

**Table 3.** Correlations for each angle of IRT temperature measurement against Low Frequency/High Frequency ratio Heart Rate Variability (N = 14).

	<b>IRT</b>	<b>Test</b>	<b>R<sup>2</sup> =</b>	<b>P =</b>	
<b>HRV (LF/HF)</b>	Pre- Test temperature taken from 90° to the:	Nasal plane	Spearman	<0.001	0.916
		Eye	Spearman	0.046	0.463
		Sagittal plane	Spearman	0.011	0.719
	Post-Test temperature taken from 90° to the:	Nasal plane	Spearman	-0.075	0.344
		Eye	Spearman	<-0.001	0.976
		Sagittal plane	Spearman	-0.022	0.614
	Change in temperature taken from 90° to the:	Nasal plane	Spearman	-0.058	0.409
		Eye	Spearman	-0.0533	0.427
		Sagittal plane	Spearman	-0.004	0.834