

Police Welfare Assessment (PoWA)

Current and upcoming concerns

Purpose of section: To identify areas requiring help/support:

- They have serious current or future concerns they need help to cope with
- Signs that will face serious loss of relationship/contact e.g. children which will be highly difficult.
- Signs of feeling a major burden on others
- See themselves as less in the eyes of others e.g. humiliated
- Not seeing things getting better or a terrible situation they don't think they can handle or control – feeling TRAPPED AND/OR HOPELESSNESS

**Raised concern if:
Current or upcoming concern that they feel is major AND that they may not manage or cope with.**

They feel humiliated and trapped/hopeless & unable to escape

Indicative questions

Do you feel you understand the implications of your current situation and is there is anything else you need to know?

How will you deal with changes after leaving here? What do you need?

Any concerns about how you might be seen by others and what support do you need?

What other supports do your family need to help cope?

Have you someone you can talk to and help you?

Is there anything you are really worried about happening in the next few days? How will you manage this?

Needs support with:

A major concern now or in next few days/weeks (specify:.....)

Loss of family which feels unbearable:

Feeling they are a major burden on family:

Feeling humiliated or shamed:

Feeling trapped or hopeless and not sure how to cope:

Feeling able to manage his difficulties (now or later):

Yes	Some	No

Suicide (and serious Self-Harm) behaviour

Purpose of section:

- Identification of imminent SH or suicidal behaviour
 - Plans
- Method Whether dying is an option and/or not worried if they die

**Raised concern if:
Any ANSWER = YES**

Indicative Questions

Have you any thoughts of harming yourself or ending your life?

- Do you have a plan?
- What methods have you considered?

How likely it is that you might harm yourself? (why, when etc).

Is there anything that IF it happened might lead you to harm yourself/have thoughts of suicide?

Only if someone says or seems suicidal:

- How do you feel about dying?
- Has anyone in your family/close person died or lost contact with suddenly (How did they die)?

Suicidal ideation (thoughts of dying)

Plans for suicide/serious SH

Self-reports as likely to harm themselves

Seeing upcoming situation which will increase risk of suicide

Dying is an option

Close bereavement by suicide

Yes	Some	No

Recent self-harm (if applicable)

Purpose of section:

- Identify whether the self-harm was due to suicidal intent
- Identify possible referral routes.
- Identify whether they are an ongoing High Risk

Raised concern if:

Any answer = YES

Have you harmed/hurt yourself recently?

If Yes, complete this section

If No, move to next section

Indicative Questions

How did you harm yourself?

What was happening for you at the time of your self-harm?

What did you hope would happen? (e.g. death, the end)

Was there anything that is particularly difficult for you right now? e.g. offence type, relationship breakdown.

Has anything changed or do you still feel the same way?

Recent use of lethal method e.g. ligature, overdose, firearm or jumping?

Recent harm act had suicide intent (intent to die)

Feels the same way as previous serious episode

Yes

No

History of self-harm or suicidal behaviour (if applicable)

Purpose of section:

History of serious or regular harm

- Violence history (esp. domestic) raises potential risk of SH/Suicide
- Whether previous serious/life-threatening self-harm e.g. lethal methods

Triggers and key context issues

- Impulsivity and acting quickly - Did they tell anyone?
- Similarities between current and previous harm situation indicative of risk of harm.

**Raised concern if
PREVIOUS SECTIONS RAISE
CONCERN &
Any Answer = YES**

Have you previously harmed yourself?

If Yes, complete section

If No, finish assessment and complete actions

Indicative Questions

Ask for details of all serious incidents and/or different methods

What were the circumstances that led up to previous serious self-harm /suicide attempts?

Is your current situation like any of those times?

Have you previously been seriously violent including to a partner?

History of use of lethal method e.g. ligature, overdose, firearm or jumping?

Current situation similar to previous serious SH/suicide attempt

History of serious or intimate partner violence?

Yes

No

Actions taken

Support Booklet provided Yes No

Current and upcoming concerns

Suicide or self-harm risk

Signature of interviewee

if no signature, please comment:

Name and signature of interviewer

Name:

Signature:

