

1 **Several parameters that influence body size in the sea anemone *Actinia equina* in**  
2 **rock pools on the Yorkshire coast**

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9

10 *Despite being classed as an asocial species, aggregations of sea anemones can be*  
11 *common in abundant species. UK populations of the geographically common aggressive*  
12 *intertidal sea anemone *Actinia equina*, form clustered aggregations notwithstanding a violent*  
13 *nature towards neighbours and relatives. Smaller in body size, and more abundant than*  
14 *those found in warmer climates, little research has been undertaken to discover what factors*  
15 *affect body size. This study investigates whether aggregation, distance to neighbour,*  
16 *submergence at low tide or pH in rock pools affect body size of *A. equina* in their natural*  
17 *habitat. Populations were investigated at five sites on the Yorkshire coast during August and*  
18 *September 2016. A total of 562 anemones were recorded revealing that solitary anemones*  
19 *were significantly larger than those found in clustered aggregations. In addition, anemones*  
20 *found submerged in rock pools at low tide were significantly larger than those found on*  
21 *emergent rock, and smaller anemones were found in significantly higher pH conditions*  
22 *(8.5+) than larger anemones. Anemones submerged at low tide are constantly able to feed*  
23 *and not subject to harsh conditions such as wind exposure and temperature, hence they can*  
24 *achieve larger sizes. Consequently, the size of the anemones may reflect a trade-off*  
25 *between the benefits of aggregating in exposed environments and the costs of competition*  
26 *for a reduced food resource.*

27

28 **Keywords:** intraspecific competition, distribution, aggregation, trade-off

29

## 30 INTRODUCTION

31 Species such as anemones, that are susceptible to desiccation and dislodgement, often  
32 aggregate for protection. However, this creates competitive living environments where  
33 individuals contend for food and space (Hanski & Ranta, 1983; Firth *et al.* 2014). For  
34 example, the British intertidal sea anemone *Metridium senile* lives in close-knit groups of the  
35 same genetic clones, and shares captured food within its community. Nevertheless, it will  
36 only engage in aggressive intraspecific competition with genetically different clones (Purcell  
37 & Kitting, 1982; Wood, 2005). Similarly, the sea anemone *Anemonia viridis* can be found in  
38 clusters, yet will only engage in intraspecific competition for space after rapid reproduction  
39 occurs, with younger anemones outcompeting older ones (Chintiroglou & Koukouras, 1992).  
40 Aggressive competition involves acrorhagi (fighting with nematocyst-armed tentacles that  
41 are separate to feeding tentacles) in sea anemones is considered to be more related to  
42 intraspecific competition for space than the usual roles of prey capture or predator defence  
43 in other aquatic organisms (Francis, 1973; Bartosz *et al.* 2008).

44

45 Body size of most organisms is usually significantly linked with the ability to win aggressive  
46 encounters (Brace *et al.* 1979; Just & Morris, 2003). Indeed, body size in sea anemones is  
47 directly linked to habitat quality (Sebens, 1982; Werner & Gilliam, 1984; Wolcott & Gaylord,  
48 2002), whereby habitats with more environmental stress and less prey contain smaller sea  
49 anemones (Sebens, 1982; Wolcott & Gaylord, 2002). This suggests that although a large  
50 body size is beneficial in competitive environments, size is limited by food acquisition, where  
51 anemones in aggregations essentially have to 'share' the food source (Sebens, 1987).  
52 Moreover, as intraspecific fighting only occurs in certain situations, a small body size in  
53 clustered anemones may be a necessary trade-off compared to food acquisition (Sebens,  
54 1982).

55

56 In addition, the pH of the surrounding environment affects intracellular pH ( $\text{pH}_i$ ) which is  
57 crucial for controlling metabolic functions in sea anemones (Venn *et al.* 2009; Gibbin & Davy,  
58 2014). Therefore, during aggressive encounters, damage afflicted on an opponent can be  
59 more or less severe, depending on the pH of the surrounding environment. For example, the  
60 haemolytic activity of *Actinia equina* reaches its optimum at 8.8 pH (Maček & Lebez, 1981).  
61 However, the relationship between pH and body size in British populations warrants further  
62 investigation.

