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Integrating value management into sustainable construction projects in Hong Kong

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Abstract:	

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5 Abstract

6 Purpose

7 Integrating sustainability into the value management (VM) process can provide a strategic
8 platform for promoting and incorporating sustainable design and development during the
9 lifespans of construction projects. The aim of this study was to investigate the strengths,
10 weaknesses, opportunities and threats (SWOT) for integrating sustainability into the VM
11 process in Hong Kong.

13 Design/methodology/approach

Following an extensive literature review, 45 attributes were identified and grouped into Strength, Weakness, Opportunity and Threat elements. A questionnaire survey based on these groupings was supported by a semi-structured interviews with public sector clients, value managers and VM facilitators. They shared their experience and views on how to integrate sustainability into the VM exercises.

20 Findings

The triangulated results of the survey and interviews are presented in this paper. The ranking of the SWOT analysis results indicate that VM does provide opportunities for multidisciplinary professionals and stakeholders to focus on issues relating to society and the environment, which is considered a main strength. The major weakness of integration is the lack of well-trained staff and low levels of VM participant expertise in relation to the sustainable construction issue.

Practical implications

There are immense opportunities for integrating sustainability into the VM process, including
encouragement of the reduction, reuse and recycling of construction and demolition waste.
However, threats presented by integration include the additional time and costs required for
achieving sustainability targets.

34 Originality/value

Findings and recommendations provided in this paper should be helpful to decision makers including clients and VM facilitators for the successful integration of the sustainability concept into the VM process.

39 Introduction

Buildings have a massive effect on society, the economy and the environment over their entire life cycles. According to a report released by the United Nations Environmental Programme (UNEP) (2009), buildings consume more than 40% of global energy and contribute up to one-third of global GHG emissions in both developed and developing countries. Around 40% of the total energy consumed by the U.S. and Europe is consumed in residential and commercial buildings (U.S. Department of Energy 2008; Buildings Performance Institute Europe 2011). Buildings consume about 90% of the electricity in Hong Kong, and alone generate around 60% of Hong Kong's GHG emissions (Council for Sustainable Development 2011; Yip and Ho 2013). These have led to the development of 'sustainable buildings' that are environmentally responsible and resource-efficient over their development processes.

Brundtland (1987) defined sustainability as "meeting the needs of the present without compromising the ability of future generations to meet their own needs." Kibert (1994) defined sustainable construction as "creating a healthy built environment using resource-efficient, ecologically-based principles." Sustainable construction has generally been described as a process that starts before construction *per se* (in the planning and design stages) and continues after the construction team has left the site (Hill and Bowen 1997). Wolstenholme (2009) emphasised that the construction industry must be modernised by adopting efficient, integrated, innovative and sustainable construction practices. Raising sustainability awareness at the early onset of a project is highly encouraged, to optimise the potential to determine the course of the project. Value management (VM) has the capability to encompass the adoption of the sustainability concept at the conceptual and design stages of a project process (Abidin and Pasquire 2003; 2007).

Value Management is an organised function-oriented systematic team approach directed at analysing the functions and costs of a system, supply, equipment, service or facility, for the purpose of enhancing its value, through achieving the required functions specified by the clients at the lowest possible overall cost, consistent with requirements for performance (Shen, 1993). The process may be applied to management decision making at any level of an organisation and specifically may be applied to projects, products, systems, services, [and] processes" (AS/NZS 4183, 1994). VM is a proactive, creative, structured, systematic, analytical and multidisciplinary approach to examining project functionality and a wide range of stakeholder requirements to optimise value for money at the lowest overall cost during the project life cycle, from concept to use (Al-Saleh and Taleb 2010; Kelly et al. 2004). It does so by reviewing the costs, quality and functions involved in the project (Myers 2013). VM

studies are usually conducted during the early stages of a project to achieve the maximum
benefits and resource savings (Norton and McElligott 1995; HM Treasury 1996; Thiry 1997).
Although costs and benefits are the primary considerations of VM studies, VM is considered
not only a cost-cutting exercise, but rightfully a value-enhancing tool (Al-Saleh and Taleb
2010). The project cost should not be reduced at the expense of its functionality and
sustainability objectives, which would then diminish its value (Male et al. 1998; Parker
1998).

However, very few studies have investigated how to effectively integrate sustainability issues into the VM process (Schneider 1999; Abidin and Pasquire 2003; Fong 2003; Abidin 2005; Abidin and Pasquire 2005; Abidin and Said 2006; Abidin and Pasquire 2007; Al-Saleh, Taleb 2010). The strengths, weaknesses, opportunities and threats of integrating sustainability issues into the VM process should be investigated in practice. This research project seeks to fill this gap. The aim of this paper is to investigate the potential value of integrating sustainability issues into the VM processes in Hong Kong by undertaking a SWOT analysis. The major objectives are to investigate the potential for integrating sustainability considerations into the VM processes by identifying integration strengths and major weaknesses and by developing effective ways of creating opportunities and mitigating any threats to the integration process. Effectively SWOT analysis was used to analyse the current practice with respect to the integration of sustainability considerations into the VM processes and to formulate strategies to make more likely the inclusion of sustainability issues at the project inception stage.

99 Literature Review

- Value management and its application in Hong Kong

"The VM process is based on a facilitated participatory workshop involving a multidisciplinary and representative group of people who work together and follow a prescribed job plan to achieve best value or, where appropriate, best value for money for projects, products, systems, services, and processes" (Standards Australia 2007, p. iv). An essential element of the process is that it enables multidisciplinary stakeholders, including clients, consultants, government representatives, end users and the general public, to participate in briefing and design, clarify their needs, attain a better understanding of the project and interests of other stakeholders, build a consensus, and create a sense of ownership and commitment to the solutions that emerge from the VM workshops (Lam 1995; Kelly and Duerk 2002; Yu 2007; Yu et al. 2005a,b; Yu et al. 2006a,b; Yu et al. 2007; 2008). The VM process clarifies project objectives, various stakeholder perspectives and how project objectives may be achieved effectively (Kirk and Spreckelmeyer 1988; Shen 1993). Although its approaches may vary depending on the procurement route chosen, VM is a technique that can be applied to any construction project, and take into account its functional and services requirements over the entire life cycle.

Value management was first introduced in Hong Kong in 1988 (Shen and Yu 2012). The Environment, Transport and Works Bureau of Hong Kong issued a technical circular demanding that VM studies be carried out in the Public Works Programme (PWP) for major projects with an estimated cost of more than HK\$200 million (equivalent to USD\$15.6 million) (Works Bureau 2002). As the works agent for the construction of new government buildings, the Architectural Services Department (ArchSD) of Hong Kong arranged a number of VM studies and still takes a leading role in promoting the integration of sustainability into the VM processes. The ArchSD has been taking proactive measures to uphold the environmental performance of government buildings via comprehensive site planning,

sustainable architectural design, the use of green and recycled materials, greenery provisions, waste management, water conservation, the application of energy-efficient measures, the adoption of renewable energy technologies, indoor environmental control, visual effects, low running costs, user comfort and holistic green construction measures at different project stages (Ho and Au 2010). At present moment, ten mega infrastructure projects announced in a 2007-08 policy address are being carried out in Hong Kong at a total value of HK\$49.6 billion (USD\$6.39 billion), and sustainability issues are being given priority. For example, greening and urban connectivity are being emphasised in the Kai Tak redevelopment project (Architectural Services Department 2011). Although the public sector is encouraged to adopt VM in their projects, there is lack of record for the application of VM in the private sector.

