Global patterns of body size evolution are driven by precipitation in legless amphibians Daniel Pincheira-Donoso^{1,6}, Shai Meiri², Manuel Jara³, Miguel Ángel Olalla-Tárraga⁴ & Dave J. Hodgson⁵ ¹MacroBiodiversity Lab, School of Science and Technology, Department of Biosciences, Nottingham Trent University, Nottingham, NG11 8NS, United Kingdom (ORCID ID: 0000-0002-0050-6410) ²Steinhardt Museum of Natural History & School of Zoology, Tel Aviv University, Tel Aviv, 6997801, Israel ³School of Life Sciences, Joseph Banks Laboratories, University of Lincoln, Brayford Campus, Lincoln, LN6 7DL, United Kingdom ⁴Departamento de Biología, Geología, Física y Química Inorgánica, Universidad Rey Juan Carlos, Tulipán s/n, Móstoles, 28933, Madrid, Spain ⁵Centre for Ecology and Conservation, College of Life and Environmental Sciences, University of Exeter, Cornwall Campus, Penryn, TR10 9FE, Cornwall, United Kingdom ⁶Corresponding author: <u>daniel.pincheiradonoso@ntu.ac.uk</u> Running head: Macroecology of body size in caecilians

32 Abstract

Body size shapes ecological interactions across and within species, ultimately influencing the evolution of 33 34 large-scale biodiversity patterns. Therefore, macroecological studies of body size provide a link between 35 spatial variation in selection regimes and the evolution of animal assemblages through space. Multiple 36 hypotheses have been formulated to explain the evolution of spatial gradients of animal body size, 37 predominantly driven by thermal (Bergmann's rule), humidity ('water conservation hypothesis'), and resource 38 constraints ('resource rule', 'seasonality rule') on physiological homeostasis. However, while integrative tests 39 of all four hypotheses combined are needed, the focus of such empirical efforts needs to move beyond the 40 traditional endotherm-ectotherm dichotomy, to instead interrogate the role that variation in lifestyles within 41 major lineages (e.g., Classes) play in creating neglected scenarios of selection via analyses of largely 42 overlooked environment-body size interactions. Here, we test all four rules above using a global database 43 spanning 99% of modern species of an entire Order of legless, predominantly underground-dwelling 44 amphibians (Gymnophiona, or caecilians). We found a consistent effect of increasing precipitation (and 45 resource abundance) on body size reductions (supporting the water conservation hypothesis), while 46 Bergmann's, the seasonality and resource rules are rejected. We argue that subterranean lifestyles minimize 47 the effects of aboveground selection agents, making humidity a dominant selection pressure - aridity 48 promotes larger body sizes that reduce risk of evaporative dehydration, while smaller sizes occur in wetter 49 environments where dehydration constraints are relaxed. We discuss the links between these principles with 50 the physiological constraints that may have influenced the tropically-restricted global radiation of caecilians. 51

Keywords: Bergmann's rule, resource rule, seasonality rule, water conservation hypothesis, body size,
 caecilians, Gymnophiona

55 Introduction

56 The evolution of predictable geographic patterns of trait distribution across animal species is one of the most 57 intriguing features of biodiversity (Gaston & Blackburn, 2000). Variation in fecundity, longevity, metabolic 58 rates, and diversification are shaped by spatial gradients in natural selection (Brown et al., 2004; Scharf et al., 2015; Pincheira-Donoso & Hunt, 2017; Schluter & Pennell, 2017). Importantly, the dependence of these 59 60 traits on environmental factors is intrinsically influenced by body size, which varies through space (Peters, 61 1983; Smith & Lyons, 2013). Therefore, understanding the role of environment-body size relationships in the evolution of biodiversity patterns is a primary ambition in macroecology (Gaston et al., 2008). For nearly two 62 63 centuries, a range of 'ecogeographic rules' have aimed to elucidate the drivers behind geographic patterns of 64 body size evolution. The leading rule, Bergmann's rule – increases in body sizes toward colder climates as 65 greater body mass, relative to surface area, reduces heat loss (Bergmann, 1847) - has set the theoretical 66 benchmark for research on large-scale patterns of animal size (James, 1970; Blackburn et al., 1999; Meiri & 67 Dayan, 2003). However, evidence from across the animal kingdom reveals that Bergmann's rule tends to 68 hold in endotherms (Freckleton et al., 2003; Meiri & Dayan, 2003; de Queiroz & Ashton, 2004; Olson et al., 69 2009; but see Riemer et al., 2018), while its validity is inconsistent in ectotherms (Ashton & Feldman, 2003; 70 Olalla-Tarraga et al., 2006; Olalla-Tarraga & Rodriguez, 2007; Pincheira-Donoso et al., 2007, 2008; Adams 71 & Church, 2008; Pincheira-Donoso & Meiri, 2013; Feldman & Meiri, 2014; Moreno-Azocar et al., 2015; 72 Amado et al., 2019; Slavenko et al., 2019). These discrepancies have discredited temperature as a primary 73 driver of body size clines (Pincheira-Donoso, 2010; Meiri, 2011; Olalla-Tarraga, 2011). Essentially, while 74 larger body size optimises preservation of endothermic metabolic heat, the dependence of ectotherms on 75 external sources of heat requires them to gain body heat in the first place (Ashton & Feldman, 2003; Olalla-76 Tarraga et al., 2006; Pincheira-Donoso et al., 2008).

