

# Personalised Predictive Modelling with Brain-Inspired Spiking Neural Networks of Longitudinal MRI Neuroimaging Data and the Case Study of Dementia

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**Abstract.** *Background:* Longitudinal neuroimaging provides spatiotemporal brain data (STBD) measurement that can be utilised to understand dynamic changes in brain structure and/or function underpinning cognitive activities. Making sense of such highly interactive information is challenging, given that the features manifest intricate temporal, causal relations between the spatially distributed neural sources in the brain. *Methods:* The current paper argues for the advancement of deep learning algorithms in brain-inspired spiking neural networks (SNN), capable of modelling structural data across time (longitudinal measurement) and space (anatomical components). The paper proposes a methodology and a computational architecture based on SNN for building personalised predictive models from longitudinal brain data to accurately detect, understand, and predict the dynamics of an individual's functional brain state. The methodology includes finding clusters of similar data to each individual, data interpolation, deep learning in a 3-dimensional brain-template structured SNN model, classification and prediction of individual outcome, visualisation of structural brain changes related to the predicted outcomes, interpretation of results, and individual and group predictive marker discovery. *Results:* To demonstrate the functionality of the proposed methodology, the paper presents experimental results on a longitudinal magnetic resonance imaging (MRI) dataset derived from 175 older adults of the internationally recognised community-based cohort Sydney Memory and Ageing Study (MAS) spanning 6 years of follow-up. *Significance:* The models were able to accurately classify and predict 2 years ahead of cognitive decline, such as mild cognitive impairment (MCI) and dementia with 95% and 91% accuracy, respectively. The proposed methodology also offers a 3-dimensional visualisation of the MRI models reflecting the dynamic patterns of regional changes in white matter hyperintensity (WMH) and brain

46 volume over 6 years. *Conclusion:* The method is efficient for personalised predictive modelling on a wide range of  
47 neuroimaging longitudinal data, including also demographic, genetic, and clinical data. As a case study, it resulted  
48 in finding predictive markers for MCI and dementia as dynamic brain patterns using MRI data.

49 **Keywords:** Personalised modelling; spiking neural networks; longitudinal MRI data; dementia; classification;  
50 prediction.

## 51 1. Introduction

52 The paper presents a new method for the creation of predictive, personalised spiking neural network models (PSNN)  
53 using longitudinal neuroimaging data that is a generic methodology and can be applied to other clinical and personal  
54 datasets. The method is applied on predicting dementia as one of the biggest world health problems of the 21<sup>st</sup>  
55 century.

56 The burden of dementia is rapidly rising worldwide [1, 2] with the overall cost increasing from US\$ 279.6 billion  
57 in 2000 to US\$ 948 billion in 2016, corresponding to an annual growth rate of 16% [3, 4]. More subtle clinical and  
58 cognitive changes take place during a period of mild cognitive impairment (MCI), which is highly prevalent in  
59 elderly people (>65 years). However, disparities in the case ascertainment [5] and diagnostic criteria lead to  
60 substantial variation in prevalence and incidence estimations of MCI across populations with rates ranging between  
61 10–42% reported [3, 4]. People with MCI are 6–12 times more likely to progress to dementia compared to age-  
62 matched cognitively healthy individuals, at a rate of 15–26% during the 1–2-year follow-up and reaching 50–  
63 83% during the 3-year follow-up [6, 7]. Approximately 50% of people with MCI spontaneously revert to normal  
64 cognitive functioning, but those who revert to no-MCI conditions, still have a greater risk of ultimate transition to  
65 dementia [8]. Understanding dynamic brain changes associated with shifts in cognitive function underpinning  
66 progression to dementia is critical to addressing the increasing burden of the illness [2], [9]. Considerable judgment  
67 is required in making the distinction between healthy ageing people and those with different forms of MCI that  
68 would or would not lead to dementia. Although there is neuroimaging evidence for interactions of brain asymmetry  
69 in ageing and dementia [10–13], accurate clinical and neuroimaging prediction of cognitively healthy ageing, MCI  
70 and dementia is currently limited.

71 The current paper introduces a novel, personalised predictive method and a computational system for individualised  
72 classification and prediction of brain states in a longitudinal neuroimaging ageing cohort. The study contributes to  
73 the ‘precision medicine’ concept [14]. The proposed system is built upon a brain-inspired spiking neural network  
74 (SNN) architecture and applied for early prediction of cognitively healthy ageing, MCI, and dementia. The relative  
75 risk of development from MCI to dementia might be determined based on structural brain data [15–17], including  
76 regional brain volume and white matter hyperintensity (WMH), which progressively decline from healthy ageing  
77 to MCI and dementia [9], [18–21]. Nevertheless, whilst several biomarkers are associated with reduced cognitive  
78 ability and risk of dementia [22–25], substantial discernment is still necessary for distinguishing various potential  
79 trajectories of MCI [26] and accurate prediction of clinical outcome remains limited.

80 Improvement in the accuracy of classification and prediction of cognitive outcomes during human ageing using  
81 brain data is warranted and may be possible using advanced machine learning (ML) methods capable of making  
82 sense of integrated spatial and temporal components of brain data. Artificial Neural Network (ANNs) are popular  
83 ML models that are based on the information processing mechanism of brain *neurons*. ANNs are a set of  
84 interconnected computational units representing *neurons*. The networks are computational models that can  
85 be trained with input data to generate useful outputs (predictions). Recently, deep learning ANN methods have been  
86 effectively applied to a wide range of Magnetic Resonance Imaging (MRI) studies [27], including spatiotemporal  
87 denoising of contrast-enhanced MRI [28], [29] artifact detection [30], resolution enhancement [31], and image

88 segmentation [32]. Deep learning Convolutional Neural Networks (CNN) [33] are commonly used for MRI  
89 segmentation, such as ischemic lesion segmentation [34] and brain tumour segmentation [35], [36]. Deep learning  
90 approaches were also used for MRI feature extraction and to identify different stages of Alzheimer's disease [37],  
91 classification of MCI [38], and early diagnosis of Alzheimer's disease (AD) [39].

92 Although deep learning techniques are inspired by some properties observed in brain research [40, 41], the  
93 mathematical modelling of a perceptron-type ANN computes the outputs with respect to the current time of input  
94 vectors. However, activation of a brain *neuron* is influenced by the dynamics of the membrane potential over time.  
95 When the membrane potential surpasses a certain capacity, it generates an action potential (signal, spike) that  
96 propagates to other *neurons*. Therefore, the latest generation of ANNs, called Spiking Neural Networks (SNN) [42]  
97 can facilitate the development of brain-inspired computational models, in which a *neuron's* representation  
98 resembles the principles of an action potential to incorporate previous accumulated inputs. Moreover, the neurons  
99 can evolve their connectivity through learning from data, again based on brain-inspired learning principles [43],  
100 [44], [45].

101 SNNs are computational models that consist of spiking *neurons* as processing elements, connections between them,  
102 and biologically plausible learning algorithms [46], [47], [48]. Spike Timing Dependent Plasticity (STDP) [49],[50]  
103 is a well-known paradigm for learning in SNNs and is the main mechanism for information storage in auto-  
104 associative networks [51], [52], [53]. It acts in capturing spatiotemporal patterns of network activity that could  
105 efficiently contribute to temporal processing. STDP learning adjusts the neural synaptic weights with respect to the  
106 timing of spikes in pre- and postsynaptic *neurons*. Hitherto, STDP has received substantial attention in experimental  
107 and computational neuroscience [54],[55],[56],[57]. With STDP, changes in synaptic strength can be modelled to  
108 resemble the information processing in nervous systems. Such changes in synaptic strengths are similar to Long-  
109 Term Potentiation (LTP) and Long-Term Depression (LTD) [58].

110 The introduced SNN architecture in [59] supported an efficient learning, modelling, and classifying of  
111 spatiotemporal brain data (STBD). In [60] MRI-structured SNN was developed for a single individual to predict  
112 electroencephalographic (EEG) signals. While brain-inspired SNN have been used for a wide range of STBD  
113 modelling [61], there has not been a method so far for predictive personalised modelling of longitudinal MRI data  
114 features of a whole cohort of subjects.

115 The current paper presents a generic methodology based on brain-template structured SNN architecture and  
116 proposes a new personalised predictive system for accurate detection and prediction of cognitive states (e.g.,  
117 healthy, MCI, and dementia) from longitudinal MRI data features. The proposed personalised modelling offers an  
118 individualised computational model tailored for a specific person and trained using MRI data from similar patients  
119 for pattern recognition and knowledge discovery at an individual level. Such models have the potential to produce  
120 a more precise prediction of outcome compared to global modelling systems which are trained on all patients' data.

121 The MRI data were collected in the context of a prospective community-based cohort study, the Sydney Memory  
122 and Ageing Study (MAS study), from dementia-free participants at baseline, aged between 70 and 90 years (some  
123 of them moved to dementia and MCI states after 6 years). The MRI data were collected at baseline (T1), 2-year  
124 follow-up (T2), and 6-year follow-up (T3). The approaches of the MAS cohort study have been previously described  
125 elsewhere [62]. Briefly, all participants were assessed in order to diagnose different subtypes of MCI and dementia,  
126 normal cognitive functioning or reversion from MCI to normative cognitive condition according to international  
127 consensus criteria [8, 62, 63]. Those who met the criteria for dementia at the baseline assessment, were not included  
128 in the study.

## 129 2. Methods and Materials

130 This section describes the MRI data and features that we used in this study as well as the proposed methods for  
 131 building personalised modelling for prediction of an individual cognitive outcome.

### 132 2.1 Longitudinal MRI Data Description

133 The MRI data were collected over 6 years in the MAS study in Sydney (Australia) [8, 62]. Participants (n=554)  
 134 without dementia at the baseline, had been recruited and their structural MRI data were collected at three  
 135 measurements spanning a 6-year period (T1 as a baseline measurement, T2 at the 2-year follow-up, T3 at the 6-year  
 136 follow-up). This generated a longitudinal MRI measurement. All participants were assessed at the baseline (T1) and  
 137 two follow-ups (T2 and T3) to diagnose their cognitive states (MCI, dementia, and normal cognitive functioning)  
 138 according to international consensus criteria [62, 63]. Participants meeting the international criteria for dementia at  
 139 the baseline were not included in the study. A subsample of n=175 (mean age = 83,  $sd= 4.1$ , 77 males (44%)) were  
 140 selected because they had data recorded across all assessment points with scores for 31 common MRI features,  
 141 including WMH and structural volumes (FSL FIRST)<sup>1</sup>.

142 Table 1 represents the number of individuals with different cognitive outcomes during the measurement period of  
 143 the MRI features. It also reports the transition pattern of 14 individuals with dementia (diagnosed at T3) from non-  
 144 dementia states during the 6-year period of the MAS study. Amongst those 14 participants diagnosed with dementia  
 145 at T3, only two of them directly developed from healthy condition while others transitioned to MCI first and then to  
 146 dementia (Table 1-b). The list of MRI features is provided in Supplementary Table 1.

147 Further information about the MRI data measurement, the extracted MRI features and pre-processing techniques is  
 148 presented as Supplementary Section I.

149 Table 1. (a) The number of individuals with different cognitive outcomes diagnoses (healthy, MCI, and dementia) from T1 to  
 150 T3. We used 175 MRI samples (each sample relates to a participant) recorded at 3-time points abbreviated by T1 (baseline),  
 151 T2 (year 2), T3 (year 6). (b) The diagnosis labels across T1, T2, and T3 of 14 individuals who were diagnosed with dementia  
 152 at T3. Healthy, MCI and dementia labels are respectively denoted by digit codes 0, 1, and 2.

	Diagnosis label	Mean age (Standard deviation (SD) at T1 in years)	T 1	Interval	T 2	Interval	T 3								
(a)	Healthy	77.0 (4.1)	113	2 years	108	4 years	94								
	MCI	78.3 (4.8)	62		64		67								
	Dementia	80.3 (4.8)	0		3		14								
	<b>Total individuals</b>		175		175		175								
<b>Six-year diagnosis labels of 14 dementia individuals across T1, T2, and T3</b>															
(b)	<b>Follow ups</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
	<b>T1</b>	0	0	0	1	0	1	1	0	1	0	1	1	1	1
	<b>T2</b>	2	1	1	2	1	1	1	0	1	1	1	1	1	2
	<b>T3</b>	2	2	2	2	2	2	2	2	2	2	2	2	2	2

153

<sup>1</sup> FSL FIRST: FSL is a comprehensive library of analysis tools for MRI brain imaging data, and FIRST is a model-based segmentation/registration tool.

