture was vortexed and centrifuged at 1350 g for 15 min. Chloroform-methanol fraction containing the extracted Cyt-CL complex was taken up with the Pasteur pipette for the analysis.

Chemiluminescence was measured using Lum-5773 luminometer (DiSoft, Russia) operated with the software PowerGraph (developed by Izmailov D, MSU). Quasi-lipoxygenase activity of Cyt-CL complex was measured as follows. Background chemiluminescence of 21 μl of 3.6 mM BCL (final concentration 150 μM) in methanol in the glass cuvette was registered for 30 sec, then the mixture of 13 μl of 1 mM C-525 (in methanol, final concentration 25 μM), 35 μl of Cyt-CL complex in chloroform-methanol (prepared as described above) and 426 μl of methanol was injected by syringe during continuous measurement of the chemiluminescence. The chemiluminescence kinetics of quasi-lipoxygenase process was recorded for 15 min. To register the kinetics of lipoperoxidase reaction, the mixture of reagents from the first cuvette was injected by syringe to 5 μL of 9 mM hydrogen peroxide (90 μM final concentration) during continuous measurement of the chemiluminescence.

3. Results

3.1. Size distribution of Cyt-CL nanoparticles

3.1.1. CytC in aqueous solution

To check the possibility of determination of the mean size of approximately spherical nanoparticles of small size by using DLS method, we determined the mean hydrodynamic diameter of CytC in water solution (Fig. 1). It was found to be 3.6 ± 1.0 nm, which is close to the size of CytC in protein crystals or in aqueous solutions measured by X-ray diffraction or small-angle scattering methods.
(Vladimirov et al., 2011). As expected, the mean diameter of particles which was measured subsequently many times (Inset in Fig. 1) varied insignificantly that is typical for uniform particles like protein molecules.

![Figure 1. Size distribution by number of CytC in aqueous solution obtained by DLS measurements. The modal value for particle diameter (nm) is shown by vertical dashed line. CytC concentration is 325 μM. Inset: Mean diameter of particles measured subsequently in the sample.](image)

But we saw a completely different picture when we measured the chloroform-methanol solution of the Cyt-CL complex (Fig. 2).

### 3.1.2. Cyt-CL in non-polar environment

We used Cyt-CL particles assembled from CytC and TOCL (1:30 mole/mole) in aqueous-methanol solution and then partitioned to chloroform, and find out that the mean diameter is $10.9 \pm 0.9$ nm that is virtually equal to the diameter of Cyt-CL nanoparticles in Cyt-CL microcrystals $11 \pm 1$ nm (Vladimirov et al., 2011). Unlike the CytC in aqueous solution, subsequently measured mean diameter of particles shows a strong fluctuation (Fig. 2, inset) that may be a result of variations of particles’ size due to binding of different number of CL molecules on CytC surface of each given particle.
Figure 2. Size distribution by number of Cyt-CL in chloroform-methanol solution obtained by DLS measurements. The modal value for particle diameter (nm) is shown by vertical dashed line. Inset: Mean diameter of particles measured subsequently in the sample.

Despite the limited ability of the DLS method to estimate particle sizes of different particles in the mixture, we still attempted to determine the Cyt-CL particles’ size distribution using a histogram (Fig. 3A), where the number of particles lying in a certain size range (1.5 nm in Fig. 3A) was plotted as a function of the average particle size in each range of diameters. Three dominant sizes could be revealed 4.0 - 5.5, 7.0 - 8.5, and 11.5 - 13.0 nm (Groups 1 – 3). The number of measurements showing these parameters was, correspondingly, 4, 5 and 8 (Fig. 3A). Fig. 3B shows the distribution of mean sizes of Cyt-CL inside these small-sample groups. The average size of the particles within the groups 1, 2, and 3 has been calculated to be 4.7 ± 0.7, 7.8 ± 1.0, and 12.1 ± 1.4 nm, respectively.
Figure 3. Distribution of mean particle sizes as a function of a number DLS measurements for Cyt-CL complex assembled in non-polar environment (methanol-chloroform mixture) at CytC and CL concentrations in water-methanol solution of 162.5 μM and 5 mM, respectively.