77 As a result, macroecological theories of animal size have explored alternative sources of selection 78 as drivers of body size evolution. The roles that resource abundance and humidity play in metabolic and 79 physiological homeostasis as functions of body size (Rosenzweig, 1968; Yom-Tov & Nix, 1986; Brown & 80 Sibly, 2006; McNab, 2010), have led to the formulation of a range of competing hypotheses: (i) the 'resource 81 rule', suggests that increasing resource abundance (primary productivity) relaxes the constraints on upper 82 limits of body size, permitting the evolution of larger species (Rosenzweig, 1968; Geist, 1987; Yom-Tov & 83 Geffen, 2006; McNab, 2010), while not selecting against small body sizes. The mechanisms are potentially 84 multiple. For example, more productive areas may facilitate energy investment into body growth without a 85 trade-off with reproduction (Roff, 2002; McNab, 2010). Also, in poorly productive regions (e.g., deserts), 86 fitness can benefit from reductions in resource requirements via smaller body size (McNab, 2010); (ii) The

87 'water conservation hypothesis' (WCH), predicts stronger selection for larger size towards arid environments, 88 given that rates of desiccation decrease with increasing body mass (Nevo, 1973; Olalla-Tarraga et al., 2009; 89 Gouveia & Correia, 2016). This may be especially prevalent in organisms prone to dehydration, such as 90 amphibians. Importantly, the WCH's predictions conflict with the resource rule. First, the WCH predicts larger 91 size in arid regions, while the resource rule predicts larger size in productive (usually wet) areas. Also, such 92 predictions are sensitive to thermoregulation (ectothermy vs endothermy), body structures (e.g., skin 93 permeability), and lifestyle (e.g., habitat) among lineages, because factors such as energetic requirements 94 and osmoregulation are expected to influence the adaptive trajectories of body size. For example, while heat 95 production implies high metabolic expenditure of energy for endotherms, the dependence of ectotherms on 96 environmental heat neutralises such pressures (Brown et al., 2004; Angilletta, 2009); finally (iii) the 97 'seasonality (or 'fasting-endurance') rule', predicts that increasing seasonality selects for increased body size 98 to enhance tolerance to unstable environments (Lindsey, 1966; Boyce, 1979; Calder, 1984). Given the 99 contrasting mechanisms that these hypotheses offer to explain the same phenomenon, evidence supporting 100 them has been conflicting across lineages (Meiri et al., 2005; Yom-Tov & Geffen, 2006; Olalla-Tarraga & 101 Rodriguez, 2007; Olalla-Tarraga et al., 2009; Oufiero et al., 2011; Pincheira-Donoso & Meiri, 2013; Gouveia 102 & Correia, 2016; Kelly et al., 2018; Amado et al., 2019). Furthermore, our understanding of body size 103 macroecology has fundamentally been advanced based on above-ground organisms, while analyses on 104 fossorial lineages remain anecdotal (e.g., Meiri & Dayan, 2003; Measey & Van Dongen, 2006; Feldman & 105 Meiri, 2014).

106 We employ the most comprehensive global dataset of caecilian amphibians (Order Gymnophiona) to 107 date, to test the core predictions of the above four rules. Caecilians are tropically widespread amphibians 108 that combine peculiar features expected to alter the way selection from environmental factors operates on homeostasis relative to most tetrapods (Vitt & Caldwell, 2014). They have elongated, legless bodies that 109 110 predominantly occupy underground microhabitats ("fossoriality"; Pough et al., 2015) that offer relatively 111 stable thermal environments isolated from multiple pressures that operate above-ground (Buffenstein & 112 Jarvis, 2002; Wells, 2007; Healy et al., 2014). Their skins are also highly permeable, which intensifies 113 selection from climatic factors (Steele & Louw, 1988; Wells, 2007). Our study thus provides the most 114 comprehensive analysis of the classic and emerging hypotheses underlying body size evolution rules.

115

116 Material and Methods

117 Species data

118 We gathered an exhaustive global-scale dataset on caecilians spanning body size data for >99% (207 out of 119 208; Suppl. Table 1) of the world's known species. We followed the taxonomy in Frost (2018). To investigate 120 the above set of hypotheses, we used the largest recorded total body length (from snout to tail tip) as the 121 proxy for body size, as this is the most commonly reported measure of size for caecilians (Wells, 2007; 122 Pough et al., 2015). Data were collected from the primary literature (which includes all species described 123 recently) and from monographic books (Suppl. Material 2). In addition, we created an environmental dataset 124 (see below), extracted from distribution maps, for 93% of the species - 40 of which were originally created 125 as part of this study (Fig. 1; Suppl. Table 1). This dataset is part of XXX (details blinded following 126 requirements from the Editorial Office - to be disclosed upon acceptance).

127

128 Environmental predictors

129 To investigate the role of environmental factors as drivers of geographic variation in body size across 130 caecilians, we created a dataset covering a range of candidate predictors representing geographic location, 131 climate and primary productivity. To extract these data, we first obtained maps of extant known geographic 132 distribution for all species available at the IUCN archive (<u>www.iucnredlist.org</u>). We created maps for 40 133 species for which this information was unavailable, by collecting the geographic position system (GPS) 134 coordinates provided in the papers in which they were described. In some cases, these records are only 135 available for the specimens officially assigned to the type series, while additional existing records are only 136 shown in maps. In those cases, we obtained the exact GPS position of each additional point in the published 137 maps using Google Earth Pro. This protocol resulted in a dataset covering 191 caecilian species (92% of 138 their global diversity). The remaining species were not mapped because their distributions remain unknown, 139 unclear or inadequately described. To create a species-level dataset of environmental and geographic 140 predictors, we assigned to each species a single value per predictor, calculated as the average of all values 141 obtained by dividing the geographic range polygon of each variable for each species into 2.5 arc-minute grid 142 cells (~5x5 kilometres) using ArcGIS 10.0.

Firstly, we used latitude (in degrees from the Equator) given its classical status as geographic predictor. Latitude data were extracted as the midpoint from each individual species map. Second, a set of climatic predictors were obtained from the WorldClim 2 (<u>www.worldclim.org</u>) archive (Hijmans *et al.*, 2005; Fick & Hijmans, 2017), and are expressed at a spatial resolution of 2.5 arc-minutes (~5 km at the equator). These data are the result of collections of monthly measurements of multiple bioclimatic variables conducted between 1950-2000 by a large number of scattered weather stations around the world, and interpolated for areas of poorer coverage (Hijmans *et al.*, 2005). The climatic variables consist of mean annual temperature 150 (averaged across the 12 months of the year, in degrees Celsius), temperature seasonality (calculated as the 151 SD of the annual mean temperature x100, in degrees Celsius), mean annual precipitation (the amount of 152 rainfall measured in millimetres a year), and precipitation seasonality (coefficient of variation of monthly 153 precipitation across the year). Finally, we used net primary productivity (NPP, the net amount of solar energy 154 converted to plant organic matter through photosynthesis - measured in units of elemental carbon per year, 155 on a spatial resolution of 0.25°, gC/m²/yr, log transformed) as a proxy for resource availability (Imhoff et al., 156 2004). These data were then assigned to each caecilian species in our dataset, and all extractions of 157 variables and their visualization on climatic maps (Figure 1; Supplementary Material 3) were performed using 158 ArcGIS software version 10.0 (www.esri.com).