## 2.2 The Proposed Methodology for Personalised Modelling on Longitudinal Data using SNN, Applied to MRI Features for Prediction of Different Cognitive Outcomes

This section proposes a methodology and a computational framework (shown in Fig. 1), called personalised modelling spiking neural network (PSNN), for predictive modelling on longitudinal data that consists of the following procedures:

1. Selecting nearest neighbouring samples to an individual's MRI features/variables.
2. MRI feature/variable interpolation.
3. Encoding the temporal sequences of the measured MRI variables into spike trains by:
  - Interpolating the data between points of measurements, so that more data points are generated, forming time series.
  - Encoding the obtained time series into spike trains using spike encoding methods.
4. For each individual  $x$ , a PSNN model learns from the input spikes of the neighbouring samples to individual  $i$ . The learning algorithm is the unsupervised STDP rule [64].
5. Training an output classifier to learn the relation between the PSNN *connectivity* patterns and the MRI data class labels (healthy, MCI, dementia), and model visualisation.
6. Testing the PSNN classifier on the individual  $x$  data.
7. PSNN model parameter optimisation.

The details of the proposed personalised modelling methodology are explained as follows:

### 2.3.1 Selecting Personalised Nearest Neighbouring Samples

For building a personalised model of an individual  $x$ , a group of similar subjects' MRI feature samples to  $x$  at T1 is selected. Then, the longitudinal MRI data (reordered at time points T1 to T3) of these similar subjects are selected as the training dataset. The class label information of these samples is defined with respect to the diagnostic labels at the last measured time point (T3).

The selection of nearest neighbouring samples is performed using WWKNN algorithm [65], where the first  $W$  denotes a normalised Euclidean distance between an individual MRI data and other individuals' data at baseline (T1). The second  $W$  represents a ranking (weighting) of the MRI features with respect to their discriminative power across samples belonging to different classes. Here, the ranking  $W$  is measured by using the Signal-to-Noise Ratio (SNR) method that computes a variable (feature) importance to discriminate samples that belong to different classes. In a  $C$ -class problem, where  $C = \{1, 2, \dots, n\}$ , the SNR value of each feature  $f$  is denoted by  $R_f$  and computed as follows:

$$R_f = \frac{\sum_{i=1}^n \frac{\text{abs}(\mu_i f - \mu_{\{C \setminus i\} f})}{\sigma_i f + \sigma_{\{C \setminus i\} f}}}{n}, \quad f = 1, \dots, F \quad (1)$$

Here,  $i$  indicates one class of samples that is assumed as signal and  $\{C \setminus i\}$  refers to the other classes (assumed as noise). The  $\mu_i$  and  $\sigma_i$  refer to the mean-value and standard deviation of a feature  $f$  within the samples in class  $i$ . The computed  $R_f$  is further utilised to modify the distance  $D_{x,y}$  between every two individuals' MRI samples  $x$  and  $y$  as follows:

189

$$D_{x,y} = \frac{\sqrt{\sum_{f=1}^F R_f (x_f - y_f)^2}}{\sum R_f} \quad (2)$$

190 Here,  $F$  indicates the number of features in data (31), and  $x_f$  and  $y_f$  refer to the values of  $f^{\text{th}}$  feature in sample  $x$  and  
 191  $y$  correspondingly. With respect to this computed distance, when an MRI sample  $x$  enters to the personalised  
 192 modelling system, all the other MRI samples are descending sorted with respect to their distances to  $x$ . Then, the  
 193 top  $k$  similar samples to  $x$  were selected as KNN samples. In our experiments, since the dataset has a small number  
 194 of samples in the dementia class (only 14 individuals), we suggested to set a limit to select a maximum number of  
 195 14 samples from each group. This ensures that the generated datasets are balanced across the groups. We assigned  
 196 different values to  $K$ , ranging from 5 to 14 and selected different MRI samples for training the SNN models. For  
 197 all the 175 individuals,  $k=14$  resulted in the best accuracy of outcome classification and prediction.

### 198 2.3.2 Imputation and Interpolation of Longitudinal Data

199 We used an imputation technique to deal with missing MRI feature values. A subset of the most similar subjects to  
 200 the one which has missing values was selected by KNN algorithm with respect to the Euclidean distance measure.  
 201 Then the mean value of the distances was imputed to the missing one. Further information about the imputation  
 202 technique is provided in Section II and Fig 1 of the Supplementary.

203 To capture the temporal dynamic patterns in the MRI data over the 6-year period, still preserving the trend of  
 204 changes in the MRI measured data, we simulated one data point per month, plus the data points in T1, T2 and T3,  
 205 resulting in 75-time points in the 6-year period of data collection in the MAS study. The interpolated temporal  
 206 patterns were then encoded into sequences of binary events, called spikes, to capture significant upward and  
 207 downward changes in the MRI time series. Afterwards, we spatially mapped the MRI features into a 3-dimensional  
 208 reservoir of artificial spiking *neurons*, structured according to a brain template. The SNN model learns the spike  
 209 encoded spatiotemporal MRI data using a biologically plausible learning algorithm which resembles the information  
 210 proceeding mechanism in the brain. Using this, the model captures the spatiotemporal interactions between the MRI  
 211 features over time, resulting in the identification of markers of dementia that are used to predict the cognitive  
 212 outcomes a few years ahead.

### 213 2.3.3 Time Series MRI Feature Encoding to Spikes

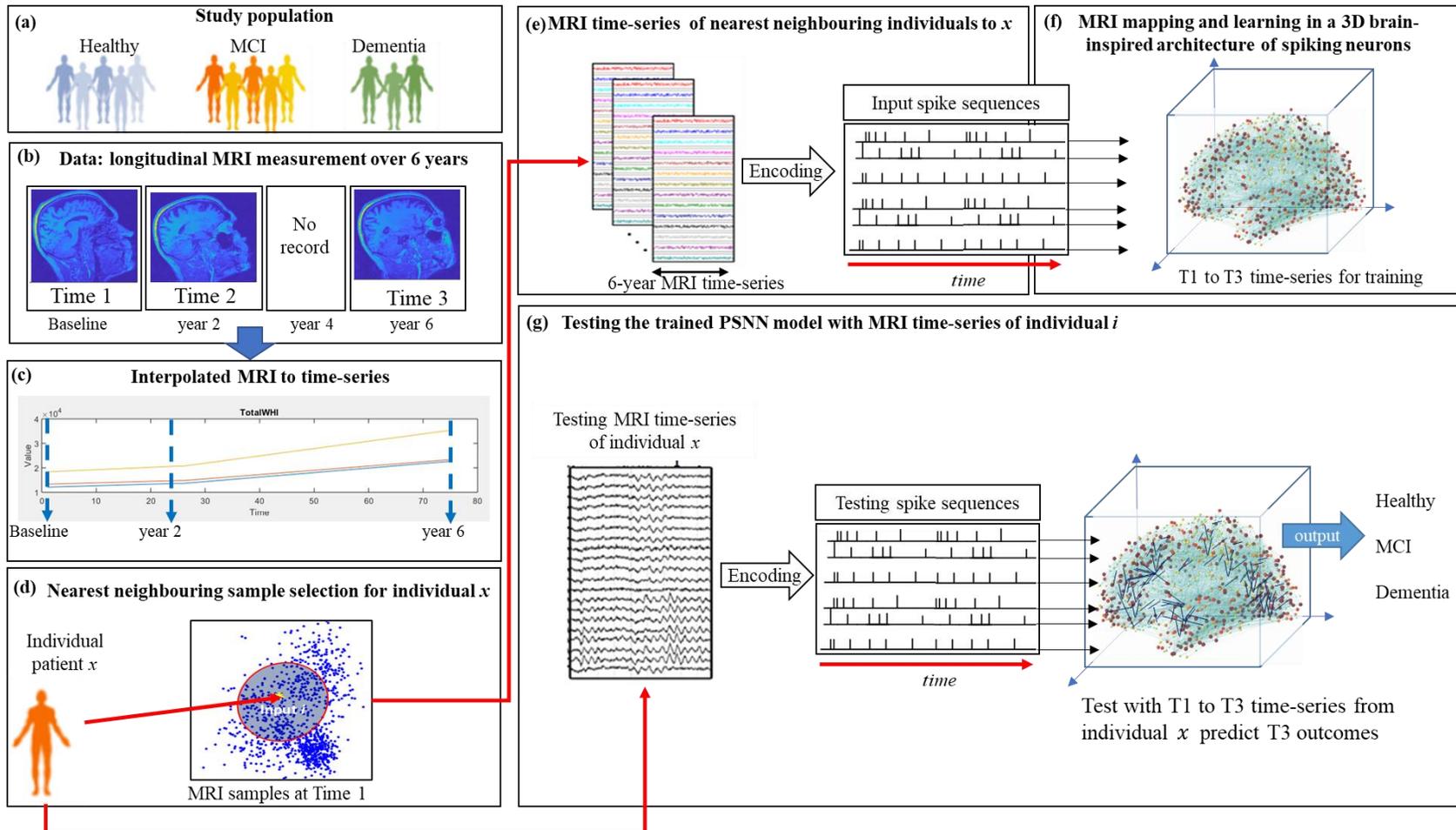
214 Encoding procedure was suggested in several studies for transforming temporal data to certain events in time and  
 215 provide significant information of dynamic changes in data for computational modelling [66][67][68][69]. In this  
 216 study, the MRI time series are encoded into spike trains which represent upward or downward changes in the  
 217 intensity of the MRI features over time. A spike dependant time encoding rule is simulated from neural encoding  
 218 procedure that relates to the transition of neural signals to electrical pulses, called action potentials. For the encoding  
 219 method in this research, we employed a threshold-dependant approach to generate spikes which preserve the MRI  
 220 dynamic changes over time. For a given MRI time series  $M(t)$ , where  $t = 1, 2, \dots, n$ , the variation of feature value  
 221 over time is denoted by  $B(t)$ , with a baseline  $B(1) = M(1)$ . At the next time point  $t$ , if the feature value is higher  
 222 than  $B(t - 1)$  plus a threshold  $\beta$ , then a positive spike is generated at  $t$  and  $B(t)$  will be replaced by  $B(t - 1)$ .  
 223 The encoding procedure is defined as follow:

224

$$spike(t) = \begin{cases} 1 \text{ and } B(t) \leftarrow B(t - 1) + \beta & \text{if } M(t) \geq B(t - 1) + \beta \\ -1 \text{ and } B(t) \leftarrow B(t - 1) - \beta & \text{if } M(t) < B(t - 1) - \beta \\ 0 & \text{otherwise} \end{cases} \quad (3)$$

225 To calculate threshold  $\beta$ , the whole MRI sample length is considered. Here, the threshold  $\beta$  is a self-adaptive  
226 bidirectional thresholding method, applied to all features. For an input time series  $M(t)$ , we calculate the  
227 mean  $m$  and the standard deviation  $s$  of the gradient  $dM/dt$ , then the threshold is set to  $m + \alpha s$ , where  $\alpha$  is a  
228 parameter controlling the spiking rate (the intensity of the generated spikes) after encoding. In our experiment, we  
229 set  $\alpha = 0.5$  which resulted in an optimal spike rate for reconstruction of MRI time series from spike trains. The  
230 encoding algorithm is provided in Supplementary Table 3, while Supplementary Fig. 2 demonstrates an example of  
231 encoding MRI time series to spike trains from Left Thalamus feature across the groups (healthy, MCI and dementia).