63

64 The sea anemone *A. equina* is an ecologically important invertebrate, due to its high  
65 abundance, extensive range and great resilience (Haylor *et al.* 1984). Found in the intertidal  
66 zone, it inhabits a large geographical range including the Atlantic, Mediterranean sea, Japan

67 and South Africa (Haylor *et al.* 1984; Chomsky *et al.* 2009; Gadelha *et al.* 2012). Abundance,  
68 colouration, reproductive strategies and distribution of this species have been known to vary  
69 geographically which has caused years of taxonomic debate as to whether geographical  
70 separation has resulted in different species, making it a focus for studies on different  
71 populations globally (Chomsky *et al.* 2009). Despite the many studies that have been  
72 conducted on this species, there has been little research into the relationship between body  
73 size and distribution. The UK *A. equina* populations have a broad basal diameter, up to  
74 50mm, that enables the anemone to attach itself to substrate, and reproduce asexually,  
75 ejecting numerous polyps onto nearby substrata (Wood, 2005; Chomsky *et al.* 2009; Briffa &  
76 Greenaway, 2011). Due to the small size, high abundance and reproductive methods of *A.*  
77 *equina*, intertidal habitats such as rock pools contain clustered aggregations (Chomsky *et al.*  
78 2009), creating intraspecific competition. This differs to populations of *A. equina* in the  
79 Mediterranean which reproduce sexually, grow larger and are less abundant (Chomsky *et al.*  
80 2009), yet little research has been conducted on factors affecting anemone size.

81

82 The aims of this non-invasive study are to establish whether aggregation, distance to closest  
83 neighbour, submergence and pH have a significant effect on body size in *A. equina* in its  
84 natural habitat. Considering the species' behaviour and ecology, it is predicted that solitary  
85 anemones will be larger than those in clustered aggregations as they do not have to share  
86 food, submerged anemones will be larger than emergent anemones as they have greater  
87 access to food, and rock pools of higher pH will contain larger anemones as they are  
88 capable of inflicting more damage in a contest.

89

## 90 MATERIALS AND METHODS

### 91 **Study sites**

92 Five sites were chosen at random along the Yorkshire coast, picked from destinations that  
93 were known to have *A. equina* populations. Sites investigated were Runswick Bay (NZ  
94 81209 16250), Robin Hoods Bay (NZ 95453 04776), Scalby Ness Rocks (TA 03793 90953),  
95 Old Quay Rocks (TA 13148 81424) and South Landing (TA 22926 69113). All sites were  
96 open to access by the public.

97

### 98 **Methodology**

99 Transects were conducted at all sites between August and September, 2016, to determine  
100 the number and size of *A. equina* at each location. Five transects were carried out at each of  
101 the five different sites, totalling twenty five transects across the sites. Each transect was  
102 repeated three times over the course of five weeks as anemones are partially sessile and  
103 conditions such as strong wind could severely affect visibility in submerged rock pools.

104 Transects were 10m in length and 2m wide, perpendicular to the sea, and conducted during  
105 low tide. During each transect, *A. equina* were searched for on top of, beneath and in the  
106 crevices of, the rockpools. When an anemone was found within the transect, the basal  
107 diameter of the individual was measured to the nearest mm, using a Mitutoyo 530 312  
108 Vernier calliper. Distance between anemones was measured in cm using a measuring tape.  
109 The solitary/clustered status of the anemone was also recorded: an anemone was  
110 considered to be clustered if it was less than 5cm away from its nearest neighbour and  
111 solitary if not. Information on whether anemones were either exposed (on emergent rock) or  
112 submerged (in a rock pool) at low tide was also collected. Anemones were defined as  
113 submerged if completely covered or more than half of the body was submerged and  
114 tentacles were showing. Tentacle status (displayed or not displayed) was also recorded. The  
115 pH of the water surrounding the submerged anemones was measured using a Hanna HI-  
116 98130 pH meter at the same time of day for each replication.

117

### 118 **Statistical analyses**

119 The effect of both aggregation status (solitary or clustered) and shore placement  
120 (submerged or emergent at low tide) on the size of anemone was investigated using a  
121 Poisson regression model with aggregation status and shore placement as categorical  
122 predictors of size. Interactions between the terms were also included in the model. The  
123 effect of pH on the size of submerged anemones only was assessed by producing a further  
124 Poisson regression model, with pH as a continuous predictor of size. The effect of distance  
125 to nearest neighbour on the size of anemone was assessed by producing a final Poisson  
126 regression model, with nearest neighbour distance as a continuous predictor of size.