159

160 **Quantitative analyses and phylogenetic control**

We performed phylogenetic regressions to investigate the role of environmental factors in shaping spatial 161 162 gradients of caecilian body size. We first tested for latitudinal gradients in body size by regressing log-163 transformed total body length against (absolute) latitude. Although latitude is a classic 'catch-all' predictor in 164 macroecology, it represents a proxy for a set of environmental conditions that vary through space. Therefore, 165 we further performed phylogenetic univariate and multiple regressions of log(body size) per species against 166 environmental temperature (mean and seasonal range), annual precipitation (mean and seasonal range), 167 and NPP. This series of regression analyses were subsequently repeated for the American (predominantly 168 South American) assemblage of caecilians, as it concentrates 48% of the world's species (the rest being 169 spread throughout the global tropics; Fig. 1). Similarly, the analyses were further repeated for all caecilians 170 excluding the family Typhlonectidae (a clade of large, aquatic species; Wells, 2007; Pough et al., 2015), to 171 directly address our core questions on fossorial species only, and then for the Typhlonectidae only. In all 172 analyses, predictors were log-transformed and then scaled to have zero mean and unit variance. While log-173 transformation provided the best model checks of homogeneity of variance and normality of residuals, 174 scaling prevented any instability of regression models caused by the inclusion of explanatory variables 175 measured on different scales and with values far from the intercept. We performed the univariate regressions 176 to demonstrate what conclusions might be drawn from naïve analyses of single environmental factors, and to 177 confirm the robustness of the multiple regression results. We then considered the significance of the 178 explanatory variables in a full multiple regression of their main effects (i.e. excluding interactions among 179 explanatory variables), as a direct comparison of the relevance of temperature (classical heat-conservation mechanism for Bergmann's rule), the NPP (as a proxy for the resource rule) and the effects of rainfall on 180 181 body size (as predicted by the WCH and the seasonality rule). For all analyses we used Akaike's Information

182 Criterion (AIC) to compete the information content of rival models. For univariate regressions, each

183 explanatory variable was considered important if its regression lay >2 AIC units below the null model.

184 To further assess the multiple regressions, we performed multi-model inference analyses. We used 185 AIC and Akaike model weights to reduce the whole set of models employing a dredging approach that 186 retains a confidence subset of models that lay within 6 AIC units of the most informative model. This method 187 removes models that have spurious parameter estimates due to poor model fit above the chosen AIC 188 threshold (Richards, 2005; Harrison et al., 2018). The importance of each explanatory variable was judged 189 according to AIC-weighted mean effect sizes averaged across the subset of regression models, and are 190 presented as AIC-weighted slope estimates +/- 95% confidence intervals to estimate the significance of the 191 effect of each predictor on body size (Table 1). This procedure is robust given that information is contained in 192 well-fitting but non-optimal models for parameter estimates (with confidence intervals), which would, in 193 contrast, be lost with a single best-fit model (i.e., a step-wise approach) (Burnham et al., 2011). These 194 analyses were performed using the package 'MuMIn' (Barton, 2017) implemented in R (R Development Core 195 Team, 2017).

All regression models included phylogenetic control. We employed Jetz & Pyron's (2018) phylogeny, from which we extracted all 183 caecilians species (88% of the Order's diversity) for which geographic, and hence environmental, data are available (Supplementary Table 1). We tested the significance of the value of Pagel's lambda, which measures the influence of shared evolutionary history on the divergence of regression residuals among species (Pagel, 1999). Phylogenetic regressions were performed using the 'ape' (Paradis *et al.*, 2004) and 'nlme' (Pinheiro *et al.*, 2018) packages in R.

202

203 Results

Body size varies considerably across caecilians, ranging from 112mm in the smallest species (*Grandisonia brevis* and *Microcaecilia iwokramae*), to over 1,600mm in the largest (*Caecilia guntheri*; Figs. 1, 2; Supplementary Table S1). The frequency distribution of raw body size across species is significantly rightskewed (Shapiro-Wilk's test, W = 0.77, df = 206, P < 0.001; Fig. 2), which remains significantly right-skewed in the log-transformed data (W = 0.97, df = 206, P < 0.001; Fig. 2).

209

210 Latitudinal gradients of body size

211 Our analyses failed to identify a signal for latitude in shaping the distribution of caecilian body sizes either 212 globally or in the new world (Table 1; Fig. 3). The same analyses repeated for America, and for fossorial and 213 aquatic caecilians separately, showed qualitatively identical results (Table 1). All findings remained

- 214 consistent with and without phylogenetic control.
- 215

216 Environmental predictors of body size

217 Our phylogenetic regression analyses incorporating environmental variables revealed consistently high 218 degrees of phylogenetic signal in model residuals, with Pagel's lambda of 0.57 for the multiple regression 219 with all predictors (ΔAIC=96.2 comparing model with optimised lambda to a model with lambda fixed to 220 zero). Regarding tests of the four core rules, our analyses based on the global dataset revealed that body 221 sizes across species decrease with increasing annual precipitation, supporting the WCH (Table 1; Fig. 3). 222 Likewise, analyses performed for fossorial and aquatic families separately revealed significant increases in 223 body size at drier regions among underground-dweller species, in both the multiple and the univariate 224 models (while the analyses restricted to aquatic caecilians failed to identify any significant predictors of body 225 size variation). In contrast, measures of temperature, productivity and seasonality (either in temperature or in 226 rainfall) showed no effect on body size variation (Table 1; Fig. 3), rejecting the three competing hypotheses. 227 The univariate global model showed a nearly significant role for NPP as a driver of body size variation, but 228 the relationship is negative, in opposition to the resource rule (Table 1; Fig. 3). These findings remained 229 consistent across multi- and univariate regression analyses, which retained decreases in annual precipitation 230 as the only significant predictor of larger body sizes through space (Table 1; Fig. 3). The models restricted to 231 American caecilians failed to show effects for any of the predictors (the univariate model revealed a 232 marginally non-significant effect of NPP on body size gradients. However, consistent with the global 233 univariate model, the relationship is negative, thus conflicting with the core prediction of the resource rule). 234 None of the models identified either measures of temperature as predictors of body size variation, rejecting 235 Bergmann's rule and the heat-conservation mechanism (Table 1).