232



233

234 Figure 1. A diagram of the generic personalised modelling approach for longitudinal data using SNN illustrated here on the MRI data of 6 years for the classification  
 235 and prediction of individuals cognitive outcomes. (a) the cohort 6-year study includes three groups of individuals (healthy, MCI diagnosis). (b) The MRI data were  
 236 collected at baseline (T1), 2-year follow-up (T2), and 6-year follow-up (T3). (c) the MRI measurements were interpolated to time-series to capture the patterns of  
 237 changes over 6 years for each individual. (d) for a new individual  $x$  entering to the personalised modelling system, a group of nearest neighbouring individuals to  
 238 this person is selected using our proposed clustering technique applied to MRI data at T1. (e) the MRI time-series of the nearest neighbouring individuals to  $i$  are  
 239 selected as the training dataset, then encoded to spikes and utilised for training a brain-inspired PSNN model. (g) the PSNN model is then tested using the MRI  
 240 time-series (T1 to T3 data) of person  $x$  for classifying this individual to one of the diagnosis labels. The trained PSNN models is also tested using smaller length  
 241 of MRI time-series (2 years or 4 years) for prediction of outcomes in T3. This procedure is performed for all individuals and the average accuracy is reported.

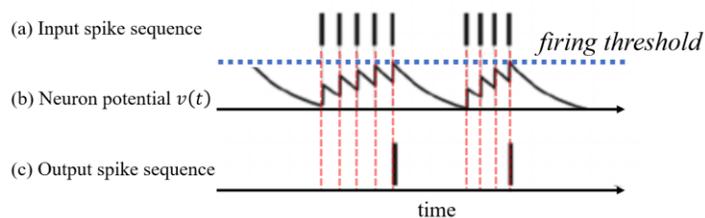
### 2.3.4 Spiking Neural Networks Architecture for Personalised Modelling of MRI Features

The proposed personalised modelling is built upon SNN architecture. SNNs were introduced for the first time in computational neuroscience for modelling the behaviour of biological *neurons*. Biological *neurons* use action potential (sudden pulses in time) to compute and transmit information. In SNNs the principle of an action potential is computationally replicated by binary events (-1 or 1, called spikes) with precise timing as means of communication. They are biologically plausible neural models comprised of spiking *neurons*, connections between them (synapses), and learning algorithms [46] [47] [48]. Computational model of a spiking *neuron* allows the *neurons* potential to change as a function of time and input temporal spikes. A spiking *neuron* emits output spike at the time  $t$  in which its internal state exceeds a threshold. The generated spikes are propagated over time through the SNN and lead to the adjustment of the *connections*, allowing the model to learn and memorise. A synaptic connection can be an excitation that rises the *neuron's* potential once receiving input, or an inhibitory that reduces the *neuron's* potential [70]. This resembles the biological excitatory and inhibitory neurotransmitters that respectively increase or suppress the postsynaptic *neuron* potential towards firing. Depending on the timing of spikes between a pair of pre- and postsynaptic *neurons*, the connection weights between them can be strengthened or weakened. Therefore, the model learns the causal relationship between the connected *neurons* by adapting the connections. These SNNs manifest biologically plausible properties (e.g., action potential, excitatory postsynaptic potential, inhibitory postsynaptic potential [71]).

The introduction of brain-inspired SNN architectures [60, 61, 72] makes it possible for the encoded spike sequences of the selected MRI feature data to be transferred into a 3-dimensional model, which topologically preserves the spatial information of the MRI features. In order to initialise the connections in the PSNN model, the small-world (SW) *connectivity* rule is applied [73] [74]. In this rule, every neuron is randomly connected to its nearby neurons within a reduce (fixed to 2 neurons away). The connections are weighted with small random values, so that on average 80% of the them are positive values [0-1] while 20% of them are negative [-1-0] which are normally distributed all over the network [75]. In this study, mapping and initialisation of connections are set the same for all experiments. The mapped PSNN model is then trained by the temporal information of the input spike sequences. When the training procedure with the selected KNN samples of MRI data is completed, the time series of a person  $x$  data (excluded from the training) is used to test the model. The trained PSNN model is a personalised model of person  $x$  and can be used as an individualised profile to investigate the relationships between a person's MRI features over 6 years in relation to a predicted outcome.

The *neurons* in a PSNN model can be developed according to various computation models including Integrated and Fire model [76], Leaky Integrated and Fire model (LIF) [77, 78], or Izhikevich model [71]. In the current study, we used LIF for modelling the *neurons* in PSNN architecture. In the LIF model after a *neuron* has spiked, its membrane potential will not start increasing with next incoming spikes before a refractory period is over. Between the input spikes, the *neuron's* potential reduces by a leak-parameter (illustrated in Fig. 2).

276



277

Figure 2. The Leaky Integrated and Fire (LIF) model of *neuron* shows that when an input spike (shown in a) arrives in a *neuron* at time  $t$ , the *neuron's* potential voltage  $v(t)$  (shown in b) increases towards the firing threshold, while decreases (leaks)

279

280 between sequential spikes. If the potential reaches a certain threshold (shown by a green horizontal line), then the *neuron*  
 281 produces an output spike in time  $t$  (shown in c) and its potential reset to initial value [79].

### 282 2.3.5 Unsupervised Learning in SNN Models with the Encoded Longitudinal MRI Feature Data into Spike 283 Sequences

284 The learning process in this methodology has two phases (unsupervised and supervised learning). Unsupervised  
 285 learning is for adjusting the initial connection weights (inhibitory and excitatory connections) in the PSNN model  
 286 while the model is learning from the streaming input MRI feature data encoded into spikes. For this learning process,  
 287 we used the STDP rule [64] which is a biologically plausible unsupervised learning method. The STDP adjusts a  
 288 synaptic strength regarding the time relation between the presynaptic and postsynaptic action potential occurrences  
 289 (pre and post spikes) as depicted in Fig. 3.

290 STDP rule suggests that if two *neurons* have causal relationship, then their connection weight should be increased,  
 291 and this occurs when the presynaptic *neuron* fires just before the postsynaptic *neuron*. The STDP learning rule is  
 292 defined using the following relation:

$$293 \quad \Delta w = \begin{cases} A_+ \exp\left(\frac{\Delta t}{\tau_+}\right) & \text{if } \Delta t \geq 0 \\ -A_- \exp\left(-\frac{\Delta t}{\tau_-}\right) & \text{if } \Delta t < 0 \end{cases} \quad (4)$$

294 where  $\Delta w$  defines the amount of change in the connection weight between pre and post *neuron* with respect to their  
 295 spiking time interval  $\Delta t = t_{pre} - t_{post}$ . The parameters  $A_+$  and  $A_-$  define the highest value to modify the connection  
 296 (when  $\Delta t \approx 0$ ). The parameters  $\tau_+$  and  $\tau_-$  denote the ranges of pre-to-post-synaptic inter spike intervals over which  
 297 the synaptic strengthening and weakening occurs. Fig. 3 plots the changes in synaptic weight by  $\Delta w$  as a function  
 298 of postsynaptic spikes in time. STDP allows the SNN models to learn from data with respect to exact timing of  
 299 spikes, therefore, acting as an efficient learning rule that generates optimal information follow in the networks  
 300 [49],[80].

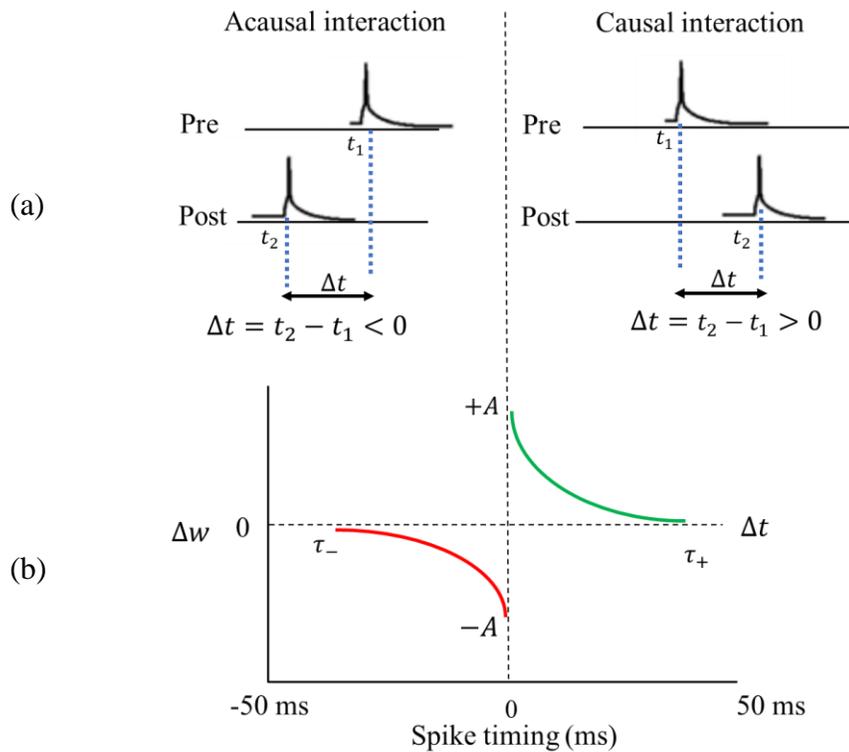
### 301 2.3.6 Supervised Learning in the SNN Models with Labelled Longitudinal MRI Feature Data

302 When the unsupervised learning is accomplished, we performed supervised learning using dynamic evolving SNN  
 303 (deSNN) [81] method to learn the association between the training MRI samples and the class label information  
 304 (healthy, MCI, dementia). For every training MRI sample, one *neuron* was created on the output layer and linked  
 305 to all the *neurons* in the already trained SNN model via excitatory connection. The training samples that were used  
 306 for unsupervised STDP learning are being passed again to the SNN for supervised training that modifies the output  
 307 layer connections. In this process, when entering the training samples to the model one by one, the temporal spiking  
 308 activities in the SNN model, generated by each sample, will be used as input spikes to train the corresponding output  
 309 *neuron's* connections for recognising this sample. The output connections are first created with weights of zeros  
 310 and then initialised with respect to the Rank-Order (RO) rule [82]. This rule assigns the highest value to the first  
 311 arriving spike from a presynaptic  $i$  in the SNN reservoir a postsynaptic *neuron*  $j$  in the output layer when modifying  
 312 the connection weights  $W_{i,j}$  between *neurons*  $i$  and  $j$ . This is defined as follows:

$$313 \quad W_{i,j} = mod^{order(i,j)} \quad (5)$$

314 Where  $mod$  is a modulation factor within  $[0, 1]$  and  $order(i, j)$  is the time order (rank) of the arrival of the first  
 315 spike from the presynaptic *neurons*  $i$  to the postsynaptic  $j$  and the rank is calculated across all presynaptic *neurons*  
 316 connected to  $j$ . The range for  $i$  is from 1 to number of neurons in SNN and the range for  $j$  is from 1 to the number  
 317 of training samples as neurons on the deSNN layer.

318 After the initialisation of the output connections with respect to the first arriving spikes using RO rule, then they  
 319 will be further modified using a small drift parameter to take into account the occurrence of the following new  
 320 spikes at postsynaptic *neuron j* at time  $t$ . When there is no spike to  $j$  at time  $t$ , then the corresponding connection  
 321 weight decreases by the drift parameter, otherwise, it increases. After applying the deSNN supervised learning  
 322 phase, the output connection weights are fixed. Next, in the validation phase, a new MRI sample, which is unknown  
 323 to the model, is used for testing. For this sample, an output testing *neuron* is generated and connected to the *neurons*  
 324 from the SNN reservoir. Then, these output connections will be adjusted while propagating the spike trains of this  
 325 MRI sample to the model. When the output connections are established, this *neuron* will be classified by KNN  
 326 algorithm that computes the distance between this newly formed testing *neuron* connections and the rest of the  
 327 output *neurons* connections. The algorithm then votes on a class label of which the new output *neuron* is similar to  
 328 the majority of the output *neurons* in the KNN set labelled with the same class. This process is performed for all  
 329 the testing samples by building different personalised SNN models for testing the outputs for the samples and for  
 330 classifying them.



331

332 Figure 3. STDP rule adjusts the synaptic weight by  $\Delta w$  value depending on the time relation between the presynaptic and  
 333 postsynaptic spikes occurrence. (a) If presynaptic *neuron* (Pre) fires at time  $t_1$  just before the postsynaptic neuron (Post) fires  
 334 at  $t_2$ , then  $\Delta t = t_2 - t_1 > 0$  indicates a causal relationship that leads to increase the synaptic weight by a positive  $\Delta w$  value if  
 335 the Post spike is within  $\tau_+$  time interval. On the other hand,  $\Delta t < 0$  leads to decrease the synaptic weight by  $-\Delta w$  value. (b)  
 336 the changes of synaptic weight  $\Delta w$  as a function postsynaptic spikes in time. The spike of presynaptic or postsynaptic *neurons*  
 337 are denoted by the shorthand notations Pre and Post.