127

128 To determine under what circumstances tentacles were more likely to be displayed, a binary  
129 logistic regression was undertaken using pH, size of anemone and distance to nearest  
130 neighbour as continuous predictors, and aggregation status (clustered or solitary) as a  
131 categorical predictor. Interactions between the terms were also included in the model.  
132 Insignificant terms and interactions were removed via a stepwise backwards elimination. All  
133 data were analysed using Minitab version 17.3.1.

134

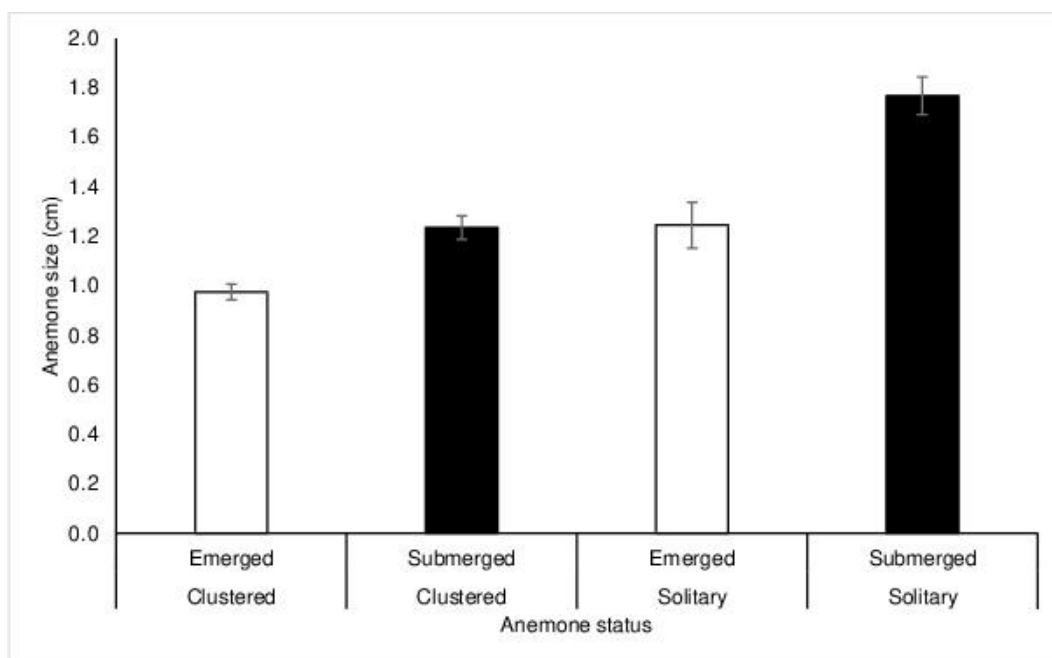
### 135 **RESULTS**

136 A total of 562 anemones were measured across all sites, comprising 210 (37%) clustered  
137 and 352 (63%) solitary anemones. Exactly half of the anemones were found submerged in  
138 rock pools at low tide. Of all anemones found on emergent rock, 41% were clustered, the  
139 remaining 59% solitary. Whereas those submerged in rock pools, only 33% were clustered,  
140 the remaining 67% solitary.

141

142

143 Findings from the first Poisson regression model revealed that solitary anemones were  
 144 significantly larger than clustered anemones ( $\chi^2_{1,559}=9.14$ ,  $P<0.003$ ) and anemones found  
 145 submerged in rock pools at low tide were significantly larger than those found on emergent  
 146 rock ( $\chi^2_{1,559}=8.25$ ,  $P=0.003$ ) (Figure 1). There was no significant interaction between the  
 147 terms.