236

237 Discussion

Our study provides global-scale evidence supporting the WCH in an entire Order of predominantly fossorial tetrapods, while it reinforces the limited generality of Bergmann's rule and its alternatives (Blackburn *et al.*, 1999; Olalla-Tarraga *et al.*, 2009; Pincheira-Donoso, 2010), especially among ectotherms. In contrast with predictions from classic macroecological rules (Bergmann, 1847; James, 1970; Blackburn *et al.*, 1999; McNab, 2010), our analyses failed to identify a role for temperature, resource abundance, seasonality or latitude as drivers of caecilian body size gradients. Instead, we show that decreases in precipitation 244 significantly constrain the minimum 'viable' body size for fossorial (but not for aquatic) species, favouring 245 larger sizes as aridity increases. Thus, in contrast with the positive relationship between precipitation (as a 246 prevailing driver of resource abundance) and body size predicted by the resource rule (Yom-Tov & Geffen, 247 2006; McNab, 2010), the relationship we observed is the opposite, with wetter environments correlating 248 positively with NPP but favouring smaller body sizes (and the only analysis that identified NPP as a 249 marginally non-significant predictor is negatively correlated with body size, opposing the resource rule; Table 250 1). Macroecological studies on amphibians have revealed highly conflicting evidence for a role of 251 temperature as an agent of spatial gradients in body size (Feder et al., 1982; Ashton, 2002; Olalla-Tarraga & 252 Rodriguez, 2007; Adams & Church, 2008; Cvetkovic et al., 2009), and the only known study on caecilians, 253 on one species, showed a link with elevation (Measey & Van Dongen, 2006). In contrast, the role of water-254 deprivation as a source of selection for larger body size as an adaptation to reduce rates of evapotranspiration has increasingly gained support (Olalla-Tarraga et al., 2009; Gouveia & Correia, 2016; 255 256 Amado et al., 2019). Our evidence, stemming from a complete coverage of caecilians, strongly supports the 257 hypothesis that increases in body size are promoted by aridity – in particular among non-aquatic species, 258 which reinforces the functional role of water conservation. Consequently, we suggest an explanation that 259 relies on the hydroregulatory advantages of larger body size in water-deprived environments, and the life 260 history advantages emerging in environments in which selection from humidity is relaxed.

261

262 Natural selection from precipitation and the macroecology of body size

263 Although our results identified precipitation as the only significant driver of geographic gradients of body size 264 in caecilians, the observed negative relationship between precipitation (or NPP) and body size is 265 incompatible with the prediction of the resource rule. Essentially, although selection from resource availability 266 affects body size across animals in general (in different directions depending on whether abundance is low 267 or high), such effects are expected to differ between endotherms and ectotherms given their differences in 268 metabolic demands (Angilletta, 2009). Indeed, the production of constant, high body heat in endotherms is 269 'exceedingly' costly (Angilletta, 2009), being thus implicated in the evolution of most life history adaptations 270 (Stearns, 1992; Brown & Sibly, 2006; Angilletta, 2009). In contrast, such resource-intensive thermoregulation 271 is not an issue in ectotherms (Meiri et al., 2013). Hence, we suggest that the global macroecology of 272 caecilian body sizes is caused by a relaxation of selection from water-deprivation on body size as species 273 occupy wetter environments, consistent with the WCH. Towards the dry extreme of the wetness spectrum, 274 the evolution of larger body size reduces relative rates of water loss. We suggest that for fossorial 275 amphibians, such as most caecilians, the levels of soil moisture are a primary source of selection on body

276 size mediated by the need to maintain stable levels of body water. Caecilians have especially high rates of 277 evaporative water loss through the body surface (Wells, 2007) compared to other vertebrates, including 278 amphibians, which is thought to constrain them to their fossorial lifestyles (Steele & Louw, 1988; Wells, 279 2007). Even the 'dermal scales' that cover the skin of caecilians do not seem to reduce rates of water loss 280 (Wells, 2007), having instead a role in underground locomotion (Duellman & Trueb, 1994; Wells, 2007). 281 Therefore, as wetness declines, the lower bound of body size is progressively constrained towards larger 282 body mass for hydric homeostasis, leading to the prediction that towards drier environments the minimum 283 level of body size across species increases. The same principle could potentially affect selection on offspring 284 size.

285 On the other hand, towards the wet end of the spectrum, where hydroregulatory constraints that 286 force caecilians to remain above a 'minimum viable' body size are gradually relaxed as humidity increases, 287 selection is predicted to maximise life history pace via body size reductions. In line with this view, mass-288 specific rates of life history productivity (e.g., faster production of offspring biomass) and metabolism have 289 been shown to consistently increase as body size decreases (Peters, 1983; Brown & Sibly, 2006; Sibly & 290 Brown, 2007; Meiri et al., 2012). Given that fitness can be defined as birth rates minus death rates (Brown & 291 Sibly, 2006), this scaling principle is expected to express particularly when lifestyle minimises mortality rates 292 (e.g., via reduced predation). Fossorial lifestyles, in particular, buffer the intensity of selection from climatic 293 and ecological pressures (Buffenstein & Jarvis, 2002; Sibly & Brown, 2007; Healy et al., 2014). Therefore, 294 the fitness gains resulting from increases of productivity are expected to drive adaptive evolution of smaller 295 body sizes in caecilians as hydroregulatory constraints are relaxed towards wetter environments.

296

297 Body plan and the global radiation of caecilians

298 The hypothesis that body size adjusts along humidity gradients to maximise hydric homeostasis might shed 299 light on the conditions that have underlain the global radiation of these amphibians. Traditionally, the body 300 mass to surface area ratio has been employed to explain decreasing heat loss rates as body size increases, 301 being therefore favoured towards colder climates (i.e., Bergmann's rule; James, 1970; Blackburn et al., 302 1999). However, the thermodynamic efficiency of this relationship strongly depends on the body plan of a 303 lineage. For example, in vertebrates with 'regular', legged body plans, the efficiency of increases of body 304 mass in reducing heat loss are straightforward. In contrast, in lineages characterized by disproportionately 305 elongated and narrow body plans (such as caecilians, but also snakes and amphisbaenians), the mass-to-306 surface hypothesis loses strength as increasing body elongation results in proportional increases in surface 307 area. Therefore, we suggest that an elongated body plan intrinsically facilitates water loss, and hence, the

308 'naked' amphibian skin of caecilians is expected to only be viable in humid environments. Thus, according to

- 309 this hypothesis, the radiation of caecilians across increasingly drier environments would demand body mass
- 310 increases proportional to aridity, which is likely to have been historically prevented by the physical
- 311 restrictions of their underground lifestyles. Consequently, this is a potential explanation why caecilians are
- 312 confined to wet environments, compared to the higher levels of environmental tolerance of anurans and
- 313 salamanders.
- 314

315 **References**

- Adams, D.C. & Church, J.O. (2008) Amphibians do not follow Bergmann's rule. *Evolution*, **62**, 413–420.
- 317 Amado, T.F., Bidau, C.J. & Olalla-Tárraga, M.A. (2019) Geographic variation of body size in New World

anurans: energy and water in a balance. *Ecography*, **42**, 456–466.

- Angilletta, M.J. (2009) *Thermal adaptation. A theoretical and empirical synthesis*, Oxford University Press,
 Oxford.
- Ashton, K.G. (2002) Do amphibians follow Bergmann's rule? *Canadian Journal of Zoology*, **80**, 708–716.
- Ashton, K.G. & Feldman, C.R. (2003) Bergmann's rule in nonavian reptiles: turtles follow it, lizards and
 snakes reverse it. *Evolution*, **57**, 1151–1163.
- Barton, K. (2017) *MuMIn: Multi-model inference. R package version 1.40.0*, R Foundation for Statistical
 Computing, Vienna.
- Bergmann, C. (1847) Ueber die Verhaltnisse der warmeokonomie der thiere zu ihrer grosse. *Gottinger Studien*, **3**, 595–708.
- Blackburn, T.M., Gaston, K.J. & Loder, N. (1999) Geographic gradients in body size: a clarification of
 Bergmann's rule. *Diversity and Distributions*, 5, 165–174.
- Boyce, M.S. (1979) Seasonality and patterns of natural selection for life histories. *American Naturalist*, **114**,
 569–583.
- Brown, J.H., Gillooly, J.F., Allen, A.P., Savage, V.M. & West, G.B. (2004) Toward a metabolic theory of
 ecology. *Ecology*, **85**, 1771–1789.
- Brown, J.H. & Sibly, R.M. (2006) Life-history evolution under a production constraint. *Proceedings of the National Academy of Sciences, USA*, **103**, 17595–17599.
- Buffenstein, R. & Jarvis, J.U.M. (2002) The naked mole rat: a new record for the oldest living rodent. *Science* of Aging Knowledge Environment, 21, pe7.
- 338 Burnham, K.P., Anderson, D.R. & Huyvaert, K.P. (2011) AIC model selection and multimodel inference in
- 339 behavioral ecology: some background, observations, and comparisons. *Behavioral Ecology and*

- 340 Sociobiology, **65**, 23–35.
- 341 Calder, W.A. (1984) *Size, function and life history*, Harvard University Press, Massachusetts.
- Cvetkovic, D., Tomasevic, N., Ficetola, G.F., Crnobrnja-Isailovic, J. & Miaud, C. (2009) Bergmann's rule in
 amphibians: combining demographic and ecological parameters to explain body size variation among
- 344 populations in the common toad Bufo bufo. *Journal of Zoological Systematics and Evolutionary*
- 345 *Research*, **47**, 171–180.
- 346 Duellman, W.E. & Trueb, L. (1994) *Biology of Amphibians*, Johns Hopkins University Press, Maryland.
- Feder, M.E., Papenfuss, T.J. & Wake, D.B. (1982) Body size and elevation in neotropical salamanders. *Copeia*, **1982**, 186–188.
- Feldman, A. & Meiri, S. (2014) Australian snakes do not follow Bergmann's rule. *Evolutionary Biology*, **41**,
 350 327–335.
- Fick, S.E. & Hijmans, R.J. (2017) Worldclim 2: New 1-km spatial resolution climate surfaces for global land
 areas. *International Journal of Climatology*, **37**, 4302–4315.
- Freckleton, R.P., Harvey, P.H. & Pagel, M. (2003) Bergmann's rule and body size in mammals. *American Naturalist*, **161**, 821–825.
- Frost, D.R. (2018) Amphibian Species of the World: an Online Reference. Version 6.0 (January 2018).
 American Museum of Natural History, New York, USA, Electronic.
- Gaston, K.J. & Blackburn, T.M. (2000) *Pattern and process in macroecology*, Blackwell Science,
 Massachusetts.
- Gaston, K.J., Chown, S.L. & Evans, K.L. (2008) Ecogeographical rules: elements of a synthesis. *Journal of Biogeography*, **35**, 483–500.
- Geist, V. (1987) Bergmann's rule is invalid. *Canadian Journal of Zoology*, **65**, 1035–1038.
- Gouveia, S.F. & Correia, I. (2016) Geographical clines of body size in terrestrial amphibians: water
 conservation hypothesis revisited. *Journal of Biogeography*, **43**, 2075–2084.
- Harrison, X.A., Donaldson, L., Correa-Cano, M.E., Evans, J., Fisher, D.N., Goodwin, C.E.D., Robinson, B.S.,
 Hodgson, D.J. & Inger, R. (2018) A brief introduction to mixed effects modelling and multi-model
 inference in ecology. *PeerJ*, 6, e4794.
- 367 Healy, K., Guillerme, T., Finlay, S., Kane, A., Kelly, S.B.A., McClean, D., Kelly, D.J., Donohue, I., Jackson,
- A.L. & Cooper, N. (2014) Ecology and mode-of-life explain lifespan variation in birds and mammals.
- 369 Proceedings of the Royal Society of London B, Biological Sciences, **281**, 20140298.
- Hijmans, R.J., Cameron, S.E., Parra, J.L., Jones, P.G. & Jarvis, A. (2005) Very high resolution interpolated
- 371 climate surfaces for global land areas. *International Journal of Climatology*, **25**, 1965–1978.