### 338 2.3.7 SNN Models Parameter Optimisation

339 The SNN models' parameters are optimised using a grid-search technique to reduce the classification and prediction  
 340 outcome error. The optimised parameters are: SNN learning rate and the classifier parameters (mod and drift). In  
 341 grid-search technique, each selected parameter was searched within a range specified by the minimum and  
 342 maximum value (SNN learning rate (interval [0.001-0.03]), modulation factor mod (interval [0.4-0.95]) and drift

343 (interval [0.001-0.3]), through several iterations related to the number of steps for moving from minimum to  
344 maximum. We assigned 10 steps between the minimum and maximum values of each parameter range. Therefore,  
345 for every individual  $x$ , 1000 iterations of training (using all MRI samples except the holdout sample  $i$ ) and testing  
346 (using the single holdout sample  $i$ ) were performed with a different combination of these three parameters. For  
347 every PSNN model, the parameter values that resulted in the best accuracy in most of these 1000 iterations, were  
348 selected as the optimal parameters.

349 The proposed methodology here is based on SNNs as powerful models for modelling complex spatiotemporal data  
350 due to their speed, efficiency, real-time action, and biological fidelity [83],[42],[84]. In this study, we used  
351 computational SNN models with biologically plausible STDP learning algorithm for mapping, learning, visualising,  
352 classification, and prediction of cognitive outcomes (healthy, MCI, dementia) using longitudinal MRI data. The  
353 learning process included both unsupervised (STDP rule) and supervised learning (deSNN algorithm). The  
354 hyperparameters of the models were optimised using a grid-search approach. The SNN models with STDP learning  
355 transpired as a potential means to understand time, space, and frequency of complex spatiotemporal brain data. The  
356 main advantages of using brain-inspired SNN models is to reveal patterns of spatiotemporal interactions of input  
357 variables to suggest possible markers of dementia-related diseases. (3) There are powerful neuromorphic hardware  
358 systems of thousands and millions of *neurons* working in parallel, that can speed up the computation in a real-time  
359 for real-world applications. An example is SpiNNaker which is used in the neuromorphic platform for the Human  
360 Brain Project [85],[86]. (4) Predictive modelling of spatiotemporal brain data using SNNs and their biologically  
361 plausible spike-dependant learning algorithms has shown greater prediction accuracy than traditional ML methods.

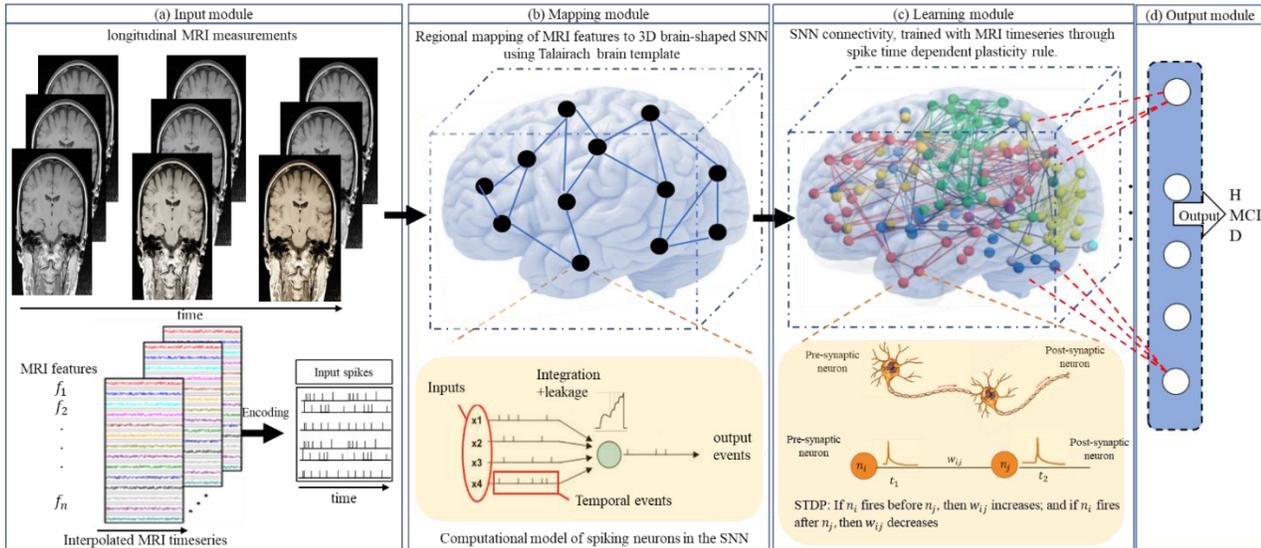
### 362 **3. Results**

363 Fig. 4 illustrates the main phases of the proposed methodology applied to the longitudinal MRI brain data. It can be  
364 seen that the MRI data of MAS cohort were mapped into a 3D brain-template SNN model that topologically  
365 preserves the spatial information of the brain regions while learning from the MRI dynamic changes over time. The  
366 spatial mapping in SNN model is based on the Talairach brain atlas [87], which is one of the most frequently  
367 employed systems for exhibiting coordinates in neuroimaging studies and was implemented in both BrainMap [88]  
368 and Talairach Daemon [89]. The current study used the 3D anatomical Talairach atlas coordinates  $(x, y, z)$  with  
369 1471 *neurons* defined according to the stereotactic system and MRI-Electroencephalogram sensors [90] with every  
370 computational *neuron* mapping approximately 1-mm<sup>3</sup> area of the brain. The applied Talairach template includes  
371 anatomical regions classified by lobe, hemisphere, tissue (i.e. grey/white matter) and Brodmann areas [91]. Using  
372 this spatial information, the MRI features were mapped into input *neurons* of a Talairach structured 3D SNN with  
373 respect to their corresponding anatomical positions (regions of interest in the brain) associated with Talairach  
374 regions. Then, the SNN model was trained using MRI time series (input data) to capture spatiotemporal interactions  
375 between MRI features over time related to individualised outcomes. Therefore, the spiking activities of a certain  
376 cluster of *neurons* can be associated with the activities of a corresponding anatomical region in the human brain.

377 The trained brain-inspired SNN models capture the spatiotemporal relationships in the data for the detection and  
378 prediction of cognitive states (healthy, MCI, dementia). The pipeline procedure includes the following steps:

- 379 1. MRI data interpolation to time series. This is to capture the trend of changes in MRI across different  
380 individuals in the 6-year period.
- 381 2. Personalised modelling for classification of individual cognitive outcome using MRI data across 6-  
382 years, for potential marker discovery of MRI changes and a better understanding of the brain dynamics  
383 related to the progression of MCI and dementia.

- 384 3. Personalised modelling for early prediction (2 and 4 years earlier) of individual cognitive outcome by  
 385 building a model on full data and testing it on the first 4-year and first 2-year personal MRI data  
 386 respectively.
- 387 4. Visualisation of the personalised models built on MRI data for visual exploration and explanation  
 388 purposes.
- 389 5. Personalised profiling of an individual model for the purpose of finding potential markers for this  
 390 individual or groups of individuals.



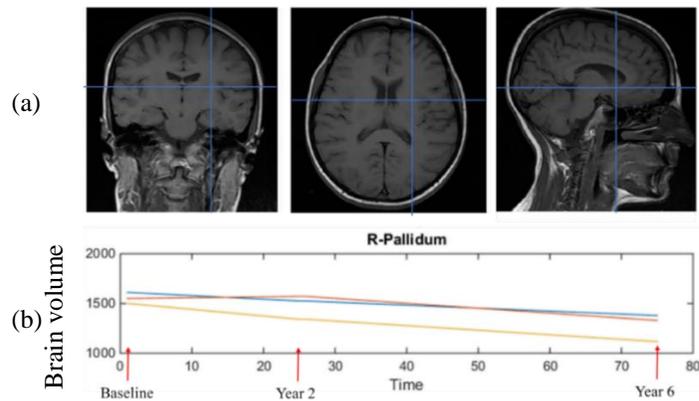
391 **Figure 4. The methodology for modelling of longitudinal neuroimaging data in a 3D brain-template structured SNN**  
 392 **architecture, with biologically plausible neurons and learning algorithms.** (a) the input module interpolates neuroimaging  
 393 data, recorded as several MRI features  $f$ , to time series which are then encoded to spike trains and used as input streams to the  
 394 3D SNN model. (b) spatial mapping of the SNN model using anatomical locations of the brain areas defined in Talairach space  
 395 [90] and assigning the input MRI features to input neurons with respect to their Talairach template 3D coordinates. Here, the  
 396 computational model of a neuron is the Leaky Integrated and Fire (LIF) model, where the neuron's potential increases or  
 397 decreases (integration and leakage) with respect to the incoming events (spikes) in time (see Methods section for details). (c)  
 398 the mapped SNN model learns from the input spikes to adapt neural connectivity with respect to temporal relationship between  
 399 pre- and postsynaptic action potentials (spikes between the connected neurons). This is performed by a biologically plausible  
 400 learning rule (unsupervised spike timing dependant plasticity rule, explained in the Methods section). (d) the output module is  
 401 based on supervised learning to learn the association between the class labels and the training MRI samples (output neurons).  
 402 Then the trained model is tested using a new unseen MRI sample for classification of the generated spatiotemporal patterns in  
 403 SNN into different classes, in this case healthy (H), mild cognitive impairment (MCI) and dementia (D).  
 404

### 405 3.1 Longitudinal MRI Feature Interpolation into Time Series

406 The original MRI datasets were recorded at baseline, 2-years, and 6-years of follow-up, in the form of static  
 407 neuroimaging data. To capture the changes in longitudinal MRI data as a function of time in an SNN model, the  
 408 data from each individual were linearly interpolated to time series by adding simulated data points that illustrate  
 409 trend of changes between the measurements (from baseline to T1 and from T1 to T3). Here, a total number of 75  
 410 data points were generated between T1 to T3, representing 72 months in this 6-year period plus the three  
 411 measurement times. The obtained time points for the longitudinal MRI data of an individual represent time series  
 412 information which is used in this paper to create brain-inspired SNN models for predictive data modelling of  
 413 cognitive outcomes. This interpolation is to transform the static MRI data (measured at 3 points) into time series.  
 414 The applied linear interpolation is based on a simple assumption to generate more data points between the original  
 415 MRI measurements while preserving the trend of data. There is no loss of trend-information in this method as the

416 interpolated data points follow the trend of changes in the original MRI data. These changes are then encoded into  
 417 events in time that capture the dynamics of data changes over time, and then the temporal events are used as inputs  
 418 for training computational models. The longitudinal MRI data points represent changes in the values from several  
 419 brain regions of interests (ROIs) over time. We identified 31 MRI variables which were measured as mutual  
 420 variables at all the follow-up assessments (T1 to T3). Please see the list of 31 MRI variables in Supplementary  
 421 Table 1.

422 Fig. 5 shows an exemplary MRI feature (right pallidum) interpolated to time series. The three temporal patterns of  
 423 pallidum MRI feature represent the mean value of the feature across all the individuals in healthy (blue line), MCI  
 424 (red line) and dementia (yellow line) groups based on the diagnosis/outcome provided at time T3. The interpolation  
 425 of all the MRI features to time series is shown in Fig. 1 of the Supplementary.