If the distribution of the nanoparticles by sizes really involves grouping around three dominant diameters, it is tempting to compare these data with those obtained by the SAXS method. It is striking that the particle sizes coincide in these two systems: 7.8 ± 1.0 in Fig. 3B versus 8.0±0.7 nm in microcrystal sediment (Vladimirov et al., 2013a) and 12.1 ± 1.4 in Fig. 3B versus 11.1±1.0 nm in microcrystals (Vladimirov et al., 2011). The compared pairs of values are the same within the measurement error. The nature of the smallest particles of Cyt-CL in the chloroform solution is now a matter of speculations (See Discussion for more detail).

Before transferring the complex of Cyt-CL to the hydrophobic phase, we mixed the aqueous solution of cytochrome c with the cardiolipin solution in methanol (see Section 2.2.1). We measured the particle size of the complex formed in this mixture, i.e. complex Cyt-CL in 50% methanol (Fig. 4, blue line). We also measured a solution of the cardiolipin alone in 50% methanol (Figure 4, red line) and a solution of cardiolipin in the chloroform-methanol hydrophobic phase after phase separation in a system containing cardiolipin but not containing cytochrome (Figure 4, black line).

Figure 4. Distribution of mean particle sizes as a function of a number DLS measurements. Left peak (black) - TOCL molecules in chloroform-methanol phase after phase separation of water-methanol-chloroform mixture containing CL without CytC. Right peaks – nanoparticles in water-methanol solution before adding chloroform. Blue – CytC + CL, Red – CL alone. CytC and CL concentrations are 162.5 μM and 6.75 mM, respectively.
As expected, CL in hydrophobic solvent showed uniform particles of 0.7 ± 0.1 nm in diameter, which individual molecules may have (Fig. 4, black line). In 50% methanol, CL behave as rather uniform particles of 83.7 ± 9.8 nm, which corresponds to a very small unilamellar liposomes of maximal possible membrane curvature and minimal possible size (Fig. 4, red line). Notably, that Cyt-CL complex in 50% methanol had practically the same size 71.3 ± 11.6 nm. Unfortunately, due to peculiarity of the method (the light scattering depends on 6 power of the diameter), we cannot distinguish two cases: (1) cytochrome c is not associated with cardiolipin under these conditions, or (2) cytochrome c binds to liposome membranes without causing a significant change in their size.

3.2. Conformation of CytC in the complex of Cyt-CL in a non-polar environment

As mentioned above, CytC does not possess significant fluorescence in an aqueous solution, but if the protein globule is partially melted, the fluorescence of Tyr and Trp residues appears (Belikova et al., 2006; Kapralov et al., 2011). Figure 5A presents the fluorescence spectra of Cyt-CL in n-hexane at different excitation wavelengths. Under excitation by UV at 268 and 275 nm, the fluorescence of both Tyr residues (maximum at 307 - 310 nm) and Trp residues (the maximum at 330 nm) has been registered. At longer excitation wavelengths (282 and 289 nm) one can see mainly the fluorescence of Trp residues, with the maximum at 330 nm and two shoulders at about 315 and 340 nm (Fig. 5A). This is typical for indole ring fluorescence in hydrophobic environment (Konev, 1967). Unfortunately, we failed to convert cytochrome c from the aqueous solution to heptane and measure its fluorescence for comparison with the fluorescence of the Cyt-CL complex, but we compared our spectra with the fluorescence spectra of tyrosine and tryptophan residues derived from data (Kapralov et al., 2011) (dashed lines in Figure 5A). The maximum of tryptophan in the complex lies in the same region as in our conditions, but does not have a pronounced vibrational structure.

![Fluorescence spectra of Cyt-CL complex in hexane at different excitation wavelengths.](image)

![Absorption spectra of Cyt-C and Cyt-CL complex in hexane.](image)
As it can be concluded from Fig. 5B, melting of the CytC globule in the Cyt-CL complex formed in methanol-chloroform (1:1 v/v) medium is accompanied by the disappearance of the absorption band (at 699 nm) of the >Fe ∙∙S(Met80) coordination bond. Thus, the conformation of CytC in the complex changes and the complex may acquires enzymatic activity of quasi-lipoxygenase and lipoperoxidase (Vladimirov et al., 2017).