- Imhoff, M.L., Bounoua, L., Ricketts, T., Loucks, C., Harriss, R. & Lawrence, W.T. (2004) Global patterns in
 human consumption of net primary production. *Nature*, **429**, 870–873.
- James, F.C. (1970) Geographic size variations in birds and its relationship with climate. *Ecology*, **51**, 365–
 390.
- Jetz, W. & Pyron, R.A. (2018) The interplay of past diversification and evolutionary isolation with present
 imperilment across the amphibian tree of life. *Nature Ecology & Evolution*, **In Press**.
- Kelly, R.M., Friedman, R. & Santana, S.E. (2018) Primary productivity explains size variation across the
 Pallid bat's western geographic range. *Functional Ecology*, **32**, 1520–1530.
- Lindsey, C.C. (1966) Body sizes of poikilotherm vertebrates at different latitudes. *Evolution*, **20**, 456–465.
- McNab, B.K. (2010) Geographic and temporal correlations of mammalian size reconsidered: a resource rule.
 Oecologia, 164, 13–23.
- Measey, G.J. & Van Dongen, S. (2006) Bergmann's rule and the terrestrial caecilian Schistometopum
 thomense (Amphibia: Gymnophiona: Caeciliidae). *Evolutionary Ecology Research*, 8, 1049–1059.
- Meiri, S. (2011) Bergmann's rule: what's in a name? *Global Ecology and Biogeography*, **20**, 203–207.
- Meiri, S., Bauer, A.M., Chirio, L., Colli, G.R., Das, I., Doan, T.M., Feldman, A., Castro-Herrera, F.,
- 387 Novosolov, M., Pafilis, P., Pincheira-Donoso, D., Powney, G., Torres-Carvajal, O., Uetz, P. & Van
- 388 Damme, R. (2013) Are lizards feeling the heat? A tale of ecology and evolution under two
- temperatures. *Global Ecology & Biogeography*, **22**, 834–845.
- Meiri, S., Brown, J.H. & Sibly, R.M. (2012) The ecology of lizard reproductive output. *Global Ecology and Biogeography*, **21**, 592–602.
- Meiri, S. & Dayan, T. (2003) On the validity of Bergmann's rule. *Journal of Biogeography*, **30**, 331–351.
- Meiri, S., Dayan, T. & Simberloff, D. (2005) Biogeographical patterns in the Western Palearctic: the fasting endurance hypothesis and the status of Murphy's Rule. *Journal of Biogeography*, **32**, 369–375.
- 395 Moreno-Azocar, D.L., Perotti, M.G., Bonino, M.F., Schulte, J.A., Abdala, C.S. & Cruz, F.B. (2015) Variation in
- body size and degree of melanism withina lizards clade: is it driven by latitudinal andclimatic gradients?
 Journal of Zoology (London), **295**, 243–253.
- Nevo, E. (1973) Adaptive variation in size of cricket frogs. *Ecology*, **54**, 1271–1278.
- Olalla-Tarraga, M.A. (2011) "Nullius in Bergmann" or the pluralistic approach to ecogeographical rules: a
 reply to Watt et al. (2010). *Oikos*, **120**, 1441–1444.
- 401 Olalla-Tarraga, M.A. & Rodriguez, M.A. (2007) Energy and interspecificbody size patterns of amphibian
- 402 faunas in Europe and North America:anurans follow Bergmann's rule, urodeles its converse. *Global*
- 403 Ecology and Biogeography, **16**, 606–617.

- 404 Olalla-Tarraga, M.A., Rodriguez, M.A. & Hawkins, B.A. (2006) Broad-scale patterns of body size in
 405 squamate reptiles of Europe and North America. *Journal of Biogeography*, **33**, 781–793.
- Olalla-Tarraga, M.A., Diniz-Filho, J.A., Bastos, R.P. & Rodriguez, M.A. (2009) Geographic body size
 gradients in tropical regions: water deficit and anuran body size in the Brazilian Cerrado. *Ecography*,
 32, 581–590.
- 409 Olson, V.A., Davies, R.G., Orme, C.D.L., Thomas, G.H., Meiri, S., Blackburn, T.M., Gaston, K.J., Owens,
- 410 I.P.F. & Bennett, P.M. (2009) Global biogeography and ecology of body size in birds. *Ecology Letters*,
 411 **12**, 249–259.
- Oufiero, C.E., Adolph, S.C., Gartner, G.E.A. & Garland, T. (2011) Latitudinal and climatic variation in body
 size and dorsal scale counts in Sceloporus lizards: a phylogenetic perspective. *Evolution*, **65**, 3590–
 3607.
- 415 Pagel, M. (1999) Inferring the historical patterns of biological evolution. *Nature*, **401**, 877–884.
- 416 Paradis, E., Claude, J. & Strimmer, K. (2004) APE: analyses of phylogenetics and evolution in R language.
 417 *Bioinformatics*, **20**, 289–290.
- 418 Peters, R.H. (1983) *The ecological implications of body size*, Cambridge University Press, Cambridge.
- Pincheira-Donoso, D. (2010) The balance between predictions and evidence and the search for universal
 macroecological patterns: taking Bergmann's rule back to its endothermic origin. *Theory in Biosciences*, **129**, 247–253.
- Pincheira-Donoso, D., Hodgson, D.J. & Tregenza, T. (2008) The evolution of body size under environmental
 gradients in ectotherms: why should Bergmann's rule apply to lizards? *BMC Evolutionary Biology*, 8,
- 424 68.
- 425 Pincheira-Donoso, D. & Hunt, J. (2017) Fecundity selection theory: concepts and evidence. *Biological*426 *Reviews*, **92**, 341–356.
- Pincheira-Donoso, D. & Meiri, S. (2013) An intercontinental analysis of climate-driven body size clines in
 reptiles: no support for patterns, no signals of processes. *Evolutionary Biology*, **40**, 562–578.
- 429 Pincheira-Donoso, D., Tregenza, T. & Hodgson, D.J. (2007) Body size evolution in South American
- 430 Liolaemus lizards of the boulengeri clade: a contrasting reassessment. *Journal of Evolutionary Biology*,
 431 **20**, 2067–2071.
- 432 Pinheiro, J., Bates, D., DebRoy, S. & Sarkar, D. (2018) nlme: Linear and Nonlinear Mixed Effects Models. *R*433 *package version* 3, 1–137.
- Pough, F.H., Andrews, R.M., Crump, M.L., Savitzky, A.H., Wells, K.D. & Brandley, M.C. (2015) *Herpetology*,
 Oxford University Press, Oxford.