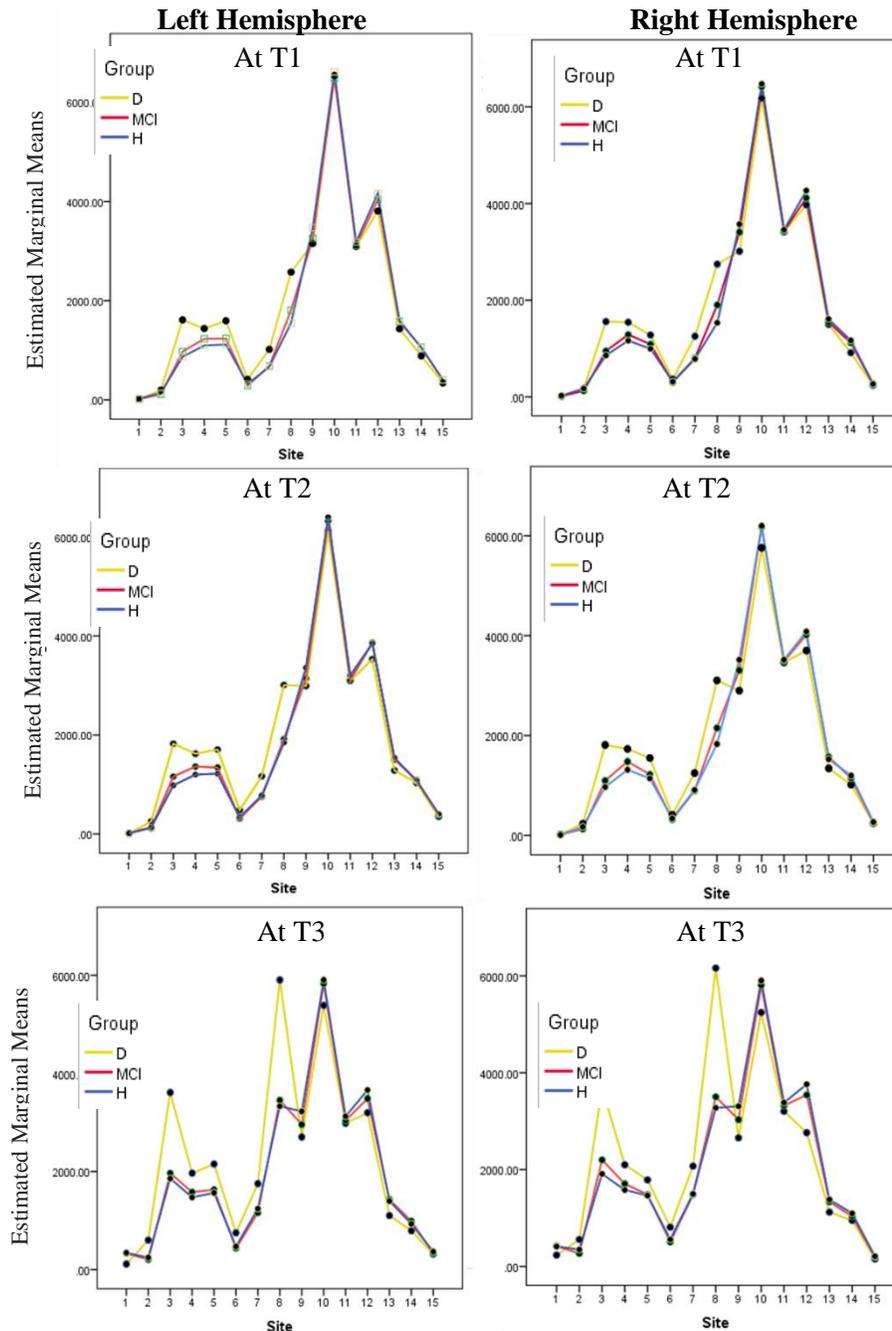


426

427 Figure 5. (a) Demonstration of the right Pallidum region in the brain from different angles. (b) The interpolated data is  
 428 representing the trends of changes in the brain volume of one MRI feature (right Pallidum- please see Fig. 1 in the  
 429 Supplementary) for 6 years, averaged across individuals in healthy H (blue), MCI (orange) and dementia (yellow) outcome  
 430 groups.

431 To analyse the MRI changes from T1 to T3 across the groups (healthy, MCI and dementia), Analysis of Variance  
 432 (ANOVA) [92] was applied to measure the significant distinctions between the groups. A repeated-measures  
 433 ANOVA was applied with respect to three within-subjects' factors: *Hemisphere* (left and right), *Site* (15 brain sites)  
 434 and *Time* (T1, T2 and T3) across all the *Groups*. The results (shown in Supplementary Tables 2) suggest a significant  
 435 main effect of *Time* [ $F(14, 258.5) = 309.8, p < 0.001, \eta^2 = 0.64$ ], two significant *Site\*Time* interactions [ $F(28,$   
 436  $567.8) = 117.70, p < 0.01, \eta^2 = 0.41$ ], and a *Site\*Group* interaction [ $F(28, 258.52) = 2.74, p = 0.04, \eta^2 = 0.03$ ]. It  
 437 can be seen from Supplementary Table 2 that at T1, the *Site\*Group* interaction did not significantly differ at all  
 438 brain sites except frontal, anterior horn, periventricular, occipital, posterior horn, and hippocampus. However, the  
 439 ANOVA analysis showed significant group differences at T2 [ $F(28, 258.5) = 1.89, p = 0.03, \eta^2 = 0.21$ ]. Note that  
 440 WMH volume reflects lesioning in the white matter. The subcortical volumes are structural volumes, with higher  
 441 volumes suggesting less atrophy. Compared to healthy and MCI groups, the dementia group showed significant  
 442 neural changes of WMH volumes in frontal, anterior horn regions, and volumes of the periventricular, occipital,  
 443 posterior horn, hippocampus, putamen, pallidum, and amygdala. At T3, the *Site\*Group* interactions differ  
 444 significantly at all the brain sites [ $F(28, 258.64) = 4.09, p < 0.001, \eta^2 = 0.45$ ]. Fig. 6 illustrates the change in mean  
 445 values of MRI features as a function of *Groups*. Sites 3 (frontal) and 8 (parietal) diverge considerably between MCI  
 446 and dementia groups and may, therefore, be potential markers for predicting dementia. A significant change from  
 447 time T1 to T3 is seen in dementia more than MCI. The proposed in this paper personalised computational models  
 448 achieved deeper analysis of the patterns of MRI features beyond the mean values, within and between groups, to  
 449 improve the model accuracy and understand these changes. The following section explains the creation of a

450 computational model based on deep brain-inspired SNN for personalised modelling of data and to perform pattern  
 451 recognition, classification, and prediction of cognitive outcomes.



452

453 Figure 6. Illustration of the mean values (in  $\text{mm}^3$ ) of the MRI features at 15 brain sites for each of the three subject groups  
 454 (healthy H, MCI, and dementia D) across the left and the right hemispheres at times T1, T2 and T3 of the MAS study. The  
 455 brain sites are: (1) cerebellum, (2) temporal, (3) frontal, (4) anterior horn, (5) periventricular, (6) occipital, (7) posterior horn,  
 456 (8) parietal, (9) Hippocampus, (10) Thalamus, (11) Caudate, (12) Putamen, (13) Pallidum, (14) Amygdala, (15) Accumbens.  
 457 Features (1)—(8) are WMH volumes and (9) — (15) are Brain volumes FSL (please see Supplementary Table 1 - List of MRI  
 458 features used in this study). Significant changes from time T1 to T3 are seen in dementia more than MCI and H. Analysis of  
 459 variance is reported in Supplementary Table 2.

460

### 3.2 Personalised Classification of Individual’s Cognitive Outcome (Healthy, MCI, or Dementia) using 6-year Interpolated MRI Data

461  
462

463 After interpolating the MRI feature data as time series (Supplementary Fig. 1), personalised classification of  
464 healthy, MCI and dementia outcomes (called classes) was performed using computational models for every  
465 individual as reported in Table 2 (top). Here, the class label of each individual’s MRI data is given with respect to  
466 the individual’s cognitive outcome diagnosed in year 6 (T3) of the MAS study. For every person  $i$ , a personalised  
467 SNN model (PSNN) was created and trained by 6-year MRI data (time series from T1 to T3) that belong to a group  
468 of similar individuals to person  $i$  (similar MRI samples) and this person’s data is used only to test the accuracy of  
469 the output produced by the model. Since dementia class (minority class) has a very small number of samples (14),  
470 we limited the number of nearest neighbouring samples to 14 which represents selecting a maximum number of top  
471 14 similar samples to  $i$  from each of the three classes. This led to select 42 KNN (K-nearest neighbour) samples  
472 when creating a model for each individual from H and MCI groups (14 samples per class). In the dementia group  
473 of 14 individuals, there were 41 KNN samples for each individual’s model (14 from H, 14 from MCI, and 13 from  
474 dementia).

475 The selected KNN samples are used as the training dataset, while the one MRI feature sample (spatiotemporal  
476 sequence) of person  $i$  was used as the testing sample, which was excluded from the training phase. The PSNN  
477 model of person  $i$  was trained using all the KNN samples (sequences) in two phases: unsupervised and supervised  
478 learning. The unsupervised learning was based on a spike timing dependant learning rule (STDP) specified for SNN  
479 architecture (see Methods section). This learning phase adjusts the spatiotemporal connections in the PSNN model  
480 while learning from the input spikes of the training samples. The supervised learning was performed to learn the  
481 association between the class labels and the 3D SNN models created for the same training samples. Then the trained  
482 model was tested using the 6-year MRI data of the person  $i$  who was excluded from the training phases, to classify  
483 this person’s data into H, MCI or D. This procedure was performed for every individual in the dataset, providing  
484 an individual (personalised) classification model. Table 2 reports a high classification accuracy of 96% with respect  
485 to individuals’ diagnostic outcomes at year 6. This suggests that the personalised models were successfully trained  
486 with 6-year MRI time series and captured discriminative patterns of MRI changes for each individual across the  
487 groups, and also models to be potentially used for predictive modelling as explained in Section 2.3. The SNN  
488 models’ parameters are optimised using a grid-search technique to reduce the classification and prediction outcome  
489 error. More information about the optimisation procedure is provided in the Methods and Supplementary sections.

490 Table 2. Classification (top), two-year prediction (middle) and four-year prediction (bottom) of an individual’s interpolated  
491 MRI data to class 1: healthy (H), class 2: MCI and class 3: dementia (D) subjects using the proposed PSNN method on the  
492 MAS study data. The best accuracy for each individual’s model was obtained using a grid-search optimisation to tune a  
493 combination of PSNN parameters (see the Methods section). The reported parameters are the average optimal values across all  
494 the 175 individuals’ models (e.g., see Supplementary Figs. 3,4,5). The table’s diagonal represents the number of correctly  
495 predicted MRI samples. In every personalised model of H and MCI individuals the size of KNN is 42, while KNN is 41 for  
496 individuals from dementia group.

Experiment	Real			Accurac y	Sensi tivity	Specificity	Total accuracy	F-score	Parameters	
	Predict	H	M CI							D
Classification	H	<b>91</b>	0	0	97%	100%	96%	<b>95%</b>	94%	Learning rate: 0.02 Mod: 0.5 Drift:0.22
	MCI	3	<b>65</b>	1	97%	97%	97%			
	D	0	2	<b>13</b>	93%	98%	92%			
Two-year ahead prediction	H	<b>88</b>	2	0	94%	93%	97%	<b>91%</b>	89%	Learning rate: 0.02 Mod:0.5 Drift:0.22
	MCI	4	<b>63</b>	2	94%	94%	94%			
	D	2	2	<b>12</b>	86%	86%	97%			
	H	<b>73</b>	11	1	78%	82%	78%			

Four-year ahead prediction	MCI	15	<b>46</b>	3	69%	82%	68%	<b>73%</b>	67%	Learning rate: 0.01 Mod:0.4 Drift:0.25
	D	6	10	<b>10</b>	71%	88%	76%			
	Sum	<b>94</b>	<b>67</b>	<b>14</b>						

### 497 3.3 Personalised Prediction of Individual Cognitive Outcome

498 To investigate how early the discriminative patterns of changes in MRI data between healthy, MCI and dementia  
499 groups can be captured for prediction of individual outcomes, we performed two personalised predictive modelling  
500 experiments. The first experiment is related to the prediction of cognitive outcomes two years ahead of an actual  
501 diagnosis/outcome. Here, for each individual  $x$ , a PSNN model was trained using MRI data from T1 to T3 (6-year  
502 data) of the nearest neighbouring individuals to  $i$  (selected at T1). Then the model was tested with MRI data from  
503 T1 to the generated T3 from the interpolated data MRI values (4-year data) that belong to individual  $x$  as reported  
504 in Table 2 (middle part). The second experiment is related to 4-year ahead prediction. Here, for each individual  $x$ ,  
505 a PSNN model was trained using the same training data in Experiment 1 but was tested using the MRI data of the  
506 individual  $x$  from T1 to T2 (2-year data), which results in a 4-year ahead prediction of an outcome for  $x$ , as shown  
507 in Table 2 (bottom part). As previously mentioned, for these two experiments the testing MRI data were not included  
508 in the training phase when creating a personalised modelling of individual  $x$ . Supplementary Fig. 4 reports the  
509 optimal STDP, mod and drift parameters in 175 individuals' models. In Table 2 (last column), we reported the  
510 average of the optimal parameters across all the 175 generated PSNN models. The rest of the parameters are fixed  
511 according to previous studies (spike rate parameter= 0.5, small-world *connectivity* radius= 2.5, and *neuron* firing  
512 threshold= 0.5). The best accuracy for each individual's model was obtained with respect to a grid-search optimisation  
513 approach to tune a combination of some PSNN parameters including SNN learning rate (interval [0.001-0.03]), modulation  
514 factor mod (interval [0.4-0.95]), and drift (interval [0.001-0.3]). The reported parameters are the average optimal values across  
515 all the 175 individuals' models (Supplementary Figs. 3—5).