3.3. Effect of methanol on the conformation of CytC

In the previous section, we used two criteria to judge the unfolding of the cytochrome c protein globule in Cyt-CL: the disappearance of the absorption band at 699 nm and the appearance of fluorescence of tyrosine and tryptophan residues. These criteria had been used by other authors in model experiments with CytC dissolved in methanol (and other alcohols) mixed with water (Wei and Danielson, 2011) (Jain et al., 2013). They found that the protein unfolding, determined by a number of methods, occurs in increased concentrations of CytC from 45 to 60 % v/v (Jain et al., 2013) or from 40 to 70% v/v (Wei and Danielson, 2011), accompanied with the increase of fluorescence excited by 280 nm and emitted at 320-400 nm (Jain et al., 2013) or at 340 nm (Wei and Danielson, 2011). Only fluorescence intensities are shown in the cited papers, rather than fluorescence spectra, and light absorbency of >Fe ∙∙S(Met80) coordination bond (695-700 nm) that is broken in unfolded state of CytC had also not been measured. On our experiments we compared the data obtained from CytC in water/methanol mixtures with those of Cyt-CL dissolved in hydrophobic solvents by using spectrofluorometry and spectrophotometry at approximately equal concentrations of CytC, temperatures, and other conditions.

Figure 6. (A) - Absorbance spectrum of CytC in water solution. (B) - The absorption of 200 μM CytC solution at 699 nm plotted as a function of the methanol volume fraction in the mixture.

Figure 6B shows the effect of the volume fraction of methanol in water-methanol mixture on the absorption of CytC at 699 nm. This wavelength which corresponds to the maximum of absorption of the non heme iron/sulfur coordination bond >Fe ∙∙S(Met80), estimated as shown in Fig. 6A. At the same time, the volume of the protein globule in 50% aqueous-methanol solution increases as evidenced by the appearance of fluorescence of Trp residues (Fig. 7A). It is of note that the maximum of fluorescence lies here not at 330 nm (as in solutions of most Trp-containing proteins and for Cyt-CL in hydrophobic environment, Fig. 5A) but closer to 350 nm, which is typical for aqueous environment of Trp (Burshtein et al., 1966; Vladimirov and Zimina, 1965).
Figure 7. Fluorescence spectra of CytC in water-methanol solutions. A. Trp residue fluorescence. 10 µM CytC in water (1) and water-methanol solution, 50% v/v (2). Excitation wavelength is 289 nm. The peak in (2) at about 350 nm corresponds to fluorescence of Trp residue. B. Tyr residue fluorescence. 10 µM CytC in water-methanol solutions with different methanol/water volume ratio: (1) 0%, (2) 20%, (3) 30%, (4) 40%, (5) 50% v/v. Excitation wavelength is 268 nm. The peak at about 307 nm corresponds to fluorescence of Tyr residue.

Fig. 7B shows that Tyr residue fluorescence, virtually absent in water (Curve 1) increases with growing concentration of methanol. This implies unfolding of the protein and increase the distance between Tyrs and heme, as well as in case of Try residue (Fig. 7A).

3.4. Enzymatic activity of Cyt-CL in non-polar environment

The oxidation of lipids in the mitochondrial membrane is mediated by the reactions of lipid radicals L• and LOO• which are formed by the complex of CytC with anionic lipids, predominantly with mitochondrial CL. The interaction of two LOO• radicals is accompanied by chemiluminescence (Vladimirov, 1996) which can be detected in the presence of physical enhancer coumarin (C-525) (Vladimirov et al., 1995) and thus can be a measure of the enzymatic activity of the Cyt-CL complex. The lipoperoxyl radicals can be formed by two different reactions: i) radical decomposition of preformed lipid hydroperoxides (LOOH), is known as quasi-lipoxygenase reaction and ii) the peroxidation of lipids in the presence of oxidants (e.g. H₂O₂) – lipoperoxidase reaction. Cyt-CL complex has both quasi-lipoxygenase and lipoperoxidase activity in aqueous media (Vladimirov et al., 2017). In this study, enzymatic activity of Cyt-CL complex in the non-polar environment has been investigated.