- 436 de Queiroz, A. & Ashton, K.G. (2004) The phylogeny of a species-level tendency: species heritability and
- 437 possible deep origins of Bergmann's rule in tetrapods. *Evolution*, **58**, 1674–1684.
- R Development Core Team (2017) *R: A language and environment for statistical computing*, R Foundation
 for Statistical Computing, Vienna.
- Richards, S.A. (2005) Testing ecological theory using the information-theoretic approach: examples and
 cautionary results. *Ecology*, **86**, 2805–2814.
- Riemer, K., Guralnick, R.P. & White, E.P. (2018) No general relationship between mass and temperature in
 endothermic species. *eLife*, **7**, e27166.
- 444 Roff, D.A. (2002) *Life history evolution*, Sinauer Associates, Sunderland.
- Rosenzweig, M.L. (1968) The strategy of body size in mammalian carnivores. *American Midland Naturalist*,
 80, 299–315.
- 447 Scharf, I., Feldman, A., Novosolov, M., Pincheira-Donoso, D., Das, I., Böhm, M., Uetz, P., Torres-Carvajal,
- O., Bauer, A., Roll, U. & Meiri, S. (2015) Late bloomers and baby boomers: ecological drivers of
 longevity in squamates and the tuatara. *Global Ecology & Biogeography*, **24**, 396–405.
- Schluter, D. & Pennell, M.W. (2017) Speciation gradients and the distribution of biodiversity. *Nature*, **546**,
 48–55.
- 452 Sibly, R.M. & Brown, J.H. (2007) Effects of body size and lifestyle on evolution of mammal life histories.
- 453 Proceedings of the National Academy of Sciences of the United States of America, **104**, 17707–17712.
- Slavenko, A., Feldman, A., Allison, A., Bauer, A.M., Böhm, M., Chirio, L., Colli, G.R., Das, I., Doan, T.M.,
- 455 LeBreton, M., Martins, M., Meirte, D., Nagy, Z.T., Nogueira, C., Pauwels, O.S.G., Pincheira-Donoso,
- 456 D., Roll, U., Wagner, P., Wang, Y. & Meiri, S. (2019) Global patterns of body size evolution in
- 457 squamate reptiles are not driven by climate. *Global Ecology & Biogeography*, **28**, 471–483.
- Smith, F.A. & Lyons, S.K. (2013) Animal body size. Linking pattern and process across space, time, and
 taxonomic group, University of Chicago Press, Chicago and London.
- 460 Stearns, S.C. (1992) *The evolution of life histories*, Oxford University Press, Oxford.
- Steele, W.K. & Louw, G.N. (1988) Caecilians exhibit cutaneous respiration and high evaporative water loss.
 South African Journal of Zoology, 23, 134–135.
- Vitt, L.J. & Caldwell, J.P. (2014) *Herpetology. An introductory biology of amphibians and reptiles*, Academic
 Press, Massachusetts.
- 465 Wells, K.D. (2007) The ecology and behavior of Amphibians, Chicago University Press, Chicago.
- 466 Yom-Tov, Y. & Geffen, E. (2006) Geographic variation in body size: the effects of ambient temperature and
- 467 precipitation. *Oecologia*, **148**, 213–218.

- 468 Yom-Tov, Y. & Nix, H. (1986) Climatological correlates for body size of five species of Australian mammals.
- 469 Biological Journal of the Linnean Society, **29**, 245–262.

- .---

476 TABLES AND FIGURES

477 **Table 1**: Results of multiple and univariate phylogenetic regressions (under the PGLS part of the table), and multi-model inference of caecilian body size against

478 environmental predictors. Phylogenetic regressions all revealed significant phylogenetic signal, with Pagel's lambda ranging between 0.55-0.83 in all models.

479 Significant relationships are in boldface. Geographic (i.e., latitude as predictor) and environmental analyses performed separately.

Predictors	PGLS				Univariate Models		Multivariate Models	
	λ	R^2	<i>F</i> (df)	Р	Slope	95% CI (Lower, Upper)	Slope	95% CI (Lower, Upper)
Global Models								
Latitude	0.581	0.002	0.28 (1,181)	0.60	0.037	(-0.054, 0.128)	_	-
Multivariate Model (Environ) ^a	0.579	0.05	1.72 (5, 177)	0.13	_	_	_	_
Mean Precipitation	0.594	0.03	5.29 (1,181)	0.02	-0.064	(-0.120, -0.009)	-0.061	(-0.122, -0.000)
Precipitation Seasonality	0.563	0.003	0.51 (1,181)	0.48	-0.021	(-0.080, 0.037)	-0.043	(-0.108, 0.022)
Vean Temperature	0.568	0.01	1.20 (1,181)	0.27	-0.029	(-0.082, 0.023)	-0.015	(-0.071, 0.041)
Temperature Seasonality	0.581	0.01	1.36 (1,181)	0.25	0.034	(-0.024, 0.092)	0.030	(-0.042, 0.102)
Net Primary Productivity	0.605	0.02	2.91 (1,181)	0.09	-0.051	(-0.111, 0.008)	-0.038	(-0.105, 0.029)
America Models								
Latitude	0.593	0.001	0.07 (1,88)	0.79	0.01	(-0.069, 0.091)	_	_
Multivariate Model (Environ) ^a	0.615	0.11	2.09 (5,84)	0.08	_	<u> </u>	_	_
Mean Precipitation	0.622	0.03	2.33 (1,88)	0.13	-0.17	(-0.386, 0.047)	-0.20	(-0.469, 0.059)
Precipitation Seasonality	0.576	0.03	2.53 (1, 88)	0.12	-0.15	(-0.336, 0.039)	-0.19	(-0.399, 0.012)
Mean Temperature	0.584	0.01	0.5 (1,88)	0.48	-0.17	(-0.648, 0.313)	-0.05	(-0.577, 0.478)
Temperature Seasonality	0.600	0.01	0.81 (1,88)	0.37	0.21	(-0.244, 0.659)	0.12	(-0.376, 0.621)
Net Primary Productivity	0.590	0.04	3.95 (1,88)	0.05	-0.48	(-0.959, 0.001)	-0.46	(-0.966, 0.035)
Fossorial Species Models								
_atitude	0.581	0.003	0.54 (1,170)	0.47	0.02	(-0.034, 0.075)	-	-
Multivariate Model (Environ) ^a	0.561	0.06	2.07 (5,166)	0.07	_	_	_	_
Mean Precipitation	0.590	0.04	6.52 (1,170)	0.01	-0.19	(-0.329, -0.043)	-0.18	(-0.328, -0.031)
Precipitation Seasonality	0.561	0.003	0.44 (1,170)	0.51	-0.04	(-0.154, 0.079)	-0.08	(-0.209, 0.059)
Mean Temperature	0.561	0.01	1.54 (1,170)	0.22	-0.22	(-0.567, 0.132)	-0.15	(-0.527, 0.226)
Temperature Seasonality	0.579	0.01	1.94 (1,170)	0.17	0.15	(-0.060, 0.353)	0.12	(-0.125, 0.372)
Net Primary Productivity	0.603	0.02	3.04 (1,170)	0.08	-0.24	(-0.515, 0.029)	-0.20	(-0.501, 0.098)

