

Table 2. Correlations for each angle of IRT measurement against SDNN Heart Rate Variability

(N = 14). Significant correlations shown in bold.

	IRT		Test	R² =	P =
HRV (SDNN)	Pre- Test temperature taken from 90° to the:	Nasal plane	Spearman	0.021	0.623
		Eye	Spearman	0.006	0.799
		Sagittal plane	Pearson	0.025	0.591
	Post-Test temperature taken from 90° to the:	Nasal plane	Pearson	0.23	0.081
		Eye	Pearson	0.09	0.29
		Sagittal plane	Spearman	0.324	0.034
	Change in temperature taken from 90° to the:	Nasal plane	Spearman	0.044	0.473
		Eye	Pearson	0.176	0.136
		Sagittal plane	Pearson	0.389	0.017