The naturally occurring BCL is composed mainly from unsaturated tetra-linoleoyl cardiolipin which is prone to oxidation, in this study it was used with a dual purpose: as a source of preformed lipid hydroperoxides (LOOH) for quasi-lipoxygenase reaction and as a oxidisable substrate for lipoperoxidase reaction.
Figure 8. (A) - Lipoxygenase activity of Cyt-CL in chloroform-methanol medium. Time phase 1 (0-1.2 min) corresponds to BCL (1) or methanol (2) placed into a cuvette. Phase 2 (1.2-9 min) corresponds to addition of Cyt-CL and C-525 in chloroform-methanol medium. Resulting concentrations at the start of the lypoxygenase reaction (at 1.2 min): CytC - 5µM (estimated by spectrophotometry), BCL - 150 µM, C-525 - 25 µM. (B) - Lypoperoxidase activity of Cyt-CL in chloroform-methanol medium. Phase 1 (0-1.2 min) corresponds to addition of H2O2 (3) or methanol (4) in a cuvette. Phase 2 (1.2-9 min) - addition of the solution from the probe in A. Resulting concentration of H2O2 at the start of the reaction - 90 µM.

Fig. 8A represents chemiluminescence kinetics of the quasi-lipoxygenase process induced by the addition of Cyt-CL complex in chloroform-methanol media to BCL in the presence of coumarin C-525 (curve 1). The addition of the complex to methanol instead of BCL did not show any chemiluminescence (Fig. 8A, 2), the exclusion of other components of Cyt-CL system (coumarin or CytC) lowered the chemiluminescence signal to the background level (data not shown).

When preformed in BCL lipid hydroperoxides were completely decomposed, hydrogen peroxide was added to the same probe. This induced the formation of a new portion of lipid radicals which has been accompanied by a rise of chemiluminescence (Fig. 8B, 3). In this reaction, lipoperoxyl radicals (LOO•) are formed by the oxidation of lipid molecules (LH) by H2O2 in the presence of Cyt-CL which acts as a lypoperoxidase. In the absence of H2O2 the lypoperoxidase process does not take place (Fig. 8B, 4).

4. Discussion

4.1. Cyt-CL complex feature in a hydrophobic solvent

We showed earlier in the SAXS study of the sediment of the CytC complex with TOCL that the complex had a microcrystalline structure with interplanar reflection distances of 8.0 and 11.1 nm (Proskurnina et al., 2013; Shtykova et al., 2013; Vladimirov et al., 2013a; Vladimirov et al., 2011). This allowed us to assume that the complex formed in nature is a nanosphere of approximately the same diameter, consisting of a CytC molecule and a monolayer of CL surrounding this molecule.

In the present paper we showed (Fig. 3) that in a hydrophobic solvent the Cyt-CL complex presents as two main groups with characteristic mean diameters of 7.8 ± 1.0 and 12.1 ± 1.4 nm (Fig. 3). In addition, the minor fractions of the particles of smaller (4.7 ± 0.7 nm) and larger sizes (above 16 nm) have also been registered. This is schematically summarized in Fig. 9A.
Figure 9. Schematics showing hypothesized structure of Cyt-CL complex self-assembled in non-polar solvent (A) and in the lipid bilayer of mitochondrial membrane (B). A - Average sizes of nanospheres of CytC and the Cyt-CL complex have been obtained by DLS in this work (Fig. 1 and 2). Red and orange circles are CytC molecules in a native (compact) and unfolded (melted) conformation, respectively. Violet circle is a partially unfolded CytC with hydrophobic groups on its surface. Blue circles are lipid layers of CL molecules surrounding CytC. B - The hypothesis of the incorporation of Cyt-CL nanosphere into the lipid bilayer of mitochondrial membrane first proposed in (Vladimirov et al., 2013b), the sketch is adopted from (Marchenkova et al., 2015). The diameter of CytC core inside the complex (5.6 nm) was calculated from SAXS data obtained using microcrystalline precipitate of Cyt-CL. A thin blue border around the light brown core (B, bottom right) is the polar surface of the molten globule of CytC.