516 For comparative analysis, we used LSTM (long short-term memory) which is an artificial recurrent neural network  
517 architecture and is a state-of-the-art method for classification and prediction of time series [103]. LSTM is used  
518 here as the model can handle different lengths of samples for testing data and provide prediction. Table 3 shows the  
519 results of classifying, 2-year and 4-year prediction of MRI data to class 1: H, class 2: MCI, and class 3: dementia.  
520 The PSNN resulted in a higher accuracy of classification and prediction when compared with LSTM. This is  
521 occurred due to the capability of SNN model to learn both time and space components of longitudinal brain data in  
522 one unifying model. This allows for capturing the relationship between the MRI features and their temporal changes  
523 in the form of spatiotemporal *connectivity* in relation to the output class labels.  
524

525 Table 3 Classification and prediction of interpolated MRI data to H, MCI and dementia groups using LSTM (long short-term  
526 memory) [93]. The model exactness was measured using F-Score, specificity, and sensitivity. The method is Leave-one-out  
527 cross validation.

LSTM	Accuracy	Specificity	Sensitivity	F-Score	Parameters
Classification	43%	69%	58%	56%	BiLSTM. 100 hidden units. layers: 3. Softmax.
2-year ahead prediction	40%	<b>60%</b>	45%	40%	
4-year ahead prediction	41%	66%	56%	46%	

528

529 The optimised parameters were validated using a new dataset of 90 samples, generated using Synthetic Minority  
530 Over-Sampling Technique (SMOTE) [94] as an up-sampling technique to generate new samples (artificial data)

531 based on the similarities between the feature spaces in the existing dataset. The classification, 2-year, and 4-year  
532 ahead prediction results are reported in Supplementary Table. 4.

### 533 3.4 Visualisation of the SNN Models

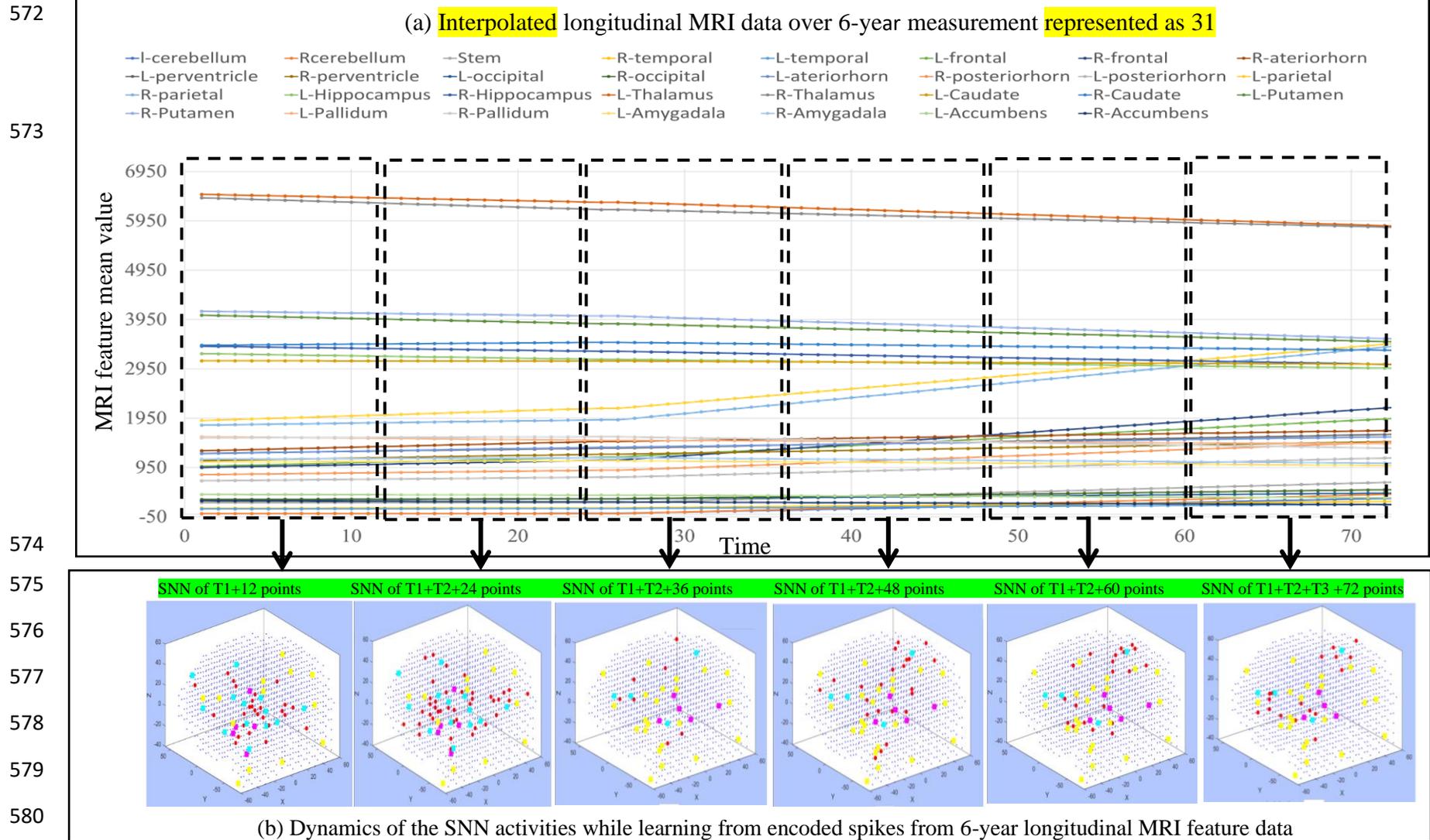
534 As explained above, the interpolated MRI time series are first transferred into spikes that represent the changes in  
535 the values of brain data features over time. The spike sequences of the MRI features were then mapped into the 3-  
536 dimensional SNN reservoir, constructed with 1471 artificial *neurons* using the brain Talairach coordinates [87],  
537 enabling the topological preservation of the spatial MRI information. For every MRI feature there is one *neuron*  
538 (input *neuron*) allocated in the SNN model to transfer the MRI spike sequences for incremental learning. The SNN  
539 connections are initialised with respect to the small-world (SW) *connectivity* rule [73],[74], [95]. The SW rule is a  
540 biologically inspired technique which defines the possibility of connecting one *neuron* to other ones with respect to  
541 the pairwise distance between them, a greater distance leads to a smaller probability of *connectivity*. To ignore the  
542 effect of random initialisation across the groups, we used the same initialised SNN model in all experiments. These  
543 initial connections are later modified while the SNN model is learning from the streaming MRI spikes entered  
544 through the input *neurons*. The developed SNN model generates a *connectivity* structure, where many-to-many  
545 *neurons* are linked to demonstrate the dynamics of longitudinal MRI data. To demonstrate how the spiking activity  
546 is propagated into the SNN model while streaming input time series, Fig. 7 shows a stepwise visualisation of spiking  
547 activities during the learning process with input MRI data from the MCI group.

548 Fig. 8 illustrates the modified connections in three SNN models trained separately by all MRI samples (all  
549 individuals) from healthy, MCI and dementia groups (diagnoses were taken from T3). This shows that a greater  
550 amount and stronger connections were generated in the SNN models of dementia with an average connection weight  
551 of 1.1 as compared with the SNN models of MCI (connection weight = 0.93) and H (connection weight = 0.87).  
552 These connections were established differently between the groups because of the variation in spike intensities in  
553 their longitudinal MRI datasets.

554 To show how each MRI feature has developed different *connectivity* inside the SNN models of healthy, MCI and  
555 dementia groups, we extracted the models' quantitative information and illustrated the average connection weights  
556 around each MRI feature in the SNN models (Fig. 9). It can be seen from Fig. 8(c) and Fig. 9 that the SNN model  
557 of dementia shows greater spatiotemporal *connectivity* compared to the other groups. This suggests that compared  
558 to H and MCI, the dementia group showed greater change across several brain areas, leading to the generation of  
559 more spikes. When these spike trains are entered to the SNN model for the learning phase, they result in developing  
560 stronger spatiotemporal connections between the model's *neurons*.

561 For the learning algorithm in the SNN models, we used STDP [64] which can capture the dynamic patterns of MRI  
562 data. During the STDP learning process, input spikes are propagated to the model and lead to the adaptation of the  
563 spatiotemporal *connectivity*. From Figs. 6 and 9, it can be derived that over the 6-year follow-up in the MAS cohort,  
564 several brain regions underwent change in the subjects with dementia diagnoses compared to MCI and H groups.  
565 More specifically, these changes were in the temporal, frontal, cerebellum, occipital, parietal, and brain stem sub-  
566 areas. This finding can be further studied as neuroimaging predictive markers.

567 As mentioned earlier, the mapped SNN models in Figs. 8 and 9 were generated when all the subjects' data were  
568 used as the training set to capture between-group differences. The next section represents that the proposed  
569 personalised modelling allows the creation of an individualised model for each subject's MRI data that is trained  
570 with the most relevant individuals' MRI data (nearest neighbouring samples), thus, detecting within-group  
571 differences through creating personalised profile for everyone.



581 Figure 7. (a) The mean values of the interpolated MRI time series from 31 features measured over 6 years. MRI features are WMH volumes and brain volumes  
 582 FSL (Supplementary Table 1). (b) Six sequential states of spiking activities in an SNN model during STDP learning with 6-year MRI data. The spiking activities  
 583 generated during the learning process are visualised after learning from every 12-month MRI data, reflecting the dynamics of MRI features and the corresponding  
 584 activated brain areas. Red dots are active *neurons* that just generated output spikes, blue dots are inactive *neurons* that have not yet emitted output spikes, pink,  
 585 blue, and yellow squares represent respectively the positive, negative, and no spikes entered from the input *neurons* (MRI features).

### 586 3.4. Personalised Profiling of an Individual

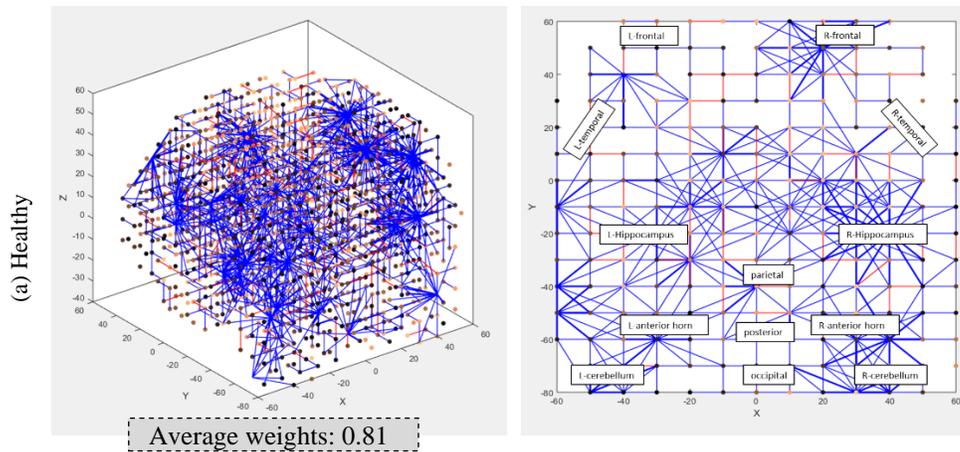
587 The proposed PSNN model can be also used here to derive a personal profile of an individual's cognitive  
588 progression over time that can be further investigated in terms of important individual characteristics and risk  
589 factors. This personalised modelling approach contributes as a decision support system that allows, for the first  
590 time, to create a personalised profile of a person and demonstrates the interactions between the MRI features.  
591 Therefore, it supports the model interpretability, which means that we can understand how the MRI feature  
592 interactions led to predict a specific individual cognitive outcome (in this case: healthy, MCI or dementia) over 6  
593 years. This is in contrast with many conventional classifiers, which perform like black-box information processing  
594 systems[96] with no supporting information to interpret the outcome results. Fig.10 illustrates PSNN models for  
595 three randomly selected individuals from H, MCI, and dementia groups. These PSNN models are generated after  
596 the unsupervised learning with input spike sequences from different KNN samples of MRI data.

