

**Table 1.** Mean values for measured variables with standard deviation (SD) or interquartile ranges (IQR), depending on distribution.

Variable	Test A		Test B	
	Mean	IQR/SD	Mean	IQR/SD
Crossing Time (secs)	19.93	4.04 - 17.09	92.97	20.8 - 180
Proactivity (%)	66.03	46.87 - 86.42	16.34	1.36 - 24.33
HR	82.79	54.67 - 115.88	69.07	55.39 - 79.64
HRV	103.23	±47.92	107.66	±39.37
Pre-Test average IRT	33.34	±1.14	33.23	±1.10
Post-Test average IRT	33.10	±1.01	33.04	±0.83
Pre-Test IRT discrepancy	0.25	±0.86	0.13	±0.86
Post-Test IRT discrepancy	0.11	±0.75	0.18	-0.53