It is very important that the diameters of two major groups of particles (12.1 ± 1.4 nm and 7.8 ± 1.0 nm) is rather close to 11.2 nm obtained in microcrystalline sediment of Cyt-CL (Vladimirov et al., 2011) and 11.1 ± 1.0 nm and 8.0 ± 0.7 nm obtained in our more recent experiments with Cyt-CL sediments (Shtykova et al., 2013; Vladimirov et al., 2013a). The cardiolipin-to-cytochrome c ratio evaluated by centrifugation and spectrophotometry was found to be constant at each given situation (Vladimirov et al., 2011), the lipid to protein molar ratio being different at different pH: 13±4 at pH 3.5 - 5.7 and 59±7 at pH 7.4 (Vladimirov et al., 2013b). Apparently, two major fractions of nanoparticles observed by DLS in this work are different in size because of different number of cardiolipin molecules in the lipid monolayer covering the protein globule. It is easy to calculate the approximate volume of the lipid monolayer (V_L) in a nanosphere with the diameter 8 nm or 12 nm, if the radius of the protein globule inside the nanosphere is 5.6 nm. The calculated ratio of V_L(12)/V_L(8) = 4.62. The ratio of the number of lipid molecules (n) in the Cyt-CL particles of these two types n(12)/n(8) = 59/13 = 4.54. We may conclude that the difference in the size of two major fractions of Cyt-CL (lipid layer thickness 2.8 and 1.0 nm for larger and smaller particles) depends on the amount of the lipid molecules attached to the cytochrome c surface, rather than on the difference of the protein conformation in the nanospheres.

Interpretation of DLS data for two minor fractions of nanoparticles (4.7 and ≥16 nm in Fig. 3 and Fig. 9A) is not so unambiguous. Probably we may attribute the 4.7 nm particles to CytC with changed conformation and hydrophobic groups exposed on its surface. The data on the conformation of
cytochrome at the water surface ("stratified" CytC) may testify in favor of this assumption (Marchenkova et al., 2015), although some additional data are needed. As for particles of 16 nm or more, we found nothing better than to consider them aggregates of nanoparticles (Fig. 9A, left). These particles may be formed by a different number of nanospheres, and a partial fusion of lipid monolayers may occur on the surface of the complex.

4.2. Cytochrome c conformation in Cyt-CL nanospheres

The data obtained in this work showed that cytochrome c inside the Cyt-CL nanosphere immersed in the hydrophobic solvent has a partially molten conformation (Fig. 5). Earlier data on the Cyt-CL sediments showed that the size of CytC inside nanosphere is essentially larger than that of CytC dissolved in water (Vladimirov et al., 2011), this is also valid for Cyt-CL dissolved in chloroform (Fig. 1 - 3) so showing the molten state of the CytC globule. In the presence of cardiolipin-containing liposomes, CytC acquires the ability to fluoresce in the ultraviolet region of the spectrum due to the residues of tyrosine and tryptophan (Belikova et al., 2006 10; Kapralov et al., 2011). In our work, strong tyrosine and tryptophan fluorescence was observed in Cyt-CL dissolved in hexane (Fig. 5). In both cases, the data indicate an increase of the distance between Tyr and Trp residues and heme, the energy acceptor, which in native cytochrome c is less than the Förster radius for these donor-acceptor pairs. Fig. 5 shows that the fluorescence belongs to tryptophan only under excitation at 289 nm, since tyrosine does not absorb at this wavelength (Fig.5A), while tyrosine fluorescence maximum at 305 nm dominate at the excitation at 265 nm. Note that the tryptophan spectrum shows fine structure and maximum characteristic of indole ring in hydrophobic environment (Konev, 1967; Vladimirov, 1969). At the same time, a weak absorption band of about 700 nm disappears in this object (Fig. 5B), which indicates the disruption of the coordination bond between the heme iron and sulfur atom of the amino acid residue Met80 (Belikova et al., 2006; Vladimirov et al., 2006b). This also supports the conclusion that in Cyt-CL nanoparticles dispersed in hydrophobic medium CytC has molten conformation with >Fe--S(Met80) bonds broken that implies the peroxidase activity of the hemoprotein. And indeed, the Cyt-CL complex was shown to have the pronounced enzymatic activity as quasi-lipoxygenase and lipoperoxidase in chloroform solution (Fig. 8).

