

MY DIARY

Dr Mark Griffiths,
Professor of Gambling
Studies at Nottingham Trent
University, shared another
atypical week with My Diary

One of the reasons I love my job is every week is different. Friday sees me travelling from Nottingham to speak at the Gambling Commission. I've been invited to talk to various stakeholders about two pieces of secondary analysis from the BGPS (British Gambling Prevalence Survey) - one on internet gambling, another on gambling co-morbidities. Having done 12 overseas business trips in an 18-week period including two transatlantic flights, an 85-minute train trip to Birmingham seems a breeze. I try not to work weekends, but as I am speaking at a psychology conference on Monday in London, I've another talk to prepare. I also have to pen a commissioned article on the development of trust in online gambling for Gaming Intelligence website. That's Sunday night taken care of. On Monday I will

give my talk on the psychology of fruit machines ("Slots of fun") at the conference. Tuesday is spent at home proof reading all 363 pages of my new co-edited book, Problem Gambling in Europe. I'll manage to break up the day with a couple of media interviews ("Is World of Warcraft addictive?") and the first draft of an article on the psychology of casino design for Casino & Gaming International. Wednesday will be frantic - I have meetings all morning including supervision of my PhD students and departmental meetings. The afternoon sees me teaching Nottingham Trent's new Cyberpsychology MSc and then a session on online excess (sex, gambling and videogaming) I'll rush to see my two youngest children in their school Christmas play. Thursday brings me full circle as I am back at the Gambling Commission pitching for the 2010 BGPS with my colleagues from NatCen.