597 To further analyse the spatiotemporal interactions between the MRI features in the PSNN models of Fig. 11, a  
598 Feature Interaction Network (FIN) is created to represent the level of interactions and to measure how the changes  
599 in one brain area can be influenced by the changes in other areas. To compute the level of interaction between the  
600 input *neurons* (MRI features) in the SNN models, an affinity  $N \times N$  matrix  $A$  is defined on the SNN model that  
601 displays the sum of the spikes that are exchanged between *neurons*  $i$  and  $j$  ( $i = 1, \dots, N$  and  $j = 1, \dots, N$ ) via  
602 connection  $w_{ij}$ . Every input *neuron* forms a cluster of *neurons* around itself that received the greatest number of  
603 spikes from this input neuron compared to the other input *neurons*. The FIN depicts how these groups of *neurons*,  
604 each connected to an input *neuron* (MRI feature) are interacting over time. The amount of spike interaction between  
605 any two adjacent groups of *neurons* (each connected to one input *neuron*) was computed with respect to the number  
606 of spikes exchanged between them. The wider the arc between nodes, the more spikes were transmitted between  
607 the corresponding groups of *neurons*, that represent different areas of the brain data model.

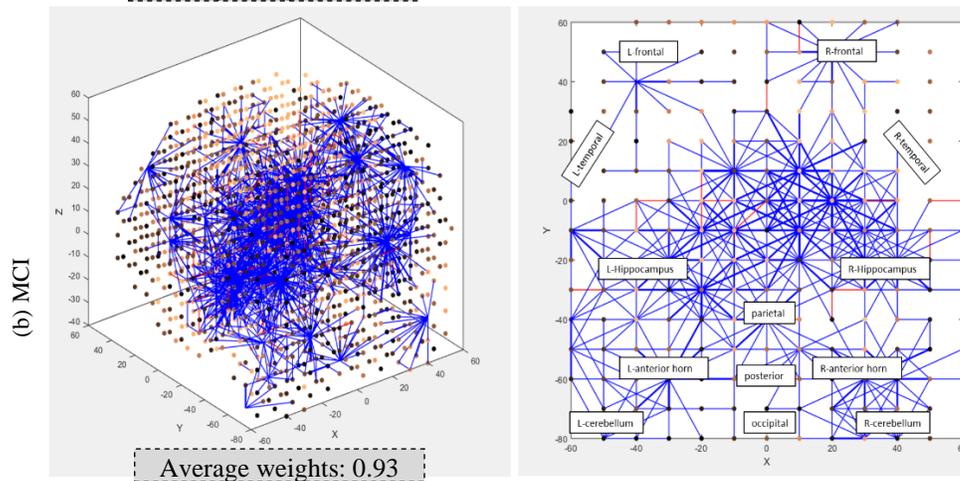
608 In Fig. 11, the FINs show the causal relationship between the 31 MRI features during the learning process in the  
609 PSNN models with 6-year MRI data of different individuals' data. The nodes represent the MRI features, while the  
610 arcs capture the number of spike communications between the neural clusters around the features during the  
611 learning. The thickness of the arcs corresponds to the strength of the interactions between the MRI features. This is  
612 observed in Fig. 11 that various interactions between the MRI features were captured for each of the groups. This  
613 means that the changes in one MRI feature caused some changes in other ones. The FINs demonstrate that compared  
614 to the H group, causal interactions are stronger in MCI and much stronger in the dementia group. For example, in  
615 the FIN of MCI, a few noticeable interactions are related to the causality between regions of occipital, accumbens,  
616 and periventricular. Also, there is evidence of an association between MRI features in the basal ganglia (right  
617 caudate and right accumbens). A strong interaction can also be seen between the amygdala and per ventricle  
618 changes, and between right anterior horn and right caudate. The FIN of dementia represents greater brain changes  
619 were captured between wider areas of the brain during the 6 years of follow-up compared to healthy and MCI  
620 groups. The strong interactions are among left and right anterior horn, left anterior horn and left caudate, right  
621 posterior horn and right amygdala, right parietal and right frontal, right occipital and right caudate. The connections  
622 have shown causal changes to the cerebellum (posterior), accumbens (subcortical) and frontal cortex (anterior).

623

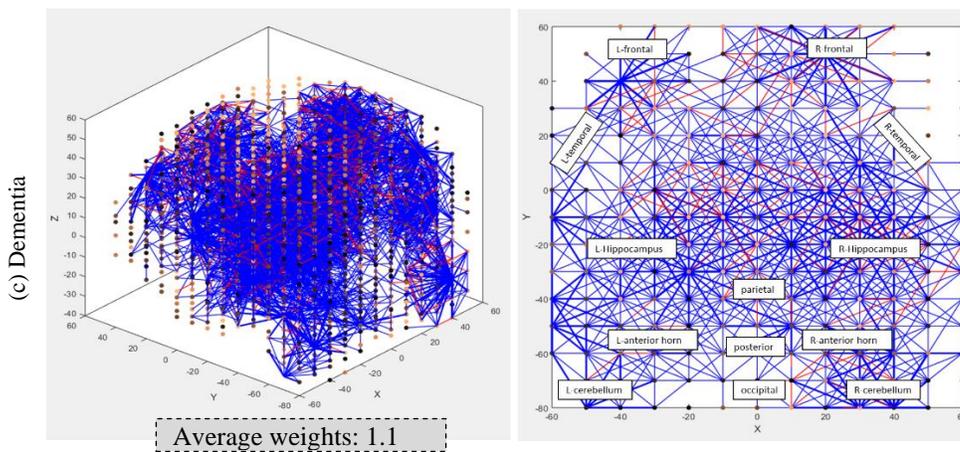
624



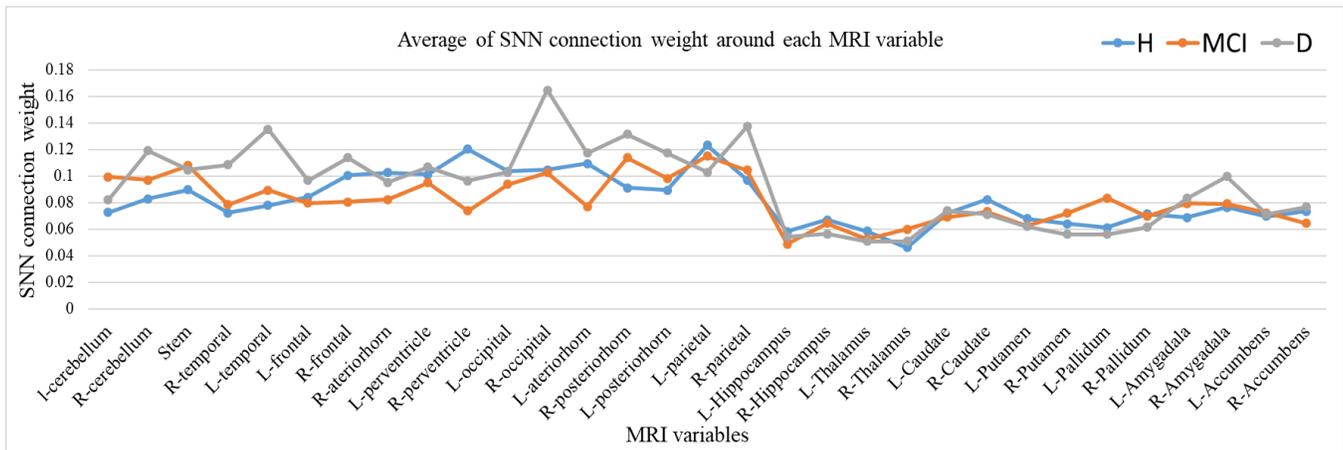
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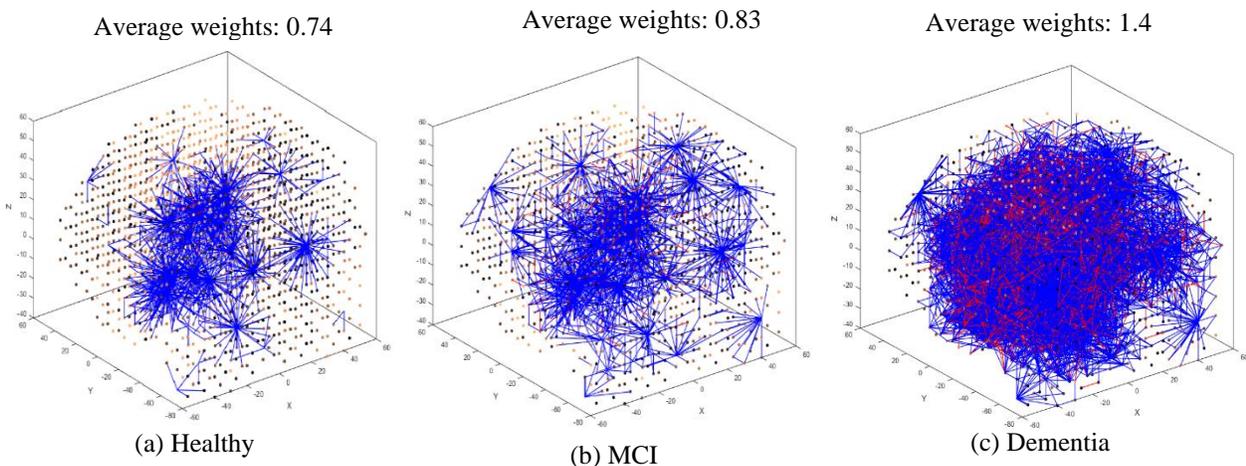
627 Figure 8. 3D (left) and 2D (right) visualisations of the spatio-temporal *connectivity* in the SNN models trained on MRI data  
 628 (interpolated from T1 to T3) of individuals whose diagnostic outcomes at T3 are healthy (94 subjects, shown in a), MCI (67  
 629 subjects, shown in b) and dementia (14 subjects, shown in c). The SNN model of the dementia group (in c) illustrates greater  
 630 connections (average weights= 1.1) when comparing with the models of H (average weights= 0.93) and MCI (average weights=  
 631 0.81). This is because the values of some of the MRI features have been significantly changed over the 6-year follow-up in  
 632 MAS study, resulting in enhanced connections between the *neurons* during the SNN model's learning phase. The blue lines  
 633 are positive (excitatory) connections, while the red lines are negative (inhibitory) connections. The thickness of the lines  
 634 identifies the weight of the connections.



635

636 Figure 9. Average connection weights around each MRI variable in the SNN models trained with 6-year MRI time series  
 637 from healthy H (in blue), MCI in (orange), and dementia D (in grey). Connection weights in the SNN model capture spatio-  
 638 temporal changes in the MRI input features.

639



640

641 Figure 10. Personalised profiling of three randomly selected individuals from H (shown in a) MCI (shown in b) and dementia  
 642 (shown in c) groups. These three PSNN models are trained with the use of spike trains of different KNN samples of MRI data  
 643 for each individual. The spatiotemporal *connectivity* in a PSNN model of an individual from the dementia group (in c) illustrates  
 644 more connections when compared with the models of the H individual (in a). The enhanced SNN *connectivity* in the individual  
 645 diagnosed with dementia is due to an increased amount of changes in the values of certain MRI features in this patient over the  
 646 period of follow-up. These MRI changes were encoded into more spikes, causing enhanced connections during the PSNN  
 647 model's learning process. The blue lines are positive (excitatory) connections, while the red lines are negative (inhibitory)  
 648 connections. The thickness of the lines identifies the weight of the connections.