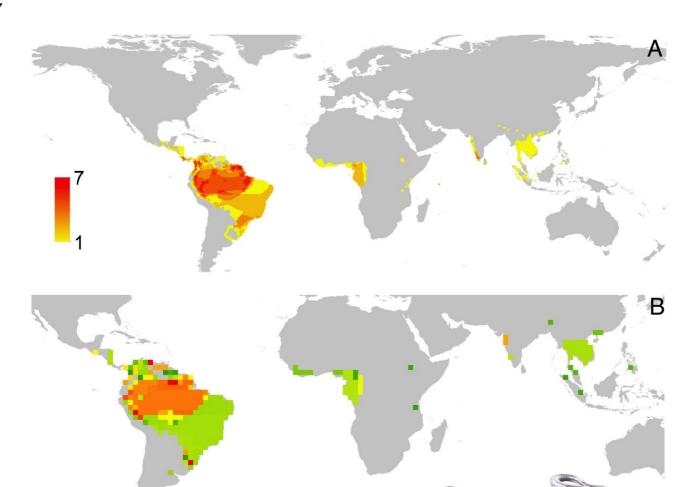
Aquatic Species Models

Latitude	0.709	0.04	0.41 (1,9)	0.54	-0.03	(-0.151, 0.086)	_	_
Multivariate Model (Environ) ^a	1.000	0.82	4.62 (5,5)	0.06	-	-	_	_
Mean Precipitation	0.488*	0.11	1.11 (1,9)	0.32	0.14	(-0.263, 0.538)	0.12	(-0.329, 0.560)
Precipitation Seasonality	1.000	0.31	4.12 (1,9)	0.07	-0.05	(-0.250, 0.151)	-0.05	(-0.250, 0.151)
Mean Temperature	0.671	0.01	0.07 (1,9)	0.79	0.10	(-1.125, 1.332)	0.10	(-1.125, 1.332)
Temperature Seasonality	0.519	0.25	3.06 (1,9)	0.11	-0.52	(-1.262, 0.213)	-0.42	(-0.911, 0.070)
Net Primary Productivity	0.889	0.10	1.01 (1,9)	0.34	-0.34	(-0.796, 0.116)	-0.34	(-0.784, 0.113)

481 ^aThis multivariate model combines all five environmental predictors, and excludes latitude.

482 FIGURE LEGENDS

Figure 1. Global distribution of caecilians. The maps show (A) the distribution of caecilian species-richness
(the colour gradient shows variation in the number of coexisting species in the same area, as per the values
shown in the vertical bar), and (B) the geographic distribution of median body sizes per grid cell (colour
gradients along the horizontal bar displays variation in caecilian body sizes on the map).



496 Figure 2. Frequency distribution of caecilian body sizes. Distributions expressed as raw body length (A) and

497 as log-transformed body length (B).

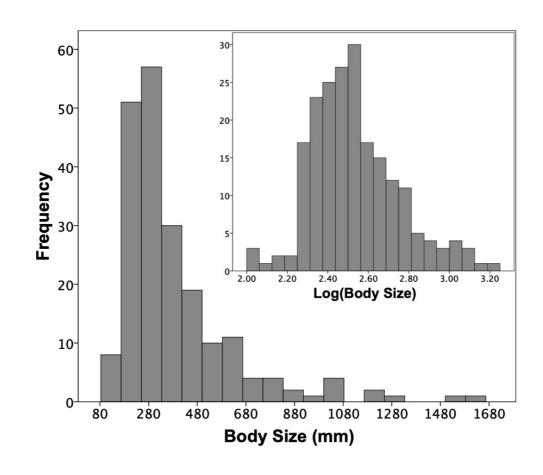
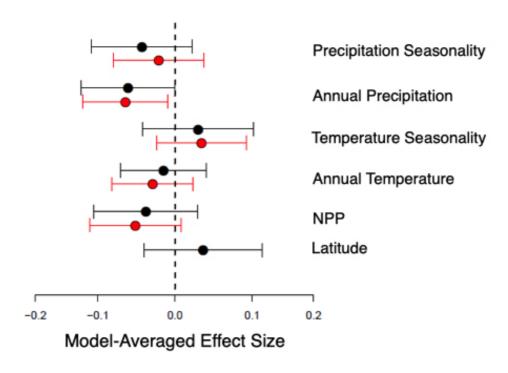


Figure 3. Slopes of phylogenetic regression of log-transformed caecilian body size against log-transformed environmental predictors scaled to zero mean and unit standard deviation in all three analyses, points represent AIC-weighted average slope parameters, and whiskers are 95% confidence intervals. When confidence intervals span zero, the slopes are considered non-significant. Black points and confidence whiskers represent model-averaged slopes from a full multiple regression of body size against environmental parameters. Red points and confidence whiskers represent the slopes of univariate regressions of body size against each environmental predictor.



521

522

523