137 Application of sustainability in VM

Topics of sustainability have been addressed by countless studies (Oke et al, 2015). Transforming strategic sustainability objectives into specific actions for projects is a complicated process (Aarseth et al., 2016; Marcelino-Sádaba et al., 2015). A balance needs to be created between the environmental, economic and social sustainability dimensions (Martens and Carvalho, 2016; Oke et al, 2015). These are considered the "three pillars" of sustainable construction. Integrating sustainability at a very early stage of the construction processes and throughout the project life cycle is essential to the decision making process of project development and project success (Carvalho and Rabechini, 2017). The desire for sustainable development and the new corporate social responsibility ethic adopted by companies are drivers that may also encourage the wider use of VM at the earlier strategic stages (Fewing 2005). The extent to which each of the three pillars applies to a particular construction project and the decision over where to give priority depend on the value judgments of the client, VM facilitator and participants. Although a trade-off is sometimes

required between the different sustainability pillars, this trade-off should neither hinder innovative ideas nor compromise the project cost, quality and time objectives (Hill and Bowen 1997). During the workshop stage, brainstorming and group dynamics are key ingredients in the successful delivery of project value for money (Langston and Ding 2001). VM studies must account for different stakeholder needs and expectations. These stakeholders may include senior representatives of client's managerial team, design and project management team, contractor's team and end users. Economic sustainability should not be separated from environmental and social sustainability in proposing alternatives and solutions. In the post-workshop stage, the proposals can be accepted or rejected by senior management. If the proposals are accepted, plans and strategies are formulated to implement them. A conceptual framework for integration of sustainability into value management process is depicted in Figure 1. [Insert Figure 1 here] Scholars have proposed the notion of integrating sustainability into the VM process at different international conferences organised by the Institute of Value Management (Barton et al. 1999; Alexandre et al. 2006; Yeomans 2002). Abidin's (2005) studies pioneered work in the field. VM enables sustainability to be integrated into the design process of a construction project (Abidin and Pasquire 2003; 2007). A systematic VM job plan can effectively guide the inclusion of sustainability issues during the building life cycle. Although the term "sustainability" may not be used frequently in VM workshops, sustainability aspects such as energy efficiency, waste minimisation, healthy indoor environment, air and water quality, aesthetic effects, low life-cycle costs and user comfort are commonly discussed (Abidin and

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Pasquire 2005; 2007; Shen and Yu 2012). Sustainability considerations may differ from one

VM workshop to another due to the client's unique requirements, commitment to construction aspects, knowledge of the VM participants and time constraints involved (Abidin and Pasquire 2005). For example, sustainability issues have been considered on various U.K. projects such as a sustainable housing project in Crianlarich, Startfilan, where VM was used to benefit the community (BRE Scotland 2001); sustainable homes and facilities in Stirlingshire; and the Katrine Water Project at Loch Katrine, Scotland (Stephenson 2003). The main concerns of the participants when conducting a VM workshop are identifying and achieving the project objectives. Sustainability issues must be integrated into VM workshops to achieve sustainability objectives (Abidin and Pasquire 2007).

The general view of the construction industry in Hong Kong is that any application of environmentally friendly methods involves extra costs and effort (Shen and Tam 2002). Earlier researchers have identified practical barriers, including time limitations, the absence of sustainability standard guidance and behavioural barriers such as lack of knowledge and awareness of sustainability among VM participants, and conflicting perceptions among VM practitioners of how sustainability should be integrated into the VM process (Abidin and Pasquire 2005; 2007). Previous studies have focused on investigating the integration of risk management with VM (Hiley and Paliokostas 2001; Daddow and Skitmore 2004; Othman 2005; Dallas 2006; Hwang et al. 2014). Lin and Shen (2007); Lin et al. (2011) investigated the strengths and weaknesses of the existing measurement frameworks in the context of VM studies and identified 18 Key Performance Indicators for measuring VM performance. Similarly, Ramly et al. (2015) identified 10 critical success factors for VM workshops implementation in the Malaysian construction industry. However, the intrinsic capabilities of VM to assist in the incorporation of sustainability aspects early in the briefing and design stages of the project process have not been fully explored in Hong Kong practice.

Research Methodology

Both qualitative and quantitative approaches were adopted, including a questionnaire survey
and three semi-structured interviews conducted with a public sector client, a VM participant
and a VM facilitator, respectively. The use of qualitative and quantitative approaches together
to study a research topic – triangulation – is a powerful to gain insights and results, to assist
in making inferences and in drawing conclusions (Fellow and Liu, 2015).

209 Questionnaire survey

The questionnaire was developed by comprehensive literature, discussion between the research team and a pilot study with three professionals in early of 2015. The operationalisation of constructs is shown in Table 1. A cluster sampling approach was used in the questionnaire survey and target survey respondents were selected based on two criteria: they (i) had had working experience of sustainable construction development and VM, and (ii) had attended VM workshop(s) either in the role as a facilitator, participant or client. To solicit the opinions of practitioners, 323 respondents were targeted in Hong Kong. The list of clients, value managers and VM participants was obtained from different sources including the Institute of Value Management of Hong Kong. 73 completed survey responses were received in mid of 2015, representing a response rate of 23%. Over half of the respondents have been VM participants in VM workshops. 66% of the respondents had participated in one VM workshop, and that one quarter have been involved in more than five VM workshops. Around 19% of the respondents were involved with school and education projects, and 12%were involved with offices, followed by commercial estates, hospital and transportation projects. Some respondents had experienced more than one type of project and therefore

chose more than one type of project for their answers. Around 97% of the respondents had attended VM workshops, and 90% reported that sustainability had been considered in the VM workshops in which they were involved. However, 60% thought that sustainability was not considered as a separate agenda i.e. singled out for special consideration in its own right in the VM workshops, echoing interviewee responses.

Insert Table 1 here

The questionnaire included two sections (a sample of the questionnaire is attached in Appendix A). Section I collected information related to respondent backgrounds, including their involvement in VM studies, their professions, the roles they played in VM studies and the types of projects they were involved in. Section II solicited respondent perceptions of SWOT as a means of analysing the potential for integrating sustainability into VM. SWOT analysis is a strategic planning tool used to evaluate strengths, weaknesses, opportunities and threats related to a project or a business. It involves specifying the objectives and identifying the internal and external factors that may affect the achievement of those objectives (Arslan and Er 2008). The respondents rated their degrees of agreement against each SWOT analysis factor according to a 5-point Likert scale (1= "Strongly disagree" to 5= "Strongly agree"). An additional option of "Do not know" was provided to allow the respondents to express a lack of understanding of the SWOT analysis factors.

245 Semi-structured interviews

Previous researchers have also conducted semi-structured interviews; for example Daddow
and Skitmore (2004); Abidin and Pasquire (2007); Al-Saleh and Taleb (2010), used the semistructured interview technique with experts in the field of VM and sustainability. Their target
survey respondents included construction industry practitioners (clients, project managers,

contractors, consultants, property/facilities managers, end users, engineers, academics,
architects and quantity surveyors) working in senior-level positions. Semi-structured
interviews provided an interactive dialogue with a representative of each of these key
respondents to tap into their front-line experience using a common questionnaire.

The three interview participants in this study are key decision makers in VM workshop (British Standard 2000; Kelly et al. 2003). The interviewees were selected based on their vast amount of front-line experience with VM and sustainability issues and their influential roles within their organizations so as to obtain a balanced picture about the integration of sustainability with the VM process. All three interviewees represent "organisational elites" and "key informants" and work in key and responsible positions. Interviewing "elite" personnel is a common qualitative research method, which uniquely yields valuable and insightful information (Marshall and Rossman 2011).

Interviewee A was the past president of the Hong Kong Institute of Value Management as well as the director of a consultancy firm, having first-hand experience of organising more than 50 VM workshops worldwide. Interviewee B was the client of a public sector project which won the first environmental award for greenest building in Hong Kong. Interviewee C was a senior manager of a public sector organization (a fore-runner in promoting sustainable development), who has participated in different VM workshops.