Changes in the conformation of cytochrome c within the nanosphere in comparison with the aqueous solution of hemoprotein in all indices (fluorescence of Tyr and Trp residues, absorption at 670 nm) is similar to that of cytochrome c in 50% methanol (compare Figures 5-7). Such a change in the conformation is called partial melting or unfolding (Belikova et al., 2006 10) and it improves the availability of heme for hydrogen peroxide (Vladimirov et al., 2006a 9). Partial unfolding of the protein leads to the appearance of peroxidase activity due to the disruption of the coordination bond between heme iron and sulfur of Met80 (Belikova et al., 2006 10).

As mentioned in the Introduction, the change in CytC conformation after its binding with cardiolipin was mentioned almost by all researches involved. The conformation of the protein in reverse micelles of cardiolipin in hydrophobic environment had not been studied before. A related system, with CytC encased in a reversed micelle suspended in an organic solvent, was studied by NMR recently in Wand’s laboratory (O'Brien et al., 2015). They showed that the encapsulation of oxidized horse cytochrome c in 1-decanoylrac-glycerol/lauryldimethylamine-N-oxide (LDAO)/hexanol reverse micelles prepared in pentane yields NMR spectra essentially identical to the protein in free
aqueous solution. Obviously, the protein was not significantly disturbed by the binding of cardiolipin in the context of the reverse micelle. Apparently, cardiolipin molecules in the lipid shell of nanoparticles was attached more specifically and stronger to the charged groups on protein core than LDAO. The nature of the lipid structure is very essential for is affinity to the CytC (Stepanov et al., 2009).

In the literature, there are diverse interpretations of data about the protein conformation in membrane-bound Cyt-CL. Mandal et al. have found that membrane binding results in CytC gaining the increased peroxidase activity, but they do not observe evidence for large-scale unfolding or penetration into the membrane core (Mandal et al., 2015). In this paper, the increase of peroxidase activity of bound CytC increased only 2 times as compared with CytC without lipid. At higher CL/CytC ratio (25/1 and more) the peroxidase activity of CytC bound to CL-containing liposomes was about 30 times higher than that of CytC alone (Belikova et al., 2006); the protein unfolding was rather strong in this case, as evidenced by tryptophan and tyrosin fluorescence increase (Belikova et al., 2006; Kapralov et al., 2007). Docking studies with linoleic acid, the most common fatty acid component of cardiolipin, show that C11 of linoleic acid can sit adjacent to Tyr67 and the heme, consistent with the oxygenation pattern observed in lipidomics studies (McClelland et al., 2016). By measuring energy transfer from the fluorophore to heme in dancyl (Dns)-labeled variants of horse heart cyt c, a conformational diversity of the CL-bound CytC ensemble with distinct populations of the polypeptide structures that vary in their degree of protein unfolding (Hanske et al., 2012). This and other data (See (Pandiscia and Schweitzer-Stenner, 2015), for example) were interpreted in terms of CytC binding to the outer surface of a lipid bilayer, but they did not consider at all the alternative possibility, the formation of hydrophobic Cyt-CL nanospheres, in which CytC is in a partially unfolded state (Vladimirov et al., 2013a; Vladimirov et al., 2011; Vladimirov et al., 2013b). Meanwhile, de Kruijff and Cullis, in experiments with liposomes composed of cardiolipin showed by 31P-NMR and freeze-fracture techniques that CytC specifically induces the hexagonal H‖ phase and possibly an inverted micelle structure (de Kruijff and Cullis, 1980). They hypothesized that a nanosphere, very similar to that shown in Fig. 9B of this paper, may be formed inside the membrane lipid bilayer in the course of CytC transport across the membrane. In reality, CytC alone cannot penetrate through the lipid bilayer, but it can do so in the complex with cardiolipin, the fact supported for artificial lipid membranes in subsequent publications (Antonov et al., 2014; Bergstrom et al., 2013; Firsov et al., 2015).

