

## UBICOMP 2015

# Workshop on Participatory Design and the Humanist Landscape

Osaka, Japan # September 7-8, 2015 (right before UBICOMP and ISWC – Sept. 9-11)

This workshop (held in conjunction with the **UBICOMP 2015: The 2015 ACM International Joint Conference on Pervasive and Ubiquitous Computing** and **ISWC 2015: The 19th International Symposium on Wearable Computers**) will bring together researchers and practitioners to reflect on the use of participatory design methods, especially in the context of design for wellbeing. Delegates will reflect both on the user experience of being part of such methods, and on the design team experience, in line with recent calls for reflexivity in HCI. The workshop will enable delegates to situate their practice in the broader context of humanistic psychotherapy research, and implications for research methodologies and professional development will be discussed. Through a short series of talks, delegates will learn about attitudes and tools (specifically the Person Centred Approach and Interpersonal Process Recall) for reflection on team working and relational aspects of participatory design. The workshop will in turn contribute to the development of a person-centred framework for participatory and co-design research.

This set of three talks reflects on the use of participatory design methods, especially in the context of design for mental health and wellbeing. In them we: introduce the Person-Centred Approach as a framework for conducting Participatory Design; outline the method of Interpersonal Process Recall (IPR); and present a heuristic case study of these approaches being developed by a multidisciplinary design research team with Mind, a UK mental health charity.

The aims of the workshop are to:

- situate Participatory Design practice in the context of humanistic psychotherapy research, and discuss implications for design research methodologies
- introduce phenomenological attitudes and tools for reflection on team working and relational aspects of Participatory Design
- contribute to the development of a person-centred framework for Participatory Design research

### **\*WORKSHOP VENUE\***

The workshop will be held in the Knowledge Capital Conference Rooms, inside Grand Front Osaka, on 7th and 8th September 2015. The main conference will be held at Knowledge Capital Congrès Convention Center, inside Grand Front Osaka, on 9th-11th September, 2015.

The *2015 ACM International Joint Conference on Pervasive and Ubiquitous Computing* (UbiComp 2015) will be held at Grand Front Osaka in Umeda, **Osaka, Japan** from **Sep. 7-11**, co-located with ISWC 2015.

## **\*WORKSHOP PROGRAMME\***

<b>Day One</b>	
<b>10.00</b>	Arrival and sign-in
<b>10:30</b>	<b>Talk: Introduction to IPR as a participatory design method</b>
<b>11.15</b>	Open discussion and demonstration
<b>12.00</b>	lunch
<b>13.00</b>	<b>Introduction to the PCA as an attitude for Participatory Design</b>
<b>13.45</b>	Open discussion and reflection on practice
<b>14:30</b>	<b>Reflections on the heuristic experiences of a multidisciplinary team trying to bring the PCA to Participatory Design (with emphasis on the IPR method)</b>
<b>15.15</b>	Break
<b>15.45</b>	Encounter group session to discover attitudes and tools for reflection on team working and relational aspects of participatory design
<b>17.00</b>	Close

The talks will be repeated on Day Two. However, should delegates wish to experience and practice the IPR method, the organisers are happy to be flexible and support this activity with practical advice and feedback discussions. In this situation, delegates should be willing to work in small teams, and to be recorded; delegates should bring basic AV recording equipment with them such as a smart phone or tablet with an appropriate app installed.

## **\*ORGANIZERS\***

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