271 Data analysis

Data collected by questionnaire survey was analyzed using an SPSS statistical package.
Cronbach's alpha reliability test, Kendall's coefficient of concordance W test, the descriptive
statistic were used to analyze the data collected; and the Mann-Whitney U and Kruskal-

Wallis non-parametric tests were used to check for statistically significant differences

275 between the different groups of respondents (i.e., the clients, VM facilitators and VM 277 participants). Data collected by interviews was analysed by coding and content analysis. The 278 forst of survey reliability 279 First, Cronbach's alpha was determined to measure the reliability of the data obtained 270 (Nunnally 1978; Nunnally and Bernstein 1994). Table 2 tabulates the coefficient values of 271 Cronbach's alpha for Section B' questions 8-11 (refer to attached sample survey 272 questionnaire). The coefficients range from 0.862 (Q.11) to 0.923 (Q.9). Because all of the 276 collected data are considered to be "reliable" (Nunnally 1978; 277 Nunnally and Bernstein 1994; Geroge and Mallery 2003). 278 [Insert Table 2 here] 279 <i>Fest of response consistency</i> 281 Kendall's coefficient of concordance W was used to determine the degree of association and 279 rest of response within the groups of questions. W has possible values between 0 and 271 tale near to +1 among all of the rank sets emerges. However, if there is no association, the 279 value near to +1 among all of the rank sets emerges. However, if there is no association, the 270 was there is no association between the rankings given by the respondents. <td< th=""><th></th><th></th></td<>		
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At the 95% confidence interval, the null hypothesis (H₀) can be rejected if the value of W is at a low level of significance (p < 0.001). This rejection of the null hypothesis means that some degree of consensus existed amongst the respondents when answering a particular group of questions. Kendall's W test is suitable when the number of elements (N) in each group of questions is at or below seven. If the number of elements in one question is more than seven, the Chi-square (χ^2) test should be used as the best option (Siegel and Castellan 1988). Table 3 shows the results of applying the Chi-square test to questions 8-11, for which the respondents gave rankings. The final right-hand column in Table 3 shows a rejection of the null hypothesis for questions 8 and 9 (but not questions 10 and 11), indicating that there was some degree of consensus among the respondents. Questions 8 and 9 were rejected because values obtained using Chi-square tests were higher than the critical value of Chi-square and questions 10 and 11 were accepted because the critical values were higher than the Chi-square values obtained using SPSS. [Insert Table 3 here] *Relative importance index* Sambasivan and Soon (2007) and Gündüz et al. (2013) used the relative importance index

318 (RII method) to determine the relative importance of the various variables. The same method319 was adopted in this study. RIIs are calculated for each factor as in the following equation:

$$RII = \frac{\sum W}{(A * N)}$$

where RII = relative importance index; W = weighting given to each factor by respondents (ranging from 1 to 5); A = highest weight (i.e., 5 in this case); and N = total number of respondents. The RII value had a range of 0 to 1 (0 not inclusive); the higher the RII, the

more important was the factors. The RIIs were then ranked, and the results are shown inTable 4.

[Insert Table 4 here]

328 The Mann-Whitney U and Kruskal-Wallis tests

A non-parametric Mann-Whitney U Test was conducted to test the hypothesis and study the association of the ordinal (rank order) data with two independent sample groups (drawn from the clients, VM facilitators and VM participants) that did not necessarily have equal sizes or any assumed distributions (Siegel and Castellan 1988; Sheskin 2011). In a Mann-Whitney U test, if the *p*-value is equal to or smaller than a predetermined significance level of 5%, then the two samples are considered to exhibit a statistically significant difference. However, if p is larger than ($\alpha = 0.05$), then the two samples are considered to exhibit no difference. H₀ was rejected when the significance levels for the SWOT analysis attributes were found to be equal to or smaller than 0.05. Otherwise, HA was accepted for the SWOT analysis attributes.

Table 5 shows significant differences at the 95% confidence level ($\alpha < 0.05$) for the SWOT attributes, including statistical differences between 8(d) "The strategic timing of the VM process enables the sustainability agenda to be highlighted at a critical decision making stage" (between the client and VM facilitator and also between the VM facilitator and participants); 8(f) "An effective VM process allows sustainability measures to be integrated during the conceptual and early design stages" (between the client and VM participants and between the VM facilitator and participants); 8(g) "During VM studies, solutions are proposed that promote a safe and healthy environment for the occupants (between the VM facilitator and

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347 participants); and 8(h) "Long-term proposal criteria, such as adaptability for future changes, 348 whole-life costs and select renewable resources, are considered during VM exercises 349 (between the VM facilitator and participants). Statistical differences were also found between 350 weakness attribute 9(i) "The lack of technological support for achieving sustainability 351 objectives (between the client and VM participants); opportunity attributes 10(d) "VM is a 352 mechanism proved capable of delivering better sustainable value" and 10(g) "The VM 353 process encourages participants to apply environmentally friendly technologies on site 354 (between the VM facilitator and participants); and threat attributes 11(d) "The perceived 355 additional time required for sustainable measures," 11(e) "The negative perception of green 356 buildings in terms of the additional cost involved" (between the client and VM participants 357 and between the VM facilitator and participants) and 11(i) "Ignoring the VM facilitator's 358 recommendations for achieving sustainability objectives due to the clients' limited budgets or 359 other prior commitments" (between the VM facilitator and participants). Furthermore, 360 Kruskal-Wallis (K-W) tests were conducted to determine whether other differences between 361 the respondents affected their perceptions of the relative significance of the SWOT analysis 362 attributes in integrating sustainability into the VM process (Laerd Statistics 2013). The results 363 of the K-W tests are shown in Table 6, which depicts only statistically significant different 364 items at the 95% confidence level (p < 0.05) for these attributes 8(d); 8(f); 10(d) and 11(e). 365 The K-W test is an extension of the t-test and used to compare the means of more than two 366 samples. 367

[Insert Tables 5 and 6 here]

370 Coding and content analysis

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Interview data was transcribed into field notes to prepare for analysis. Coding is the process of segmenting and labeling text to form descriptions and broad themes in the data. The objective of the coding process is to make sense out of text data, divide it into text segments, label the segments with codes, examine codes for overlap and redundancy, and collapse these codes into broad themes. The themes consist of no more than two to four words. In this study, the basic steps of conducting content analysis followed the methodology introduced by Fellows and Liu (2015). A qualitative content analysis was adopted. In this method, emphasis is on determining the meaning of the data. Data are given coded allocations to categories and groups of respondents from whom the data were obtained, so that a matrix of categorised data against groups is constructed. Statements can be selected from each cell of the matrix to illustrate the contents of each of the cells. As in any allocation mechanism, the categories should be exclusive (i.e., data assigned to one category only) and exhaustive (i.e., categories cover the research topic comprehensively).

385 Results and discussions

SWOT analysis is a tool commonly used to scan the internal strengths and weaknesses of a product or service industry and highlight opportunities and threats presented by the external environment (Kurttila et al. 2000; Pasonen et al. 2000; Rauch 2007). It comprises a general, brief and subjective list of attributes or statements that describe the present and future trends of both internal and external environments (Wickramasinghe and Takano 2009). It is also considered a convenient technique for conducting situational assessments. Although SWOT analysis has been conducted in various fields, only a few studies have focused on sustainability and/or VM for infrastructure projects. Lu (2010) conducted a SWOT analysis of construction industry strategic planning. Milosevic (2010) did also from both the investor and contractor viewpoints during the planning, contracting and construction phases of a

project. Other researchers have tried to quantify SWOT factors using hybrid methods. For example, Kurttila et al. (2000) and Yuan (et al. 2012) used a combined SWOT-analytic hierarchy process (AHP) for public housing projects. In this case, the AHP, a multi-criteria decision making method for determining the relative importance of attributes within a group, was used to evaluate the factors identified via SWOT analysis (Saaty 1980). However, the SWOT-AHP approach is beyond the scope of this research.

In this study, strengths are represented by attributes 8(a)-(j), weaknesses by attributes 9(a)-(l), opportunities by attributes 10(a)-(k) and threats by attributes 11(a)-(l). Table 7 shows the overall mean values and RII of the SWOT attributes according to the clients, VM facilitators and VM participants. Contrary to the overall mean values for weaknesses and threats, the mean values for strengths and opportunities are over 3.50. The respondents might have believed that integrating sustainability into the VM process presented more strengths and opportunities than weaknesses and threats. A detailed discussion of the SWOT analysis of I process is αω . [Insert Table 7 here] integrating sustainability into the VM process is as follows:

Strengths

Strengths are the variables associated with an organization's strengths, variables that should be taken advantage of to promote growth and development of the organization (Kangas et al. 2001; Yuan et al. 2012). Table 4 shows the minimum, maximum and mean scores and relative ranks of various strengths. The RIIs of all of the attributes related to the strengths of integrating sustainability into the VM process were above 0.6. It shows the ranking of attributes from 1 to 5 (i.e., "Strongly disagree," "Disagree," "Neither agree nor disagree,"

"Agree" and "Strongly agree"). An additional choice of 0 representing "Do not know" was provided to allow the respondents to express a lack of understanding of the SWOT attributes. However, none of the respondents chose the "Do not know" option. The RII of attribute 8(c) "VM provides opportunities for multidisciplinary professionals and stakeholders to become involved and focus on issues relating to society and the environment" was ranked highest by all respondents echoing the findings of Shen and Yu (2012). One of the interviewees stated: "The Kai Tak government offices would be the first government green buildings in Hong Kong. One section of the VM workshop for these government offices was allocated for the brainstorming of green ideas. The Kai Tak government offices are being constructed at the time of writing. Sometimes sustainability is made a key factor of the VM workshops. In one education institution (the Hong Kong Polytechnic University) master plan campus expansion project, a VM workshop was carried out on November 28, 2013. Many ideas were discussed in this workshop, such as the recycling of food waste, whether to retain old buildings and whether it was necessary to build new zero-energy buildings and minimise lifts or escalators (to encourage people to use stairs and walk more to increase their health, and to save electricity)."

It was noted in the interviews that sustainability was sometimes considered as a separate agenda and integrated into other value drivers such as time, cost and quality. "Sustainability issues are integral to the project functions and objectives, which should be dealt with accordingly during the VM process and should not be treated as a separate agenda" (Abidin and Pasquire 2005, p 178). One of the interviewees (a VM facilitator) noted the following: "In a recent VM workshop focusing on accessibility for the disabled on pedestrian footbridges, we evaluated the energy effectiveness of the air conditioning systems installed in the footbridges. During our 'option analysis,' we evaluated how to take out the air

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446 conditioning system while also improving the indoor air quality and lift ventilation. We
447 looked at the options of installing solar panels on the lifts. The aim of this workshop was to
448 make the pedestrian lifts more energy efficient (reducing energy consumption) and make
449 them comfortable for pedestrians. That whole VM workshop was focused purely on energy
450 reduction itself, so sustainability considerations were clearly a separate agenda in this case
451 but VM workshops or can alternatively be integrated into other value-enhancing objectives."

The attribute 8(i) "Stakeholders are strongly encouraged to propose sustainable solutions at an early stage" and 8(f) "An effective VM process allows sustainability measures to be integrated during the conceptual and early design stage" were ranked second and third. VM ensures that sustainability issues should be brought to the attention of all stakeholders before critical decisions are made (Abidin and Pasquire 2005). The VM facilitator interviewed noted that the VM process should start as early as the feasibility or inception stages: "In a recent (education institution) project related to master planning, the VM workshop was conducted at a very early stage. In the information phase, many green ideas were incorporated into the early design stage. In terms of a functional diagram, the key building functions received by the client were included in this phase. Sustainability of the building could itself be a key function. The functional analysis, brainstorming (creativity), evaluation and implementation phases are the most common phases adopted in most VM workshops. The ideas generated at this point become part of the project brief. Recently sustainability has become included in the design and development stage of most projects. The first question to be asked is whether the existing facilities should be redeveloped or rebuilt. If the services can be provided without rebuilding or demolishing the facilities, how the sustainability objectives can be attained should be looked at. He further elaborated that during the decision making process, the client can determine whether a new building is necessary or whether the refurbishment or extension

471 of any existing facility can fulfill the client's requirements. In addition, during the VM 472 workshop, the participants were asked to write down the functions of the buildings for the 473 next 50 years. One participant left a blank sheet because during the next 50 years, he felt, no 474 more education institutions would be needed because education may be provided in virtual 475 environments. Management later shortened the planning horizon to 10 years to make it more

practical.

 Shen and Yu (2012) suggested that VM workshops provide diverse knowledge sources for sustainable development. They further pointed out that a sustainability vision should be discussed as early as possible in the design and briefing stages of a project. Sustainability should be integrated into all of the activities involved in the project design and development processes, with close interactions between the clients and key stakeholders. Attribute 8(g) "During the VM studies, solutions are proposed that promote a safe and healthy environment for the occupants" was ranked last.

486 Weaknesses

The weaknesses are the variables that may impede or question the need for growth and development of an organisation (Kangas et al. 2001; Yuan et al. 2012). Table 4 shows the minimum, maximum and mean scores and relative ranks of the weaknesses. The RIIs of weaknesses of integrating sustainability into the VM process range from 0.548 to 0.674. Attribute 9(c) "The lack of well-trained staff and expertise of the VM participants in relation to sustainable development" was ranked first, a finding echoed by the interviewees' remarks that Hong Kong lacked well-trained staff and that VM participants may be unaware of sustainability issues. Attribute 9(d) "The lack of client supports in achieving sustainable" construction during the VM exercise" was ranked second. However, one interviewee asserted

that clients were "willing to achieve sustainability objectives. In some instances, it's the users who may not be interested in or willing to achieve sustainability objectives. There are many user groups in the Kai Tak government offices. The designer suggested sensor lighting instead of traditional lighting to save energy, but the user groups objected to the idea. There was an option for a bicycle park instead of a car park. The user groups were not happy with this idea and deleted this sustainability option." The Hong Kong property market also, is not mature in terms of sustainability and lacks awareness and understanding of the basic principles of sustainability (Chen 2013), as well as passive and negative perceptions about integration (Abidin and Pasquire 2005). Attributes 9(i) "The lack of technological support for achieving sustainability objectives" was ranked last among the weaknesses.

In Hong Kong, some private sector interests invest in sustainable buildings as part of their corporate social responsibility. According to one of the interviewees, "currently there is social pressure on the private sector that stimulates clients to consider sustainable buildings. Private-sector organizations such as the Hong Kong Jockey Club wants to be seen as good members of society, so they want to establish themselves as socially responsible organisations. In the short run, all of these sustainability considerations cost more. They are not cost-reduction measures, and tend to cost more at the initial design and development stages." He further continued, "in the long run, taking account of life-cycle costs, will benefit the occupants and future generations. Most of these organisations are targeting LEED and BEAM platinum or gold certification. The Hong Kong Jockey Club's Sha Tin Communications and Technology Centre will be a very environmentally friendly building. This Jockey Club project is targeting gold LEED or BEAM assessment certificates." However, some of the Hong Kong developers who maximise profit from every square foot rarely care about investing in sustainable buildings. The private-sector developers merely try to meet the

521 minimum environmental requirements. According to one associate dean of architecture, 522 passive design that takes account of factors such as the orientation of a building in relation to 523 sun and wind patterns and to window-to-wall ratios is crucial. If the design maximises natural 524 lighting and ventilation, considerable energy savings may result without spending a cent on 525 advanced technologies. However, the dean also stressed that the buildings on Hong Kong 526 Island face north to secure harbor views at the expense of natural light (Chen 2013).

Opportunities

Opportunities are those variables an organisation can take advantage of to ensure its future growth and development (Kangas et al. 2001; Yuan et al. 2012). Table 4 shows the minimum, maximum and mean scores and relative ranks of opportunities of integrating sustainability into the VM process. The RIIs of opportunities for integrating sustainability into the VM process were 0.7. Attributes 10(f) "Encouraging the reduction, reuse and recycling of construction and demolition waste" and 10(g) "The VM process encourages participants to apply environmentally friendly technologies on site" were top ranked opportunities of integrating sustainability into the VM process. SAVE International (2007) suggests that VM is a mechanism proved capable of delivering better sustainable value to a project. Similarly, Abidin and Pasquire (2005) recommend producing tools, guidelines, improving knowledge for sustainable integration into the VM process. Promoting the integration of sustainability into the VM process will enhance the reputation of VM as a value enhancing technique and enable it to remain competitive in delivering its services. Furthermore, Shen and Tam (2002) suggest that including sustainability into the VM process will highlight the financial and non-financial incentives of sustainable development to clients and contractors during VM studies. It is necessary that by including sustainability issues the clients and contractors will benefit in monetary and non-monetary terms. Attribute 10(e) "The legal enforcement of environmental

protection and the implementation of sustainable practices" was ranked the last opportunityattribute.

Threats

Threats are the variables that may affect or prevent the growth of an organisation (Kangas et al. 2001; Yuan et al. 2012). Table 4 shows the minimum, maximum and mean scores and relative ranks of threats. The RIIs of threats to the process of integrating sustainability into the VM process range from 0.586 to 0.718. The majority of the RIIs are greater than 0.6. Attributes 11(d) "The perceived additional time required for sustainable measures"; 11(b) "The client and service provider react passively in fulfilling environmental and social needs", and 11(e) "The negative perception of green buildings in terms of the additional cost involved" ranked first (RII=0.718), second (RII=0.715) and third (RII=0.677) respectively as major threats to the integration of sustainability issues into the VM process. Abidin and Pasquire (2005; 2007) identified the time limitation as a practical barrier to the integration of sustainability into the VM process. Hence, it is impractical and difficult to address all sustainability issues within a VM workshop. There could also be other potential barriers including perceived extra costs of the integration of sustainability into the VM process. Since, the initial cost of a sustainable building may be 2 to 7 percent higher than the cost of an ordinary building and with a long payback period. As revealed in the interview, Sing Yin Secondary School project has more than double the normal payback period. Furthermore, Williams and Dair (2007); Pitt et al. (2009) and Häkkinen and Belloni (2011) identified different barriers including lack of client demand, awareness and the affordability of sustainable buildings. Meryman and Silman (2004) point out that cost as an important barrier to the implementation of green specifications. The study by Ofori and Kien (2004) in Singapore also found that the perception of extra cost is a fundamental obstacle to the design

team in persuading the clients and other relevant stakeholders to include environmental considerations into the design and construction processes. Extra costs also relate to time, and any delay in workflow caused by green practice would have economic implications. Similarly, Sayce et al. (2007); Sodagar and Fieldson (2008) and Lam et al. (2009) identified "perceived additional cost" as one of the main obstacles to the implementation of sustainable building design in construction projects. Attribute 11(h) "The VM facilitator's fear of the extra responsibilities involved in highlighting the importance of sustainable development" ranked the lowest potential threat to inclusion in VM workshops.

Implications

This research study has highlighted some important practical implications for clients, contractors and VM practitioners. The study demonstrated that the current practices are generally neglecting integration of sustainability into the VM process due to cost and time constraints. There are ample strengths and opportunities recommended by this study for integrating sustainability into the VM process which are beneficial for the clients and contractors for achieving value for money and meeting sustainability targets.

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588 Limitations and future studies

The major limitation of this study is that the completed survey and interviewees were held in only the one location, i.e., Hong Kong. The results may not able be generalisable to other well-developed countries but only to other locations with similar sustainability and VM practicing environments. Therefore, further research should be conducted at other locations and compared with the findings of this SWOT analysis. Moreover, in future research a hybrid SWOT-AHP decision-making method could be applied to a larger sample to make pair-wise comparison between the identified SWOT attributes.

597 Conclusions

This research study is presented as a contribution to understanding the factors affecting the integration of sustainability into the VM process. The study has identified areas of strengths, which support the notion of integrating sustainability into the VM process, and weaknesses, which could be converted into opportunities and threats to be avoided. The results indicate that the strongest factors (strengths and opportunities) relate to the potential for VM exercises to provide for multidisciplinary professionals and stakeholders involvement, and a focus on issues relating to society and a sustainable built environment at the conceptual and design stages of a project to encourage the reduction, reuse and recycling of construction and demolition waste. However, it is recognised that the client needs to strike a balance between economic, social and environmental objectives. The strongest factors (weaknesses and threats) hindering the potential for sustainability integration into the VM process are the lack of well-trained staff and low levels of VM participant expertise in relation to sustainable development and the additional time and resources required to achieve sustainability targets. The perception of extra time and cost was seen as the main obstacle to the implementation of sustainability initiatives. All interviewees observed that sustainability has recently been considered an important issue for both public and private sector projects in Hong Kong, but especially the former. All interviewees agreed that design teams should incorporate sustainability objectives early in the project design and development stages, and that design solutions should not conflict with sustainability and environmental objectives. Both public and private sector clients understand the concept of sustainability and are willing to implement them through the VM process. Along with other value drivers, sustainability should be given priority and should be integrated in the early stages of the VM process for successful project delivery.

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4 5 6	622	Under the conceptual framework outlines earlier, VM practitioners should incorporate
0 7 8	623	sustainability consideration into VM workshops. The existing target of value creation and
9 10	624	enhancement should be expanded to cover environmental improvement and more specifically
11 12	625	climate mitigation. Thus, managers may instil better value of money for their projects. On the
13 14 15	626	research front, suitable tools need to be developed to evaluate managers to achieve the above
16 17	627	integration with competence and objectivity. SWOT analysis is one such tool.
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Department of Building and Real Estate, The Hong Kong Polytechnic U Project entitled " SWOT analysis of integrating sustainability into the process for construction projects"			nage	mer	nt	
I. About the Respondent (Only overall statistical data will be compiled, i.e., individu	uals not i	dentifiab	ole)			
 Have you ever been involved in value management (VM) workshop(s) (to □ Yes □ No (<i>Please pass a blank copy to someone whom you know v</i> 			erien	ce)		
 2. If yes, how many VM workshops have you ever been involved with? □ 1 □ 2 □ 3 □ 4 □ 5 □ more than 5 						
 3. Your general role: □ Client/Project Manager □ Contractor □ Sub-contractor □ Prop □ End User □ Engineer □ Environmental Expert □ Academic □ Arch □ Other pls. specify: 						
 4. Your role in VM exercise(s)? □ Client □ VM Facilitator □ VM participants or team member 						
 5. Is sustainability considered in VM workshops which you were involved w □ Yes □ No 	vith?					
 6. Is sustainability regarded as a separate agenda in VM workshop(s)? □ Yes □ No 						
 7. Which of the following types of projects have you been involved with? (Mean selected) Commercial Estate □ Offices □ Entertainment and Exhibition Cent □ Hospital □ Transportation □ Water Supply & Treatment □ ICT (Information & Communication Tech) □ Housing Estate □ School & Education □ Waste Management (Landfill) □ Others (please 	re ent □ P	□ Po Police &	wer a & Pri	& Ei son	nergy	
Please rate the following statements based on a scale from 0 – 5, where "0" "1" "Strongly disagree", "3" "Neither agree nor disagree "and "5" repres II. SWOT Analysis of Sustainability integration into Value Ma	sents "	Stron				",
8. Please rate the following statements regarding the relative frequency of the following <u>strengths</u> of Sustainability integrating into VM	0	1	2	3	4	5
a) VM workshops recommend solutions for energy and resource efficient buildings						
b) VM workshops provide diverse knowledge sources for sustainable						
 development c) VM provides opportunities for multi-disciplinary professionals and stakeholders' involvement to focus on issues relating to society and environment 						
 d) Strategic timing of VM process enables sustainability agenda to be highlighted at a critical decision making stage 						
		t	<u> </u>			
e) VM promotes sustainable design for a projectf) Effective VM process allows integration of sustainability measures during						

g)	the conceptual and early design stage							
	During VM studies, solutions are proposed which promote safe and				-			
	healthy environment for occupants							
	Consider long-term criteria in proposals i.e. adaptability for future							
	changes, whole-life costs, select renewable resources etc. during VM] C				
	exercises			- -			_	
i)	Encourage strong participation of stakeholders for proposing sustainable							
1)] [
•\	solutions at a very early stage	_			_	_	_	-
	Recommend optimum utilisation of natural resources							
k)	Others, pls. specify:] [
	Please rate the relative frequency of the following <u>weaknesses</u> of stainability integrating into VM	0	1	2	3	4	•	5
	Lack of government legal enforcement of sustainability policies							
	Additional management and operational cost of project for sustainability							
0)	measures							
$\overline{\mathbf{o}}$								
0)	Lack of well trained staff and expertise of VM participants about						ן ב	
11	sustainable development							
d)	Lack of client's support in achieving sustainable construction during VM						ב	
	exercise						·	
e)	Lack of contractors, sub-contractors and suppliers' cooperation for						ר	
	achieving sustainability goals]					-	
f)	Lack of incentives for clients/contractors for achieving sustainable						- I	
	development goals						4	
g)	Unclear project brief, poor specifications or inadequate business cases]	_	_		_	-	_
0/	for achieving sustainable development							
h)	Difficult to enforce environmental performance						٦ 🗌	
i)	Lack of technological support for achieving sustainability objectives							
	Lack of integration of sustainability into VM studies							
	Lack of sustainable construction guidance							
1)	Not highlighting corporate social responsibility for achieving							
'								
	environmental and sustainable needs of society during VM process		-					
	environmental and sustainable needs of society during VM process Others, pls. specify:							
m)	Others, pls. specify:							
m) 10.								
m) 10. Su	Others, pls. specify: Please rate the relative frequency of the following <u>opportunities</u> of stainability integrating into VM	0	1	2	3		4	5
m) 10. Sus a)	Others, pls. specify: Please rate the relative frequency of the following <u>opportunities</u> of stainability integrating into VM Inclusion of sustainability issues early in the VM practices	0	1	2 □	3		3 4	□ 5 □
m) 10. Sus a) b)	Others, pls. specify: Please rate the relative frequency of the following opportunities of stainability integrating into VM Inclusion of sustainability issues early in the VM practices Introduce sustainability guidance for VM practitioners	0 0	1	2 □	3		4	5 0
m) 10. Sus a) b) c)	Others, pls. specify: Please rate the relative frequency of the following opportunities of stainability integrating into VM Inclusion of sustainability issues early in the VM practices Introduce sustainability guidance for VM practitioners Promote client's interest on sustainability as a primary value driver	0 0	1 □	2 □	3		4	5 0
 m) 10. Sus a) b) c) d) 	Others, pls. specify: Please rate the relative frequency of the following opportunities of stainability integrating into VM Inclusion of sustainability issues early in the VM practices Introduce sustainability guidance for VM practitioners Promote client's interest on sustainability as a primary value driver Prove VM capability as a mechanism to deliver better sustainable value	0 0	1	2 □	3		4	5 0
 m) 10. Sus a) b) c) d) 	Others, pls. specify: Please rate the relative frequency of the following opportunities of stainability integrating into VM Inclusion of sustainability issues early in the VM practices Introduce sustainability guidance for VM practitioners Promote client's interest on sustainability as a primary value driver Prove VM capability as a mechanism to deliver better sustainable value Legal enforcement on environmental protection and implementation of	0 0	1 □	2 □	3		4	5 0
m) 10. Sus a) b) c) d) e)	Others, pls. specify: Please rate the relative frequency of the following opportunities of stainability integrating into VM Inclusion of sustainability issues early in the VM practices Introduce sustainability guidance for VM practitioners Promote client's interest on sustainability as a primary value driver Prove VM capability as a mechanism to deliver better sustainable value Legal enforcement on environmental protection and implementation of sustainable practices	0 0 0		2 0 0 0 0 0 0 0 0 0 0 0 0 0			4	5 0 0 0 0 0 0 0 0 0 0
m) 10. Sus a) b) c) d) e)	Others, pls. specify: Please rate the relative frequency of the following opportunities of stainability integrating into VM Inclusion of sustainability issues early in the VM practices Introduce sustainability guidance for VM practitioners Promote client's interest on sustainability as a primary value driver Prove VM capability as a mechanism to deliver better sustainable value Legal enforcement on environmental protection and implementation of sustainable practices Encourage reduction, reuse and recycling of construction and demolition	0 0		2 □	3		4	5 □
m) 10. Sus a) b) c) d) e) f)	Others, pls. specify: Please rate the relative frequency of the following opportunities of stainability integrating into VM Inclusion of sustainability issues early in the VM practices Introduce sustainability guidance for VM practitioners Promote client's interest on sustainability as a primary value driver Prove VM capability as a mechanism to deliver better sustainable value Legal enforcement on environmental protection and implementation of sustainable practices Encourage reduction, reuse and recycling of construction and demolition waste	0 0 0 0 0					4	5
m) 10. Sus a) b) c) d) e) f) g)	Others, pls. specify: Please rate the relative frequency of the following opportunities of stainability integrating into VM Inclusion of sustainability issues early in the VM practices Introduce sustainability guidance for VM practitioners Promote client's interest on sustainability as a primary value driver Prove VM capability as a mechanism to deliver better sustainable value Legal enforcement on environmental protection and implementation of sustainable practices Encourage reduction, reuse and recycling of construction and demolition waste Encourage to apply environmentally friendly technologies on site	0 0 0 0 0			3			5 0 0 0 0
m) 10. Sus a) b) c) d) e) f) g)	Others, pls. specify:	0 0 0 0 0					4	5
m) 10. Sus a) b) c) d) e) f) g)	Others, pls. specify: Please rate the relative frequency of the following opportunities of stainability integrating into VM Inclusion of sustainability issues early in the VM practices Introduce sustainability guidance for VM practitioners Promote client's interest on sustainability as a primary value driver Prove VM capability as a mechanism to deliver better sustainable value Legal enforcement on environmental protection and implementation of sustainable practices Encourage reduction, reuse and recycling of construction and demolition waste Encourage to apply environmentally friendly technologies on site	0 0 0 0 0			3			5 0 0 0 0
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m) 10. Sus a) b) c) d) e) f) g) h) i) j)	Others, pls. specify:							
m) 10. Sus a) b) c) d) e) f) <u>g)</u> h) i) j)	Others, pls. specify:							5 0 0 0 0 0 0 0
m) 10. Sus a) b) c) d) e) f) g) h) i) j)	Others, pls. specify:							

11. Please rate the relative frequency of the following <u>threats</u> of Sustainability integrating into VM	0	1	2	3	4	5
a) Client's strategic planning do not incorporating sustainability objectives						
b) Passive reaction by the client and service provider for fulfilling environmental and social needs						
c) Belief that trade-off requirements among the principles of sustainability						
d) Perceived additional time required for sustainable measures						
e) Negative perception of green buildings in terms of additional cost						
f) Strong perception that integration of sustainability issues into VM studies may slow down the progress of the studies						
g) Lack of knowledge, understanding and importance of sustainable development						
h) VM facilitator's fear of extra responsibilities for highlighting importance of sustainable development						
i) Ignoring VM facilitator recommendations for achieving sustainability objectives due to clients' limited budget or other prior commitments						
j) No end users' involvement in sustainable design and development process						
k) No compulsory regulations for implementing sustainable development measures, implementation is only an option						
1) Corporate image could be damaged for not implementing sustainable practices						
m) Others, pls. specify:						

Further comments on Integration of Sustainability into VM

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Please return the completed questionnaire to Dr. Ann Yu, Department of Building and Real Estate, The Hong Kong Polytechnic University, Hung Hom, Kowloon, Hong Kong, by post, email <u>ann.yu@polyu.edu.hk</u>, or fax: (852) 2764 5131.

If you are interested in receiving the overall results, please provide the following details:

Name:	Position		
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	Thank you for	your cooperation!	

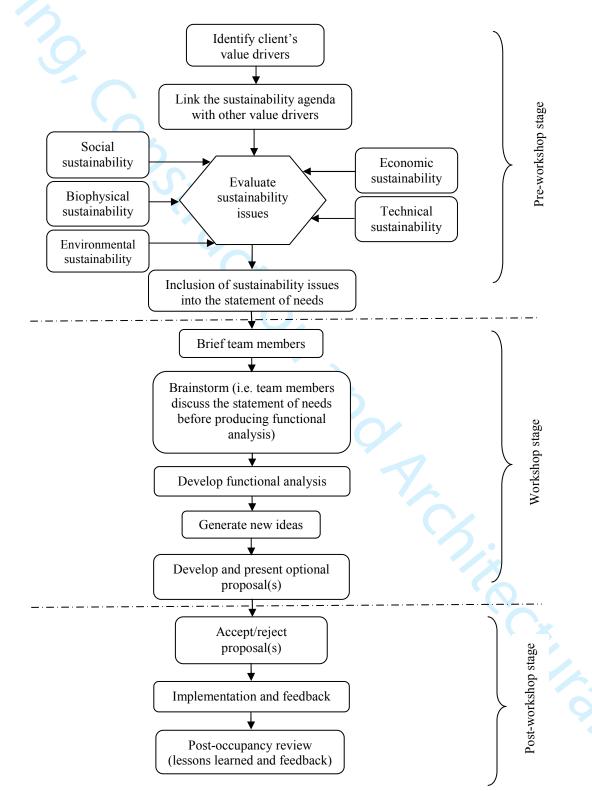


Figure 1: Stages of integration of sustainability into value management process (adapted from Abidin and Pasquire 2007)

2			
3		Table 1. Operationalization of constructs	
4		VM Attributes	References
5 6 7		VM provides opportunities for multidisciplinary professionals and stakeholders to become involved and focus on issues relating to society and the environment	(Shen and Yu 2012)
7 8		Stakeholders are strongly encouraged to propose sustainable solutions at an early stage An effective VM process allows sustainability measures to be integrated during the conceptual and	(Fewing 2005)
9 10		early design stages The strategic timing of the VM process enables the sustainability agenda to be highlighted at a critical decision-making stage	(Ramly et al. 2015)
11 12 13	Strengths	The VM workshops provide diverse knowledge sources for sustainable development The VM workshops recommend solutions for energy- and resource-efficient buildings	(Shen and Yu 2012) (Tahir et al. 2016)
13 14 15	Str	Long-term proposal criteria, such as adaptability for future changes, whole-life costs and select renewable resources, are considered during VM exercises	(Fewing 2005)
16 17		VM promotes sustainable project design	(Yeomans 2002) (Better Buildings Summit
18 19		The optimum use of natural resources is recommended During VM studies, solutions are proposed that promote a safe and healthy environment for the	2003) (Yates 2003)
20 21		occupants The lack of well-trained staff and expertise of VM participants in relation to sustainable development	(Al-Saleh and Taleb 2010)
21 22 23		The lack of client support in achieving sustainable construction during the VM exercise Unclear project briefs, poor specifications or inadequate business cases for achieving sustainable	
24		development The lack of incentives for clients/contractors to achieve sustainable development goals	(Oke and Aigbavboa 2017)
25 26 27	sses	The additional management and operational costs of sustainability measures for the project The lack of legal government enforcement of sustainability policies	(Al-Saleh and Taleb 2010) (Organisation for
28	Weaknesses	The difficulty of enforcing environmental performance	Economic Co-operation and Development 2010)
29 30 31	M	The lack of contractor, sub-contractor and supplier cooperation in achieving sustainability goals The VM facilitator and/or client does not highlight the role of corporate social responsibility in achieving the environmental and sustainable needs of society during the VM process	(Al-Saleh and Taleb 2010) (Oke and Aigbavboa 2017)
32 33 34		The lack of sustainability integration into VM studies The lack of sustainable construction guidance	(Abidin and Pasquire 2005; Abidin and Pasquire 2007)
35 36		The lack of technological support for achieving sustainability objectives Encouraging the reduction, reuse and recycling of construction and demolition waste	(Al-Saleh and Taleb 2010) (Abidin and Pasquire
37		The VM process encourages the application of environmentally friendly technologies on site	2005) (Abidin and Pasquire
38 39 40	es	Promoting the client's interest in sustainability as a primary value driver Including sustainability issues in the VM practices early on	2005; Fewing 2005) (Abidin and Pasquire
40 41 42	Opportunities	VM is a mechanism proved capable of delivering better sustainable value Highlighting the financial and non-financial incentives of sustainable development for clients and	2005) (Fewing 2005)
42 43 44	Oppo	contractors during VM studies Establishing a waste management plan during VM exercises	
45 46		Introducing sustainability guidance for VM practitioners Including environmental scoring in the tender process	(Abidin and Pasquire 2005)
47		Providing in-house training for environmental management The legal enforcement of environmental protection and the implementation of sustainable practices	,
48 49 50		The perceived additional time required for sustainable measures The client and service provider react passively in fulfilling environmental and social needs	(Al-Saleh and Taleb 2010) (Abidin 2005)
51 52	Threats	The belief that the principles of sustainability should require trade-offs The strong perception that integrating sustainability issues into VM studies may slow down their	(Shen and Yu 2012) (Shen et al. 2015)
53 54	Th	progress The negative perception of green buildings in terms of the additional cost involved	(Shen and Yu 2012)
55 56		The client's strategic planning does not incorporate sustainability objectives	(Abidin and Pasquire 2005)
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3	Ignoring the VM facilitator's recommendations for achieving sustainability objectives due to the	(Oke and Aigbavboa 2017)
4	client's limited budget or other prior commitments	
5 6	The organization's corporate image could be damaged due to its failure to implement sustainable	(Pitt et al. 2009)
7	practices The end users' lack of involvement in the sustainable design and development process	(Williams and Dair 2007)
8	The lack of knowledge and understanding of the importance of sustainable development	(Williams and Dan 2007)
9	The lack of compulsory regulations for implementing systemable development measures and the	
10	status of implementation as an option	(Shen and Yu 2012)
11	The VM facilitator's fear of the extra responsibilities involved in highlighting the importance of	
12 13	sustainable development	
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23	the tack of computation as an option The VM facilitator's fear of the extra responsibilities involved in highlighting the importance of sustainable development	
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	N	Cronbach's alpha	
8	10	0.920	—
9	12	0.923	
10	11	0.891	
11	12	0.862	
r: N=number of items in ea	ich survey que	stion	—
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Question number	N	Chi-square χ^2	df	Significance level from SPSS output	Critical value of Chi-square χ^2 at a = 0.001	Null hypothesis	
8	10	63.805	9	< 0.001	27.87	R	
9	12	31.850	11	< 0.001	31.26	R	
10	11	20.898	10	< 0.001	29.59	А	
11	12	29.099	11	< 0.001	31.26 question; df = degree	А	
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Table 3. Test of concordance for sustainability and VM survey

Table 4. Descriptive statistics of the SWOT attributes of integrating sustainability into the VM process

			Fi	ve-poi	nt Like	ert sca	le	TOTAL	Σw	Mean	RII	Rank
	Code	VM Attributes	1	2	3	4	5	TOTAL	Zvv	Weall	NII	Ndlik
	S3	VM provides opportunities for multidisciplinary professionals and stakeholders to become involved and focus on issues relating to society and the environment	1	2	11	33	26	73	300	4.1096	0.822	1
	S9	Stakeholders are strongly encouraged to propose sustainable solutions at an early stage	3	2	19	31	18	73	278	3.8082	0.762	2
	S6	An effective VM process allows sustainability measures to be integrated during the conceptual and early design stages	3	3	17	34	16	73	276	3.7808	0.756	3
S	S4	The strategic timing of the VM process enables the sustainability agenda to be highlighted at a critical decision-making stage	1	4	20	35	12	72	269	3.7361	0.747	4
Strengths	S2	The VM workshops provide diverse knowledge sources for sustainable development	2	3	17	42	9	73	272	3.726	0.745	5
	\$1	The VM workshops recommend solutions for energy- and resource-efficient buildings	2	5	16	42	8	73	268	3.6712	0.734	6
	S8	Long-term proposal criteria, such as adaptability for future changes, whole-life costs and select renewable resources, are considered during VM exercises	2	5	19	37	10	73	267	3.6575	0.732	7
	S 5	VM promotes sustainable project design	3	5	21	34	10	73	262	3.589	0.718	8
	S10	The optimum use of natural resources is recommended	3	6	26	27	11	73	256	3.5068	0.701	9
	S7	During VM studies, solutions are proposed that promote a safe and healthy environment for the occupants	3	10	22	33	5	73	246	3.3699	0.674	10
	W3	The lack of well-trained staff and expertise of VM participants in relation to sustainable development	5	8	22	31	7	73	246	3.3699	0.674	1
	W4	The lack of client support in achieving sustainable construction during the VM exercise	4	13	21	26	9	73	242	3.3151	0.663	2
	W7	Unclear project briefs, poor specifications or inadequate business cases for achieving sustainable development	5	11	20	30	7	73	242	3.3151	0.663	3
	W6	The lack of incentives for clients/contractors to achieve sustainable development goals	5	13	19	23	11	71	235	3.3099	0.662	4
Weaknesses	W2	The additional management and operational costs of sustainability measures for the project	1	16	20	30	5	72	238	3.3056	0.661	5
wea	W1	The lack of legal government enforcement of sustainability policies	6	12	18	30	7	73	239	3.274	0.655	6
	W8	The difficulty of enforcing environmental performance	6	13	18	28	8	73	238	3.2603	0.652	7
	W5	The lack of contractor, sub-contractor and supplier cooperation in achieving sustainability goals	5	13	24	25	6	73	233	3.1918	0.638	8
	W12	The VM facilitator and/or client does not highlight the role of corporate social responsibility in achieving the environmental and sustainable needs of society during the VM process	8	12	23	23	7	73	228	3.1233	0.625	9
	W10	The lack of sustainability integration into VM	2	23	23	21	3	72	216	3	0.600	10

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		studies										
	W11	The lack of sustainable construction guidance	6	17	23	23	3	72	216	3	0.600	11
	W9	The lack of technological support for achieving sustainability objectives	9	24	18	21	1	73	200	2.7397	0.548	12
	06	Encouraging the reduction, reuse and recycling of construction and demolition waste	1	3	12	45	12	73	283	3.8767	0.775	1
	07	The VM process encourages the application of environmentally friendly technologies on site	1	1	17	41	13	73	283	3.8767	0.775	2
	03	Promoting the client's interest in sustainability as a primary value driver	1	8	12	31	21	73	282	3.863	0.773	3
	01	Including sustainability issues in the VM practices early on	1	3	18	36	15	73	280	3.8356	0.767	4
s.	04	VM is a mechanism proved capable of delivering better sustainable value	2	1	18	43	9	73	275	3.7671	0.753	5
upportunities	011	Highlighting the financial and non-financial incentives of sustainable development for clients and contractors during VM studies	2	3	18	39	11	73	273	3.7397	0.748	6
ldO	09	Establishing a waste management plan during VM exercises	0	2	30	30	11	73	269	3.6849	0.737	7
	02	Introducing sustainability guidance for VM practitioners	1	6	21	32	13	73	269	3.6849	0.737	8
	010	Including environmental scoring in the tender process	1	7	21	32	12	73	266	3.6438	0.729	9
	08	Providing in-house training for environmental management	1	3	26	36	7	73	264	3.6164	0.723	10
	05	The legal enforcement of environmental protection and the implementation of sustainable practices	2	5	25	32	9	73	260	3.5616	0.712	11
	T4	The perceived additional time required for sustainable measures	1	12	13	37	10	73	262	3.589	0.718	1
	T2	The client and service provider react passively in fulfilling environmental and social needs	2	8	14	44	5	73	261	3.5753	0.715	2
	Т3	The belief that the principles of sustainability should require trade-offs	3	11	22	29	8	73	247	3.3836	0.677	3
	T6	The strong perception that integrating sustainability issues into VM studies may slow down their progress	4	9	23	30	7	73	246	3.3699	0.674	4
	T5	The negative perception of green buildings in terms of the additional cost involved	3	8	21	32	9	73	255	3.4932	0.699	5
	T1	The client's strategic planning does not incorporate sustainability objectives	1	11	23	27	11	73	255	3.4932	0.699	6
	Т9	Ignoring the VM facilitator's recommendations for achieving sustainability objectives due to the client's limited budget	3	12	22	29	7	73	244	3.3425	0.668	7
	T12	or other prior commitments The organization's corporate image could be damaged due to its failure to implement sustainable practices	2	9	29	29	4	73	243	3.3288	0.666	8
	T10	The end users' lack of involvement in the sustainable design and development process	3	13	22	28	7	73	242	3.3151	0.663	9
	T7	The lack of knowledge and understanding of the importance of sustainable development	4	15	17	29	8	73	241	3.3014	0.660	10
	T11	The lack of compulsory regulations for implementing sustainable development measures, and the status of implementation as an option	4	10	27	25	7	73	240	3.2877	0.658	11
	T8	The VM facilitator's fear of the extra responsibilities involved in highlighting the importance of sustainable development	7	21	22	16	7	73	214	2.9315	0.586	12

	SWOT analysis attributes of integrating	Client and VM facilitator	Client and VM participants	VM facilitator and participants
	sustainability into the VM process	p at $\alpha = 0.05$	p at $\alpha = 0.05$	p at $\alpha = 0.05$
8(d)	The strategic timing of the VM process enables the sustainability agenda to be highlighted at a critical decision-making stage	.030*	-	.003*
8(f)	An effective VM process allows sustainability measures to be integrated during the conceptual and early design stages	-	.021*	.001*
8(g)	During VM studies, solutions are proposed that promote a safe and healthy environment for the occupants	-	-	.016*
8(h)	Long-term proposal criteria, such as adaptability for future changes, whole-life costs and select renewable resources, are considered during VM exercises	-	-	.027*
9(i)	The lack of technological support for achieving sustainability objectives	-	.031*	-
10(d)	VM is a mechanism proved capable of delivering better sustainable value	-	-	.017*
10(g)	The VM process encourages participants to apply environmentally friendly technologies on site	-	-	.048*
11(d)	The perceived additional time required for sustainable measures	-	.045*	-
11(e)	The negative perception of green buildings in terms of the additional cost involved	-	.014*	.018*
11(i)	Ignoring the VM facilitator's recommendations for achieving sustainability objectives due to the clients' limited budgets or other prior commitments	-	-	.038*

Notes: *Significant difference at the 95% confidence level. Asymp. Sig. (2 tailed) Total sample size=73 (clients=13, VM facilitators=19, VM participants/team members=41). aam

	SWOT analysis attributes of integrating sustainability into the VM process The strategic timing of the VM process enables the sustainability agenda to be highlighted at a critical decision-making stage An effective VM process allows sustainability measures to be integrated during the conceptual and early design stages VM is a mechanism proved capable of delivering better sustainable value The negative perception of green buildings in terms of the additional cost involved difference at the 95% confidence level. <i>Asymp. Sig. (2 tailed)</i> Total sample size=73 (cl embers=41).	χ ² 10.038 13.218 6.193 9.507 ients=13, VM facil	<i>p</i> -value .007* .001* .045* .009* litators=19, VM
8(f) 10(d) 11(e)	agenda to be highlighted at a critical decision-making stage An effective VM process allows sustainability measures to be integrated during the conceptual and early design stages VM is a mechanism proved capable of delivering better sustainable value The negative perception of green buildings in terms of the additional cost involved difference at the 95% confidence level. <i>Asymp. Sig. (2 tailed)</i> Total sample size=73 (cl	13.218 6.193 9.507	.001* .045* .009*
10(d) 11(e)	integrated during the conceptual and early design stages VM is a mechanism proved capable of delivering better sustainable value The negative perception of green buildings in terms of the additional cost involved difference at the 95% confidence level. <i>Asymp. Sig. (2 tailed)</i> Total sample size=73 (cl	6.193 9.507	.045* .009*
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		ients=13, VM facil	litators=19, VM
	embers=41).		
	http://mc.manuscriptcentral.com/ecaam		

	Clients	VM facilitators	VM participants	Overall mean values	RII
Strengths	3.80	4.00	3.50	3.70	0.73
Weaknesses	3.39	3.12	3.13	3.17	0.63
Opportunities	3.88	3.84	3.63	3.73	0.74
Threats	3.61	3.23	3.34	3.36	0.67