4.3. Reactions of free radical formation by Cyt-CL in hydrophobic environment

Unlike other hemoprotein in oxidized form (Fe³⁺), CytC does not catalyze the oxygenation of organic substrates by hydroperoxides. The Cyt-CL complex formed by mixing CytC with cardiolipin by using protocol like that used in this paper (Cardiolipin to CytC ratio was 32) is a rather potent peroxidase (Vladimirov et al., 2009b) and lipoperoxidase (Vladimirov et al., 2009a). The reaction mechanism of the processes may be illustrated by the scheme in Fig. 10.
In peroxidases the reaction cycle involves essentially 3 subsequent reactions (Chance, 1952)

\[
\text{HPR} + \text{ROOH} \rightleftharpoons \text{Complex I, Complex I} + \text{AH} \rightarrow \text{Complex II} + \text{A}
\]

Complex II + AH → HPR + A,

where the hydroperoxide ROOH is the first, and AH – the second substrate of the reaction, while the primary reaction product, denoted as A (Chance, 1952), is in fact a free radical, A'. In experiments where luminol (LumH) is the second substrate, the formation of luminol radical (Lum') is accompanied by chemiluminescence (Cormier and Prichard, 1968) due to a series of consecutive reactions (see review (Vladimirov and Proskurnina, 2009)). Cyt-CL (in concentrations about 10^{-6} M) in water solutions containing luminol shows the chemiluminescence burst upon addition of \( \text{H}_2\text{O}_2 \) or organic hydroperoxides (Belikova et al., 2006; Osipov et al., 2006; Vladimirov et al., 2006c), whereas flavonoid antioxidants inhibit the chemiluminescence at micromolar concentrations (Vladimirov et al., 2006c) probably because of scavenging the luminol radical. These data substantiate the conclusion that the reaction scheme of peroxidase cycle (Fig. 10 upper raw, left) is also valid for Cyt-CL in aqueous medium.
The lipoperoxidation reaction catalyzed by Cyt-CL is of interest for cell biology, pathology (Tyurina et al., 2014) and death (Kagan et al., 2009a; Kagan et al., 2005). We showed earlier that Cyt-CL nanoparticles suspended in buffered water medium produce lipid peroxy radicals upon addition H$_2$O$_2$ (Vladimirov et al., 2009a; Vladimirov et al., 2017) and that antioxidants inhibit the lipoperoxidase reaction (Vladimirov et al., 2017). These data show that the mechanism of lipid peroxidation catalyzed by Cyt-CL is the same as that in “classic peroxidases” (Fig. 8, upper row left and (Furtmuller et al., 2004)).

In the presence of oxygen, the primary product of lipoperoxidase reaction L’ reacts immediately with O$_2$ to form peroxy radical LOO’. This radical is of great interest for the biology and pathology of the cell because initiates chain lipid peroxidation in cytoplasmic and mitochondrial membranes (Vladimirov et al., 1969; Vladimirov and Archakov, 1972; Vladimirov et al., 1980). Due to essential chain length (the ratio of initial radical concentration to the amount of hydroperoxides formed) (Cheremisina et al., 1972) the stoichiometric ratio of the amount of LOOH formed to the consumed H$_2$O$_2$ in mitochondrial membranes can reach one order of magnitude (see also (Shimada and Yasuda, 1977)).

4.4. The hypothesis on the incorporation of the Cyt-CL complex into the mitochondrial membrane lipid bilayer

The data obtained in this work about the sizes and enzymatic activity of Cyt-CL nanoparticles are in a good agreement with the hypothesis that the nanoparticles may exist and perform lipoperoxidase function inside the biological membrane bilayer (Fig. 9B). The hypothesis was first proposed in the review (Vladimirov et al., 2013b) and then discussed in respect to the properties of cardiolipin and CytC monolayers (Marchenkova et al., 2015). Because of the lack of direct evidence, we are still leaving aside the question of a detailed picture of the transformation of the membrane-bound CytC into a nanosphere. But then the main question is whether such a nanosphere can exist in a hydrophobic environment, how large is it, whether it catalyzes lipoperoxidase reactions, and what is the mechanism of these reactions. In the present work, it has been shown that hydrophobic Cyt-CL nanoparticles of size 12.1 ± 0.7 and 7.6 ± 0.7 nm do exist in the hydrophobic environment, that the nanoparticles catalyze the reactions of the lipoperoxidase cycle to form lipoperoxy radicals, with the first substrate being H$_2$O$_2$ or LOOH (Fig. 8), and that the mechanism of reactions of the Cyt-CL complex in the hydrophobic environment, for all indices, does not differ from the mechanism of peroxidase reactions of the cytochrome c complex with cardiolipin and ordinary peroxidases such as horseradish peroxidase. All these results are consistent with the hypothesis of the existence of Cyt-CL nanospheres in biological membranes (Fig. 9). Studies of the action of the Cyt-CL complex on the membrane structures of mitochondria and cells are needed for further development of this concept.

5. Conclusion

This study resulted in establishing the procedure to assemble Cyt-CL complex in non-polar environment for analysis of the complex properties by means of rather simple but powerful methods such as DLS, spectrofluorimetry, and spectrophotometry. First time the self-assembly of the Cyt-CL complex has been studied in non-polar medium (chloroform-methanol medium) mimicking
microenvironment of a lipid membrane. The results obtained corroborate well with those reported for crystals of the complex analyzed by SAXS. We found that the complex formed in non-polar medium represents three populations of nanoparticles of mean diameters 4.7 ± 0.7, 7.8 ± 1.0, and 12.1 ± 1.4 nm. These particles are likely single molecules of partially unfolded CytC (4.7±0.7 nm) and CytC coated with lipid membrane (other two fractions). The CytC conformation in the Cyt-CL complex changes in non-polar environment as evidenced by: i) increase of CytC hydrodynamic diameter, ii) appearance of Tyr and Trp fluorescence (emission at 315 and 330 nm, respectively), and iii) absence of absorption of the Fe ∙∙∙> S (Met80) bond at 699 nm. The change in conformation gives cytochrome the quasi-lipoxygenase and lipoperoxidase activity in non-polar solvent. We believe that these results can further support the hypothesis of integration of Cyt-CL complex into the lipid mitochondrial membrane as a core-shell structure. In addition, the developed approach opens new avenues to study the complexation between CytC and CL in non-polar medium that can help to better understand functions of the complex and its substantial role in apoptosis.

Our result section touches on the studies of free protein and the complex in polar and non-polar environments, and it seems to be difficult to understand how studies under different solvent conditions relate to each other. The answer to this question cannot be done in a general form. (1) Comparing the dimensions of a cytochrome c molecule in an aqueous solution and in a nanoparticle, we showed that these dimensions differ. This is due to the partial unfolding the protein globule in the Cyt-CL nanosphere. (2) When comparing the data on the properties of the complex Cyt-CL microcrystals in the suspension and inside a nonpolar solvent, we found that the results were the same, but particles were less uniform in the second case. This is, however, not surprising, since the environment of each nanosphere in both cases was hydrophobic. (3) In a hydrophobic solvent, Cyt-CL particles proved to be catalytically active due to a change in the conformation of cytochrome c in the complex. In the aqueous solution, the Cyt-CL complex is also catalytically active, but this is because cytochrome c is in the hydrophobic environment of phospholipids, and according to our hypothesis the entire Cyt-CL nanoparticle interacting with the oxidation substrate (the liposomes of polyunsaturated phospholipid) penetrates into the lipid bilayer and thus appears in a hydrophobic environment.

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Graphical abstract