649 This section demonstrated that the computational SNN models for personalised modelling of longitudinal MRI data  
 650 were created to perform pattern recognition, classification, and prediction of cognitive outcomes (healthy, MCI and  
 651 dementia). The models demonstrated the spatiotemporal interactions (in the form of connections) between the MRI  
 652 features in a computational SNN model, rather than an exact structure of the brain's physical neural *connectivity*.  
 653 The SNN models learned from the changes in MRI time series which were encoded into spikes. The learning was  
 654 performed using STDP, which changes the synaptic strength based on the difference in firing time of pre- and  
 655 postsynaptic *neurons*. Using an encoding method, drastic changes in MRI data were encoded to more positive or  
 656 negative spikes. The greater intensity of these input spikes and their propagation to the SNN model caused more  
 657 repeated spike transformation between the *neurons* during the STDP. Therefore, the absolute values of the



674 **4. Discussion**

675 The MRI modelling in this research suggested certain regional changes in WMH and structural volume associated  
676 with MCI and dementia development over 6 years. The results in Figs. 6 and 9 demonstrated left-right asymmetry  
677 in SNN *connectivity* in certain brain areas, particularly presented in the cerebellum, temporal, occipital and parietal  
678 as well as in periventricular areas while this asymmetry was less presented in the MCI and H groups. A relevant  
679 finding was previously reported for hippocampal volumes asymmetry during the progression of Alzheimer's disease  
680 [20].

681 Our findings in Fig. 6 demonstrated that the MRI changes over 6 years in frontal and parietal lobes diverged  
682 considerably between healthy, MCI, and dementia groups and would, therefore, be potential markers for predicting  
683 cognitive outcomes. Significant changes from time T1 to T3 are seen in dementia more than in MCI. This finding  
684 supports the results of another study which reported MCI is correlated to structural vulnerability and differential  
685 volume change across brain regions [97]. The results from the current study are also aligned with previous research  
686 that reported alterations in different brain regions, as Zidan et al [98] who found that volumes in the hippocampus  
687 are lower in people with Alzheimer's disease compared to individuals with MCI. Also, Gootjes et al [99] showed  
688 that the WMH index (WMH volume separated by lobar volume) was greater in people with dementia while it was  
689 at a low level in healthy controls and, within each group, the WMH index was elevated more in parietal and frontal  
690 lobes than in temporal and occipital lobes.

691 Based on the encoding algorithm, drastic changes in MRI features over time (both increases and decreases) lead to  
692 the generation of a greater number of spikes (both positive and negative), which are then entered into the SNN  
693 model for the learning process. According to the LIF model of a spiking *neuron*, if a *neuron* receives more frequent  
694 input spikes over time, its potential increases faster and generates more frequent output spikes. The STDP rule  
695 changes the synaptic strength based on the difference in firing time of pre- and postsynaptic *neurons*. The greater  
696 intensity of these input spikes and their propagation to the SNN model caused more repeated spike exchange  
697 between the *neurons* during the STDP. Therefore, the absolute values of the connection weights (both positive and  
698 negative) increased over time. This means that greater spatiotemporal connections in the SNN models represent  
699 more changes in the MRI time series. The created computational SNN models in Fig. 8 were trained by 6 years of  
700 MRI time series from healthy, MCI and dementia groups. The findings suggested that the model of dementia has  
701 shown stronger connections (average connection weights= 1.1) across several areas when compared with the models  
702 of H (average connection weights= 0.93) and MCI (average connection weights= 0.81). The quantitative  
703 information of the SNN models (shown in Fig. 9) demonstrated that dementia group had much stronger connection  
704 weights in some brain regions, such as the right cerebellum, left temporal, right frontal, right occipital, right  
705 posterior horn, right parietal, and right amygdala. These connections were developed during the STDP learning  
706 with spike trains of interpolated MRI data.

707 FINs in Fig. 11 depicted networks of interactions between MRI features over 6 years and demonstrated the changes  
708 in one MRI feature caused some changes in other ones. Compared to the healthy control group, interactions are  
709 stronger in the FINs of MCI and much stronger in the dementia group. This represents greater brain changes were  
710 captured during the 6 years of follow-up for individuals with dementia. For example, in Fig. 11, the FIN of MCI  
711 demonstrated stronger interactions between the volume changes in left and right hippocampus and the WMH of the  
712 temporal region. These cognitive changes were shown to be enhanced across several brain regions in the FIN of the  
713 dementia group which demonstrated strong associations between the changes in the volumes of the amygdala,  
714 hippocampus and WMH of temporal and posterior horn regions. Our finding is consistent with previous research  
715 on hippocampus and amygdala atrophy in relation to cognitive decline [100]. Furthermore, other studies report an  
716 association of WMH with the risk of progressing from healthy ageing to MCI [18] and the regional specificity of  
717 the association of WMH with cognitive functions, memory performance and Alzheimer's disease [19, 101].

718 Brickman et al also indicated that WMH volume in the parietal lobe predicts incidents of dementia while in people  
719 with Parkinson disease, the hippocampal volume is a main component in predicting MCI and dementia [20].

720 The proposed method for personalised modelling using SNN allows for capturing the relationship between the MRI  
721 features in the form of spatiotemporal *connectivity* in relation to the outputs. Therefore, the model does not act as a  
722 black-box information processing system, but as an interpretable model that demonstrates what interactions between  
723 the features have triggered the output. In contrast to our proposed approach, LSTM has no brain-like structured  
724 architecture to learn both time and space components of longitudinal brain data in one unifying model. Knowledge  
725 discovery in deep-learning patterns generated during the learning time, in an unsupervised mode in SNN models,  
726 from spatiotemporal data streams is of crucial importance for the interpretability. In the current study this has  
727 allowed for a better interpretation of the spatiotemporal interactions between variables when compared with state-  
728 of-the-art classifiers such as LSTM.

729 Although there are neuroimaging studies that investigated and reported association of longitudinal brain changes  
730 with the risk of progression from normal cognitive conditions to MCI and dementia [18, 98, 102], personalised  
731 neuroimaging data modelling for accurate classification and prediction of individual cognitive outcomes in older  
732 people is still lacking. Our proposed methodology aims to solve a challenging problem of how to integrate diverse  
733 brain changes that occur spatially and over time (as measured with MRI), into the comprehensive predictive  
734 algorithm. Future directions include:

- 735 - Applying the proposed methodology on larger data cohorts.
- 736 - Applying the personalised modelling system to the larger number of features in the same cohort, such as  
737 clinical and psychometric assessments that may provide complementary information and lead to improve  
738 the accuracy of classification and prediction of brain changes associated with various cognitive outcomes.  
739 This will help to better understand the processes underlying the development of neurodegenerative and  
740 cerebrovascular diseases.
- 741 - Developing new deep learning algorithms to complement the existing ones.
- 742 - Developing new algorithms for symbolic spatiotemporal rule extraction from trained PSNN to better  
743 understand individual brain dynamics related to outcomes.
- 744 - Implementation of diagnostic tools for clinical practice.

## 745 **5. Conclusion**

746 The current study introduces a new method for personalised predictive modelling of longitudinal data using a brain-  
747 inspired SNN architecture for early prediction and classification of neurological state (e.g., healthy, MCI and  
748 dementia). The proposed method is a generic one, applicable to wide range of neuroimaging and clinical  
749 longitudinal data. It is applied here to longitudinal (across 6 years) MRI data from the Sydney MAS study  
750 (Australia), which represents a reliable cohort of older adults.

751 The proposed methodology consists of several procedures, including: data imputation to deal with missing values,  
752 data interpolation to transfer longitudinal MRI data to time series, encoding the MRI time series into sequences of  
753 spikes that represent significant data changes over time, mapping the MRI data into 3-dimensional brain-inspired  
754 SNN model structured according to a brain template, unsupervised and supervised training from the MRI data,  
755 classifying/predicting an individual cognitive conditions with superior accuracy to traditional machine learning  
756 classifiers, visualisation and interpretation of results for individual marker discovery. The methodology used in this  
757 paper is based on a brain-inspired SNN architecture and has several advantages compared to traditional machine  
758 learning methods, including:

- 759 - High accuracy and sensitivity of an individual cognitive outcome classification and prediction. The SNN  
760 models were able to predict 2 years ahead of cognitive declines (MCI and dementia) with 90% accuracy.  
761 - Enabling the creation of individual models for a better understanding of changes in an individual's  
762 longitudinal MRI data over time, representing an individual cognitive degeneration.  
763 - Improved model interpretability through capturing the spatiotemporal relationship between the data  
764 variables during the learning process as symbolic rules [61].

765

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776

## 777 **Contribution of Authors**

- 778 • Maryam Dobarjeh conducted literature search, participated in the design of the study, conducted system  
779 implementations, performed the experiments, conducted data analysis and interpretation, authored and reviewed  
780 drafts of the paper, prepared figures and/or tables, approved the final draft, submitted the manuscript.  
781 • Zohreh Dobarjeh participated in the design of the methods, experimental design, conducted data analysis,  
782 statistical analysis of the results and interpretation, prepared figures, and tables, authored and reviewed drafts of  
783 the paper, approved the final draft.  
784 • Alexander Merkin completed literature search, conducted data analysis and data interpretation, authored or  
785 reviewed drafts of the paper, approved the final draft.  
786 • Helena Bahrami developed study design, conducted data analysis and interpretation, authored and reviewed  
787 drafts of the paper, prepared figures and/or tables, approved the final draft.  
788 • Alex Sumich performed statistical analysis, interpretation of results, reviewed drafts of the paper, approved the  
789 final draft.  
790 • Oleg N. Medvedev conducted data analysis and interpretation, reviewed drafts of the paper, approved the final  
791 draft.  
792 • Mark Crook-Rumsey conducted data analysis and interpretation, reviewed drafts of the paper, approved and  
793 proofread the final draft.  
794 • Kristan Kang completed data collection, conducted data analysis and interpretation, authored or reviewed drafts  
795 of the paper, approved the final draft.  
796 • Catherine Morgan conducted data analysis and interpretation, reviewed drafts of the paper, approved the final  
797 draft.  
798 • Ian Kirk participated in the data analysis and interpretation of results, approved the final draft.

- 799 • Perminder Sachdev provided the MAS data and its explanation, reviewed drafts of the paper, and approved the  
800 final draft.
- 801 • Henry Brodaty provided the MAS data and its explanation, reviewed manuscript drafts and approved the final  
802 draft.
- 803 • Wei Wen provided the MAS data and its explanation, reviewed drafts of the paper, and approved the final draft.
- 804 • Rita Krishnamurthi reviewed the manuscript draft, contributed to the interpretation of the results, and approved  
805 the final draft.
- 806 • Valery Feigin led the project and participated in the data analysis and interpretation of results, reviewed drafts  
807 of the paper, approved the final draft.
- 808 • Nikola Kasabov led the design of the SNN architecture and methodology, authored and reviewed drafts of the  
809 paper, approved the final draft.
- 810

## 811 Declaration of Interest

812 The authors declare that they have no known competing financial interests or personal relationships that could have  
813 appeared to influence the work reported in this paper.

## 814 Ethical Approval

815 The data recording was approved by Committees of the University of New South Wales and the South Eastern  
816 Sydney and Illawarra Area Health Service. In New Zealand, the Ethics Approval for the study was reviewed by the  
817 Auckland University of Technology Ethics Committee (AUTEK), and ethical approval has been granted for three  
818 years until 1 March 2021.

## 819 Data Availability Statement

820 The terms of consent for research participation stipulate that an individual's data can only be shared outside of the  
821 MAS investigators group if the group has reviewed and approved the proposed secondary use of the data. This  
822 consent applies regardless of whether data has been de-identified. Access is mediated via a standardised request  
823 process managed by the CHeBA Research Bank, who can be contacted at [ChebaData@unsw.edu.au](mailto:ChebaData@unsw.edu.au) or via the first  
824 author's contact at [mgholami@aut.ac.nz](mailto:mgholami@aut.ac.nz).

825

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