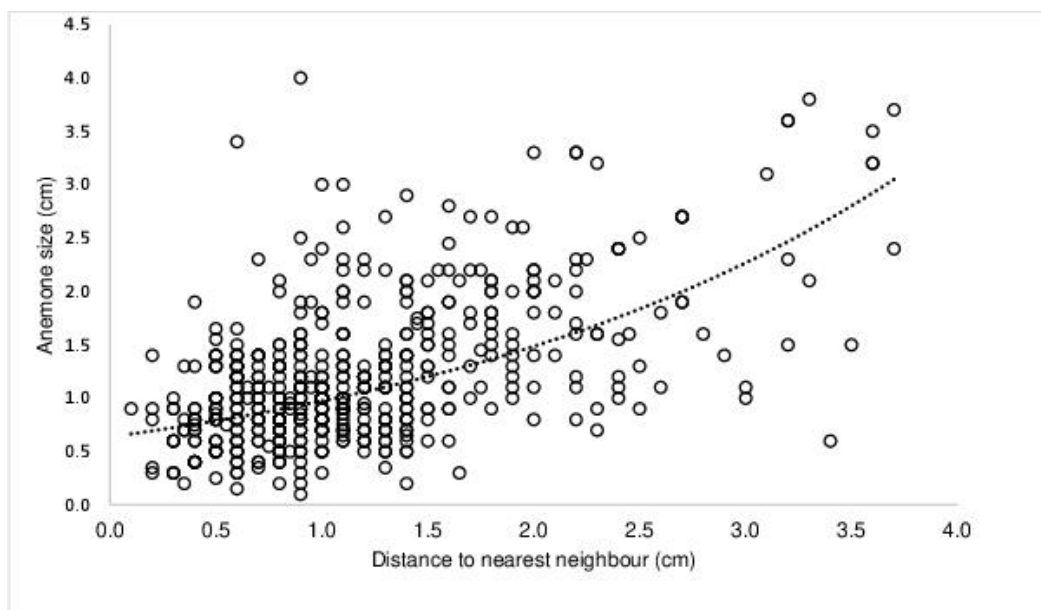
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149 **Fig. 1.** Mean ( $\pm 1$  SE) anemone size in relation to aggregation status (clustered or solitary)  
 150 and shore placement (emerged or submerged).

151

152 There was a significant positive effect of distance to nearest neighbour on anemone size  
 153 ( $X^2_{1,539}=12.85$ ,  $P<0.001$ ; Figure 2) where an increase in distance to nearest neighbour  
 154 showed an increase in size. In addition, there was a significant negative effect of pH on  
 155 anemone size ( $X^2_{1,231}=8.41$ ,  $P=0.004$ ; Figure 3) where an increase in pH showed a decrease  
 156 in size. pH ranged from 7.35-9.46.

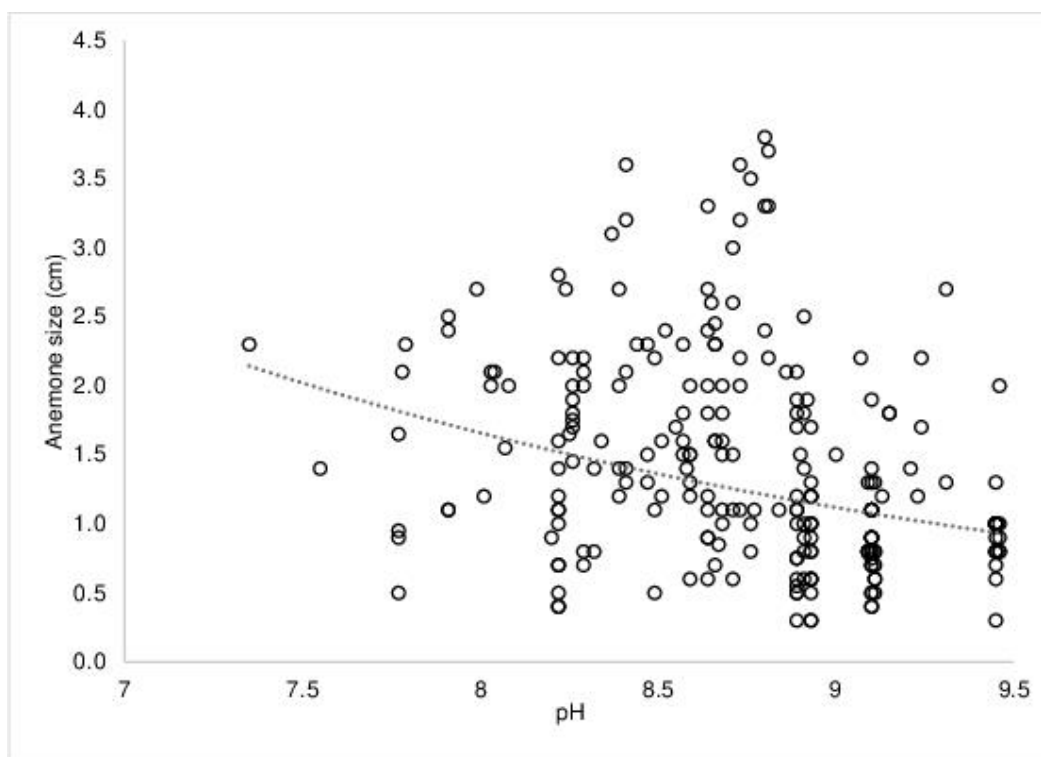
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159 **Fig. 2.** The effect of distance to nearest neighbour on size of *A. equina* ( $X^2_{1,539}=12.85$ ,160  $P<0.001$ ). Dotted line represents fitted trend line.

161



162

163 **Fig. 3.** The effect of pH on size of *A. equina* ( $X^2_{1,231}=8.41$ ,  $P=0.004$ ). Optimum pH for

164 effectiveness of toxin=8.8 (Maček &amp; Lebez, 1981). Dotted line represents fitted trend

165

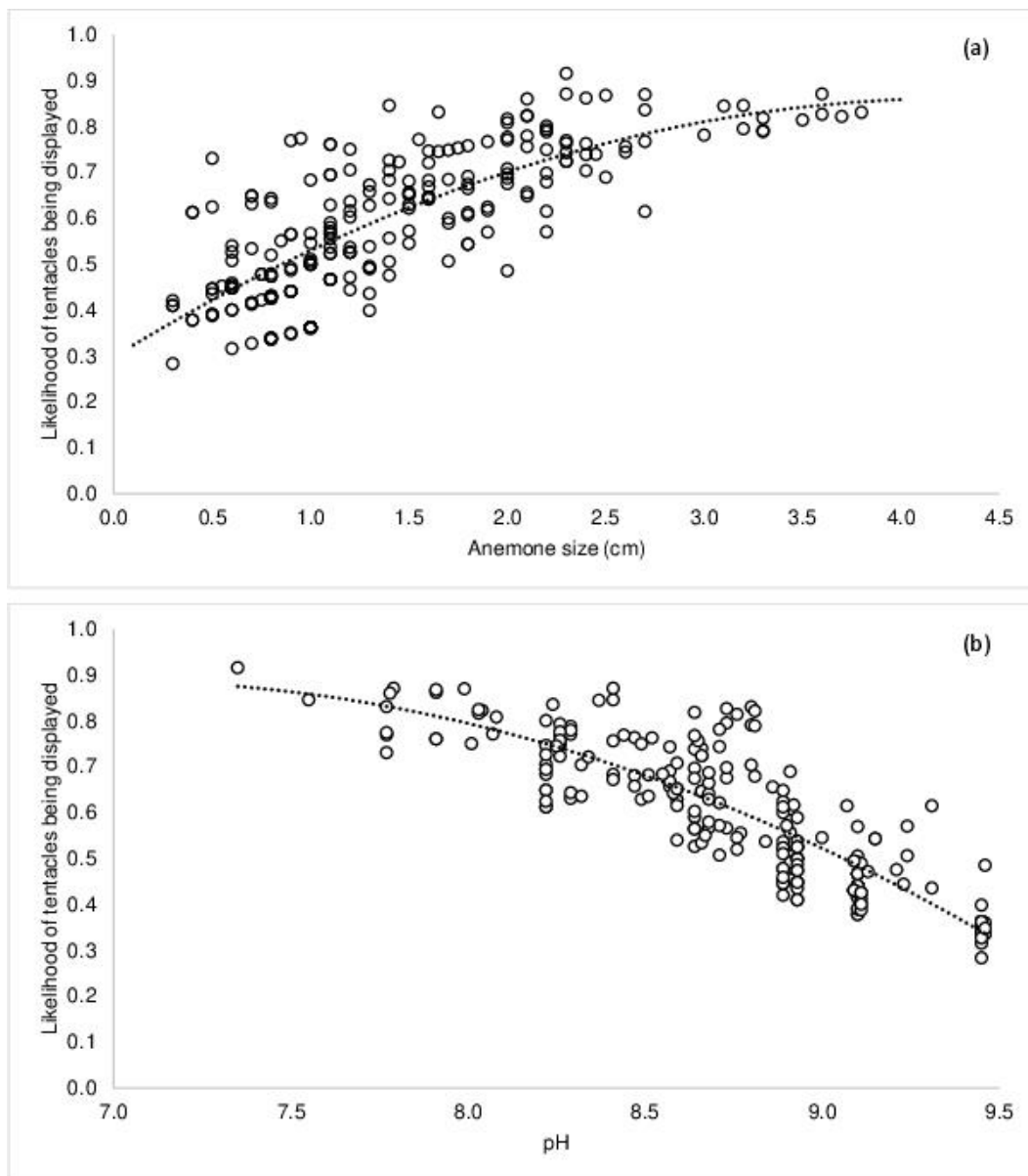
166 Findings from the binary regression on the likelihood of displaying tentacles revealed that

167 there was no significant effect of aggregation status or distance to nearest neighbour, and no

168 significant interactions between any of the terms. However, there was a significant positive

169 effect of size ( $X^2_{1,223}=6.40$ ,  $p=0.011$ ) and a significant negative effect of pH ( $X^2_{1,223}=9.55$ ,  
 170  $p=0.002$ ), whereby larger anemones situated in pools with a lower pH were more likely to  
 171 show tentacles (Figure 4).

172



173

174 **Fig. 4.** The effect of (a) anemone size and (b) pH on the likelihood of tentacles being  
 175 displayed in *A. equina*, (a:  $X^2_{1,223}=6.40$ ,  $p=0.011$ ; b:  $X^2_{1,223}=9.55$ ,  $p=0.002$ ). Dotted lines  
 176 represent fitted trend lines.

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181 DISCUSSION

182 The close proximity of British *A. equina*, due to its asexual reproductive methods of ejecting  
183 young polyps onto nearby substrata (Orr *et al.* 1982; Brace & Quicke, 1986), was apparent  
184 throughout this study as 37% of all anemones measured were found in clustered  
185 aggregations. Findings showed that there was a significant difference in aggregation status  
186 in relation to body size (*Figure 1*), where solitary anemones were around 0.6cm larger than  
187 clustered anemones. This finding is consistent with that of Chomsky *et al.* (2009) who note  
188 that in populations where density is higher, anemones tend to be smaller. Findings also  
189 showed that larger anemones were more distanced from their closest neighbour (*Figure 2*).  
190 Indeed, the association between size and aggregation may potentially be due to intraspecific  
191 competition for resources and space as *A. equina* is an aggressive species that often  
192 participates in contests for dominance against other anemones and its relatives (Bartosz *et*  
193 *al.* 2008; Foster & Briffa, 2014). For example, Rudin and Briffa (2011) discovered that body  
194 size was the primary determinant of assessing whether to engage in an aggressive  
195 encounter, with larger weapon size of nematocyst as the determining factor of the victor  
196 once engaged in fighting. Larger anemones are therefore less likely to be challenged or  
197 engaged in an encounter, hence one explanation for why larger anemones were significantly  
198 more solitary in this study. Consequently, larger anemones are able to access more and  
199 larger food sources (Brace *et al.* 1979; Robinson *et al.* 2009; Rudin & Briffa, 2011).  
200 However, the exact relationship between anemone size and aggregation needs further  
201 investigation as it is unclear whether large anemones are solitary because they have  
202 increased fighting ability, or whether solitary anemones are large because they have better  
203 access to food, or a combination of the two.

204

205 Submerged habitats were found to contain significantly larger anemones than those in  
206 emergent habitats (*Figure 1*). Again, this finding can be explained partly in terms of food  
207 resources as submerged habitats, in the form of rock pools, are home to a larger diversity of  
208 prey organisms, such as the mussel *Mytilus edulis*, crustaceans and fish eggs, allowing the  
209 anemone to feed frequently and attain a large body size (Goss-Custard *et al.* 1979; Shick,  
210 1991; Davenport *et al.* 2011). This supports the findings that larger submerged anemones  
211 were significantly more likely to show their tentacles than smaller anemones (*Figure 4a*).  
212 Conversely, emergent habitats are associated with lower food resources, as anemones will  
213 not feed for risk of desiccation (Sebens, 1987; Chomsky *et al.* 2004). In addition, emergent  
214 habitats are subjected to harsh conditions such as increased temperature, wind exposure  
215 and potential dislodgement via tidal movement (Navarro & Ortega, 1984; Shick, 1991;  
216 Tomanek & Helmuth, 2002) that many intertidal species cannot tolerate at low tide (Sebens,  
217 1982; Wolcott & Gaylord, 2002). For example, anemones have been found to shrink in  
218 higher temperatures as they are unable to balance energy input and metabolic requirements



219 (Chomsky *et al.* 2004). Consequently, the size of the anemones may reflect a trade-off  
220 between the benefits of aggregating in exposed environments and the costs of competition  
221 for a reduced food resource. Alternatively, *A. equina* may feed in a similar manner to  
222 *Metridium senile*, where smaller anemones feed in areas of high velocity, in contrast to  
223 larger anemones that feed more efficiently in slower flow conditions (Shick 1991; Anthony,  
224 1997). This may be directly linked to the size of the anemone's tentacular surface area, as  
225 larger prey may be more common in rock pools in contrast to smaller nutrients that are found  
226 in high velocity areas (Sebens, 1981; Anthony, 1997). Nevertheless, this indicates that shore  
227 placement can be an important factor determining body size as smaller anemones found on  
228 emergent rock would experience the high velocity of the incoming tide, whereas the larger  
229 anemones that were found submerged in rock pools would remain somewhat sheltered.

230  
231 A significant negative regression showed that smaller anemones were more likely to be  
232 found in rock pools of a higher pH than larger anemones (*Figure 3*), despite initial predictions  
233 that larger anemones would be found in areas of higher pH due to its probable greater  
234 fighting ability (Rudin & Briffa, 2011). When attacking another organism with its stinging  
235 nematocysts, haemolytic activity from the toxin in *A. equina* has an optimum pH of 8.8  
236 (Maček & Lebez, 1981). Smaller anemones that were found in a higher pH content may  
237 prefer these habitats as they are found in large aggregations and may have to engage in  
238 aggressive encounters for territory more frequently than larger anemones. As these pools  
239 have a higher pH, their attacks will be more damaging due to the haemolytic activity having a  
240 more alkaline optimum pH (Maček & Lebez, 1981). However, although smaller anemones  
241 were found in rock pools with a higher pH, there was a significant negative effect of pH on  
242 the likelihood of displaying tentacles (*Figure 4b*). This suggests that despite close proximity  
243 in an environment where fighting could cause more damage, anemones were not displaying  
244 aggressive behaviour. Alternatively, higher pH can be linked to shallower water with less  
245 wave exposure (Middelboe & Hansen, 2007) providing a reduced area for obtaining prey  
246 items and a consequent small size in anemone. Therefore, smaller *A. equina* may reside in  
247 environments with a higher pH as a trade-off between a lower habitat quality but a reduced  
248 frequency of aggressive encounters and interspecific competition for resources. Many  
249 factors modify pH in rock pools, such as the rates respiration and photosynthesis (Newcomb  
250 *et al.* 2011), therefore smaller body size in submerged pools may also be determined by  
251 competition with other organisms such as neighbouring invertebrates and algae. Further  
252 investigation into rock pool pH should incorporate depth of pool, measure potential food  
253 availability and establish which organisms reside within the pool to determine how habitat  
254 quality differs between pools containing larger anemones and why.

255

## 256 CONCLUSION

257 The findings of this preliminary study show aggregation status, neighbour distance, shore  
258 placement and pH all influence size in *A. equina*. Larger anemones adopted a solitary  
259 lifestyle on rocks that stayed permanently submerged in water of a low pH. These habitats  
260 appear to contain more favourable conditions such as greater access to food. Conversely,  
261 smaller anemones resided in harsher conditions, perhaps trading-off the advantages of size  
262 for less interspecific competition.

263

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